

WHAT'S COOKING?

Greetings from Darlene Parrett-Harris, Crosslands Culinary Services
Manager
March 2024

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March brings another busy month for the Culinary Services team. We will continue our Where in the World? Dinners. We have received an overwhelming amount of appreciation for these events. We thank each of you for getting into the spirit and making your best guesses as to where we will be next.

March is National Nutrition month. KCC's Registered Dietitian, Elizabeth Kautz, will be a guest for the March Healthy & Wise Zoom hosted by Lathie Gannon on March 25, 2024. Elizabeth will also do a tabletop presentation outside of the Main Dining Room focusing on How a Healthy Breakfast to Go is an important part of daily self-care on March 27, 2024. More information to follow!

National Nutrition Month



Main Dining Room / Café Information...

Occasionally, we have inquiries from residents about the possibility of bringing in their own containers from home to be filled with food for take-out purposes. Please note that the Chester County Health Department mandates that we (Culinary Services) control the cleaning and sanitizing of approved containers for this purpose. This is designed to prevent the possible occurrence of cross-contamination. Please see the actual regulation below:

§ 46.719. Washing returnable containers for refilling.

General Requirement: returned empty containers intended for cleaning and refilling with food shall be cleaned and refilled in a regulated food service establishment.

In this regard, we cannot fill containers brought in from home for the purpose of obtaining take-out. Please utilize our re-usable (green) containers which are cleaned and sanitized when they are returned. Thank you in advance for your understanding regarding this matter.

The Pond's Edge Café offers fresh items out of the Hearth Oven on select days at both lunch and dinner. Pizzas, stromboli's, flatbreads and more.

Please look for the operating schedule and menu selections on the Café Pond's Edge Menu located on the Resident Website, TV-9 or on the digital menu boards in the café.



Did You Know...?

Some residents may be interested to know that you can obtain your allotment of remaining meals (or meal balance), at any time during the month, at any of our dining area point-of-sale registers – Café, or Main Dining Room. Simply ask the Host(ess) or Cashier for your balance and they will be able to do a manual look-up by name at the register. It is quick and easy. As always, we encourage residents to keep track of their remaining meals throughout the month as well to help ensure accuracy. Should there happen to be a discrepancy, please bring it to the attention of any staff member of the Culinary Services Management Team and we will be happy to investigate it for you. We hope that you find this information helpful.



Did You Know?

The Crosslands Culinary Service Department will email a daily menu with allergens listed. To receive this daily menu by email please reach out to Darlene Parrett-Harris at dpharris@kendal-crosslands.org.

Crosslands Culinary Services

March 2024 Specials

Thursday, March 7, 2024- Birthday Dinner Celebration

Join us tonight to help celebrate the March birth dates of residents in our community. The fun begins in the Alcove at 5:30 p.m. All individuals whose birthday is celebrated in the month of March, and who have expressed a desire to participate, have received an invitation from our resident volunteers. If you would like to participate, please contact either Phyllis Wenner or Anne Batley.

Sunday, March 17, 2024- Saint Patrick's Day Brunch

May the luck of the Irish be with you today as we celebrate Saint Patrick's Day. We will feature Corned Beef and Cabbage and other Saint Patrick's Day favorites.

Wednesday, March 20, 2024- "Welcome Spring" Dinner

Say good-bye to winter by enjoying our Special Dinner as we celebrate the start of spring, and the promise of a new season. Our menu will feature fresh spring entrees, fresh fruits and vegetables, and scrumptious desserts. Help ring in the promise of a new season!!!



Friday, March 29, 2024- Where in the World Dinner

Callie the Culinary Camel is on her third stop on our year long trek to sample scrumptious delights around the world. Tonight's dinner will feature favorites from Callie's surprise location. Callie will leave clues as to her destination the week prior to the dinner so be on the lookout. Can YOU guess where Callie is?



Sunday, March 31, 2024- Easter Sunday Brunch

Join Peter Cottontail as he hops down the bunny trail and into our Easter Brunch. Our Main Dining Room Brunch hours of operation will be normal – 11:30 a.m. until 1:30 p.m. for dine-in ONLY. Please see the Special Plans/ Procedures page on the next page of the newsletter for more information.

Take-out will be available in the Café from 12-1:30 p.m.

CROSSLANDS CULINARY SERVICE
SPECIAL PLANS / PROCEDURES FOR EASTER BRUNCH
SUNDAY MARCH 31, 2024

MAIN DINING ROOM

- The Main Meal will be served between the hours of 11:30 AM until 1:30 PM. The Café will be set for seating for the Main Dining Room.
- Will be closed for the evening meal period. Box lunches are available to replace this meal for those requesting one. Please see Mary Willis in the Culinary Service Office for a Box Lunch Form.
- Take out meal service **WILL NOT** be available in the Main Dining Room. The Café will be available between the hours of 12:00 PM and 1:30 PM for the sole purpose of obtaining take-out meals.
- **RESERVATION TIMES FOR MAIN DINING ROOM**
- Reservations for parties of 5-10 people will be available from 11:30 AM until 1:15 PM at 15-minute intervals. To maximize seating capacity, reservations will be capped at 10 persons' total. Based on requests, we increased the number of people for reservations to 10 for Easter Brunch ONLY. Reservations should be made through normal procedures by contacting the **Main Dining Room Supervisors office at 610-388-5648** or on the Crosslands Resident Website at **www.crosslandsres.org**.

CAFÉ

- Breakfast will be served from 8:00 AM until 10:00 AM. The Café will close after 10:00 and will re-open for "Take-Out" main meal service from 12:00 PM until 1:30 PM.

AUDLAND DINING ROOM

- The Audland Dining Room will be open for all three meals as normal.
- **FIRBANK HOUSEHOLDS**
- The Firbank Households will be open for all three meals as normal.

"EASTER AT HOME" PROGRAM

- Would you like to dine at home on Easter? Expecting Guests? Well then, take advantage of our "Easter at Home" program. We will be featuring a home delivered meal for you and your guests to enjoy in your home. The order form is attached. We require orders to be for a minimum of 4 people with a maximum of 12 people. Orders must be submitted by Tuesday March 26th. Order forms are to be returned to the bin outside of the Main Dining Room, near the Culinary Service office. Deliveries will begin at 12:00 PM with all meals being delivered by 1:00 PM. This program is for Crosslands Residents Only. Residents will use a meal credit and any guest meals will be charged ala carte to the resident's account.



Bunny Basket Delivery

Easter at Home

Meal Delivered 12:00-1:00pm

Name: _____ Apartment # _____

Total number of persons being served: _____

Please indicate how many portions in the box next to your selections.

☐ Chilled Peach Soup

☐ Bowtie & Spinach Salad

☐ Rosemary & Dijon Scented Roasted Rack of Lamb

☐ Maple Bourbon Glazed Ham

☐ Vegetarian Shepherd's Pie with Chickpeas & Sweet Potato

☐ ~ Simple Fare~ Rack of Lamb

☐ Roasted Potato Medley

☐ Fresh Asparagus

☐ Sautéed Sugar Snap Peas with Orange Zest & Buttery Almonds

☐ Easter Coconut Cake

☐ Peach Bellini Mousse

☐ Diet Peach Mousse

Cake

Orders must be submitted by Tuesday March 26th.