



## The American Friends Service Committee History and Involvement of the Crosslands Community

On April 30, 1917, just days after the United States entered WWI, members of Philadelphia Yearly Meeting and other Quaker Groups met to discuss the creation of an alternative form of service for young conscientious objectors (CO's) and to reconcile the differences among the several branches of Quakerism. From that first

In 1947, the American Friends Service Committee and Friends Service Council in London received the Nobel Peace Prize for their relief and reconstruction work during and after both World Wars.

Programs at AFSC have grown and developed since the early days. Besides the national office in Philadelphia, there are seven regional offices across the country. AFSC works with partners in seventeen foreign countries focusing on a myriad of social, humanitarian, and peace issues. The AFSC mission is to work with communities and partners world-wide to challenge unjust systems and promote peace.

### AFSC Work Begins at Crosslands

Elsa Fernsler, one of Crosslands' founding residents, grew up in Germany and credited the AFSC with saving her family from starvation after WWI. Her desire to support the AFSC efforts



PHOTO BY MARY RODGERS

#### Items for sale in the shed

meeting of what would become the American Friends Service Committee (AFSC) the following minute was approved:

*We are united in expressing our love for our country and our desire to serve her loyally. We offer our service to the Government of the United States in any constructive work in which we can conscientiously serve humanity.*

A camp was set up at Haverford College to train young men in relief and reconstruction work. While many of the recruits were Quakers, there were also young men from the other peace churches. Grayson Murphy, head of the American Red Cross, invited a delegation of Friends to sail to France and assess the relief projects. In August 1917, the first Reconstruction Unit left for France.

PHOTO BY PAULDING PHELPS



#### Lois Reid and Margaret Camp preparing clothing for resale

motivated her to collect unwanted household items from Crosslands' residents. She then sold

*Continued next page...*

*AFSC, Continued from Previous Page*

them to other residents and staff from her carport with all proceeds going to the AFSC.

## The Shed



PHOTO BY MARY RODGERS

As the concept spread, a small shed was used until a larger shed was installed in Parking Lot 6 in 2019. It is open 24/7 and uses the honor system for payment.

Currently a rotation of volunteers sorts and establishes prices for donated items. Outdoor sales are arranged as weather permits, and occasional sales are held in independent living units. By relieving residents of unwanted items, this service benefits Crosslands residents, staff, and others by providing very reasonably priced items. The AFSC benefits from the sales. Revenue has grown from \$5,000 in 2012 to more than \$12,000 in 2022.

Donating has become so popular that even with the new enlarged shed there is now sometimes insufficient storage space for furniture and large items. So a new requirement for donations has been established. **If you cannot lift it, do not take it to the Shed in PL6.** Instead, please call one of the Coordinators (Jennifer Allcock or Betsy Walker) to find out what space may be available.

A list of local community groups that do accept large items is located above the cash box in the shed. You may also call the Maintenance Dept. for removal of large or damaged items.

## The Clothing Operation

The AFSC Clothing Group, headed by Ruth Cramer, processes hundreds of bags of clothing donated by residents each year. Originally, the

PHOTO BY PAULING PHELPS



Ruth Cramer

working space for sorting donations was small and dim and was used also for lumber and equipment storage. This area was demolished when the new Health Center was created, and the clothing operation moved to tables in the Art Room (when available) and then to an upstairs apartment in the old Woolman building before it was demolished, and then to an empty ground floor apartment which was more accessible. When the Administration decided to move to the Worth building, Ruth and her team acquired the large, well-lit, clean, beautiful space with tables (donated by a new resident) in the basement of the Center with a door to the outside, which is open 24/7.



PHOTO BY PAULING PHELPS

Evelyn Rahman  
sorting clothing

Crosslands volunteers accept all clothing donations regardless of condition. Mint-condition clothing is sent to Gwynedd Friends Meeting for resale, the proceeds going to the national AFSC. Still-usable but less than perfect clothing is donated to Goodwill, Friendship House, or other institutions which help the homeless and the recently incarcerated. Worn-out items are donated to a textile recycling program through Goodwill.

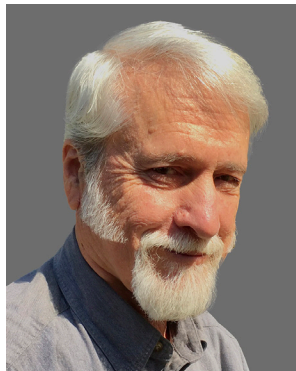
Kudos go to the myriad Crossland volunteers who do the heavy lifting, cleaning, sorting, and distribution of donations to the Shed and the Clothing Operations.

*Lyn Back (AFSC history), Jennifer Allcock, Betsy Walker, Margaret Camp and Ruth Cramer  
Crosslands AFSC*



## From the CRA President

Holidays! Hallowe'en, Thanksgiving, Christmas, and Hanukkah; our holidays during the dark time of year.



Hallowe'en is fun — it's for kids, candy, and costumes. Thanksgiving is for family and gratitude. The Holy holidays combine family get-togethers with an appreciation of the Spirit.

However, some of our neighbors at Crosslands have no expectation they will see their family members this year, due to illness, death or distance. Without being "preachy" may I suggest it might be nice if those of us with accessible families would reach out to our friends who are separated from their families and offer to share some time with them.

*David Camp*

## Jumble

Unscramble the words; then use the circled letters to complete the sentence.

HECMI

KJSCA

CTAERK

SIETVN

THE ROOF WAS  
 SO SLIPPERY THAT  
 SANTA ENDED UP  
 HANGING ON...



Answer here:

JUMBLE BY STEVE SANDER

**LAST MONTH:** POWER, INEPT, CHASM,  
 STICKS. TRAPPIST MONK.

## Let Your Creativity Bloom with the Flower Committee



### Flower arrangement in the Center lobby

The Flower Arranging Committee provides bright flower arrangements throughout the Center. Members supply fresh flowers and plants and are reimbursed by the Crosslands Administration. During the summer months, flowers are donated by the growers and harvesters from the Community Garden.

Often a Flower Committee member may work independently, but some like to create with a partner. The colorful results are often eye-catching, spectacular, and joyful. The Flower Committee members enjoy arranging in many different styles as they express themselves artfully.

Please consider joining the Flower Committee. No experience is required. Look in the small Flower Room opposite the open boxes to see the many vases and supplies available. Contact Loan Ahn Small (open box #215) if interested.

*Connie Strickland*



## Resident Moves

Jill and Scott Murray from 120 to 33  
 Conrad Trumbore from 441 to 812

## In Memoriam

June Lorber

November 1, 2023

## Teaching and Learning Committee

What have you always wanted to learn but were too busy to learn in your earlier life? What talent or knowledge do you have that you now have time to share?



**Pottery class**

The Teaching and Learning Committee (TLC) is completing its first year of offerings at Crosslands, taught by residents for residents. During its inaugural year in 2023, over 140 people have taken more than twenty courses on subjects as varied as Artificial Intelligence, Byzantine Empire, Ceramics, Daoism, and many more down the alphabet. The list of courses this fall also included Islam, Public School Reform, Mobility and Transportation, and Relaxation. If you had looked at the enrollment possibilities, you might have noticed an interest not yet pursued, such as Mahjong, Ukulele, Juggling, Line Dance, or Pickleball.



TLC classes do not involve formal assignments or tests. Class content is instructor-designed with a goal to encourage active participation.

Ceramics is in the studio and pickleball is on the court. Classroom courses encourage questions and discussion.

Watch for new offerings for the spring semester. The course listings will be available through the website and in your mailbox in January. Classes begin in February after the enrollment period.

Space is often constrained by the nature of the class, so formal enrollment is necessary. If too many people enroll in a limited class, a lottery determines spaces.

Most classes are six weeks, with a few at twelve weeks or other appropriate schedules. The TLC is encouraged by the initial response of residents and looks forward to expanding the curriculum and community participation.

*George Helton, Ernie Novak,*

*Fran Riddle, Elaine Shoben*

*The Teaching and Learning Committee*

## Digital Media for All

Chester County Library System has been providing readers 24/7 access to ebooks, audiobooks, comic books, and other digital content for several years through the award-winning **Libby** app, the library reading app. The large collection serves readers of all ages and interests, and usage has grown throughout the years.

Chester County Library System is currently on track for patrons to have checked out a million digital books by the end of 2023. This achievement illustrates the library's commitment to serving all members of the community in innovative ways, including with a large catalog of ebooks, audiobooks, and other digital media. Readers in Chester County just need a valid library card to access digital books from Chester County Library System's digital collection. You can use any major device, including Apple, Android, Chromebook, and Kindle (U.S. only). **Download the Libby app** or visit **[chester.overdrive.com](https://chester.overdrive.com)** to get started borrowing ebooks, audiobooks, and more.

*Hedy Knoth*



# Cyndy Falcoff Solo Art Show

## The Things We See Looking Through the Artist's Eyes

**Nov 30, 2023 - Feb 14, 2024**

**Crosslands Center Art Wall**

Representational? Impressionistic? Painterly? Colorist? Eclectic? A mix of styles, methods, and materials meets the viewer's eye as we look at this varied and exciting exhibition of predominately new and a few older artworks through the artist's eyes.

provide many inspirational scenes to paint in a world filled with color.

In the past she has worked in a variety of mediums including acrylics, printmaking, pen and ink, ceramics, and watercolor. Her favorites continue to be pastels and oil painting on stretched canvas.

Cyndy is a retired educator, a recently retired Docent at the Delaware Art Museum, a current member of the Center for Creative Arts in Yorklyn, Delaware, and an Arts and Letters member of the National Association of American Pen Women, Diamond State Branch. Her work has been in many shows in Maryland, Michigan, Delaware, and Pennsylvania. In 2022 she self-published an illustrated book of original poems currently for sale in the Sunflower Shop.

At Crosslands she is a co-facilitator in the Painting Studio and for the Poetry Group. She is also one of the coordinators for the Art Exhibition Committee. Individual

expression through the Arts is important to her.

Cyndy will speak about her work and process at an Artist's Talk and Reception on Thursday, January 11, 2024, at 3:00 in front of the gallery opposite the Conference Room. Refreshments will be served.

*Cyndy Falcoff Coordinator*  
*Sherrill Primo, Assistant Coordinator*



***Dining Al Fresco at the Beach***  
**18"x24" oil on canvas**

Color, shape, line, shadows, and reflections in everyday objects and places are the beginning. Cyndy often lets the subject matter determine the style, medium, and size of the artwork. Starting a new painting is a stimulating and exciting challenge, like solving an intricate puzzle. As she looks for basic and simplified shapes and forms and their relationship to each other, Cyndy keeps in mind what it was that spoke to her to want to paint this particular subject or place.

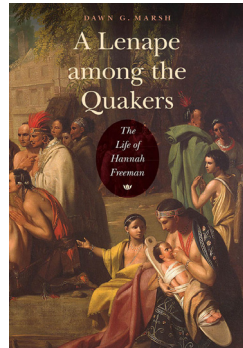
Cyndy works primarily in soft pastels and oil paints; pastels in the Center's Painting Studio, and oil paints in her unit. Photographs from travels as well as painting "en plein air alla prima" (in the open air at the first, finished in the studio)



## New Books in the Spiritual Life and the Diversity, Equity, Inclusion and Belonging Libraries

Both groups house their libraries in the Meditation Room in the Crosslands Center and provide a rich source of information on many different faiths, spiritual disciplines, and diversity subjects. The library is open for borrowing by all members of the KCC community.

Judith Greene, *Spiritual Life Librarian*  
Kay Sharp, *DEIB Librarian*



### CHRISTIAN SPIRITUALITY

- Edinberg, Edward ..... *Transformation of the God-Image: An Elucidation of Jung's Answer to Job*
- Pagels, Elaine ..... *Adam, Eve, and the Serpent*
- Wallace, Mark I. .... *Finding God in the Singing River*
- Wallace, Mark I. .... *Green Christianity: Five Ways to a Sustainable Future*
- Wallace, Mark I. .... *When God Was a Bird*
- Walters, Clifton, Trans. .... *The Cloud of Unknowing. Julian of Norwich: Revelations of the Divine Love*
- Yves-Leloupt, Jean, Ed. .... *The Gnostic Gospels: The Gospel of Mary Magdalene*  
*The Gospel of Phillip*  
*The Gospel of Thomas*

### ENERGY DISCIPLINES

- Bean, Adrian ..... *Reboot Your Nervous System*

### QUAKERISM

- Marsh, Dawn G. *A Lenape Among the Quakers: The Life of Hannah Freeman*

### DIVERSITY, EQUITY, INCLUSION AND BELONGING

- Bell, Kirsten and Benjamin Hart ..... *The World Needs More Purple People*
- Cole, Elizabeth ..... *Our Diversity Makes Us Stronger*

## Join the Woodland Workers

PHOTO BY GARRY STONE



### Clearing vines from a giant poplar

This fall, nine Woodland Worker volunteers have donated over forty hours improving Crosslands woodlands. They have weeded tree tubes, spread wood chips, removed invasive shrubs and vines, and planted seventy seedling trees and shrubs.

Much of the work has taken place within the newly fenced woodland restoration demonstration plot below Dyer and Evans. Their work has opened up previously hidden views, such as native hollies, many with berries, planted by a resident years ago.

The workers will continue working in the demonstration plot until it contains no more mature alien shrubs. More Woodland Workers, who are assisted by Crosslands grounds staff Thursday afternoons, weather permitting, are needed. Contact Garry Stone, open box 242, for information.

Garry Stone

- Joseph, Frederick ..... *The Black Friend On Being a White Person*
- Kenne, Adrienne ..... *Notable Native People: Indigenous Leaders, Dreamers, and Changemakers*
- Ruth, Robert Redhawk ..... *Stories of the Lenape People—With Lenape Traditions*
- Yand, Jeff and Philip Yu ... *Rise: A Pop History of Asian America from the 90s to Now*
- Ellison, Ralph ..... *Juneteenth*

Streamline your donation experience and save up to 15 minutes by visiting [RedCrossBlood.org/RapidPass](https://RedCrossBlood.org/RapidPass) to complete your pre-donation reading and health history questions on the day of your appointment.



## Events

### Forum

#### Jazzed Out Holiday

Philadelphia Gay Men's Chorus's  
Special Ensemble

Tue, Dec 5 7:30 pm WPR / TV13



PGMC.ORG

Brotherly Love, the select ensemble of The Philadelphia Gay Men's Chorus, (PGMC) is made up of 20 members. Their repertoire includes a broad range of styles from classical to contemporary, including spirituals, sacred music, love ballads, pop, and rock. This season, Brotherly Love will help us celebrate a Jazzed Out Holiday, performing some favorite carols as well as contemporary classics, and promising, "a little jazzified holiday tune for everyone."

Joseph Buches, the Artistic Director of The Philadelphia Gay Men's Chorus, a graduate of West Chester University, has performed in the Mendelssohn Chorus of Philadelphia and currently serves as music director/organist for Lutheran Church of Holy Communion in Philadelphia and organist at Girard College.

PGMC gave its first performance in 1982 and produces three professional concert series annually. The Chorus has performed for more than 100,000 audience members. Their mission is to entertain, support communities, and foster acceptance, with a vision that celebrates differences and inspires change. The Chorus's select ensemble, Brotherly Love, maintains its own schedule of regular performances in the community, and because of its size can be more active in local events, maintaining LGMTQ visibility and outreach.

Join us in a rollicking good time.

*Lyn Back*

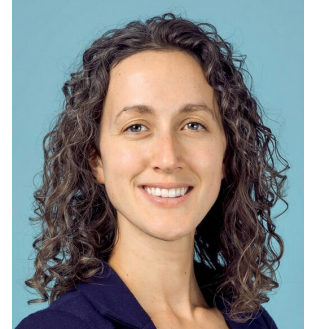
### Crosslands Friends Worship Group

Nonviolent Peaceforce

Presenter: Anna Zaros

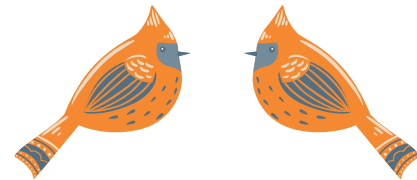
Sat, Dec 2 10:00 am George Fox Rm

Anna Zaros will tell us about the Non-violent Peaceforce's unarmed civilian protection peacekeeping in Ukraine, Indonesia, Iraq, Philippines, South Sudan, Myanmar, Thailand, and the United States. Anna is the Director of Organizational Advancement at Non-violent Peaceforce's North American office in Minneapolis. Previously she has worked to advance peace and justice in the Philippines, Bolivia, and across Minnesota.



NONVIOLENTPEACEFORCE.ORG

*Clarkson Palmer*



### Grief Support Group

First Thursday of Each Month  
10:00-11:00 am Wyeth Rm

Partnered with Willow Tree Hospice, Kendal~Crosslands Social Services will be continuing a monthly group on grief. This group will focus on education and discussions around the different aspects of grief while providing a supportive space to share experiences.

All are welcome. RSVP to Kristine Dusik ([kdusik@xlands.kendal.org](mailto:kdusik@xlands.kendal.org) or 610-388-5636) if interested.



## Events

### Spiritual Life Committee

#### Festivals of Light

**Fri, Dec 8 3:00-5:00 pm WPR/TV13**



In this interactive event, we will be experiencing traditions that hold Festivals of Light during the dark days of winter. This year, the two we are featuring are Judaism and Buddhism; both faiths hold celebrations that occur on Friday, December 8.

It is the second night of Hanukkah, the eight-day Jewish rededication and celebration of the miracle of the lamps. Bonnie Marcus will help us experience this tradition.

Friday is Bodhi Day, when Buddhists honor the attainment of enlightenment by Buddha. Loan-Anh Small and the Flower Committee will offer an example of a temple ritual, which includes a walking meditation and a spiral candle dance with flowers.

Atala Toy will describe other worldwide festivals of light while the Christian tradition is being celebrated later in the month with a Christmas Eve Gathering.

A reception follows Friday's presentation, featuring fresh cider and delicacies.

*Atala Toy*  
*Chair, Spiritual Life Committee*

### Tuesday Edition

#### A Child's Christmas in Wales

**Presenter: Rhiannon Howell**

**Tue, Dec 12 11:00 am WPR / TV13**

Our own resident Welsh player Rhiannon Howell will present Dylan Thomas' much loved memory of "A Child's Christmas in Wales."

Rhiannon has spent many years in this country, and may even call it home. However, she was born and grew up in Wales and spent her early years there before losing her way home one night and ending up across the pond, in Delaware first and then California.

She may share some of her own stories of a childhood in Wales before presenting Dylan Thomas' story.

*Chuck Gosselink*



### Annual Crosslands Crafts Sale

**Thu, Dec 7 9:30 am-12:30 pm WPR**

The jewelry selection will include items by the Jewelry Making Groups and some excellent work from Roger Parish and Courtney Peterson. Knit and fabric creations by Jane Roberts and other Needlers will warm hands and hearts. Select ceramics make great gifts. The Woodshop crew will have bowls, critters, and other items for sale.

The Sunflower Shop will host its annual holiday sale of pre-ordered plants as well as a "slightly used" jewelry sale outside the shop.

A new feature will be the sale of Christmas decorations and presents for purchase — proceeds will go to the AFSC.

Gift wrapping is available for a small donation. Come early for the best selection.

*Jane Roberts*

## Events

### Snow White and Several Dwarfs

#### A Pantomime Performed by the Crosslands Players and Chorus

Two Performances

Fri, Dec 15 7:30 pm WPR

Sat, Dec 16 2:30 pm WPR

Pantomime, as a British tradition, is musical comedy family entertainment performed in December and January. Based on a well-known fairy story, it usually includes a damsel in distress, a wicked witch or wizard, a rescuer in the form of a fairy godmother or prince, and a clown.

Originating in the Middle Ages as a Mummers' Play, pantomime presented classical tales until the 1800s when the plays became based on fairy tales. All were presented in silence. Until 1843 English law restricted the number of theaters in which actors could speak.



Once the restriction was lifted, pantomime included not only powerful acting, but also songs, jokes, and expressive speech.

Music may be original but is more likely to combine well-known tunes with re-written lyrics. The Crosslands Chorus includes songs from *My Fair Lady*, *West Side Story*, Gilbert and Sullivan, and old English folk songs. At least one "audience participation" song is traditional.

Fantasy and humor are essential. In the 17th century, when theater in England was influenced by the French *commedia de l'arte*, Harlequin was introduced, evolving his character until he became a clown. Laughter replaces fear as the villain's cruel plans are foiled by a ridiculous turn of events.

Come laugh at Risky Frisky (the clown) played by Bob Frazier. Smile kindly on Snow

### Spiritual Life Committee

#### Christmas Eve Gathering

Sun, Dec 24 6:30-8:00 pm WPL(&R)



Join us for a warm and festive community gathering on Christmas Eve. This event is being held around a traditional wood-burning fire in the William Penn Lounge (and WPR if required). To enhance the peaceful atmosphere, this is an in-person event only. The event will not be recorded or broadcast on TV13.

This is a group sing and share. Everyone receives a printed program of the words to the readings and carols. The last part of the program is an expanded version of last year's popular audience sharing of happy or funny holiday memories.

There will be a refreshments table afterwards, with cookies and light beverages.

*Atala Toy*



White, played by Anne Gross. Wonder at the mirror, played by Robin Harper. Frown at Floy Ervin's's portrayal of the wicked queen and Alfred Hurd's of the executioner. Sympathize with the dwarfs — Bonnie Marcus, Kay Sharp, and Sheila Richmond. Cheer on the courtiers — Dena Beeghly, Julie Knobil, Joan Lindstrom, Betty Nathan, and Fran Riddle. Come and enjoy the music, mime, and fun.

*Jane Roberts*



## Events

### Life Enrichment Department

#### The First Annual Yuletide Hum-along and Cookie Extravaganza

Wed, Dec 20 2:00-4:00 pm WPR



All are invited to this Christmas “hum-along.” Every person attending will be given a (Christmas-themed) kazoo upon entry, and together we will perform many favorite Christmas songs. There will also be a Christmas cookie buffet in the back of the room for people to enjoy at the conclusion of the music.

There will be celebrity guests (perhaps a visit from Saint Nick himself!), great merriment, and more Christmas cheer than you can shake a candy cane at.

*Stephen Miller*

### Light & Lively Better Than Bacon

Sat, Dec 9 7:30 pm WPR / TV13



Unusual for Crosslands, the December Light & Lively performance will be an improv group. Better Than Bacon is a short form improv comedy troupe based in West Chester that does short skits and games based on audience suggestions.

The troupe was born when a few crazy folks met at a local improv comedy class and became friends. Those same folks kept taking improv comedy classes until there were no more local classes to take. In 2010, after finding a director and a few more performers, Better Than Bacon was born. They’ve been performing professionally since 2011.

*Steve Sander*

## Diversity, Equity, Inclusion and Belonging

### Hannah Slept Here

Presenter: Judy Heald

Fri, Dec 1 7:30 pm WPR / TV13 / Zoom

Did you know that Hannah Freeman (Indian Hannah) walked and farmed and picked berries here at Kendal Crosslands in the 1700’s? This remarkable Lenape woman was a friend and neighbor of many of our Quaker ancestors. Learn more about Hannah from this PowerPoint presentation of *Hannah Slept Here*.

*Judy Heald*



**Webb farmhouse in the  
Longwood meadow**

## Events

## Movies

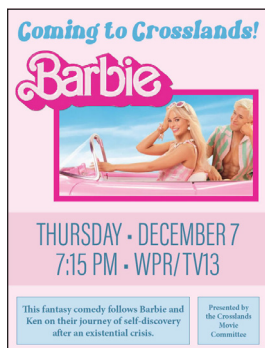


### Golda (2023)

Sat, Dec 2 7:15 pm WPR / TV13

*Golda* is a 2023 biographical drama film directed by Guy Nattiv. The film follows its title character (Golda Meir, the Israeli prime minister who resigned in 1974 over her administration's handling of the Yom Kippur War) in confrontational close-ups of her red-rimmed eyes, nicotine-stained fingers, and swollen ankles. Somewhere under the prosthetics is Helen Mirren, formidably shouldering Meir's suppressed anguish over the war's death toll. 100 minutes.

*Linda Leonard*

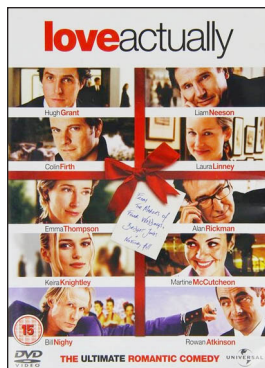


### Barbie (2023)

Thu, Dec 7 7:15 pm WPR / TV13

*Barbie* is a 2023 fantasy comedy film directed by Greta Gerwig. The film stars Margot Robbie as the title character and Ryan Gosling as Ken and follows the pair on a journey of self-discovery following an existential crisis. Clever, funny, and poignant, *Barbie* is an entertaining movie with a great overall message. 114 minutes.

*Linda Leonard*



### Love Actually (2003)

Sat, Dec 16 7:00 pm WPR / TV13

**Note Early Starting Time**

This is now a Christmas classic — a romantic comedy which tells the stories of ten separate couples, each story showing love in a different way. It has a wonderful cast of mainly British actors and mostly takes place in London during the holiday season. The cast includes Emma Thompson, Hugh Grant, Alan Rickman, Colin Firth, Liam Neeson, Bill Nighy, and Laura Linney. It was a Golden Globe nominee for Best Comedy. English with subtitles. 135 min.

*Cindy Arrouet*



### Past Lives (2023)

Thu, Dec 28 7:15 pm WPR/TV13

Two childhood sweethearts, after decades apart, are reunited for one fateful week in New York as they confront notions of destiny, love, and the choices that make a life in this heartrending modern romance. *Past Lives* is quietly powerful — an understated examination of longing, connection, and unconsummated love. Korean with subtitles in part of the movie. 106 minutes.

*Gale Hamilton*



## Events

### The Florian Trio with Guest Artist Richard Woodhams, Oboe

Tue, Dec 12 7:30 pm WPR/TV13



We do reap the benefits of Philadelphia Orchestra players who retire and can't stand just sitting around. On December 12, we will hear this trio of violin, cello, and guitar with guest artist Richard Woodhams, oboe.



WHYY/YOUTUBE

Woodhams retired from the position of principal oboist in the Philadelphia Orchestra, as well as teaching at Curtis, in August. He is acknowledged to be one of the greatest oboists in the country, and we will hear him here along with his retired string colleagues. They will play works from the 18th to the 20th century.

Anne Gross

## Message from the Bulletin Board Committee



With the recent increased use of the Center's bulletin boards and wanting to provide space for signs providing information about the many programs and activities that interest Crosslands residents, we remind you about some of the Bulletin Board guidelines. The **committee web page** has a complete list of the guidelines.

- **This Week** is **only** for events taking place at Crosslands. Signs may be posted **six days** before the event. Signs for Kendal events are to be posted on the Kendal section of the bulletin boards.
- The **Community** bulletin board is for general information about Crosslands activities, e.g. bridge, arts & crafts room classes, fitness activities, trips arranged by Crosslands residents, and Spiritual Life programs.
- All notices of outside events should be posted on the **Outside Events** bulletin board. If there is not space on that board, put the notice in the wooden box on the shelf under the Community Board. Committee members will rearrange the Outside Events board to provide publicity for events according to the date they are scheduled.

Diana Stevens

## Meet Barb Grover #166

Born in New Brunswick, New Jersey, and spending many years in the Squirrel Hill area near Pittsburgh, Barb Grover, widowed for four years, chose to relocate to Crosslands because her daughter Laura lives nearby. A friend once told her she'd led a "charmed life." And it's true, according to Barb, even though by today's standards, she and her husband married "way too young." By the time they were in their mid-20's, they had two children. Nevertheless, she says, she was very lucky because it was her young husband, David, who would encourage and support her as she moved ahead in her career and educational pursuits, even if it meant a long commute for him.

They raised their two daughters and moved several times, Dave progressing in his career, including a stint at the Edgewood Arsenal during the Vietnam war, and Barb taking on a variety of jobs like teaching middle school math and research and development in math teaching. At one point, they were living three hours apart and decided to buy a duplex in between.

*Barb attends a variety of events at Crosslands, including a Spiritual Life Committee field trip to visit the Buddhist temple in Hockessin, and movies, talks, and concerts in the William Penn Room.*

Today, she has five grandchildren in their 20's, none married yet. For a number of years, Dave and Barb, their two children and spouses, plus the five grandchildren, traveled together to faraway, exotic places such as the Galapagos, Antarctica, Africa, and Iceland. Eleven travelers together, having the time of their lives, was especially meaningful because one set of cousins

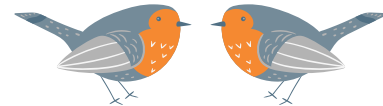
lives in Great Britain. Barb and Dave believed in education, and travel was the key.

These days, the youngest of the generations remains very close, keeping up with each other on social media. Barb's daughter Jennifer, who married a Brit, has become a National Trust gardener, and plans large spaces, such as public gardens. Daughter Laura is successful in the field of finance and lives with her family in Glen Mills, Pennsylvania, trying to keep up with her on-the-go mother. Barb attends a variety of events at Crosslands, including a Spiritual Life Committee field trip to visit the Buddhist temple in Hockessin, and movies, talks, and concerts in the William Penn Room. She can also be seen exercising in the pool and in the Fitness Center.

*Linda Helton*



PHOTO BY BOB SUTER



### Forthcoming Update of "Who's Here at Crosslands"

In January 2024, the Biographies Committee will distribute a new edition of "Who's Here at Crosslands" by email to all residents with email addresses. If there are any changes you'd like to make to your biography, please send Hollis Scarborough an email or leave a note in open box 179 before the end of December.

A paper version, without photographs or contact information, will be prepared for residents who cannot use email and who notify Hollis of their need for the print edition.

*Hollis Scarborough*



## Meet Janet (Jan) Wheeler #239

What's the easiest and fastest way to get settled when you move to Crosslands? Move in during a lockdown which is what Jan did. With no place to go, she was able to focus on unpacking boxes and getting organized. Jan's "Velcro dog", Veronica, a beagle dachshund mix, was with her every step of the way and was especially pleased to find her favorite couch had been moved from Tappan, New York, to Crosslands.

And why Crosslands? Jan and her longtime (50 years) friend, John Funk, Crosslands resident since 2020, looked at several CCRC's before choosing Crosslands. Being close to her family who live in New Jersey, Maryland, New York, and Pennsylvania was essential for Jan.

The family visits often and travels together. On a trip to the Mediterranean, some of her great-nieces and great-nephew determined calling Jan "great-aunt Jan" was too cumbersome. They decided A.J. worked better. A.J. and family will travel to London, Scotland, and Wales in the spring. New Zealand is on Jan's bucket list. Jan's folks were big on travel, so growing up she and her siblings visited every state and parts of Europe.

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*Jan has taught classes on wine at local libraries and enjoys teaching and consulting about wine.*

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After graduating from Ithaca College with a degree in English, Jan realized teaching and working with children was where she belonged. While a student at Ithaca, she volunteered at the Special Childrens' Center. Her belief that everyone should have the opportunity to reach their potential led to advanced degrees in special education and public health administration.

She worked with non-profits and the State of New York to develop community-based services

which enabled people with developmental disabilities to remain in the community. The State was able to close most of its institutions.

Though Jan retired from this work several years ago, she continues advocating for those with developmental disabilities as a board member of Venture Together, which provides community-based services to over 600 people with developmental disabilities in New York.

Post-retirement, Jan began work for Brotherhood Winery in New York as a tour guide, wine consultant, and then assistant tasting room manager. She also taught classes on wine at local libraries and enjoys teaching and consulting about wine. Antiquing, attending auctions, and making her "famous" crumb cake also keep Jan busy.

Moving to Crosslands is a change Jan looked forward to as she embarks on the next of life's chapters. If you ever hear loud clapping from 239, it is Jan applauding the lawn mowing crew. She no longer needs to mow her lawn.

*Diana Stevens*



PHOTO BY BOB SUTER

### CROSSLANDS CHRONICLE

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## Did You Know That...

...the Crosslands Library displays current issues of periodical publications, to be read in the Library. Donations are welcome in the box under the periodical display. Recent, but outdated, copies are placed on a shelf under the paperback books and are available to take home. The Library **does not** accept catalogs, regional guides, or publications of charitable organizations.

...for \$25 per month, Waste Well, mywastewell.com, offers biweekly curbside composting pickup for Crosslands residents? Contact Sally Kaesemeyer, #410, a member of the 4 C's Recycling Committee, for information.

...the State of Pennsylvania will not allow deer hunting between November 25 and December 25? Thus, Crosslands residents may use any KCC trail anytime during that time.

...4 campus chat is an online bulletin board on which residents of all 4 KCC communities are invited to post messages for other residents? The messages may be offers, such as free tickets to an outside event, requests for pet care, invitations to join a resident committee, request for names of good barbers, etc. The password for 4 campus chat is the same as for the directories.

...the AFSC Shed in parking lot 6 now has a Wish List? If there is a household item you would like to purchase from the Shed, indicate the item on the Wish List located on the table with the payment box. You will be contacted when the item is donated and available for purchase.

...in addition to milk, eggs, and juice, you may purchase items like carrots, celery, fruit, and onions in the Café grocery by asking one of the staff members for assistance when they are least busy, viz. not at breakfast or lunch?

...there's enough concrete in the Hoover Dam to build a two-lane highway from San Francisco to New York City?

...there are over 600 inspirational books available for loan in the Spiritual Life Library located in the Meditation Room?

...the average number of meals served by the Crosslands Culinary Staff is 273,750 per year and 750 per day?

...to avoid coat mix-ups in the coat room, consider putting your name in your coat, putting your reflective vest with your coat, or tying your coat sleeves together?

...Thursday, December 7, from 9 to 1 pm. is the day to shop the Sunflower Shop's second-hand jewelry sale and pick up the poinsettia or cyclamen you ordered from the Shop?

...a list of Arts and Crafts Room activities is posted on the Community Bulletin Board?

*Diana Stevens*

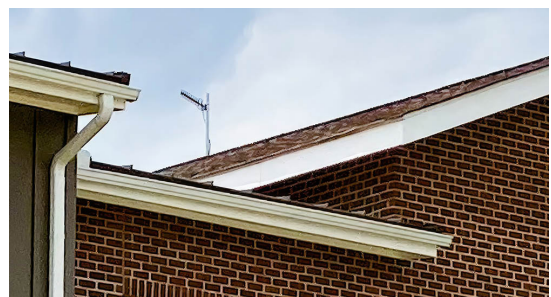
## So You Think You Know Crosslands

### Can You Locate This Month's Teaser?



Send your guess to [chronicle@crosslandsres.org](mailto:chronicle@crosslandsres.org) or put it into the Chronicle's open box.

**LAST MONTH:** Roof of the new Woolman.





## What's New at the Library

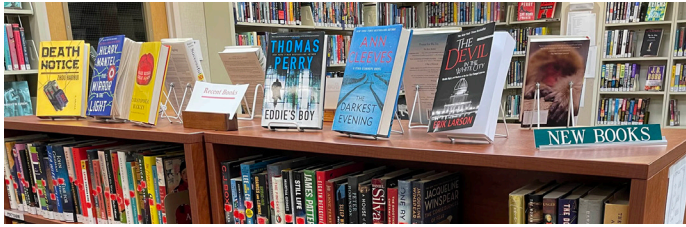


PHOTO BY STEVE SANDER

### FICTION

Cole, Teju..... *Tremor: A Novel*  
 Day, Jamie..... *The Block Party*  
 Grisham, John .... *The Exchange: After The Firm*  
 McCall Smith, Alexander .... *The Discreet Charm  
 of the Big Bad Wolf*  
 Moore, Lorrie ..... *Collected Stories*  
 Stuart, Douglas..... *Young Mungo*

### MYSTERY

Bowen, Rhys ..... *The Paris Assignment*  
 Burke, James Lee..... *The Glass Rainbow:  
 A Dave Robicheaux Novel*  
 Child, Lee ..... *The Secret*  
 Kelly, Julia..... *A Traitor in Whitehall*  
 Mukerji, Ritu..... *Murder by Degrees*  
 Osman, Richard..... *The Last Devil to Die: A  
 Thursday Murder Club Mystery*  
 Sandford, John ..... *Judgment Prey*

### NONFICTION

Casey, Susan ..... *The Underworld: Journeys  
 to the Depths of the Ocean*  
 Doyle, Martin ..... *The Source : How Rivers  
 Made America and America  
 Remade Its Rivers*  
 Wyeth, Andrew ..... *Andrew Wyeth:  
 People and Places*

### BIOGRAPHY

Bastianich, Lidia M ..... *My American Dream:  
 A Life of Love, Family and Food*  
 Jaouad, Suleika ..... *Between Two Kingdoms : A  
 Memoir of a Life Interrupted*  
 Nguyen, Viet Thanh..... *A Man of Two Faces : A  
 Memoir, A History, A Memorial*  
 Schiff, Stacy..... *The Revolutionary  
 Samuel Adams*

### DISPLAY TABLE

Pulitzer Prize Winners

## Crossland Website Tidbits

The Crosslands Residents' Web Site at [crosslandsres.org](http://crosslandsres.org) allows you to communicate with lots of different organizations.



### You can order a box lunch.

- Under the Culinary tab click on **Box Lunch Form**.
- Or under the Contact & Forms tab click on Box Lunch.

### You can comment on the food you eat.

- Under the Culinary tab click on **E-Comments**.
- Or under the Contact & Forms tab click on Culinary E-Comments.

### You can comment on the events you attend.

- Click the **Event E-Comments** button right on the home page.
- Or click on it under the Contact & Forms tab.

### You can comment on events run by the Fitness Advisory Committee.

- Click on **Fitness Advisory Committee E-Comments** under the Contact & Forms tab.
- Or go the Fitness Advisory Committee page and click on E-comments.

### You can contact the **CRA President** and the **website editors**.

- Both are under the Contact & Forms tab.

Leslie Gifford

# December 2023 Crosslands Calendar

- Fri Dec 1 Name Tag Day.**  
**AFSC Sale.** 11:00 am-2:00 pm. WPL.  
**Diversity, Equity, Inclusion and Belonging.** *Hannah Slept Here.* Presenter: Judy Heald. 7:30 pm. WPR/TV13/Zoom. See p. 11.
- Sat Dec 2 Crosslands Friends Worship Group.** *Nonviolent Peaceforce.* Presenter: Anne Zaros. 10:00 am. Geo Fox Rm. See p. 8.  
**Movie.** *Golda.* 7:15 am. WPR/TV13. See p. 12.
- Tue Dec 5 Mushroom Farm Tour.** 2:30-4:30 pm. Sign up on Bulletin Board.  
**Forum.** *Jazzed Out Holiday.* Philadelphia Gay Men's Chorus Special Ensemble. 7:30 pm. WPR/TV13. See p. 8.
- Wed Dec 6 First Wednesdays Painting Studio.** 10:00 am-noon. Arts & Crafts Rm.
- Thu Dec 7 Dairy Farm Tour.** 9:00 am-noon. Sign-up on bulletin board.  
**Crafts Sale.** 9:30 am-12:30 pm. WPR. See p. 9.  
**Grief Support.** 10:00-11:00 am. Wyeth Rm. See p. 8.  
**Birthday Celebration.** For those with December birthdays. 5:30-7:00 pm. Main Dining Rm Alcove.  
**Movie.** *Barbie.* 7:15 pm. WPR/TV13. See p. 12.
- Fri Dec 8 Spiritual Life Committee Festivals of Light.** 3:00-5:00 pm. WPR&L. See p. 9.
- Sat Dec 9 Light & Lively.** Better than Bacon. 7:30 pm. WPR/TV13. See p. 11.
- Mon Dec 11 Healthy and Wise.** 10-11 am, Zoom/TV13.  
**Choices Committee.** Cartmel/Coniston Residents reflect on the move across the street. 1:30-3:00 pm. WPR.
- Tue Dec 12 Tuesday Edition.** *A Child's Christmas in Wales.* Presenter: Rhiannon Howell. 11:00 am. WPR/TV13. See p. 9.  
**Essential Tremor/Peripheral Neuropathy Group.** 2:00 pm. Conference Rm.  
**Music.** Florian Trio and Oboe. 7:30 pm. WPR/TV13. See p. 13.
- Wed Dec 13 Poetry Group.** 3:00 pm. WPL.
- Fri Dec 15 Name Tag Day.**  
**Crosslands Players.** *Snow White and Several Dwarfs.* 7:30 pm. WPR. See p. 10.
- Sat Dec 16 Crosslands Players.** *Snow White and Several Dwarfs.* 2:30 pm. WPR. See p. 10.  
**Movie.** *Love Actually.* 7:00 pm. WPR/TV13. See p. 12.
- Sun Dec 17 International Folk Dancing.** 2:00-3:30 pm. Multipurpose Rm.
- Tue Dec 19 CRA Concerns Session.** Voice your concerns to two CRA Board Members. 10:00 am. Music Rm.  
**Red Cross Blood Drive.** Noon-5:00 pm. WPR. See p. 7.
- Wed Dec 20 First Annual Yuletide Hum-along and Cookie Extravaganza.** 2:00-4:00pm. WPR. See p. 11.
- Sun Dec 24 Spiritual Life Holiday Gathering.** 6:30-8:00 pm. WPR(&L). See p. 10.
- Thu Dec 28 Movie.** *Past Lives.* 7:15 pm. WPR/TV 13. See p. 12.



Venues, times, and other details may change. Please watch for announcements on the **Crosslands Website**, bulletin board, and TV9.

**THE CHRONICLE  
 WISHES YOU A VERY  
 HAPPY HOLIDAY!**

