



The Value of the Designated Friend Program

What is a Designated Friend, and why do I need one you might ask? Many of you already have such a person on record in Resident Care, but for those of you who do not, here is information about the program. The official KC definition states, "a Designated Friend is a person designated by a resident who has agreed in advance to receive a limited amount of protected health information about a friend's medical emergency hospitalization."

Designated Friend, is not a legal document and can be changed or cancelled at any time. It includes the people and tasks that the resident has identified and is signed by the two parties involved. The primary purpose of the program is to disseminate appropriate medical information to residents who then help with the tasks.

Why do I need a Designated Friend if my family lives nearby? Your family member might work and not be able to attend to plants or

pets on a regular basis or be familiar with other residents and the daily activities of the community. Or if you have a partner, you might expect that your partner could serve as the Designated Friend. But consider our story that follows.

When we moved in, we assumed that we would assist each other in the event of an emergency. However, as our recent experience will illustrate, our subsequent decision to ask a resident to be our Designated Friend was a wise choice and identifies the varied and supportive tasks the Designated Friend may be called upon to perform.

Our experience began, as they often do, with a fall, this

one in the men's locker room. Following a swim, Jeff fell, bruising but not injuring himself seriously. However, he went by ambulance to the hospital where he remained for 30 hours. I brought him

...Continued next page



PHOTO BY STEVE SANDER

Jeff and Joan Applegate Discussing Responsibilities with Designated Friend Carol Ann Baker

The only role of Resident Care is to make the initial call to the Designated Friend to share the appropriate information about the hospitalization. This private, voluntary agreement between the resident and the

Designated Friend, Continued

home later the next day and we were settling in for a quiet evening when I developed a nosebleed that would not stop.

At 10:00 pm I called Resident Care as well as our Designated Friend and both arrived along with an ambulance. Jeff, still recovering, was in no condition to drive me to the hospital. Upon the recommendation of the staff, I chose to go by ambulance, so at 10:30 pm our Designated Friend followed the ambulance to the hospital. She kept me company in the treatment room, and when I was discharged at 2:00 am brought me home.

Had she not done this, I don't know how I would have gotten home at that hour. This experience validated for us the importance of having someone you can call, day or night,

and we are grateful for such a program. A BIG THANK You to Carol Ann Baker, our Designated Friend!

Our experience is somewhat unusual; however, it does illustrate the importance of having someone on the campus who is available for those unexpected emergencies.

Currently, the Crosslands Welcoming Committee provides new residents with the forms to complete for designating a friend. All Crosslands residents who designate a friend must include the name and contact information for the friend on their Resident Information Form which is on file in Resident Care.

Joan and Jeff Applegate



Come One, Come All to the October 26 New Residents Reception

New Residents Receptions are Crosslands community events that aren't to be missed. The fall reception will be held Thursday, October 26, from 4:00 to 5:00 pm in the William Penn Room and Lounge.

Don't pass up the opportunity to visit with new residents as well as with "seasoned" residents. Refreshments will be served. Name tags are a must.

Referred to by some as "speed friending," these receptions are an ideal way for new residents to get to know their neighbors and vice versa. Come ready to talk about your interests, travels, bucket lists, books you recommend, what you have done since you moved to Crosslands.



PHOTO BY PAUL STEVENS

New Residents Reception, January 2023

Diana Stevens

Without Wheels? Don't Despair!

KCC Transportation and Kendal Home Care Are at Your Service



Driver Paul Cosgrove Bringing Jane Krick Back from a Shopping Trip

Whether you no longer drive or just don't feel like contending with traffic, you can still go out and about off the campus thanks to a variety of services. The **Kendal Crosslands Transportation Department** operates a fleet of seven vehicles with a staff of five drivers that includes supervisor Richard Jackson. The department serves all four KCC communities, with some limitations for Coniston and Cartmel. You can find details in the recently updated **Transportation Department Services Guide**. Click [here](#) to access it on-line. You can also access it on the resident website by clicking on Transportation on the drop-down menu under the Campus Resources tab. You may request a print copy from the front desk ambassador.

Among the department's many helpful options is free transportation for almost all medical needs for Kendal and Crosslands residents. Submit a Medical Transportation Request Form to the Resident Care Department to book it.

Regularly scheduled shopping trips are complimentary, too. Trips to destinations in the Kennett area operate three times a week. Scheduled trips further afield, such as Wegmans, Whole Foods, Trader Joe's, the Concord Mall, and Barnard Orchards are available. Sign-up sheets and schedules are in a binder on a shelf next to the Ambassador's desk.

KCC Transportation will also take you on private trips to destinations in our service area. These include the Wilmington train station, the new Wawa train station and many more. The department will even take you to Philadelphia airport. Be advised pickup upon return is not available. Group trips can also be arranged. To schedule private and group trips contact Transportation 610-388-5602. See the Transportation Guide for policies and pricing.

What if you need some extra help at your destination? In that case, using Kendal Home Care's transportation service is your best option. Do you have a medical appointment? If needed, your driver will assist you inside the building and even accompany you in the consulting room if you feel it would be helpful.

How about an old-fashioned shopping trip? Your driver will be an invaluable shopping assistant, helping you as needed through the stores and bringing items to the fitting room. Meeting a friend for lunch? Home Care will drop you at the restaurant and will be on call to pick you up later. Going to the theater with friends? Book

Home Care to drive you there and come get you when the show is over.

The charge for **Kendal Home Care** transportation is \$30 per hour in 15-minute increments. The Home Care van can

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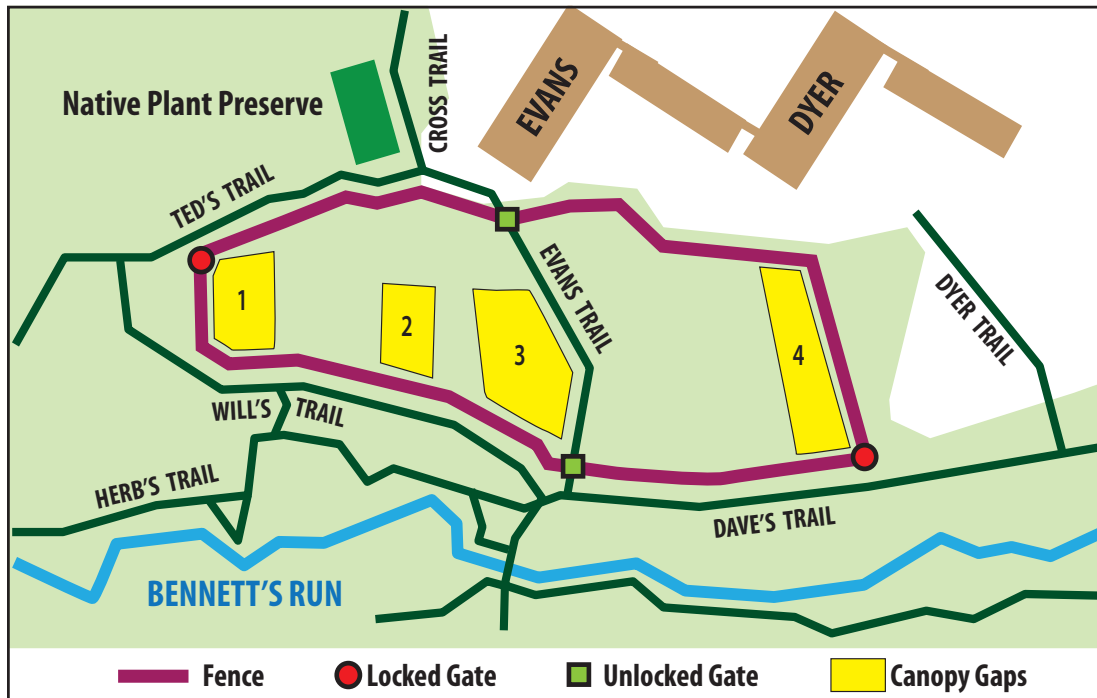


PHOTOS BY STEVE SANDER

What Is Happening in the Woods Below Evans?

In February, after three years of research and discussion, the Four Community Woods Committee agreed that a fence to exclude deer

It will be many years before definitive answers will be evident, but the good news is that only four months after a fence was installed, four



MAP BY STEVE SANDER

from specific areas was necessary. This small, fenced area is the first in an effort to regenerate trees in the Big Woods. In April, a 1.5-acre plot on the north side of Bennett's Run was fenced.

After Woodland Workers cleared invasive plants from four canopy gaps, 50+ donated tree and shrub seedlings were planted by residents in Gap #3, and this fall, another 65 seedlings will be planted in Gap #1. (See map above.)

Answers to three questions are under review in this study area:

- What is the rate of survival for seedlings within the fenced area, compared to seedlings planted in tubes?
- Will enough residents volunteer to remove weeds from around seedlings, for at least five years?
- To what extent do seeds of desirable tree species re-sprout when invasive plants are controlled and deer predation is eliminated?

examples of regeneration can be seen — tiny seedlings of oak, maple, hickory and many tulip poplar are emerging. We welcome assistance from residents who might want to help these efforts to demonstrate how the Big Woods can be renewed.

A guided tour of the fenced area will be posted on the bulletin board later this month. Enquiries and any questions should be addressed to the authors.

*Jennifer Allcock and Barbara Grove
Co-Chairs, Natural Areas Committee*

Transportation

Continued from previous page.

accommodate up the three passengers at no extra charge. Please keep in mind that because of insurance considerations, all passengers must be KCC residents.

For more information and reservations — or to find out about the many non-transportation services Kendal Home Care provides — contact Millie Lee, Home Care Manager, 610-388-5623, or milee@kal.kendal.org.

On a personal note: With trepidation I made an independent decision to give up driving on my 93rd birthday this past July. Since then, I have become a frequent user of both services. Because of them the transition has been easier than I anticipated and also enjoyable because of the staff's kindness, caring and professionalism.

Hedy Knoth

We're Green, We're Gray, and We're Not Going Away

This is the slogan of SSAFE — Senior Stewards Acting for the Environment — a partnership of Kendal affiliates and similar communities across the country organized to address global warming and climate change. Many residents of the Kendal-Crosslands communities helped found SSAFE, and now close to 200 are members.



Here at home, Crosslands SSAFE members are building on this momentum. Under the leadership of Sue Kelly, the group's focus is on advocacy and education. As a recent example of this focus in practice, in July, the Crosslands group shared research on methane gas — as harmful as CO₂ to the environment — and secured over 140 resident and staff signatures on a petition to the EPA requesting tighter regulation and oversight of methane emissions from landfills.

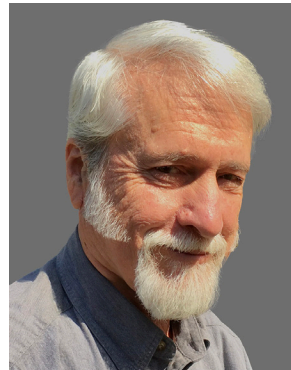
Moving forward, Crosslands SSAFE has four major goals parallel to and consistent with the SSAFE parent body and the work of its advocacy, education, and campus greening teams:

- To amplify advocacy efforts at the national level by informing Crosslands residents of SSAFE action alerts and assisting residents with letters to legislators, petitions, and other means of lobbying
- To bring advocacy efforts down to state and local levels here in Pennsylvania and Chester County
- To support related campus committees (the Climate Resiliency Working Group, energy and recycling committees, etc.) and to partner with like-minded advocacy groups such as

From the CRA President

Greetings fellow residents!

In school we rejoiced every Friday and welcomed the change of pace every weekend brought. When schooling was finished and we needed to work, we often had the weekends off. Now retired, we have trouble figuring out what day of the week it is.



We need structure, but this September was unique, thanks to a situation that we hope will never happen again — the lockdown, the tension, and the fear brought on by a convicted fugitive in our midst.

The most positive thing is how this experience brought the community together — residents, staff, administrators, and Board were all focused on helping us get through it. It's quite a story we'll be telling, now that it's over.

David Camp



Citizens Climate Lobby/Chester County and Third Act/PA.

- To support SSAFE efforts with research and education so that all actions are based on sound science and current and accurate information.

Global warming is real; climate change is undeniable. But the future of our planet is not hopeless. We can work together in good faith with good information and firm resolve to save this world for our children and our children's children and for all generations to come.

If not already a member of SSAFE, visit its website at **SSAFE.org**. Membership is easy and free and is a gateway into much good information.

Fran Riddle

Diversity Wall



PHOTO BY STEVE SANDER

Have you seen the latest art on the Diversity Wall? A friend and I were chatting next to one of the beautiful artworks across from the William Penn Room, and I said, "I wonder how many people notice this." And she said, "Let's bring it to their attention." I found out that Roger Parish was a moving force behind it and asked him to tell me about it. Here's what he shared:

First discussions took place with the Wall Decor Committee late in 2020. The question of community diversity was already an important Kendal-Crosslands issue. A survey of the art hung in Crosslands public spaces clearly showed that the artists were almost exclusively white males of European ancestry. We discussed various options for achieving more ethnic diversity in our public art and what would be the best locations to use.

It was decided to replace the art hung on the long corridor wall opposite the William Penn Room and maybe around the mailboxes with work by artists of ethnic diversity. We called it the Diversity Wall.

The first pictures were hung in early 2021. Our first target was to acquire a couple of prints by our famous local black artist, Horace Pippin, followed by several other artists representing Black, Hispanic, Asian and indigenous artists, including women artists.

We initially borrowed art from current resident artists John Fong, Sachiko George, and Laura Smith. We rotated in Australian and American indigenous art from Betty Nathan's and Roger Parish's collections. Jean Worley contributed a beautiful print by a Vietnamese artist.

We did not intend to establish a static exhibit, but rather to continue to acquire and borrow new works and attempt to keep the exhibit

Art Committee News

Please visit the new and improved **web page of the Art Committee**. The Committee hopes to expand its service to the community with this visually attractive and regularly updated web page. The web page includes the current exhibit, a summary of past exhibits, local resources of interest to artists and art appreciators, and a list of resident artists and craftspeople.

To have your name included in the list of resident artists and craftspeople, contact Martha Bryans. To contribute information to the new local resource directory, contact Atala Toy. Please let Cyndy Falcoff know if there are other things you would like the committee to consider in the future.

The Crosslands Art Committee:

- Inspires the community through art exhibitions featuring the work of residents in solo or group shows.
- Connects resident artists through shared interests and collaboration to support creative expression of arts and crafts in our community.
- Highlights the wealth of resources and opportunities at Crosslands and beyond.

Cyndy Falcoff, Art Committee Secretary



interesting and fresh. We welcome suggestions from Crosslands residents who may have some art in their own collections from ethnically diverse artists that they would be willing to loan for a short period of time.

As we purchase new pieces, others will gradually be integrated into our public spaces, including Audland and Firbank. Funds to acquire new works are provided by the Wall Decor Committee of the CRA.

We try to make some changes to the diversity wall every couple of months. Every change always elicits some comments, so we know that people are looking at the wall. Undoubtedly, there are some residents who have never really noticed it.

Margaret Camp

Arboretum Celebrates 10th Anniversary

This year, we celebrate the tenth anniversary of the establishment of an arboretum on the landscaped areas of the Kendal/Crosslands campus. Previous residents firmly believed that the lovely trees on our campus should be recognized.

PHOTO BY ATALA TOY



The April 2013 *Kendal Reporter* published news of the Arboretum's accreditation by the Morton Register of Arboreta, which now numbers 2,297 arboreta worldwide. Many life care communities have an attractive setting and many trees, but only a few have become recognized as an accredited arboretum that fully embraces the value of environmental stewardship, as has been made possible by the residents of Kendal-Crosslands.

A committee of residents from both campuses (with physical assistance from the Grounds Department staff) is responsible for managing the Arboretum. Since accreditation in 2013, a gift tree program has provided income to fund the program and augment the collection. This program has added almost 100 new young trees to the landscaped areas. Annual lectures have been held, and in 2020, an inventory representing hundreds of species mapped almost 2,500 trees on both campuses. With a unique number on a brass medallion attached to each tree, and from listings on the Arboretum web site (kcarboretum.org) it is now possible to identify any tree in the KC Arboretum.

An Arboretum Team of residents on each campus has created handicap-accessible self-guided loop walks. At Crosslands, updated copies of lists, maps and a short description of

each tree are available on the bureau opposite the reception desk and also on the CRA Website under Committees/Arboretum. In the Featured Collections section of the KCA Arboretum web site, detailed information is available about magnolia (Kendal & Crosslands), dogwood (Crosslands), and redbud species (Kendal).

Each team has organized an Adopt-A-Tree program which encourages adoptive parents (residents) to monitor the status of a particular tree on one of the Loop Walks. Should you be interested in participating in this program, please contact an author of this article. You are encouraged to participate in monthly Arboretum Team meetings — check the CRA website and bulletin board for details.

*Jennifer Allcock and Rob Shipman
Co-Chairs, Crosslands Arboretum Team*

Crosslands Website Tidbits

The Crosslands Residents' Website at crosslandsres.org contains a lot of valuable information.

- To learn more about the website, click the **Crosslands Website Help** button:
- Learn how to set a shortcut on your computer to get to the website.
- Get guidelines for submitting data to the website.
- To find out everything that is going on at Crosslands, click on the **Calendars** tab.
- To schedule a meeting room online, click **Contact & Forms**:
 - Remember to note AV, ushers, and housekeeping needs.
 - Watch a video showing how to avoid scheduling conflicts, under the **Calendars** tab.



Genealogy Research in the Digital Age

If your view of genealogy research involves laboriously poring over dusty books and files, squinting at blurry microfilm, and driving down obscure country roads looking for old graveyards, think again. While I've done all those things, I have spent many, many more hours researching online.

It all started about fifteen years ago when I mentioned to an acquaintance that family lore indicated I was descended from John Alden and Priscilla Mullins of the Mayflower. She suggested I check out the Alden family and Mayflower websites to see if I could trace my ancestors. I discovered that I am descended from them, and it wasn't long before I was hooked, digging deeper and deeper into the online data. A word of warning: once you are hooked, genealogy research will grab any minute of free time you have, and then some.

The number of websites devoted to genealogy continues to grow. The following is a very small sample. **Ancestry.com** has become well known. You need a paid subscription to access all its features and data, but I find it worthwhile, especially since I use the associated Family Tree Maker software to hold all my data.

Rootsweb.com is a free site on which you can search for your ancestors on family trees that others have submitted, and where you can also place your tree. The Church of Latter Day Saints' official site is **familysearch.org** and it also has family trees, but the resources I use most there are the books and other publications. Another of my favorite sites is **findagrave.com**. You can search graveyards all over the country by name, or location, or by the name of the individual whose grave you are trying to find.

Whatever site you use to search for information on your ancestors, always look for the source of the data. Most of the information I have seen in family trees that others have placed online gives

no source for the data and can conflict with other information. You need to find original data, if at all possible, to validate those records. That means searching through census data, birth certificates, wills, church records, immigration records and anything else that gives dates and names that will link parents and children. Every year more of that original source information is digitized and available online.

I found my husband and I are both descended from Thomas Downing, the founder of Downingtown, Pennsylvania. And my parents have common ancestors who lived in Southampton, Long Island in the 1600's. I knew my father was raised as a Mormon in Utah, and I now know which black sheep of a staunch Presbyterian family in upstate New York ran off to join Joseph Smith and his followers. The woman he married was a Downing who fled her Quaker upbringing to join Smith as well.

There is no telling what you will find. But thanks to the Internet you can find it from the comfort of your home. Happy searching.

Leslie Gifford



Resident Moves

Karen Satterthwaite	Audland 509
Kay M. Edstene	Firbank 718
Louise B. Hemmingsen	Firbank 608
June Lorber	Firbank 702

In Memoriam

Sally A. Tweedie	September 7, 2023
Carol S. McHarg	September 8, 2023

Did You Know That...

...one section of the Crosslands website not to be missed is **Off-Campus Resources** which has information on places to visit in the Kennett Square area; recommended restaurants; and volunteer opportunities, among many topics?

...in 2014, Kendal~Crosslands Communities were awarded the Certified Wildlife Habitat designation?

...15 years after the control of invasives in the Coniston native woodlands began, the woodlands are essentially free of all exotic invasives? Full restoration of the woodlands will be a long process involving planting more than 400 native, long-lived, hard wood forest trees and introducing and protecting sub-canopy shrubs and trees.

...if you toss onions into the freezer for 15 minutes before you cut them up, you won't tear up?

...the 6 or 7 (maybe more) catfish who live in the Crosslands Pond eat the duck weed, so wherever you see some clear water and no "bubbling equipment", it could mean that's where the catfish "hang out"?

...484-770-5711 is the number to call to listen to the TV 9/15 announcements?

...if "Mo", who mows the lawn in the area between Rushmore and the Pond, seems stuck, one can move it a few inches (it's heavy) to get its wheels on firmer ground, then open its top, enter the code written therein, push "Start", and it will get going again?

..."So you think you know Crosslands", thanks to Camera Club photographers, has returned to the Chronicle, after a pandemic pause? Find the photo taken at Crosslands in every month's Chronicle; figure out where the photo was taken and submit your answer to the Chronicle, chronicle@crosslandsres.org.

...the green take out containers should be returned to the collection points outside or inside the Center? They are sterilized and reused. They are not trash. The white cardboard like containers are trash.

...on the website, where you search for email addresses and phone numbers, if you put in just a first name you will see all the residents who have that first name? It's a new version of the First Names list.

...free KCC transportation is available on Mondays, Tuesdays, and Wednesdays to the new Kennett Library? You must sign up at least three days in advance on a sheet located in a binder on a shelf next to the Crosslands Front Desk. Tell the driver you are going to the new Library.

Diana Stevens



So You Think You Know Crosslands



PHOTO BY DALE KENDALL

Can You Locate This Month's Teaser?

Send your guess to chronicle@crosslandsres.org or put it into the Chronicle's open box.

Events

Forum

Addressing the Youth Mental Health Crisis

Presenter: Brittany Zakszeski, Ph.D.

Tue, Oct 3 7:30 pm WPR / TV 13

In 2021, the American Academy of Pediatrics, the American Academy of Child and Adolescent Psychiatry, and the Children's Hospital Association issued a joint statement declaring a national emergency related to children's and adolescents' mental health. Two years later, what is the state of youth mental health, and what factors are contributing to it?

This presentation will describe current rates and types of youth mental health needs. It will emphasize both contextual and individual risk factors and school- and community-based approaches to prevention and intervention. Practical strategies for directly supporting youth and youth-serving organizations as well as advocating for systemic approaches to mental health promotion will be provided.

Dr. Brittany Zakszeski is a member of the School Psychology faculty at the University of Delaware, holds a Ph.D. from Lehigh University, and is licensed as a Psychologist in Pennsylvania, has National Certification as a School Psychologist, and is Board Certified as a Behavior Analyst.

Her experience includes working in urban, rural, and alternative schools and consulting with schools and other agencies to promote positive outcomes for youth at risk for emotional and behavioral problems. Widely published, she serves on the Editorial Boards of two prominent journals in her field. She is also the Principal Investigator for the U. S. Department of Education Grant, "School-Based Mental Health Promotion in the First State."



CEHD.UDEL.EDU

George Helton

SSAFE & Energy Committee Special Presentation

Global Climate Change: The View from Space

**Presenter: John Conrad
NASA/JPL Ambassador**

Fri, Oct 13 7:30 pm WPR / TV13



As Mother Nature keeps the topic of climate change in the news with increasing urgency, this talk provides a timely NASA/space/science update. Beginning with a walk-through of the NASA climate web pages, the talk focuses on all key parameters, presenting the simple facts and logic behind climate change, with emphasis on the researchers (e.g., IPCC) and tools (especially complex models) which underpin the world's understanding.

The view from space, previously covering mainly NASA spacecraft programs, is substantially broadened to better characterize how all nations are collecting the global data necessary to address this truly global issue.

John Conrad's Astronautical Engineering degrees at the United State Air Force Academy and Purdue University directed him straight into leadership in unmanned space programs for the Air Force and NASA.

Career experiences include technology development and application, in aerospace and defense as well as IT and energy and security programs. His presentations orient and promote science applications and solutions.

Sue Kelly

Events

Forum

The History of Fox Hunting in America: Mr. Stewart's Hounds; The Cheshire Hunt

Speaker: Phoebe Driscoll Fisher, MD, MFH
Tue, Oct 17 7:30 pm WPR / Zoom / TV13



PIXABAY.COM

Dr. Fisher will talk of the heritage of this sport, brought to America from England in 1914 and known in this area as Mr. Stewart's Cheshire Foxhounds. The tradition of fox hunting has been deeply entrenched in the whole Chester County community. Many of the open spaces about the County were influenced by the areas used by hunting communities.

Dr. Fisher is a pediatric anesthesiologist at A. I. DuPont Hospital (Nemours Children's Hospital) in Wilmington. She and her husband Rush, also a physician, have four children college and high school age. They are a foxhunting family and are often joined in foxhunting by our Crosslands resident Phoebe Driscoll, in her early 90s.

To quote a recently deceased pillar of the Hunt community, "Open Space is the lifeblood of fox hunting." And more flippantly, Oscar Wilde quipped, "Fox Hunting is the unspeakable in search of the inedible."

Mary Ann Wagner

Jim and Susie Malcom Scottish Music Concert

Wed, Oct 25 7:30 pm WPR / TV13



JIMMALCOM.COM

For over 30 years Jim Malcolm has been the ultimate Scots troubadour, taking the traditional songs of Scotland and his own prizewinning compositions to all corners of the UK and USA. His voice is one of the finest in Scotland, and his guitar playing is the perfect accompaniment. He plays mouthorgan to a standard you'll rarely hear.

Jim was voted Songwriter of the Year in the Scots Trad Music Awards, and was nominated three times for Scots Singer of the Year.

This year his wife Susie joins him on stage. An award-winning traditional singer herself, Susie sings songs from Northeast Scotland and has a penchant for ballads.

Their current album, *The Berries*, has been called, "a masterclass in Scottish traditional song." Together they offer harmonies, humor, and tales from the road, the riverside, and the home front.

Steve Sander



Events

PHOTOS SUPPLIED BY MARCIA DeWITT



Fall Fitness Fair

Thu, Oct 19 3:30 -5:00 pm WPR

The Fitness Advisory Committee will host an informational reception, and you are invited. You will have an opportunity to talk with Crosslands Staff about fall and winter classes offered in the Fitness Center.

You can also chat with residents who lead and participate in other fitness activities such as shuffleboard, ping-pong, corn hole, and so many more.

- Catch the Enthusiasm •
- Ask Questions •
- Sign Up •

We Look Forward to Seeing You.



Crosslands Croquet Tournament Final

Thu, Oct 12 4:00 pm Croquet Field

The annual croquet final is here. Come out and cheer on the final two teams, see who wins the trophy, and enjoy some refreshments.

Ginny Connolly



Events

A Feast for the Eyes Diane Hulse Solo Art Show

Sep 1 - Nov 29 Center Art Wall

Reception:

Mon, Oct 9 3:00 pm Conference Rm



PHOTO BY STEVE SANDER

***What I've Loved* by Diane Hulse**

The first thing you notice is the bright colors of the 23 paintings hanging on the wall of the Crosslands Center, the work of Crosslands resident, Diane Hulse. And then, you look closer and sink into the content of the images. Each painting has a captivating title, drawing you in further. The artist uses a variety of media, including oil and acrylic paints, gel media and found objects, to create vivid forms and eye-catching texture. Capturing her own experiences, probing her memory, and reacting to current events, this is a timely and provocative show.

Diane describes herself as an abstract, mixed media artist. She works on several pieces at once, which allows her ideas to inform one another across different subjects. Her work is concerned with conveying ideas and emotions about politics, climate, abuse, and other real-world concerns.

Diane's latest exhibits include a current show at the Riverfront Bakery in Wilmington and the Chester County Studio Tour in May 2023. She maintains a studio in The Delaware

Camera Club

The Fringe in Action: "Peace Within"

Presenters: Paul Stevens and
Lowell McMullin

Fri, Oct 20 7:30 pm WPR / TV13 / Zoom



PHOTO BY MANYA BEAN

Paul had the great idea of making a Power Point presentation of the previous exhibit in the Fringe Gallery — "Peace Within."

Many people did not go down to lower level to see The Fringe or would like to see it again. This is a way of presenting the exhibit and archiving it in an active form. Paul and Lowell will take turns showing the photos, reading the quotes, and discussing interesting backgrounds associated with some of the items. With all the disconcerting things in life, here is a chance to find some peace of mind. May it be so.

Lowell McMullin



Contemporary, which is a contemporary art museum on the riverfront in Wilmington. Her studio will be open to visitors on December 1 and February 2 from 5 to 9 pm and on October 21 and February 10 from 10 am to noon.

Diane will speak about her work and process at an Artist's Talk and Reception on Monday, October 9, at 3:00 in the Conference Room opposite the gallery. Refreshments will be served. Please join us.

Renny Woods, Coordinator

Events

Movies



Living (2022)

Sat, Oct 7 7:15 pm WPR / TV13

Led by Bill Nighy's perfect performance, *Living* will leave you reflecting on the things you appreciate in your own life. From the very opening credits, viewing archival footage of London in the mid-1950's, you get immersed into a world that no longer exists: the stiff-upper-lipped world of post-World-War-II England in its desperate attempts to hold on to its polite and mannered ways. Directed by Oliver Hermanus. 102 min.

Linda Leonard

A Man Called Otto (2022)

Thu, Oct 12 7:15 pm WPR / TV13

When a lively young family moves in next door, grumpy widower Otto Anderson (Tom Hanks) meets his match in a quick-witted, pregnant woman named Marisol, leading to an unlikely friendship that turns his world upside down. 126 min.

Linda Leonard

The Magician (1958)

Sat, Oct 21 7:15 pm WPR / TV13

Ingmar Bergman's multi-layered parable, set in 19th-century Stockholm, pits Dr Albert Vogler, a gifted student of Mesmer currently squandering his talent as principal of a traveling magic show, against Royal Medical Counselor Vêrgerus, who does not believe in anything that he cannot see, touch, and explain rationally. Just right for Halloween. With Max von Sydow, Ingrid Thulin, and Gunnar Björnstrand. Also released as *The Face*. Swedish with subtitles. 102 min.

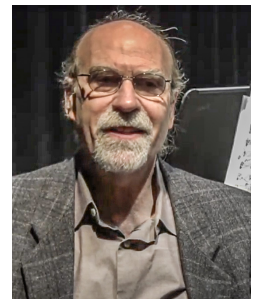
Ron Broude

Concerts

Dave Posmontier Jazz Trio Piano, Drums, and Bass

Tue, Oct 10 7:30 pm WPR / TV13

The Dave Posmontier Jazz Trio comes to us (and has for several years) with many years of accolades from their peers and their audiences. "3-D" — Dave, piano; David Brodie, drums; and Doug Hirlinger, bass, have been impressing their world for a long time.



Doug has played with the Philadelphia Orchestra. David has played with scores of jazz favorites over the years. Dave has made recordings, composed, done his share of playing with jazz greats, and has been recognized for making a difference in the world of music.

Please join us. This is jazz with melodies and our one jazz concert every year.

Anne Gross

Carl Cranmer, Piano

Tue, Oct 24 7:30 pm WPR / TV13

Carl Cranmer had been here several times accompanying cellist Ovidiu Marinescu. Then we asked him to play a solo recital last year. We were blown away. Carl is simply the best.



Carl has a dizzying list of international and United States performances, and his students at West Chester University have gone on to the likes of his alma mater, Juilliard. Join us.

Anne Gross

Events

Tuesday Edition

Eastern Europe: a Kaleidoscope

Presenter: Jennifer Brown

Tue, Oct 10 11:00 am WPR / TV13

Ever since Jenny decided to take the road less traveled and chose her college major in Eastern European History, she has been fascinated by the politics, people, controversies, and the ever-changing borders of this complex unsettled area of the world.

Failing empires, wars, rivalries, politics, religious feuds, and burgeoning nationalism all contribute to the simmering stew. Join us for a taste.

Brigitte Alexander

Light & Lively

The Mainliners

Sat, Oct 14 7:30 pm WPR / TV13



MAINLINERS.ORG

Prepare to be entertained by the *a capella* group, The Mainliners. Founded in 1963 the Mainliners are the local chapter of the Barbershop Harmony Society — an association of men of all ages who love to sing in the barbershop style. But their repertoire ranges beyond traditional barbershop songs to include old standards and modern favorites.

This is a very special concert performed for free in honor of Bob Donecker, a former Crosslands resident, who was a member of the group.

Steve Sander

DEIB Committee

Lenape Perspectives on Family and the World in Which We Live

Presenter: Lenape Clan Mother Shelley DePaul

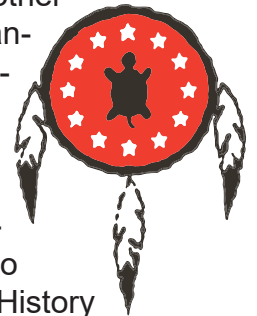
Fri, Oct 6 7:30 pm WPR / TV13

Want to learn more about the Lenape upon whose Ancestral Land we now live? Culinary will start our evening with some traditional Lenape foods at dinner. Then we will gather at 7:30 pm for a presentation by Clan Mother Shelley DePaul, Keeper of Language and Treaty Signer Liaison, Lenape Nation of Pennsylvania.

Clan Mother Shelley has taught Lenape language classes at Swarthmore in addition to teaching English, Music, and History in Southeastern Pennsylvania public schools and universities. She has conferred with numerous organizations about Lenape horticulture and medicinal plant practices and may in the future help KCC develop healing gardens with a Lenape focus.

The Lenape were a very peaceful Native American nation, and their stewardship of the environment and respect of the aged fit our community values well.

Judy Heald



Help Needed: Computer/Copier Room

A volunteer is needed to serve as chair of the Computer/Copier Room Committee as well as a team to assist in the operation of the Computer/Copier Room. Contact Bunny Lawton or Les Small.



Events

Spiritual Life Committee

Worship the Ground You Walk On: A Field Guide to Everyday Animism

Presenter: Mark I. Wallace, Swarthmore College and James Hormel Chair of Social Justice

Wed, Oct 25 3:30 pm WPR / TV13

If you are one of our community's nature lovers – this is a talk for you. We are thrilled to be hosting one of today's leading spokespersons in the critical area of ecological religion, which addresses our current ecological problems at the core level of spiritual perception.

Mark Wallace is Swarthmore College's Chair of Social Justice and teaches in both its Religion and its Environmental Studies departments. He is a proponent of Christian Animism, which he

defines as "the time-honored belief that every life-form is saturated with spiritual presence." He states that "insofar as the natural world is filled with divine presence, scripturally speaking, all of creation appears to be a good and fitting object of worship."

In his Crosslands talk, he says, "I want to share my suggestions for experiencing signs of natural grace within daily existence."

Continued next page...

Meet Doris Northrup # 40

Doris Northrup came to Crosslands from the Washington, DC area. One of her three daughters has lived in Kennett Square for almost 30 years, so Doris has visited the Brandywine Valley area dozens of times and has come to love it. She is very happy that her daughter and grandson are only minutes away from her new home.

Doris also has a daughter and a granddaughter who live in Gaithersburg, Maryland. Her third daughter is married to a Foreign Service officer and has lived and worked in Israel, Jordan, several Africa countries as well as Nepal and Montenegro. Doris loves to travel and has visited this daughter and her grandson wherever they have lived. Her love of travel has also taken her to Russia, India, Vietnam, Turkey, Mexico, and many places in Western Europe.

Doris grew up in Pittsburgh, the second of four children. As a child, she enjoyed taking many kinds of dancing lessons and was a frequent performer as a dancer and actress. In her teenage years, she was a majorette with her high school band.

*As an executive
in the early days
of the women's
movement, she
served as a
mentor to many
younger women.*

Doris earned her Bachelor's degree in Liberal Arts at Carnegie Institute of Technology and her Masters in Psychological Measurement at the University of Illinois. In 1964, she moved to Washington, D.C. and subsequently to Montgomery County, Maryland.

In 1970, she joined Westat, a small statistically-oriented government contracting firm. Westat grew rapidly and in a few years, she became its first female Vice-President and Director of Survey Operations. As an executive in the early days of the women's movement, she served as a mentor to many younger women in the company and the experience left her with a longtime interest in women's rights.

In 1989, she decided to start her own company, CODA, Inc., where she oversaw contracts in epidemiological research for NIH and patient safety for FDA. She sold her company and retired in 2005.



PHOTO BY BOB SUTER

Beth Hopkin

Meet Katherine Echeverria #194

Although Katherine Echeverria has friends at Kendal, she chose to live at Crosslands, arriving in May 2023, because of the open spaces. She and her four siblings were raised in Huntington, New York, by a mother who loved animals, especially horses. Katherine says she had a “charmed upbringing.” The family had hamsters, horses, cats, dogs, chickens, two sheep, and ducks. They also had, at one point, two flying squirrels, two screech owls, and several destructive raccoons in the house.

Katherine earned a B.A. in Music at Marlboro College. Thinking she might want to be a music teacher, she studied at the New England Conservatory of Music. She later earned an M.Ed. at Boston University and a Certificate of Advance Studies at Harvard Graduate School of Education. She

Music is important to Katherine. She played the flute but is now learning the violin. She hopes to play chamber music with others at Crosslands.

had a variety of teaching experiences. At her first job, she inherited a band directing job in Whitingham, Vermont, and found it to be a “most musically rewarding year.” She considered becoming a music teacher, then a music therapist, but eventually found her niche teaching special needs and dyslexic children.

When her physician husband was stationed by the Navy in Taipei, Taiwan, Katherine started a program for children with special needs at the Taipei American School. Returning from overseas, they moved to Cambridge, Massachusetts, where he worked in a lab, and she studied at Harvard. Afterward they went to Thailand, where Katherine taught reading at the International School in Bangkok. She also collaborated with a missionary family to start a school (Sataban Saeng Sawang) for special

needs children in Bangkok. Katherine later worked as a reading specialist at Stratford Friends School in Newtown Square, Pennsylvania, and at Media Elementary School in Media.

In addition to her travels in Southeast Asia, Katherine has traveled to England and Germany. Her daughter now lives in Stuttgart, Germany with her husband and two children. Katherine’s son lives in Philadelphia.

Katherine has many interests. Music is important to her. She played the flute but is now learning the violin. She hopes to play chamber music with others at Crosslands. She plays and listens mostly to classical music. When she’s not following tennis and equestrian events, she also enjoys listening to books and exercising at the Fitness Center. Katherine likes

the challenges of crossword puzzles, Scrabble, jigsaw puzzles, and online Words With Friends. In addition, Katherine enjoys walking, whether here at Crosslands or at Longwood Gardens. In the future she hopes to get involved in the upcoming election.

Connie Strickland



Spiritual Life Committee

Continued from previous page.

Mr. Wallace’s books include *When God Was a Bird: Christianity, Animism, and the Re-Enchantment of the World*, awarded the 2019 Nautilus Gold Award for best book in western religious thought; *Green Christianity: Five Ways to a Sustainable Future*; and *Finding God in the Singing River: Christianity, Spirit, Nature*.

He has been a visiting professor at The University of Pennsylvania and is core faculty for the U.S. State Department’s Institutes on Religious Pluralism at Temple University.

Atala Toy
Chair, Spiritual Life Committee



PHOTO BY BOB SUTER

What's New at the Library

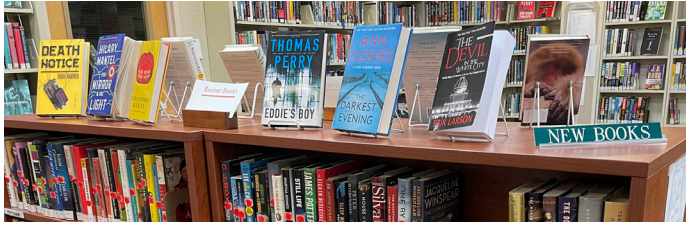


PHOTO BY STEVE SANDER

FICTION

Belfer, Lauren *Ashton Hall*
 McBride, James *The Heaven & Earth Grocery Store*
 Preston & Child *Dead Mountain*
 Russo, Richard *Somebody's Fool*
 Silva, Daniel *The Collector*
 Weiner, Jennifer *The Breakaway*

CD FICTION

Jacobs, Kate *Knit the Season*

MYSTERY

Slaughter, Karin *After That Night*

CD MYSTERY

Penny, Louise *A World of Curiosities*

NONFICTION

Brands, H.W. *The Last Campaign: Sherman, Geronimo, and the War for America*
 Meacham, Jon *American Gospel: God, the Founding Fathers, and the Making of a Nation*
 Swarns, Rachel L *The 272: The Families Who Were Enslaved and Sold to Build the American Catholic Church*
 Sweet, John W *The Sewing Girl's Tale: A Story of Crime and Consequences in Revolutionary America*

BIOGRAPHY

Ferguson, Janet *No Ordinary Assignment*
 Wallach, Janet *Flirting with Danger: The Mysterious Life of Marguerite Harrison, Socialite Spy*

DISPLAY TABLE

Pulitzer Prize Winning Fiction

Jumble

Unscramble the words; then use the circled letters to complete the sentence.

BEESO
 ○ □ ○ □ ○ □

AMCIL
 ○ □ ○ □ ○ □

CRTKOE
 ○ □ ○ □ ○ □

WRNDAI
 ○ □ ○ □ ○ □

Answer here:

○ □ ○ □ ○ □ - ○ □ ○ □ ○ □ ○ □



THE DRIVERS IN THE DEMOLITION DERBY FOUND IT TO BE A GREAT FORM OF.....

JUMBLE BY STEVE SANDER

LAST MONTH: POLICY, APPLE, ARCHER, SALMON. **CARP-POOL.**



CROSSLANDS CHRONICLE

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October 2023 Calendar

Sun	Oct 1	Name Tag Day.	Croquet Tournament Final. 4:00 pm. See p. 12.
Mon	Oct 2	CRA Board Meeting. 10:00 am. WPR/TV13. All are welcome.	Movie. <i>A Man Called Otto.</i> 7:15 pm. WPR/TV13. See p. 14.
Tue	Oct 3	Continuing Education. <i>China, Part 4.</i> 9:30 am. Zoom. Forum. <i>Addressing the Youth Mental Health Crisis.</i> Presenter: Brittany Zakszeski. 7:30 pm. WPR/TV13. See p. 10.	Fri Oct 13 SSAFE & Energy Committees. <i>Global Climate Change: The View from Space.</i> Presenter: John Conrad. 7:30 pm. WPR/TV13. See p. 10.
Wed	Oct 4	First Wednesdays Painting Studio. 10:00 am-noon. Arts & Crafts Rm. Writers Group. 3:00 pm. Conference Rm.	Sat Oct 14 Light 'n Lively. The Mainliners. 7:30 pm. WPR/TV13. See p. 15.
Thu	Oct 5	Grief Support Group. 10:00-11:00 am. Wyeth Rm. Birthday Celebration. For those with October birthdays. 5:30-7:00 pm. Main Dining Rm.	Sun Oct 15 Name Tag Day. International Folk Dancing. 2:00-3:30 pm. Multipurpose Rm.
Fri	Oct 6	Tech Talk. <i>Email.</i> Presenter: Alex Moreno. 1:30 pm. Zoom. DEIB Committee. <i>Lenape Perspectives on Family and the World.</i> Presenter: Clan Mother Shelley DePaul. 7:30 pm. WPR/TV13/Zoom. See p. 15.	Tue Oct 17 CRA Concerns Session. 10:00 am. Music Rm. Voice your concerns to two CRA Board Members. Forum. <i>Fox Hunting.</i> Presenter: Phoebe Driscoll Fisher. 7:30 pm. WPR/TV13. See p. 11.
Sat	Oct 7	Movie. <i>Living.</i> 7:15 pm. WPR/TV13. See p. 14.	Wed Oct 18 Administration. Dialog. 10:30 am. WPR/TV13/Zoom. Writers Group. 3:00 pm. Conference Rm.
Mon	Oct 9	Healthy & Wise. 11:00-noon. TV13/Zoom. Art Committee Talk and Reception. Artist Diane Hulse. 3:00 pm. Conference Rm. See p. 13. Meet the Democratic Candidates for County Commissioner. 7:30-9:00 pm. WPR/TV13.	Thu Oct 19 Fall Fitness Fair. 3:30-5:00 pm. WPR. See p. 12.
Tue	Oct 10	Continuing Education. <i>China, Part 5.</i> 9:30 am. Zoom. Tuesday Edition. <i>Eastern Europe: A Kaleidoscope.</i> Presenter: Jennifer Brown. 11:00 am. WPR/TV13. See p. 15. Music. Dave Posmontier Jazz Trio. 7:30 pm. WPR/TV13. See p. 14.	Fri Oct 20 Camera Club. <i>The Fringe in Action — Peace Within.</i> 7:30 pm. WPR/TV13/Zoom. See p. 13.
Wed	Oct 11	Poetry. 3:00-4:30 pm. WPL.	Sat Oct 21 Movie. <i>The Magician.</i> 7:15 pm. WPR/TV13. See p. 14.
Thu	Oct 12	Grief Support Group. 10:00-11:00 am. Wyeth Rm.	Tue Oct 24 Music. Carl Cranmer, Piano. 7:30 pm. WPR/TV13. See p. 14.
			Wed Oct 25 Kendal Longwood 50th celebration. 1:00-3:00 pm. See Kendal website for details. Spiritual Life. <i>Earth-Centered Mysticism.</i> Presenter: Mark Wallace. 3:30-5 pm. WPR&L/TV13 See p. 16. Light 'n Lively. Jim and Susie Malcom. 7:30 pm. WPR/TV13. See page 11.
			Thu Oct 26 New Residents Reception. 3:45-5:30 pm. WPR&L. See p. 2.



Venues, times, and other details may change. Please watch for announcements on the **Crosslands Website**, bulletin board, and TV9.