



Kendal Early Learning Center A Vital Part of the KCC Community

When Meaghan Toohey, director of the Kendal Early Learning Center, was asked what she thought would most benefit the Center's program going forward, her immediate response was more opportunities for the children who

And why is the Early Learning Center an important part of the KCC community? In 1982, the Kendal~Crosslands Communities, recognizing the need for quality and convenient child care for its staff, established a Child Development Center at Kendal at Longwood.



Lowell McMullin Reads a Story

attend the Center to interact with KCC's residents — more opportunities to learn from and have fun with them.

Currently, there are a few residents who volunteer in the classrooms, reading and helping with activities, or in the Crosslands pool when the children have their eight-week swim program. In addition, Jeri Iacono, Crosslands life enrichment manager, arranges programs that involve Firbank and Audland residents and the Early Learning Center's children interacting with one another. Residents interested in experiencing the joy and fun of being volunteers with this important part of the KCC community should contact Meaghan.

In 1987, a similar center was established at Crosslands. As the program developed and the need of working parents in surrounding communities for childcare was recognized, in 1993 the Child Development Program began accepting non-staff children.

Currently, the majority of children's parents/guardians are KCC staff. In 2016, the Kendal~Crosslands Child Development Center partnered with Ken-

...Continued next page.



Joan Beck and Friend

Early Learning Center, Continued

dal affiliates in other states and came together to share policies, procedures, and curriculum ideas in their intergenerational programs. In



**Learning about Bees with
Dan Borkoski**

2019, the Child Development Center changed its name to Kendal Early Learning Center.

Aligned with the Kendal~Crosslands philosophy that “our communities must be good places to live,” the Early Learning Center’s goal is to make itself a wonderful place for children to grow up. Residents who have seen infants smiling on their stroller rides around the campus; children enjoying the well-equipped outdoor playground; and preschoolers playing in the snow, splashing in rain puddles, or going on nature hikes can readily see that the Early Learning Center achieves its goal. It provides a child centered environment that is stable, secure, and nurturing.



**Youngsters of All Ages Enjoy the
Early Learning Center**

The children have special treats like age-appropriate field trips and movies. KCC provides breakfast, lunch, and snacks for the children and is breast feeding friendly for nursing infants. Because the Center is small (19-21 maximum enrollment), children have one on one time with their teachers and, as mentioned, enjoy special activities in the KCC community.

The Center is fully staffed by qualified teachers who are required by the State of Pennsylvania to take continuing education classes. They are professionals who are paid well by KCC, which means the work force is stable, especially compared with other childcare centers. For an up-close view of the Kendal Learning Center and its outstanding program where adults and children learn together, consider how you might get involved.

*Diana Stevens
Photos by Meaghan Toohey*



World Class Library Opens in Our Neighborhood

After years of dreaming, planning, and fundraising the new Kennett Library and Resource Center opened to the public on June 26. The official Grand Opening Celebration was held on Sunday, August 27. That exciting event started with a symbolic Book Pass down State Street, followed by ribbon cutting ceremonies, a land acknowledgment ceremony by the Lenape Nation of Pennsylvania and much more.

Have you not visited yet? It is well worth an excursion. You are bound to admire the beauty and functionality of the building and its elegant interior. You will be impressed by all the modern digital resources the library offers, as well as the maker spaces for adults and kids, the ESL classrooms, the 110-seat auditorium, the large children's library, the art, and the elegant Bayard Taylor room.



Crosslanders at a Private Pre-Opening Tour

Do you need transportation? On Mondays, Tuesdays, and Wednesdays KCC operates a bus to various shopping destinations in the Kennett area, including downtown Kennett Square. You must sign up at least three days ahead of time. Ask the driver to drop you at the library. You will be picked up on the return trip to Crosslands. There is a binder with sign-up sheets in the Center on the shelf between the reception desk and the US mailboxes.

You are not a member yet? A library card is free to all Chester County residents. If you bring proof of residency, such as a driver's license, or even mail you received at your current address, staff will issue a library card on the spot. The card

will give you full access to the collections and services of the 13 libraries in the Chester County Library system.



Are you Interested in volunteering? The library offers many volunteering opportunities. Maybe you want to help with shelving books, assist in the children's library, tutor in the Adult Literacy Department, or help out with special events. If so, contact Volunteer Coordinator, Lou Florence, on 610-444-2702. Volunteers in Pennsylvania over 18 years of age must undergo three background checks. The approval process may take up to two or three weeks and involves fees payable by the applicant. However, after six months of volunteering, applicants may apply for reimbursement by the library. Do not be daunted, Lou Florence will help you navigate through the background check process.

The Second Annual Kennett Arts Festival is a fun volunteering opportunity that benefits the library but does not require background checks. The dates are September 23 and 24. For more information see kennettarts.com or contact Lou Florence.

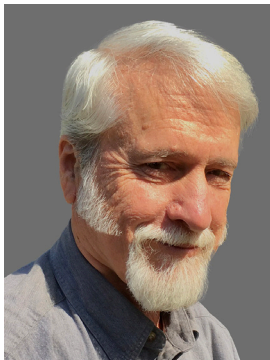
Here at Crosslands we are lucky to have an excellent library thanks to Allison Butler and a group of dedicated volunteers. With the opening of our amazing new Kennett Library and Resource Center, we now also have access to a broad range of digital and print services which are beyond the scope and financial resources of the Crosslands Library. Be a user and supporter of both.

*Hedy Knoth
Photos by Steve Sander*

From the CRA President

Greetings fellow residents!

During your family gatherings this summer, were there times when potential topics of discussion were avoided? Politics? Religion?



Loyalties to the Eagles or the Giants? Was there too much potential for heated and angry speech?

Polarization characterizes many aspects of our lives today, especially in local and international politics. But it need not

characterize discussions here at Crosslands.

It's generally understood a majority of Crosslands residents tend to vote Democratic.

And judging by the activities of several committees here, liberal ideologies tend to gain easy acceptance in our community. But of course, there are strongly-held feelings by some that do not align with those of the liberal majority.

My hope is that everyone here, regardless of ideology, will be respected and will feel comfortable expressing their opinions. And when we can't agree on a sensitive topic, let us agree to disagree.

My hope is that everyone here, regardless of ideology, will be respected and will feel comfortable expressing their opinions.

David Camp



Did You Know That...

...the Crosslands AFSC Clothing Committee's collection of good quality, donated clothing resulted in \$1,450 for AFSC, due primarily to sales of the clothing by Gwynedd Friends Meeting at their quarterly sale?

...the summer menu cycle started July 31?

...there are over 600 inspirational books available for loan in the Spiritual Life Library, located in the Meditation Room across the hall from Penny's Lounge?

...Crosslands Culinary Services operation is inspected by five different government agencies?

...as soon as slides on the dining room chairs stop functioning, they are replaced?

...Audland residents and Crosslands staff chose the same carpet to replace the aging carpet in the Audland dining room? It will be installed in September.

...if the featured salad contains nuts and you want one without nuts, ask for a specially packaged one at the dessert station?

...the POOCH directory on the Crosslands website can tell you all you want to know about Crosslanders' pets?

...resident and staff members of the Culinary Services Advisory Committee learn from comments submitted on comment cards and on the comment section of the Culinary website? Please continue providing positive and constructive comments.

...the annual Crosslands Croquet Tournament will be held at 3:30 pm, Wednesday, October 4? Come cheer for the players and enjoy refreshments as you cheer and celebrate the winners.

...you can ride a commercial bus to the Series A Friday Afternoon Concerts of the Philadelphia Symphony Orchestra 2023-2024 season? The bus departs from and returns to the Crosslands Community Center. Sign up for the bus on the sheet on the Music bulletin board in the Center or contact Judith Greene, Dyer #75, to sign up.

Diana Stevens

Horticulture Committee Fall Meeting

The next meeting of the Horticulture Committee will be on Thursday, September 21, at 1:00 pm in the William Penn Room. All members and new residents are encouraged to attend.



PHOTO BY MARY RODGERS

**Audland Fountain Garden
Rolling Flower Bed**

On the agenda:

- Lead gardeners reports and discussion of possible future trips to nearby gardens and potential garden speakers.

- Seasonal planting updates from our horticulturist Martha Stephens.

We welcome Nancy Connell as the new treasurer of the committee and bid a fond farewell, with many thanks, to Jane Spangler for keeping our treasury in order these past four years.

The resident gardens tour in May was a big success due to the excellent organization by Nancy Novak. We thank her again for a job well done.

Lead gardeners and volunteers have been busy maintaining our seven public gardens (Fountain, Walkway, Gazebo, Healing, Penny's, Dyer, and Ellerslie) over the summer months. We can still use volunteers to join us for weeding, edging, and fall clean up in these gardens.

Visit any of our public gardens for current late summer display of flowers.

Mary Rodgers

Resident Moves

Sachiko George	Audland 546
Margaret J. Higgs	Firbank 704
Richard "Dick" Kline	Audland 552
Margaret J. McCaskey	Firbank 603
Serena N. Morrissey	Firbank 712
Delores H. Nelson	Audland 531
Delores M. Reeves	Firbank 700
Carolyn Wonderly	Audland 542
Lou Wonderly	Audland 544

In Memoriam

George Martin	June 8, 2023
Eileen Majkowski	June 13, 2023
John "Jack" Yeatman	July 7, 2023
Ella Wilmot	July 21, 2023
Jane Andrews	July 25, 2023
Ferdinand "Ferd" Thun	July 30, 2023

Join a Team

The Light & Lively Committee

sponsors a variety of monthly performances, September through June.

Recent programs include folk music, bluegrass, jazz, choir, story-tellers, singers, instrumentalists, one-man-or-woman shows, comedians, and dancers.

Almost anything is possible, other than classical music, which the Music Committee provides.

We meet as needed and make decisions by consensus. Responsibilities include suggesting and contacting performers, arranging and hosting performances, working with the A.V. committee, publicity, etc. If interested, contact Carol Ann Baker, Hedy Knoth, Steve Sander, or David Camp, chair, to learn more.



News about Our White Take-out Containers

When you take food home from the café or dining room, you can choose the recyclable green plastic container or the 3-compartment white take-out container. If you choose the white container, here are some things you should know:

Although it appears to be cardboard or paper, this container is made of plant material. **It is therefore not recyclable. It must be thrown in the trash — all of it, including the lid.**



PHOTO BY STEVE SANDER

The plant used to manufacture the white container is sugarcane bagasse. Bagasse is the fibrous waste or pulp that remains after juice has been squeezed from the sugarcane stalks. Once processed, bagasse looks, feels, and acts like paper.

The main difference is that instead of coming from trees, it is formed from a waste product of sugar production. The white takeout container can be composted, but only in commercial aerobic composting facilities which are not available at KCC. These containers must be trashed. Because they are a single-use product, they are much more wasteful than the reusable green containers. Choosing the green over the white takeout containers is a decision that supports being a good steward of the environment.

More information can be found at the **manufacturer's website**.

*Ruth Crawford
4C Recycling Team*

Off the Wall



PHOTO BY LOWELL MCMULLIN

Come see the new exhibit at the Fringe Gallery downstairs by the Nature Room and the Multipurpose Room. With a new coat of gloss the photos seem to be sticking better on the wall.

“Off the Wall” consists of some kooky, fun photos by many residents and some nutty quotes gathered or made up by Lowell McMullin. Interspersed are birds flying around to say that laughter is healing, cathartic, and good for our bodies and minds — especially now when all sorts of problems and worries may pop up. So, leave your worries on the doorstep and visit “Off the Wall.”

NOTE: Thanks for picking up any photo that's fallen. Putty is in the drawer of the little table in the hallway.

Lowell McMullin

Flu Clinic • Sep 19
1:00–4:45 pm WPR&L



**Be sure
to get
your
shots.**

What Happened to the Brooke Worth Room?

In 1977, Crosslands resident Brooke Worth created the room opposite the wood shop on the lower level to serve as headquarters for a nature conservancy committee. More than 700 books on natural world topics from around the globe occupied space in a huge bookcase on the left-hand wall. Collections of butterflies and rocks, a terrarium, and records dating back 46 years could be found on the other wall.

Given the need for attractive meeting space for small groups, the Natural Areas Committee agreed to change the name to The Nature Room and committed to upgrade the 46-year-old room and to encourage the two other outdoor committees (Horticulture and Arboretum) to consider it their shared office/meeting space.

More than 200 books on trees and gardens relevant to the Mid-Atlantic Region were added to the collection and the non-relevant books were eliminated. The collection is now managed by the Crosslands library staff. Photos from each committee and maps on the walls will soon illustrate the layout and the beauty of the Crosslands campus.

Thanks to Bob Suter, a looping slide show on a large screen can already be seen through the window from the corridor. Desk space and a computer are available for residents who wish to pursue an interest in special projects related to the outdoors, and a file cabinet will soon house current records and key reports from each committee.

This room can hold as many as eighteen people, and residents are encouraged to reserve this meeting space for small groups.

Later this fall, residents will be invited to see the newly decorated Nature Room and to meet members of the Natural Areas Steering Committee, Arboretum Team, and Horticulture Committee.

*Jennifer Allcock and Barbara Grove
Natural Areas Committee Co-Chairs*

Tremor and Peripheral Neuropathy Support Group

Essential Tremor or Benign Essential Tremor (BET). Essential tremor is a nervous system or neurological condition causing involuntary and rhythmic shaking. It can affect almost any part of the body, but the trembling occurs most often in the hands, especially when doing simple tasks, such as drinking from a glass or tying shoelaces. Essential tremor is usually not a dangerous condition, but it typically worsens over time, can be severe in some people, and is sometimes confused with Parkinson's disease. Essential tremor can occur at any age but is most common in people 40 and older. The symptoms:

- begin gradually, and usually are more noticeable on one side of the body.
- worsen with movement.
- usually occur in the hands first, affecting one hand or both hands.
- can include a "yes-yes" or "no-no" motion of the head.
- may be aggravated by emotional stress, fatigue, caffeine, or temperature extremes.

Peripheral Neuropathy (PN). Peripheral neuropathy can result from traumatic injuries, infections, metabolic problems, inherited causes, and exposure to toxins. One of the most common causes is diabetes. The pain is usually described as stabbing, burning, or tingling. Medications can reduce the pain of peripheral neuropathy. If you have either BET or PN (or both), join the support group at our monthly meetings in the Main Conference Room at Crosslands.

Barlow Humphreys

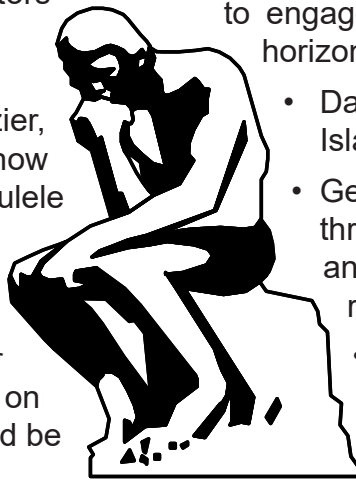


TLC Wants You to Learn Something New

The Teaching & Learning Committee (TLC) is back with a full fall schedule of courses offered by and for Crosslands residents. The committee tested the waters with a handful of courses in the spring and found the water fine — fine enough for all instructors to return for a second round, with many new instructors eager to jump in.

And what are we offering?

- Jill Murray and Bob Frazier, continuing with their now intermediate mahjong and ukulele students and welcoming new beginners.
- Nancy Connell's spring Topics in Science class persuaded her to offer a fall class focused on artificial intelligence. What could be more timely?
- Ernie Novak killed off his last Roman emperor in the spring and will be back with the Byzantines — a kinder, gentler empire, despite its bad press.
- Loan-Anh will still be doing nothing the Daoist way but with additional outdoor sunrise and sunset sessions and Qigong exercises for good physical and mental health.
- Jenny Brown and Les Small have been moving Crosslands residents for some time now with international folk dance and Tai Chi and will continue.
- Elaine Shoben will join in with traditional line dancing for beginners.
- Ed Shoben will get beginners moving on the pickle ball court.
- Randy Lyons will teach those who think they can't even catch one ball how to juggle three and have fun in the process.



- Florence Lim will bring folks back to rest with relaxation techniques.
- Judy Martin and Beth Hopkin will have them playing in the dirt as they learn the art and skill of ceramics.

Finally, several new classes are designed to engage residents' minds and broaden their horizons.

- David Camp will introduce his students to Islam, past and present.
- George Helton will walk his students through waves of public school reform and pose the question, "Has any of this really worked?"
- Elaine Shoben will discuss tort law (and perhaps a discussion or two on the legal woes of Donald Trump) in a "Neighbors in Court" class.
- Warren Gifford will challenge his students to view mobility and transportation vehicles through a climate-friendly and technology savvy lens and maybe even design systems improvement for motoring around Crosslands.

The TLC's fall semester class registration begins Sunday, August 27, and closes September 2. Registration can be done by paper (look for registration forms in open boxes) or online by visiting the **TLC committee web page** where class schedules and course descriptions can be found.

Some classes run for twelve weeks from September 18 through December 8. Others run for six weeks, either September 18 through October 27 or October 30 through December 8. Still others are on their own schedules as indicated on registration materials.

The Teaching & Learning Committee

What's Happening in the Arts & Crafts Room

Ceramics. Thursdays. 1:00-4:00 pm. Classes begin September 21.

No prior experience in working with clay is necessary to create by hand building or use of the wheel, air dried, kiln bisque fired, glazed, and then glaze-fired. Judy Martin, Beth Hopkin.

Crafting in Company. Tuesdays. 1:00-3:00 pm. Sessions begin September 12.

Pursue your art/craft projects (quilting, tatting, macrame, print making, Pysanki eggs, jewelry, polymer clay, and more) in a social setting. Bonnie Marcus, Hollis Scarborough.

Jewelry. Mondays. 1:00-2:00 pm.

Try your hand at making jewelry using beads, crystals, wire, string, polymer clay, or a combination of them. We have the tools and supplies to get you started; you can try it out to see if it's for you. Bonnie Marcus, Jo Anne Smith.

Metal Studio & Glass Fusion. Thursdays. 1:00-2:30 pm.

Two related but separate activities inviting creativity and skill. John Fong, Roger Parish.

Needlers. Thursdays. 10:00-1:00 pm.

Knit, crochet, make bobbin lace, embroider in many styles, quilt. Keep your fingers busy while enjoying socializing. We also do alterations and repairs for residents, charging \$6 an hour, with earnings going to the CRA. Jane Roberts, Jan Broude.

Painting Studio. Wednesdays. 10:00-noon. First Wednesday classes begin September 6.

Try different kinds of artistic expression and affiliate with other artists. Curiosity, rather than skill, is the prerequisite. Some materials will be provided. Cyndy Falcoff, Sherrill Primo.

Stained Glass. Wednesdays. 1:00-3:00 pm.

Learn to cut, fit and join stained glass using the copper foil method. Bob Frazier.

Jane Roberts

AFSC Sales Help Needed with Your Large Furniture Donations



The American Friends Service Committee (AFSC) volunteers welcome donations of household items and small furniture (such as chairs and end tables), but we have very limited storage space for larger furniture.

To ensure that we use such space for objects that are in good shape and likely to sell, **please call one of us and confirm that we have sufficient space to store and display your items** before delivering any large item to the shed or to the carport in PL6,

Many local agencies used to accept large items, but since the Covid pandemic, some no longer do (including Goodwill). However, above the cash box in the shed is an envelope containing a list of agencies that still accept large items. Another alternative for disposal of large furniture is to call Maintenance and ask for its removal.

NOTE: When shopping in the shed, please resist taking anything that is not priced because we use the honor system, and the proceeds support the services of the AFSC. Your cooperation will be greatly appreciated.

Jennifer Allcock and Betsy Walker
AFSC Sales Coordinators



Events

Forum

Pennsylvania State Capitol: A Personal Tour of the Capital's Historic Treasures

Tue, Sep 5 7:30 pm WPR / TV13

Presenter: Former State Rep. Joe Pitts



KUMAR APPAIAH

At its 1904 dedication, President Teddy Roosevelt declared the Pennsylvania State Capitol building to be one of the “handsomest buildings I ever saw.”

The building was designed in the American Renaissance style by Philadelphia architect Joseph Huston (1866-1940), who envisioned the building as a “Palace of Art.” The Capitol’s centerpiece is a spectacular dome inspired by St. Peter’s Basilica in Rome. Following its completion, it was the tallest structure between Philadelphia and Pittsburgh for 80 years.

Former Representative Pitts will provide Crosslands residents with an overview history and illustrate the exquisite architectural highlights of the capital building. He will relate the storied history behind many of the art objects on display.

The building showcases stained glass windows, marble from around the world, 24-karat gold leafing, massive bronze doors, chandeliers, carpets, draperies, ornate woodwork, and ornamental plaster. It is widely recognized as one of the most beautiful state capitols in the nation.

As a State Representative (1973 to 1997) from the 158th District, Joe Pitts chaired the State Committee to Preserve the State Capitol Building in Harrisburg for fifteen years.

Bob Whitlock

Forum

Speed Dating for the Elderly

Tue, Sep 19 7:30 pm WPR / TV13

Presenter: Zoë Read

Zoë Read will join us to discuss her 2015 article on a senior speeding dating event in Dover, Delaware. The feature story won First Place in the National Federation of Press Women contest in 2016. Zoë will talk about her reporting for this story, and how the universal desire for companionship helped spark interest in this story.



Zoë Read

Zoë Read is an award-winning journalist, who has reported for WHYY, Philadelphia’s NPR affiliate, for the last eight years. Zoë is most passionate about giving a voice to underserved individuals and communities and shedding a light on injustice.

Debbie Borton

First Wednesdays Painting Studio

Wed, Sep 6 10:00 am Arts & Crafts Rm

Sharpen your pencils and join Sherrill Primo for gesture drawing, contour drawing, and more. “First Wednesdays” workshops are an opportunity for hands-on experience and to try something different.

Curiosity, rather than skill, is the prerequisite. All materials will be provided so please let us know if you plan to attend.

Sherrill Primo and Cyndy Falcoff



CREATIVEFABRICA.COM

Events

Continuing Education

China: Then, Now and the Future

Tuesdays, Sep 12, 19, 26, and Oct 3, 10

9:30-10:45 am ZOOM

Speaker: David Hudiak



USCHAMBER.COM

We are delighted that Dave Hudiak, our favorite Widener OLLI speaker, has agreed to present a course on China. The classes will cover:

- China — The Basics
- Chinese History
- Chinese Culture
- China under Communist Rule
- The Interaction of China with Other Asian powers (including Russia and India)
- The areas of international friction (Hong Kong, Taiwan, Macau, and the south China Sea)
- China's role in the international arena in the future

There will be a Q&A period at the end of each lecture.

A poster with details and a sign-up sheet is already posted on the bulletin board in the Center. We need to know your name and email address so we can provide you with the ZOOM link.

Please provide Dick Kline (Audland box 552) with a check for \$30 (payable to "Widener") to cover the cost of this lecture series.

*Dick Kline, Chair
Continuing Education Committee*

Great Decisions

Economic Warfare

Mon, Sep 25 9:30-10:45 am Zoom only

Leader: Leo Gilmore

What comprises economic warfare? How have these measures been used recently against Russia? Waging economic warfare consists of a variety of measures from implementing sanctions to fomenting labor strikes. Such tools are utilized by states to hinder their enemies, and in the case of the United States, have been used as far back as the early 19th century.

Since Russia invaded Ukraine in February 2022, economic warfare has been the main means for the west to challenge Russia. How effective will these sanctions be at convincing Russia to cease its war?

Leo Gilmore

Camera Club

Residents Photography Program

Fri, Sep 15 7:30 pm WPR / TV13

All summer you have looked at the Residents Photography Exhibit on the wall opposite the Sunflower Shop. Now you will be able to hear the interesting stories behind their photos. Who created the beautiful glass orbs? Why the sad look of the little girl from an Indian village of Yanaoca, Peru? What's happening with those dancing telephone cords? And more!



This is a favorite program when we can find out why residents from Crosslands and Coniston chose to take these pictures, what caught their eye, and what was happening at the time. Come find out.

Lowell McMullin

Events

Spiritual Life Committee

Mission Possible: Understanding Hinduism

Wed, Sep 13 3:30 pm WPR / TV13

Speaker: Pramod Mathur

Join us for an exploration of the ancient Hindu religion, presented by Pramod Mathur, an Elder and Trustee at the Hindu Temple of Delaware. Pramod explains that Hinduism is a complicated religion for the outsider. The founder of the religion is unclear, there are many scriptures, there are many different kinds of temples, and there are different modes of worship.

The presentation is aimed at developing some basic understanding of the religion. We will talk about the key features of the religion, some misconceptions, and how Hinduism can be personalized. There will be time for questions to go into depth of any particular aspect that is of interest.

Pramod is a member of the Governor of Delaware's Interfaith Council, representing Hinduism. He has been teaching Hindu scripture for more than 25 years and is the author of *Mission Possible: Understanding and Applying the Bhagavad Gita*.

Excursion to the Hindu Temple in Hockessin, Delaware

Thu, Sep 21 9:30 am Center Departure

We have scheduled an outing to the richly sculptured Hindu Temple (Mahalakshmi Devasthanam) in Hockessin, Delaware, on September 21. Bachaspati Roy will take us on an explanatory tour of the temple complex, including the Temple Sanctum. This will be followed by an authentic Indian noonday meal in the temple complex dining area. There is a 22-person limit. Watch for the sign-up sheet on the bulletin board.

We will depart at 9:30 am from the center and carpool (~20 minutes) to 760 Yorklyn Road, Hockessin, Delaware 19707. This is an experiential follow-up to the September 13 SLC meeting described, left. Contact Diane Kesler for more information.

*Atala Toy
Chair, Spiritual Life Committee*

Poetry Group

Wed, Sep 13 3:00 pm WPL

The Crosslands Poetry Group is open to residents of all four communities who enjoy listening to, reading, or writing poetry. Participants explore their creative side and engage in stimulating conversation about poetry and poets. All are welcome. For further information and to read poems from previous months, check our web page on the Crosslands Resident website under **Committees/Poetry Group**.



VECTEEZY.COM

The Crosslands Poetry Group meets on the second Wednesday of each month from September through June.

Betsey Cullen and Cyndy Falcoff



Events

Tuesday Edition

Quaker Decision Making

Tue, Sep 12 11:00 am WPR / TV13

Speaker: Kay Edstene

Longtime Crosslands resident Kay Edstene has spent a lifetime working in the field of Quaker education, from the classroom to the board room, with many important stops along the way. She has certainly had opportunity to observe the process and purpose of decision making among Friends, the topic of her presentation.

We may expect that she will tell us something of her life's journey, what she learned about Quakerism that she didn't know as a child growing up in that tradition, and how that has shaped her values and her understanding of the Quaker decision-making process — what it is and what it is not.

Recently arrived residents of Crosslands will benefit from this explanation of a fundamental feature of Quaker practice. Veterans may gain a deeper understanding of a process they have come to take for granted.

Chuck Gosselink



Train to Be an ESL Tutor

Wed, Sep 20 10:00-11:30 am
Geo Fox Rm

Laura Gruen, in conjunction with the Kennett Library, is offering a program to train volunteers to work with members of our local community, for whom English is their second language, to assist them in improving their language skills. Come and see if you are interested.

Concerts

Trio Montage

Sun, Sep 17 3:00 pm WPR / TV13



This ensemble (violin, cello and harp) is one of several formed by Nancy Bean and Lloyd Smith, violin and cello, a husband and wife who played for many years in the Philadelphia Orchestra and retired to devote themselves to chamber music.

The harp in this ensemble is played by Anne Sullivan, whose distinguished solo work with the Philadelphia Orchestra began when she played her first concerto with them at the age of 12. They will play works from the 18th through the mid-20th century.

Anne Gross

Allen Krantz, Classical Guitar

Tue, Sep 26 7:30pm WPR / TV13

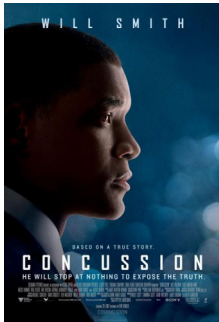


ALLENKRANTZ.COM

Allen is another favorite for our concerts, and in fact, also joins other frequent performers at Crosslands under a different ensemble name. He composes, plays classical guitar performances, records, publishes, and is head of the guitar program at Temple University, as well as teaching chamber music there. We love his concerts. Please join us.

Anne Gross

Events Movies



Concussion (2015)

Sat, Sep 2 7:15 pm WPR / TV13

Just in time for the opening of the football season: The story of the doctor who identified CTE as a disease of the brain to which players in violent contact sports — most notably American football — are especially vulnerable, and of the efforts of the NFL to discredit him. With Will Smith and Alec Baldwin. 122 minutes. English with subtitles.

Ron Broude



Charade (1963)

Thu, Sep 7 7:15 pm WPR / TV 13

Regina Lampert (Audrey Hepburn), an American expatriate, returns to Paris from a vacation in the Alps to find that her husband has been murdered and that she is being pursued by three of his World War II cronies with whom he stole 250,000 dollars — unbeknown to her — at the end of the war. Enter Peter Joshua (Cary Grant), a handsome, mysterious American, who joins her in her attempts to solve the numerous mysteries in which she finds herself involved. English with subtitles, 113 min.

Julia Rudden

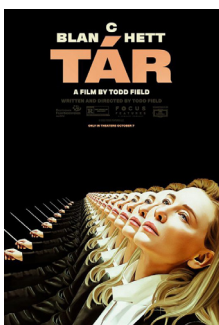


Argo (2012)

Sat, Sep 16 7:15 pm WPR / TV 13

Winner of the Academy Award for Best Picture, Argo has been described as, “tense, exciting, and darkly comic.” It tells the story, kept secret for eighteen years, of an elaborate plot concocted and executed by a CIA agent and two Hollywood producers. Its aim? To extract the six American Embassy employees who escaped capture during the Iranian Hostage Crisis by hiding in the Canadian Embassy. English with subtitles. 120 min.

George Helton



Tár

Thu, Sep 28 7:00 pm (Note Time) WPR / TV13

A look inside the glamorous world of “serious music,” Tár follows the disintegration of a celebrity conductor whose missteps catch up with her. Part moral exemplum, part satire, and part soap opera. With Cate Blanchett in a performance that got her an Academy Award nomination (and would have gotten her an award had her character not been so unpleasant). 158 min (hence the early start). English with subtitles. This is a Member’s Choice selection and may not be suitable for all residents.

Ron Broude

Events

Crosslands Zen Buddhists Meditation Sessions

Starting Tue, Sep 12 9:00-10:00 am
Meditation Rm

Starting September 12, the new Crosslands Zen Buddhists will offer zazen (seated meditation) three consecutive mornings a week: Tuesday, Wednesday, and Thursday, 9:00-10:00 am in the Meditation Room. This program will include 25 minutes of zazen followed by discussion.



Feel free to drop in any or every day. Please plan to arrive early and be seated by 9:00 a.m. and stay for the entire hour. Parnel Wickham will lead the group under the auspices of Ordinary Mind Zendo in New York City. Email Parnel at wickhamjp@gmail.com for more information.

Parnel Wickham

On Stage Please

Crosslands Chorus and Players Casting Call

Thu, Sep 7 4:00 pm WPL

We will review *Snow White and Several Dwarfs* — a pantomime — to be performed December 15 and 16, directed by Jane Roberts, with musical direction by Tricia Reed. The music includes show tunes, folk songs, and Gilbert & Sullivan numbers.

If you are interested in singing or acting in the December production, we welcome you. You may be a courtier or a dwarf, a member of the chorus, or...who knows? If you are going to be away that day but wish to participate, contact Jane Roberts to sign up.



Jane Roberts

Light & Lively

Scott Birney & Steve Hobson of the Sin City Band

Sat, Sep 23 7:30 pm WPR / TV13



CHESTERCOUNTY.COM

Steve Hobson and Scott Birney

Returning to Crosslands for the first Light & Lively event of the season are two members of the Sin City Band — the band that culminated our 45th Anniversary week of celebrations last year.

Band leader Scott Birney will have with him guitarist Steve Hobson. As a duo they will present old country and popular music, much of which is well known to most of us. Join us live in the William Penn Room for the best experience.

David Camp



Meet Laura Jackson # 72

Laura grew up in Merion, Pennsylvania, the second of four daughters. She credits her education at Friends' Central School with her lifelong interest in individuals and organizations working for social change. After earning her degree in Sociology at Hollins College and her M.Ed. at Virginia Tech, Laura lived for a number of years on a farm in Virginia before returning to Pennsylvania to begin teaching at The George School. Later, during a sabbatical at Harvard Divinity School, she studied with Carol Gilligan, author of *In a Different Voice*, which Laura says deeply influenced her life and work.

An unexpected opportunity to help produce a documentary film introduced Laura to the work she would pursue for the next 25 years.

Her documentary series, "Beyond Beijing: Stories from the UN's Fourth World's Conference on Women", was greatly inspired by Gilligan's research on women and moral development. In 1992, she produced a documentary on the repatriations that took place in El Salvador during the war. "Every time I began a new documentary," Laura says, "I would find myself intimately involved in a whole new world, and, when each project was over, greatly changed by my experience."

One example was a series of public radio programs produced for "Peace Talks Radio."

Each program focused on a specific experience of violence that was responded to in a creative process of community healing.



PHOTO BY BOB SUTER

This series included: "Petals of Hope" (Omagh, Northern Ireland); "Trees for Peace" (Vietnam); and "The Gathering: A New Thanksgiving Story" (the Maritimes). She says that if she remained open to new people and new ideas, each documentary project would unfold in its own unique way.

At 56, Laura returned to farming, spending two years as a student of organic farming at Maggie's Farm in The Pioneer Valley of Massachusetts. Throughout her life, she has remained interested in the balance between personal growth and social change.

Twenty years ago, Laura settled in Narberth, where, for a wonderful period, her home served as the gathering place for extended family.

Laura is open to new things unfolding in her life here at Crosslands as well.

Beth Hopkin

Jumble

Unscramble the words; then use the circled letters to complete the sentence.

LPIOYC
 O O [] [] [] []

PAELP
 [] [] O O [] []

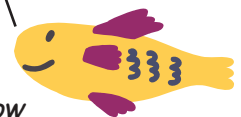
REHRAC
 [] O O [] [] []

LOSMNA
 [] O [] [] [] O

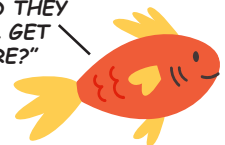
Answer here:

O O O O [] - [] [] [] []

"LOOK YOUR BEST.
THERE ARE SO MANY
OF THEM."



"HOW
DID THEY
ALL GET
HERE?"



THE TEAM OF
ICHTHYOLOGISTS
TRAVELED TO THE
KOI POND IN A...

JUMBLE BY STEVE SANDER

LAST ISSUE: ADMIT, ENEMA, SUPPLY, PRISON.
PIPE DREAM

Meet Rosemary McIntyre #122

Rosemary McIntyre moved to Crosslands from Ventura, California, in April 2023. She moved east to be nearer to an older brother and a younger sister. She liked Crosslands' plan for continuing care and philosophy of Quaker values. Being a physician, she was pleased with Crosslands' successful health data during the COVID pandemic.

Rosemary grew up in the Philadelphia suburbs. She remembers riding bikes with the other children in the neighborhood and watching Saturday morning TV shows about science. She always wanted to be a scientist and asked for a chemistry set when she was eight years old. She took special science classes during the summer and had a job in a lab.



PHOTO BY BOB SUTER

Habitat for Humanity and a Catholic soup kitchen which fed meals to the homeless. She traveled to Europe and China and experienced a Spanish immersion summer in Costa Rica.

Rosemary likes to learn new things and has learned to play bridge. She enjoys gardening, reading, walking, and hiking and has been pleased with Lifelong Learning courses and looks forward to OLLI. She plans to investigate ESL at the Kennett Library as well as horticulture and the library at Crosslands.

Rosemary describes herself as a quiet person who is always curious. She's interested in people and likes to listen. Having had a profession as a doctor, she felt she never had enough time. Now at Crosslands, she's enjoying a different lifestyle as she tries to de-stress.

Connie Strickland

She found that she preferred taking care of people as opposed to being a scientist in a lab, and so she stayed in Southern California and worked in private practice.

Those experiences inspired her to become a doctor. She earned a BA in Biochemistry at the University of Pennsylvania, followed by an MD from Temple University School of Medicine. Rosemary did her internship and residency in Internal Medicine at Temple University Hospital for three years after medical school and then went to UCLA Medical Center in Los Angeles, California, for three years for her post graduate Fellowship in Hematology-Oncology. She found that she preferred taking care of people as opposed to being a scientist in a lab, and so she stayed in Southern California and worked in private practice at Ventura County Hematology Oncology Specialties.

Once retired, Rosemary had time for teaching ESL and reading to adults. She volunteered with



CROSSLANDS CHRONICLE

Published by and for the residents and administration of Crosslands
P.O. Box 100
Kennett Square, PA 19348
chronicle@crosslandsres.org

Editor: Julie Knobil
Copy Editor: Larry Wood
Design Editor: Steve Sander

Editorial Staff and Proofreaders: Lyn Back, Margaret Camp, Linda Helton, Sally Kaesemeyer, Hedy Knoth, Elizabeth Rhoads, Linda Sander, Diana Stevens, Connie Strickland

Publication and Distribution: Nancy Regenye (Administration), Alice Bucher, Betty Gordon, Jane Krick



Meet Margareta Tuckman #112

As a young child, Margareta first became aware of the wider world in 1944-45. She lived close to the school in her small town of Ulricehamn, Sweden. She remembered one day seeing a group of people arriving at the school. They were coming from concentration camps. Folke Bernadotte, a member of the Swedish royal family had negotiated to bring some of the survivors to Sweden for health and recuperation at the end of the war. Margareta realized they were foreigners, coming from other countries, and although she was only five or six, she understood there was a wider world.

This may have been one of the reasons Margareta decided, after completing her training in microbiology, that she wanted to work abroad. In the 1960's, because of the U.S. immigration quotas, Margareta found it easier to apply for immigration to the U.S. than to go through the endless applications for work permits in European countries. Since she had studied English, and had already some work experience, she had a job lined up before she arrived, so she didn't feel like it was a big risk, or that it took much courage to make the leap. Her two sisters, and a brother, plus her father and especially her mother, were not thrilled with her decision. Margareta maintains very strong ties to Sweden and is happy that, due to advanced technology, she can watch the Swedish news and keep up with events in her home country.

Margareta maintains very strong ties to Sweden and is happy that, due to advanced technology, she can watch the Swedish news and keep up with events in her home country.

her father and especially her mother, were not thrilled with her decision. Margareta maintains very strong ties to Sweden and is happy that, due to advanced technology, she can watch the Swedish news and keep up with events in her home country.

Margareta has worked most of her professional life doing research on virus and bacteria as well

as the vaccines being developed to treat viral and bacterial infections. Her focus was primarily on bacterial infections. First, she worked at Lederle Labs, which later became Wyeth. However, in 2002, Wyeth closed the Infectious Disease Section and with it research on new antibiotics, deciding it was not enough of a money-maker with only compounds in clinical trials allowed to continue.



PHOTO BY BOB SUTER

Margareta found a job working in the lab of Nancy Connell at Rutgers New Jersey Medical School — Nancy Connell, a current Crosslands resident, was doing research there on Mycobacteria as well as other hard to cure pathogens. Nancy and Margareta have been friends for

many years so with Nancy moving to Crosslands where her mother also had spent time, Margareta started to think seriously of moving there as well. She also has a son who lives in West Chester, and a grandson that goes to Westtown, so the Quaker philosophy on education was already a trusted value.

The sale of her home in Englewood, New Jersey, and the move to Crosslands were a big challenge. Not just leaving friends, but also the stress of all the endless complications of the sale, and the feeling of up-rootedness that goes along with moving after having been settled for many years. Margareta reports the stress disappeared immediately as soon as she moved into Evans with her two cats, Tiggee and Toozer.

After her move, the only thing she worried about was that one or the other of her cats would sneak out and get lost. They were discombobulated at first, she says, but seem to be adapting. Margareta is happy with her new surroundings. She enjoys opera and reading, both fiction and nonfiction, and the 24/7 library is a great resource.

Lyn Back

What's New at the Library

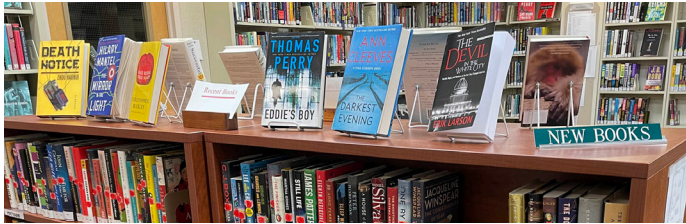


PHOTO BY STEVE SANDER

FICTION

Berest, Anne *The Postcard*
 Berry, Steve *The Malta Exchange*
 Brown, Sandra *Mean Streak*
 Erpenbeck, Jenny *Kairos*
 Keegan, Claire *Foster*
 Majumbar, Megha *A Burning*
 O'Donoghue, C *The Rachel Incident*
 Patchett, Ann *Tom Lake*
 Picoult, Jodi *Wish You Were Here*
 Powers, Kevin *A Line in the Sand*
 Quick, Amanda *The Bride Wore White*
 Roberts, Nora *Chasing Fire*
 See, Lisa *Lady Tan's Circle of Women*
 Silva, Daniel *The Messenger*
 Slocumb, Brendan *Symphony of Secrets*
 Smith, M.C. *Independence Square*
 Tuomainen, Antti *The Rabbit Factor*
 Urrea, Luis Alberto *Goodnight Irene*
 Verghese, Abraham *The Covenant of Water*
 Whitehead, Coulson *The Crook Manifesto*

CD FICTION

See, Lisa *Dreams of Joy*

LARGE PRINT FICTION

Toibin, Colm *The Magician*

MYSTERY

Arnaldur, Indridason *The Girl By The Bridge*
 Banville, John *The Lock-Up*
 Child, Lee *One Shot: Jack Reacher Book 9*
 Cotterill, Colin *Anarchy and Old Dogs*
 French, Tana *In the Woods*
 Griffiths, Elly *The Last Remains*
 Nesbo, Jo *Killing Moon*
 Perry, Anne *The Fourth Enemy*
 Page, Katherine Hall *The Body In The Web*
 Robinson, Peter *Standing In The Shadows*

Simenon, Georges *Maigret and the Saturday Caller*

Ware, Ruth *Zero Days*

CD MYSTERY

Grafton, Sue *R Is for Ricochet*
 Mosley, Walter .. *The Last Days Of Ptolemy Grey*
 Patterson, James & Maxine Paetro *15th Affair*

LARGE PRINT MYSTERY

Penny, Louise *Still Life*

NONFICTION

Brouwers, Fred *Beethoven in the Bunker*
 Egan, Timothy *A Fever in the Heartland*
 Epstein, Steven A. *An Economic and Social History of Later Medieval Europe, 1000-1500*
 Finkel, Michael *The Art Thief: A True Story of Love, Crime, and a Dangerous Obsession*
 Franklin-Wallis, Oliver *Wasteland: The Secret World of Waste and the Urgent Search for a Cleaner Future*
 Frankopan, Peter *The Earth Transformed: an Untold History.*
 King, Dean *Guardians of the Valley: John Muir and the Friendship That Saved Yosemite*
 Meltzer, Brad *The Nazi Conspiracy: The Secret Plot to Kill Roosevelt, Stalin, and Churchill*
 Sevigny, Melissa *Brave the Wild River: Untold Story of Two Women who Mapped the Botany of the Grand Canyon*
 Thomson, Melvin T. *Crosslands Early Days: Recollections of Twenty-Five Founders*
 Vladeck, Stephen *The Shadow Docket: How the Supreme Court Uses Stealth Rulings to Amass Power and Undermine the Republic*

BIOGRAPHY

Fine, Karen *The Other Family Doctor: A Veterinarian Explores What Animals Can Teach Us*
 Eig, Jonathan *King: A Life*

September 2023 Calendar

Fri	Sep 1	Name Tag Day.	
Sat	Sep 2	Movie. <i>Concussion</i> . 7:15 pm. WPR/TV13. See p. 14.	Sat Sep 16 Movie. <i>Argo</i> . 7:15 pm. WPR/TV13. See p. 14.
Tue	Sep 5	CRA Board Meeting. 10:00 am. WPR/TV13. All are welcome. Forum. The Pennsylvania State Capitol. Presenter: Joe Pitts. 7:30 pm. WPR/TV13. See p. 10.	Sun Sep 17 Fitness. International Folk Dancing. 2:00-3:30 pm. Multipurpose Rm. Music. Trio Montage. 3:00 pm. WPR/TV13. See p. 13.
Wed	Sep 6	Painting Studio. 10:00 am-noon. Arts & Crafts Rm. See p. 10.	Tue Sep 19 Flu Clinic. 1:00-4:45 pm. WPR&L. Continuing Education. China, Session 2. 9:30 am. Zoom. See p. 11. Forum. Speed Dating for the Elderly. Presenter: Zoë Read. 7:30 am. WPR/TV13. See p. 10.
Thu	Sep 7	Grief Support Group. 10:00-11:00 am. Wyeth Rm. Crosslands Players. Casting Call. 4:00 pm. WPL. See p. 15. Birthday Celebration. For those with September birthdays. 5:30 pm. Movie. <i>Charade</i> . 7:15 am. WPR/TV13. See p. 14.	Wed Sep 20 ESL Training. 10:00-11:30 am. Geo Fox Rm. See p. 13. Writers Group. Crosslands Conference Rm. 3:00 pm.
Mon	Sep 11	Healthy & Wise. 11:00 am-noon. Zoom only. Jewelry Making Group. 1:00 am. Arts & Crafts Rm.	Thu Sep 21 Spiritual Life. Excursion to Hindu Temple. 9:30 am. See p. 12. Grief Support Group. 10:00-11:00 am. Wyeth Rm. Horticulture Fall Meeting. 1:00-2:00 pm. WPR/TV123. See p. 5.
Tue	Sep 12	Zen Buddhists Meditation Begins. Multiple days. 9:00-10:00 am. See p. 15. Continuing Education. China, Session 1. 9:30 am. Zoom. See p. 11. Tuesday Edition. Quaker Decision Making. Presenter: Kay Edstene. 11:00 am. WPR/TV13. See p. 13. Tremor & Neuropathy Support Group. 2:00 pm. Conf Rm. See p. 7.	Sat Sep 23 Light & Lively. Scott Birney and Steve Hobson. 7:00 pm. WPR/TV13. See p. 15.
Wed	Sep 13	Administration: Meet LaKendra Luckman RN. Noon-1:00 pm. Penny's Garden Lounge Spiritual Life. Understanding Hinduism. Presenter: Pramod Mathur. 3:30 pm. WPR/TV13. See p. 12. Poetry. 3:00 am. WPR. See p. 12.	Mon Sep 25 Great Decisions. Economic Warfare. Leader: Leo Gilmore. 9:30-10:45 am. Zoom only. See p. 11.
Thu	Sep 14	Grief Support Group. 10:00-11:00 am. Wyeth Rm.	Tue Sep 26 Continuing Education. China, Session 3. 9:30 am. Zoom. See p. 11. Pharmacy Services Presentation. 10:30-noon. WPR/Zoom. Music. Allen Krantz, Classical Guitar. 7:30 am. WPR/TV13. See p. 13.
Fri	Sep 15	Name Tag Day. Wellness. Fall Proof. Presenter: Jenn Keil. 1:30-2:15 pm. WPR. Camera Club. Residents Photography Program. 7:30 pm. WPR/TV13. See p. 11.	Thu Sep 28 Grief Support Group. 10:00-11:00 am. Wyeth Rm. Administration Dialog. Presenter: Jane Mack, Friends Service Alliance. 10:30 am. WPR/TV13. Movie. <i>Tár</i> . 7:00 pm. WPR/TV13. See p. 14.



Venues, times, and other details may change. Watch for announcements on the **Crosslands Website**, bulletin board, TV9, and in your email.