



Community Visitation Program

Close to one third of the Crosslands Community live in Audland and Firbank according to Jeri Iacono, the Health Center Enhancement Coordinator. That's one reason she thinks it's important for independent residents and health center residents to get to know each other. Personal connections are vital to the health and wellbeing of the community as a whole, she says. However, challenges and problems arose during Covid that restricted opportunities for outreach, friendship, and interaction in the health center.

Last fall, Judy Mason came up with a solution. She started the Community Visitation Program. Community Visitation is a subgroup of the Spiritual Life Committee, and its main purpose is to provide friendship and social connections between independent residents and health center residents.

At first, there were six or seven volunteers who met under Judy's leadership to establish goals and guidelines for the program. Visits could be something as simple as bringing a newspaper to read together, being a good listener, or taking the resident to an event in the William Penn Room or to dinner in the café or dining room, if permitted. Bringing a pet along for a visit could be a nice way to break the ice. On a nice spring day, spending time together in one of the "secret" gardens offers a special treat.

Jeri worked with the new visitation group and developed a list of health center residents who already had regular visitors and those who wanted company. She thinks of herself as the middle-person and tries to keep the list updated.

Making connections between people with the same interests is one of her goals. A Visitor's Book has been set up on a table outside the Meditation Room in the Center where volunteers

are encouraged to write down their name, the date of the visit, and who is being visited. Volunteers who visit independently should also sign the Visitors Book.

PHOTO BY JUDITH MASON



Dan Mahoney and George Martin

It's important for contact tracing, and for Jeri to know who is being visited, and who is still in need of visitors. Family members are always happy to hear of additional socializing and outside stimulation for their loved ones. Both Judy and Jeri emphasize the importance of this kind of record keeping and ask every volunteer to cooperate.

Feedback has been encouraging, and the program has blossomed. Volunteers have learned about the Health Center, the layout of rooms in Firbank and Audland, the care residents are receiving, and how many activities already help to enhance people's lives. Dan Mahoney, a

new Crosslands resident, told about his first visit with a fellow University of Virginia Law School alumnus, George Martin. When Dan appeared wearing his ancient University of Virginia hat, he was an instant hit. Other volunteers report how much they enjoy their visits and how much they have learned from their new acquaintances.

PHOTO BY JUDITH MASON



**Amy Lewis (with Snickers)
and Annie Garbarino**

The reports from health center residents are just as positive. Amy Lewis has been enjoying visits from Annie Garbarino and her friendly little dog Snickers. Amy welcomes “the best dog ever,” with open arms, and Snickers jumps happily onto her lap and snuggles there for the entire visit. Others besides Amy have commented on their enjoyment of pets, as well as the comfort of having someone to talk with and reminisce about their past.

Both Judy and Jeri encourage new volunteers to the Community Visitation Program. For Judy it is a strong commitment that she brought with her to Crosslands from her previous life. She says her goal is to make everyone feel cared for and not forgotten, and for the community to come together. If you are interested in joining the group, contact Judy Mason (open box 110) or Jeri Iacono (jjiocono@xlands.kendal.org).

Lyn Back

2023 Primary Voting Information

Election Day: Tuesday, May 16

Polls Open: 7 am to 8 pm

Polling Place: Crosslands will again be a polling place.

Mail-In Ballots: If you voted by mail-in ballot last year, you should have received a form in the mail with instructions to get your mail-in ballot for 2023. If you did not, forms are under the bulletin board at the Center. You can also apply on the web at www.pavoterservices.pa.gov.

Voting in Person if You Received a Mail-in Ballot: You can vote in person by bringing the whole ballot to the polling place. It will be voided, and you may then vote in person.

Registration: If you have recently moved into our communities, please check to see if you are registered, at www.pavoterservices.pa.gov. If you registered with PennDOT when getting/changing your driver's license, it can take time for the information to be sent to the county, so please check. If you are not registered, forms are available under the bulletin board.

Moving within Crosslands: If you have moved to a new unit in Independent Living, Audland, or Firbank, you will have to re-register to vote. Mail-in ballots are not permitted to be forwarded to your new address, even if it's within Crosslands.

Bonnie Marcus

Democratic Committee of Crosslands

Vote Your Values!

Campus Responders – A Change in Title Only...

On January 31 Kendal~Crosslands' six full time First Responders and their supervisor, Andrew Carter, experienced a change in title. Their new title: Campus Responders.

Their responsibilities did not change. The change occurred because for some people First Responders equated with EMT's. Campus Responders have basic first aid training; they do not have EMT training. Campus Responders do have light mechanical training and keen eyes, viz. they can put their eyes on a problem situation; decide in a timely manner what needs to be done; and take the initiative to handle the problem.

KCC Campus Responders wear many hats. Andrew noted they have to be ready for anything: fixing clogged toilets, blown circuits, malfunctioning thermostats; delivering meals to residents who are quarantined or ill; jump starting cars; leading emergency vehicles to the location of the emergency; and driving the bus at mealtimes and after evening events. In addition, they use their skills to take care of Maintenance Department preventative work orders which were not handled during the day.

Monday to Friday, one Campus Responder works 4 pm-midnight at Crosslands and another at Kendal. A different Campus Responder works the midnight-8 am shift at Crosslands and another at Kendal. From 8 am-4 pm Monday to

Friday, KCC maintenance staff perform Campus Responder tasks. Saturday and Sunday, Campus Responders work eight-hour shifts, one Responder at Kendal and one at Crosslands for each of the other shifts.

PHOTO BY PAUL STEVENS



Andrew Carter
Supervisor of the Campus Responders

During their shifts, they have about 30 places to check when doing their rounds. Responders make four rounds during the midnight to 8 am shift: and three rounds during the other shifts. They report burnt out light bulbs and put in work tickets to have them replaced; check fire extinguishers; lock and unlock doors; and assist staff, residents, and visitors when needed.

Andrew Carter, supervisor, schedules the six campus responders; provides their training; and visits them during their shifts, especially the midnight-8 am shift when just about everyone at KCC is sleeping. Andrew, who works 9:30 am-6 pm, is known to Crosslanders as the wizard who can fix just about any TV or Verizon problem.

Diana Stevens

Resident Artists Summer Exhibition

Calling all Coniston, Cartmel, and Crosslands Artists and Craftspeople! Submit your work for entry in the Resident Artists "Works in Two Dimensions" exhibit to be displayed June 1 through August 30. All media are eligible — painting, drawing, printmaking, wood, fiber, glass, clay, photography, collage, and metal. A sign-up sheet for participants will be posted on May 1.



Sue Squires, Exhibit Coordinator

Resident Moves

Ruth Nelson 604

In Memoriam

Dorothy Mullestein	March 30, 2023
Richard Dietz	April 2, 2023
Edythe Sweeney	April 10, 2023

Water Volleyball Craze Sweeps Crosslands

This sport was always fun, and its popularity has risen of late. So much so, that it is now possible to play volleyball four days a week. On Monday, Wednesday, and Friday, the Crosslands pool hosts players from 2:15-3:15 pm. On Thursdays, a game can be found at the Kendal pool (2:00-3:00 pm).

What is so enticing about water volleyball? Aside from being fun, it is noisy and hilarious at times as goofy head shots and other unplanned shots happen. It is good exercise, and it is the only sport where if you fall down, you don't break a bone, you only get...wetter!

Residents from all four communities participate, but it has become so popular that now we have to sign up to play, so that the "court" doesn't become too crowded. Consult our aquatic referees and scorekeepers (Casey Shedenhelm, Jenn Keil,

and Melanie Williams) for how to do this.

Volleyball's senior player (recently retired) is Jeana Levinthal, and the group held a lunch in the Crosslands Cafe to celebrate her 100th birthday. We regret that not all the team was able to make it to the party.

PHOTO BY BOB WHITLOCK



**100th Birthday Celebration for Jeana Levinthal (Front Row, Right)
Showing Off Our Water Volleyball Tee Shirts**

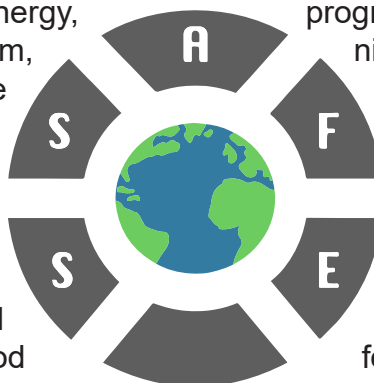
Classic comment from one player to another when meeting elsewhere on campus: "What's your name? I don't recognize you with your clothes on."

Julie Knobil

Crosslands Action on Climate Concerns

Our Climate Resilience working group, organized in January of 2020, coordinates the climate activism of the Energy, Food, Transportation, Arboretum, and Horticulture Committees of the Crosslands Residents Association.

These committees have helped with projects such as our annual Peak Demand Energy Reduction on the hottest days, the LED light bulb program, recycling, and other current projects including food waste composting, "Eat Less Beef," and monitoring the economy of electric buses.



But we need to involve more of our residents and increase our efforts in new sustainability programs. To this end, we have joined

nine other Kendal communities across the nation to form SSAFE, Senior Stewards Acting for the Environment.

SSAFE fosters advocacy at the national level. It develops and provides tools and educational materials for all concerned elder communities to reduce their carbon footprint and do something about our growing climate concerns. Visit the [SSAFE.org](https://www.ssafe.org) website to see more, and then join us.

Ben James

Big Woods Strategic Plan Progress Report

In January 2021 a *Chronicle* article reported on the status of the Big Woods Strategic Plan's objectives to address ten identified problems. The following summary reports the progress made in the past two years and describes the outstanding issues which remain to be addressed by the 4-Community Woods Committee.

PHOTO BY ATALA TOY



Creek Trail in the Big Woods

- **Plant in canopy gaps.** A GIS map of canopy gaps (6.6 acres) was developed that shows how the majority are in the spray fields.
- **Remove invasive plants from canopy gaps.** Removal by a contractor is underway.
- **Increase age diversity.** Over 500 tree seedlings are already planted in tubes.
- **Increase species diversity.** The following tree species will be planted in irrigated canopy gaps: sycamore, sweet gum, red maple, silver maple, tupelo, pin oak, swamp

white oak, basswood and shellbark hickory. Tulip poplar, white oak, red oak, shagbark hickory and red maple will be planted in upland areas.

- **Address Stormwater runoff.** From the Longwood farm field, straw bales slow runoff. Repair of eroded channels to lessen erosion has recently occurred in the southeast section.
- **Automate spray field irrigation of wastewater effluent.** Automated spraying and monitoring of soil moisture is recommended.
- **Reduce the impact of deer.** To prevent deer browse, a fence will be installed in two locations.
- **Identify adequate funding.** Donations will fund a three-year regeneration plan. Operating funds will address ongoing maintenance for up to 2,000 tree seedlings. Funding for a fence around 40+ acres has yet TBD.
- **Identify sufficient labor resources.** The KCC Grounds Supervisor will work with local contractors - with advice and guidance from the 4CW Committee.
- **Develop a management succession plan.** The 4CW Committee will work with administration to assure continuation of management for the Big Woods.
- **Trail head improvements already made.** These include additional benches and message centers.

It will be decades before the outcome of this plan will be evident. As good stewards, the 4-Community Woods Committee will continue its efforts to implement the Big Woods Strategic Plan in the years ahead.

An expanded version of this report can be seen on the [Big Woods Collaborative Committee web page](#).

Jennifer Allcock

See Something, Say Something

The rationale behind the catch phrase, "See Something, Say Something," is to bring awareness of at-risk safety situations and behaviors. The goal is to amplify your awareness in noticing what could be helpful in preventing you or another person from being hurt. If you see a tripping hazard around our campus, or a behavior that puts others at risk, you notify the safety committee or maintenance or say something to the individual to promote their own awareness.

There are hazards everywhere in our lives, and as we grow older the things we used to

PHOTO BY STEVE SANDER



Safety Doesn't Just Happen by Chance

bounce back from can become major traumas. We need to learn to become more aware of possible perils to our well-being and to others. For instance, be super alert to what can trip us up in our path. Be proactive when walking in traffic areas. Don't assume that others will see you. Look both ways before crossing the road.

Start now to ingrain self-protective habits in your life like the habit of putting on your seat belt or wearing a helmet while biking. For example, bring a flashlight with you when you are walking on campus especially after dusk. Wear easily seen clothing when walking in the woods or around campus. You can buy a safety vest in the Sunflower Shop.

Be proactive. If you are uncomfortable or nervous at night or feel there needs to be more lighting, perhaps you are telling yourself to take the bus home. If you feel more off balance on your feet these days, look into the Know-Falls class that Wellness offers or yoga.

Changing habits is never easy but sometimes is necessary in order for us to be safe, healthy,

and able to enjoy our lives. It takes awareness of your own fragilities and physicality to make the changes needed to keep you safe. You need the little voice in your head to remind you of what you should do.

When driving on campus, remember you are not the only person on the road. Follow the 20 mph limit, don't cut corners, drive your car or scooter on the correct side of the road, and follow the posted rules. Prompt others you see driving too fast by using the universal slow-down hand gesture.

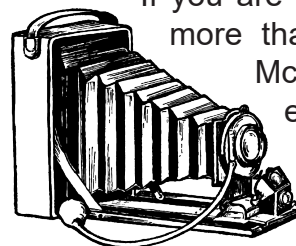
The community goal is to promote a culture of safety. You may be able to prevent an injury to yourself or a fellow resident if you stay alert to what's going on around you. Help someone who may be unaware of a risk by saying something in a way that they recognize your concern for their safety. Notify maintenance and the safety committee of possible dangers. Help us accomplish our community safety goal by saying something if you see something.

Jo Anne Smith, Safety Committee

Residents Photography Show

To all Residents of Crosslands, Cartmel and Coniston: Do you have a favorite photo(s)? We are looking for submissions for our annual Residents Photography Show here at Crosslands.

If you are interested, please send no more than three photos to Lowell McMullin and Bob Suter at our emails: lowellbob@verizon.net and suter@vassar.edu, or if you have prints, you can put them in Lowell's open box #235.



Twelve to fourteen photos will be selected for the July, August, September exhibit. In September we will have the Story Behind the Photo program. The deadline is June 1. Thank you.

*Lowell McMullin
Crosslands Camera Club*

Events

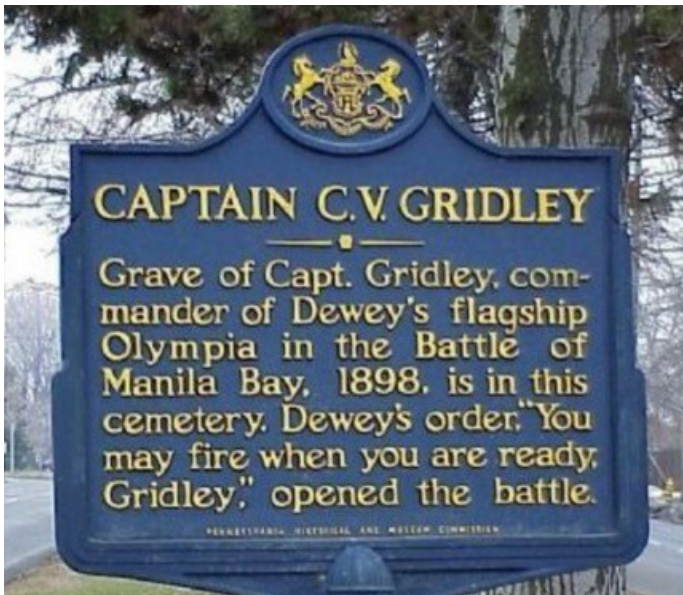
Forum

“Fire When Ready, Gridley”

The USS *Olympia* and Its Captain

Speaker: Peter Siebert, Director of the Independence Seaport Museum

Tue, May 2 7:30 pm WPR / TV13



HMDB.ORG

The *Olympia*, the oldest steel warship still afloat, was commissioned in 1895 and was Commodore George Dewey's flagship until 1922. She served in the battle of Manila Bay during the Spanish-American War in 1899, intervened in the Russian Civil War in 1919, and carried the remains of the unknown soldier after World War I from France to be buried in Arlington National Cemetery.

Charles Vernon Gridley was the captain of the *Olympia*. He was a graduate of Hillsdale College and the United States Naval Academy (1864) and served from the American Civil War to the Spanish American War. He died in Kobe, Japan, during the fleet's visit and was buried in Erie, Pennsylvania. Four United States ships have been named after him.

The *Olympia* is the star of the Independence Seaport Museum in Philadelphia.

Julie deWolff

Forum

The International Bird Count and Climate Change

Presenter: Kathy Dale

Wed, May 17 7:30 pm WPR / TV13

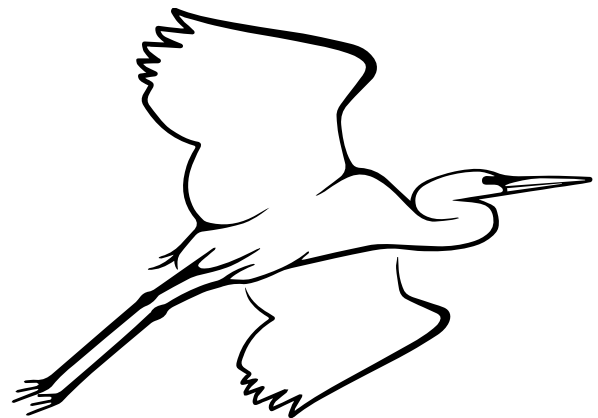
Kathy Dale is the Director of Science Technology & Community Science Leader of The Audubon Society. She has worked for the Audubon Society since 2001 and will retire in August. Over the years, she and her division have been responsible for the recently completed International Bird Count. Over 200 countries participated and many residents at Crosslands gave their “back yard reports” as well.



AUDUBON.ORG

Kathy will talk about her role in the Bird Count and how the results enable them to identify and understand the effects of climate change and the predictions of species lost.

Deb Borton



Audubon

Events

Come One, Come All to the New Residents Reception

Tue, May 30 4:00-5:00 pm WPR&L

Though the number of new residents moving to Crosslands has slowed since last fall, there are new residents who have moved in since the January reception as well as new 2022 residents who are looking forward to getting to know you but weren't able to attend the last reception.

Don't miss out on the opportunity to visit with new residents as well as with "not so new" residents. Refreshments will be served. Name tags are a must.

Diana Stevens

PHOTO BY PAUL STEVENS



New Residents Reception, January 2023

Bob Rowland Opera Lecture: Don Giovanni

May 19 4:00 pm WPL

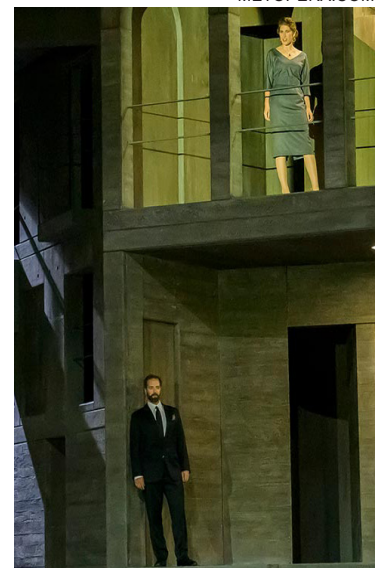
The Crosslands annual opera lecture series concludes with a presentation about Wolfgang Amadeus Mozart's eternal "*dramma-giocosso*," *Don Giovanni*.

The Don Juan story appears in perhaps its most famous form in this brilliant opera by Mozart. In his quest to seduce as many women as possible all across Europe, Don Giovanni runs into trouble by the final scene of this masterpiece, and the opera concludes with his fiery descent into Hell, followed by moral commentary from the characters who endured his machinations throughout the two acts of this serious comedy.

Filled with dramatic encounters, sudden unexpected plot twists, and world-famous arias and ensembles, Mozart's masterpiece makes for a wonderful end to this year's opera lecture series. Enjoy the lecture and be well prepared to enjoy the Metropolitan Opera radio broadcast and the HD broadcast at the Regal Theatre of *Don Giovanni* on the afternoon of Saturday, May 20.

Ted Farraday

METOPERA.COM



Events

Spring Fling into Fitness

Thu, May 18 3:30-5:00 pm WPR

It's that time again to look forward to getting outside and being active while enjoying friends. The Fitness Advisory Committee is hosting its spring information reception. It is time to chat with residents who lead and play the different activities.

Come and explore the details about our pickleball, croquet, bocce, golf putting, walking, biking, or any of the many summer activities. Come and talk to participants, encourage new people to become involved, and sign up. While there, you will meet new residents and, of course, there will be refreshments.

Sherry Burke



Judy Mason

PHOTOS BY SHERRY BURKE



Jon Ford

Jim Sharp and Paul Stevens



Cartmel/ Coniston Choices Pertinent Questions to Answer

Thu, May 11 1:30-2:30 pm
WPR

Can You Answer These Questions?

- What Are Your Plans for Health Emergencies?
- What Are Your Plans for Chronic Care, Living Alone, and Cognitive Challenges?
- Who Will Be Your Care Coordinator and Advocate in the Coming Years?

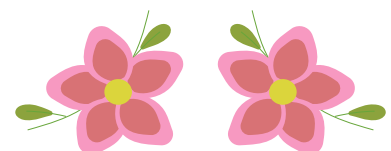
The Cartmel/Coniston Choices Committee is sponsoring a program featuring three speakers who will address topics relevant to independent living residents on all four KCC campuses.

Erin Kershaw. Owner,
Brandywine Elder Care
Management

Millie Lee. Manager, Kendal-
Crosslands In-Home Care
Services

**Sarah Matas and Cathy
Emig.** KCC Health Center
Administrators

Bob Whitlock



Events

Spiritual Life Committee

Miracles Abound

Presenters: Judith Greene, Thomas Swain, and
Lowell McMullin

Wed, May 24 3:30 pm WPR / TV13

What are miracles? Do they really occur? Can they be proven scientifically? Judith Greene, Thomas Swain, and Lowell McMullin will present different understandings about the nature of miracles — and how miracles have personally affected their lives. Residents are invited to share their own beliefs and experiences. Come join the discussion.

Atala Toy, Chair, Spiritual Life Committee



Camera Club

Favorite Places

Fri, May 19 7:30 pm WPR / TV13 / Zoom

Photographers: **Manya Bean:** Paros and Santorini, Greek Isles
Lowell McMullin: A Day at Big Marine Lake, Minnesota
Bob Suter: Gibraltar's Wild Side
Atala Toy: White Mountain Valley, New Hampshire

Where is your favorite place? Is it the beach? The mountains? An island or a foreign country? For this presentation, members of the Crosslands Camera Club will not only share their photographic skill and artistry but also some of their favorite places. You may discover a wonderful place that you would like to visit or maybe someone who shares *your* favorite place.

Bob Suter



PHOTO BY ATALA TOY



PHOTO BY BOB SUTER

Events

Light & Lively and Summer Music Concert

Jay Ungar and Molly Mason

“Ashokan Farewell and More”

Fri, May 5 7:30 pm WPR / TV13

Jay and Molly, who are very excited to be coming in person this year after two years on Zoom, will play a concert of lively dance tunes and sentimental ballads. They will also share music that they've been commissioned to write for documentary films and events in the years since the Ken Burns' *Civil War* series first aired in 1990. And, of course, we'll be hearing “Ashokan Farewell,” the haunting soundtrack from the “Civil War” series.

This concert is presented jointly by Light and Lively and Summer Music and is supported by the generous grant from Ray Firmin.

Debby Kern



JAYANDMOLLY.COM

Tuesday Edition

Partnering with Women in India

Presenter: David Camp

Tue, May 9 11:00 am WPR / TV13

David Camp served six years on the board of Right Sharing of World Resources, a Quaker organization that partners with women's groups in India and Africa to help them improve their circumstances.

Come and hear how Right Sharing works and see photos of some of their Indian partners in action.

Floy Ervin



You Are Invited to the Kentucky Derby

Sat, May 6 5:00-7:00 pm WPR&L



MEDIA.GOTLOUISVILLE.COM/

Come to see the “Run for the Roses” in the Wm Penn Room as the best of the best compete to add the 2023 Kentucky Derby to their list of wins. The Television Events Committee has planned a big-screen party for one and all.

Starting at 5:00 you will hear the back story of each horse and its rider and stable. The betting will be underway. Hats, gloves, and incredible outfits will be on parade. Shortly after 6:00, it will be “Riders Up” and “My Old Kentucky Home.” At 6:25 the race is on.

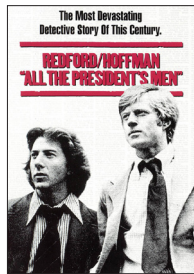
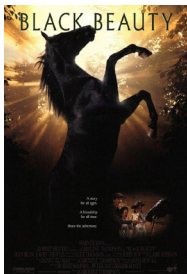
You are invited to pick up your dinner in the dining room and proceed to the William Penn Room to eat, chat, and cheer your horse. Residents may bring their libations of choice, Mint Julep Mocktails will be provided.

Women, wear your most elegant or outrageous hats and outfits. Men, please wear a tie-bright and colorful, long or bow tie. Vie for the Win, Place or Show prizes. Transport yourself to the Old South tradition of the Kentucky Derby —Dress for the Derby and enjoy the fun!

Sherry Burke

Events

Movies



Black Beauty (1994)

Thu, May 4 7:15 pm WPR / TV13

This heartwarming story is told by Black Beauty himself (voice of Alan Cumming) and is the best adaptation of the original book by Anna Sewell. It takes us back to Victorian England and follows Black Beauty from birth to his old age. The film is a nice beginning before The Kentucky Derby on Saturday. English with subtitles. 88 min.

Cindy Arrouet

All The President's Men (1976)

Thu, May 11 7:00 pm WPR / TV13

In time for the 50th Anniversary of the opening of the Senate Watergate Hearings and adapted from the book of the same name by journalists Bob Woodward and Carl Bernstein, the film traces the Washington Post's courageous pursuit of the truth about the Watergate break-in. This early docudrama captures the texture and mood of Washington, DC, in the mid '70s. With Robert Redford, Dustin Hoffman, and Jason Robards. Nominated for four Academy Awards. English with subtitles. 138 min. (hence the early 7:00 pm start).

Ron Broude

The Verdict (1982)

Sat, May 20 7:15 pm WPR / TV13

Paul Newman stars as an attorney fighting not only for his client but also for his self-respect in a gripping courtroom drama. The Verdict was nominated for several Academy Awards, including best picture, best actor in a lead role, and best screenplay. English with closed-captions. 129 min.

George Helton

Concerts

Carl Cranmer, Piano

Tue, May 9 7:30 pm WPR / TV13

We heard Carl Cranmer as the accompanist for Ovidiu Marinescu in February. We were so impressed by him last year that we asked him to give us a solo recital this season.

Since playing with the Philadelphia Orchestra at the age of nine, Carl has made his way all around the world, playing recitals and concertos.

Cranmer is a graduate of the Oberlin Conservatory of Music and The Juilliard School and is currently a piano professor at the Wells School of Music at West Chester University

Anne Gross



INSTANTCORE.COM

Settlement Music School Trowbridge Quartet

Sun, May 21 3:00 pm WPR&L / TV13

Our last concert of the season is always the great treat of hearing these inspiring advanced students from the Settlement Music School.

Their teachers and coaches are mainly members of the Philadelphia Orchestra, and we are privileged to have the ensemble here.

Anne Gross



PIXABAY.COM

Meet Dena Beeghly #416

Dena Beeghly spontaneously offered the word “wanderlust” as descriptive of the way she has lived her life. She was born in Augusta, Georgia, where her father was a trainer and operator at power plants. Perhaps she came by her wanderlust honestly, because his work took his family of five to Chile, Bangladesh, and elsewhere.

Ultimately, the family returned to Connecticut to ensure more stable educational opportunities as the children grew older. Even then, Dena won an essay contest that supported a summer of travel to Australia and the Pacific Islands to learn from, and about, the Islanders. That trip exemplifies the blend of teaching and learning, both academic and cultural, that has characterized Dena’s entire life.



PHOTO BY BOB SUTER

Dena’s long-held belief that “education can never be taken away from us” has motivated her to reciprocate her amazing learning experiences.

After college, Dena’s long, multi-faceted career in teaching began. Her first job was in an impoverished rural area of South Carolina, where she taught middle-schoolers who required remedial work, especially in reading.

After earning a master’s and doctorate degrees in reading education at the University of Georgia, Dena then taught support courses in first-generation and international student programs, as well as undergraduate and graduate students at West Chester University. She designed diagnostic and remedial approaches to reading for use with diverse student populations, did research, and taught seminars.

These years were punctuated with her own immersive experiences in schools in Kenya,

South Korea, and Japan, where she taught teachers how to teach in ways that were tailored to students’ specific learning needs. Dena’s long-held belief that “education can never be taken away from us” has motivated her to reciprocate the amazing learning experiences that she’s received over her lifetime.

Retired three years ago, Dena has many friends and affiliations in this area and long-standing relationships from her international adventures and her childhood. Dena looks forward to meeting new people here. She lives with Elsie, her dog (who had a crush on Mo, our robot mower, though the relationship has cooled after a gentle but unexpected nudge from Mo!).

Beth Hopkin

So You Think You Know Crosslands

Can You Locate This Month’s Teaser?

Send your guess to chronicle@crosslandsres.org) or put it into the Chronicle’s open box.



PHOTO BY RANDY LYONS

LAST MONTH:

The twisted trunk (April *Chronicle* p. 8) was not identified properly by anyone. It is in the display outside the Brooke Worth Room on the lower level of the Center.



PHOTO BY MARY RDGERS

Meet Ed Breneman #71

By coincidence, Ed Breneman now lives in the geographic area to which his Swiss Mennonite ancestors immigrated 300 years ago. The youngest of three children, he grew up in a loving Mennonite family during the Great Depression and World War II. They lived in three villages in Ohio. Ed developed an early interest in art, nature, and the building and flying of model airplanes. His interest in science was stimulated by interaction with college students who roomed in their home in Wooster.

Between his high school and college years, Ed served in the Navy. He attended Bluffton College, where he met his future wife Mary, then transferred to Ohio Wesleyan University, and graduated with a major in physics. Ed and Mary married during college and started a family while he earned a master's in physics at Ohio State.

Ed started work in the Physics Division of the Kodak Research Labs in Rochester in 1952 doing research in the science of color perception and problems of color reproduction in photography.

With Ed's recent move to Dyer and Mary's to Firbank, they now spend time together every day in one of their new residences.

He continued that research in a small lab in the Hudson Valley while living in Wappinger's Falls, New York. He then returned to the Color Photography Division of the Kodak Research Labs, his work being applied to color films. After retirement, he consulted at Kodak and the Rochester Institute of Technology.

Mary and Ed joined the Quaker Meeting in Rochester in 1960, becoming active in the peace movement and social justice activities. They raised three children and spent family vacations hiking and camping in the national parks and wilderness areas of the United States and Canada. Their lives were enriched by

classical music (Mary played and taught piano) and Ed's interest in photography, nature, art, and winemaking.

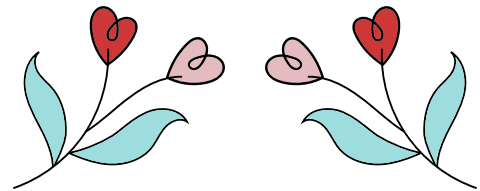


PHOTO BY BOB SUTER

Mary and Ed moved to Cartmel in 1995, where they were very active until Mary suffered a disabling stroke in 2002. Ed became her full-time caregiver until she moved to Firbank in September 2022. With Ed's recent move to Dyer and Mary's to Firbank, they now spend time together every day in one of their new residences.

Their children travel often from Cambridge, Massachusetts, (two sons) and Salt Lake City, Utah, (a daughter) to support them. Ed says, "Mary and I are very grateful for having an interesting, wonderful life." And, ever the raconteur, Ed has the stories to prove it.

Beth Hopkin



Updated "Who's Here at Crosslands" (Biographies)

A new email edition of "Who's Here at Crosslands" was recently distributed to residents who have email addresses. If you did not receive it, please leave a note in open box 179 with your email address.

If you did receive it, please check your entry for accuracy and let us know whether there are any changes you'd like to see. A second phone number? Another grandchild? An interest that you no longer want to list? The next edition, in about four months, will include your updates.

*Hollis Scarborough and Joe Savery
Co-chairs, Biographies Committee*

Meet Alfred Hurd #117

Alfred Hurd moved to Crosslands in February 2023 after his wife Eleanor (Ellie) had moved to Firbank in January. They left their large three-story house in Moylan, Pennsylvania, where they'd lived for 57 years, raising three children and entertaining hundreds of Scottish Country dancers and a musical theater group over the years.

The third of four children raised in Belmont, Massachusetts, Alfred remembers the freedom to play outside most of the day and, as a teenager, driving his big, old Indian motorcycle and going to a ballroom dancing school. After high school he served in the Navy for three years, learning to be an aviation electronics technician. He was stationed with an airborne anti-submarine squadron at Quonset Point, Rhode Island.



PHOTO BY BOB SUTER

involved with all aspects of productions, such as performing (68 shows to date), serving as president, chairing committees, and constructing sets.

When retired, the Hurds envisioned establishing a building for nonprofits in Delaware County. Ellie was an important partner in initiating and managing the Performing Arts Complex, which became housed in an abandoned elementary school and grew to involve 108 groups and individuals.

In addition to singing and musical theater, Alfred's interests include carpentry, toy making, fixing, auto repair, and reading. He is well known for his expert dancing and teaching

of Scottish Country Dancing. He and Ellie hosted many dancers for 55 years in their home. Dancers formed sets on both the first and third floors and happily danced until teatime.

The Hurds chose Crosslands because they were looking for a nonprofit religious-based community with excellent healthcare. A Quaker himself, Alfred says that "Quakers have the best record." Alfred looks forward to joining the Chorus and using the Fitness Center and pool. He hopes to attend more theater and opera productions and travel to New England to visit family and friends.

Alfred and Ellie have two sons, a daughter, eleven grandchildren, and one great-grandchild. Their son, Will, is a KCC Board Member. Alfred's in-laws, George and Dana Houghton, were Kendal residents.

Connie Strickland

After the Navy, Alfred went to Harvard College, earning an AB in English (Honors). After attending Pinewoods English and Scottish dance camps, Alfred was hooked on Scottish Country Dancing.

One extra advantage was meeting a "cute red-headed dancer" (Ellie), who had graduated from Radcliffe College and was working at MIT.

Alfred went on to earn an MBA at Harvard Business School, received a Certificate in Data Processing (CDP), and became a Project Management Professional (PMP). He worked as a programmer analyst at Scott Paper and Franklin Mint and as a financial systems consultant at Sun Oil. He also taught courses at the University of Pennsylvania, Temple University, and Boston University. In addition, he did strategic planning with the Hamilton Group. Meanwhile, Ellie worked as a computer analyst.

Both Alfred and Ellie were active with the Rose Valley Chorus and Orchestra, a 150-member musical theater organization. They were in-



Meet Judy and Tom Martin #213

"What you are now is where you were when," is an apt description for Judy and Tom Martin.

It is not surprising that Judy is described by her granddaughter as resilient, encouraging, "grit", and protective. Judy's mother contracted polio when Judy was a baby and died when she was four. Thus, Judy's formative years were transient — born in Moorestown, New Jersey, spent some time there with family, and lived most of those years in Southern California with her father, stepmother, and two stepbrothers.

When it came time to think about college, Judy's father encouraged her to apply to Wellesley, her mother's alma mater. That didn't happen. Judy spent two years at UC Santa Barbara which she "hated." Her fierce independence took her back east where she found work, attended Temple at night, and had the good fortune to meet Tom at a brunch for Tom's brother's wedding hosted by Judy's Moorestown aunt and uncle.

Tom and Judy were married Mischief Night, October 30, 1965, with the reception at her aunt

*Tom and Judy
were married
Mischief Night,
Their sense of
adventure mixed
with a bit of
chutzpah makes
Mischief Night
a somewhat
symbolic
anniversary.*

and uncle's. Though the Martins don't soap windows or smash pumpkins, their sense of adventure mixed with a bit of chutzpah makes Mischief Night a somewhat symbolic anniversary.

Tom's career in sales and marketing with publishing companies began with J. B. Lippincott in Philadelphia. Described by his granddaughter as spiritual, caring, and understanding, Tom chose

to join the Pennsylvania National Guard to avoid being sent to Vietnam.

When the Martins' first son was a student at Westtown, Tom watched and experienced how the children were treated. His observations led him to become a convinced Quaker.

After ten years in the Philly area, the Martins — now with two sons — moved to the Boston area, where Tom assumed a position with another publishing company. On one of the first days in their new home, Judy read about a program at Wellesley open to nontraditional students over the age of 24 who had not yet completed a bachelor's degree. This time, Judy



PHOTOS BY BOB SUTER

did complete the Wellesley application and was one year away from earning her bachelor's when Tom came home from work and said he had taken a job in New York City. Once settled in Connecticut, Judy took the needed courses at Fairfield University. A year later at Wellesley's commencement, when the dean gave Judy her diploma, she commented, "I never thought you would do it."

From Connecticut, the Martins moved to Texas and then Arizona. In all three states, Tom found welcoming Friends Meetings. He is involved with Friends Peace Teams and looks forward to resuming Alternatives to Violence Project work in the Delaware prison systems. Judy supports a pen pal she met on a trip to Africa, is working to revive the Crosslands pottery studio, and wants to strengthen bonds between Crosslands and Kendal.

Diana Stevens



Meet Bob Foley and Willa Nehlsen #144

Before choosing Crosslands, Bob Foley and Willa Nehlsen did quite a bit of research. They were living in Santa Fe and had decided to move back east to be nearer family, who were in New York and Pennsylvania. To help with their search, they bought an RV and made at least three trips east to explore where they might finally settle down.

Bob mentioned some of the aspects that attracted him to Crosslands. Being biologists, Bob and Willa were both interested in environmental stewardship, and reading the *Chronicle* convinced them that Crosslands had made sustainability a priority. Bob was impressed with the Kendal~Crosslands Arboretum status, and when he noticed the reusable green food containers, he was convinced that Crosslands was sincere in their commitment.

Willa liked the park-like setting, and while she found it hard to leave Santa Fe, she agreed that Crosslands provided more on the positive side of the spreadsheet they had developed while analyzing all the possible retirement communities.

Bob and Willa met at a group breakfast through a mutual acquaintance in 1998, while both were working for the U.S. Fish and Wildlife Service in Portland, Oregon. Their friendship took a more serious turn when the 9/11 disaster happened. Bob asked Willa out for dinner, and that first one-on-one date led to a series of life-changing decisions.

Bob was offered a job in Hadley, Massachusetts, and Willa was hired by the same company. They moved back East with their two dogs, a standard poodle, and a mixed lab, who luckily got along well with each other right from the start. Willa had never been married before, so in addition to a change in jobs and a cross-country move, she was dealing with a new marriage. Those were complicated years, but she and Bob had a lot in common, plus compatible personalities.

In addition to compatible personalities, they found they both liked to travel and traveled well together. One of their favorite trips was to Silver Banks, a region of the Atlantic Ocean just north of the Dominican Republic, where northern humpback whales come to give birth to their calves. For eight days, Bob and Willa swam and

snorkeled with the whales, whom they found to be curious, friendly, and seemingly quite acclimated to the presence of humans.

Another incredible trip was to the Galapagos Islands, which Bob describes as a biologist's heaven. They spent seventeen days exploring all the islands, going ashore in small pangas so they could go birding, snorkeling, and get up close and personal to all kinds of marine life. They found the trip exhilarating, fascinating, and pretty exhausting.



PHOTOS BY BOB SUTER

While Bob knew from the age of eight that he wanted to be a biologist, Willa says she didn't really get interested until she was in college. She attributes her inspiration to having read Rachel Carson's *Silent Spring* in the 1960's. She went on to eventually get her Ph.D. in biology at University of California at Santa Cruz. A key point in her career came while working for the Northwest Power Planning Council in Washington State, where her research and analysis of different salmon populations in Washington, Oregon, and California served as a basis for putting salmon on the Endangered Species List.

Now the couple has settled in at Crosslands. Willa finds herself more engaged in gardening. She wants to work on pollinator gardens, and she already has joined a band at OSHER, where she plays the French horn. Bob has a passion for developing alternative energy sources, particularly solar energy. He proudly owns an all-electric car, and says he looks forward to working to reduce our carbon footprint.

Lyn Back

Did You Know That...

...if a resident falls in the Center or any place on KCC's campus, the **first** thing to do is call for help (610-388-1440 ~ Medical Emergency)? The thing to **never** do is move the person who has fallen.

...a ramp has been built to the front door of Cartmel's Old Stone to make it accessible?

...if you are an early morning (7:30-8:00 am) exerciser, the least crowded times in the Fitness Center are Tuesday, Thursday, and Saturday mornings?

...to learn about a support group for people with Essential Tremor or Peripheral Neuropathy, contact Barlow Humphreys, #58, who is starting the group? The support group will focus on what the diseases are and ways to cope with the side effects.

...Culinary Services had to get out of the pillow business at both Crosslands and Kendal because they were storing 30-35 pillows in both communities at one point? Having to keep them clean and needing to purchase periodically to re-supply became too much.

...24 Easter at home dinners were provided to six Crosslands Independent Living residences; 96 residents and 91 guests had Easter dinner in the main dining room; 87 residents and 11 guests took out their Easter dinner; and 58 Audland and Firbank residents had Easter dinner in their dining rooms?

...KCC residents can ride a commercial bus to the Philadelphia Symphony Orchestra 2023-2024 Friday afternoon Series A concerts? Subscribe now. For information contact Judith Greene, #75.

...there are new Culinary Services staff members and staff members returning to work after a year at college? Please introduce yourself and welcome them.

...the following guidelines should be followed when recycling take out containers? **Green 3 compartment** containers should be returned

to one of the bins at the Center. **White 3 compartment** containers are **NOT** paper and should be trashed. **#6 plastic containers** should be put in a # 6 collection box. **#s 1, 2, 4, 5, and 7 plastic containers (no lids)** should be put in blue recycling bins.

...**all** garden trash should be put in big paper bags found in AFSC shed (PL#6) and when full, left outside a trash room for pick up? To recycle flowerpots, put them on shelves outside the shed.

...a new menu cycle, featuring seasonal favorites, began mid-April?

...for information about the Native Plant Preserve spring open house, check the Crosslands bulletin board and website?

...the photos outside the Crosslands Wood Shop are of KCC residents who over the years have committed to the Crosslands community, working three mornings a week in the Shop on Crosslands projects as well as on their own projects? Projects include furniture repair, knife and pruners sharpening, and building small pieces of furniture.

Diana Stevens

CROSSLANDS CHRONICLE

Published by and for the residents
and administration of Crosslands
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Kennett Square, PA 19348
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What's New at the Library

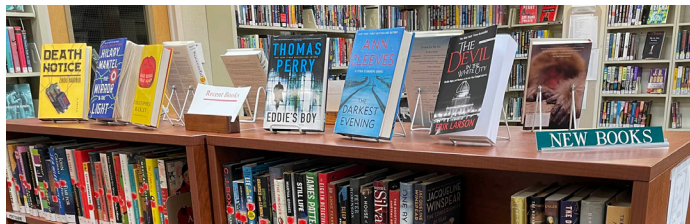


PHOTO BY STEVE SANDER

FICTION

- Banks, Russell..... *The Magic Kingdom*
 Barry, Sebastian..... *Old God's Time*
 Catton, Eleanor..... *Birnam Wood*
 Joshi, Alka..... *The Secret Keeper of Jaipur*
 Laestadius, Ann-Helén..... *Stolen*
 Loesch, Kristen..... *The Last Russian Doll*
 Makkai, Rebecca..... *I Have Some Questions for You*
 McFarlane, Fiona..... *The Sun Walks Down*
 Roberts, Nora..... *Birthright*
 Ryan, Donal..... *The Queen of Dirt Island*
 Steel, Danielle..... *Magic*

MYSTERY

- Burrows, Steve..... *A Dance of Cranes*
 Burrows, Steve..... *A Tiding of Magpies*
 Black, Cara..... *Night Flight to Paris*
 Bowen, Rhys..... *All That Is Hidden*
 Coben, Harlan..... *I Will Find You*
 George, Elizabeth..... *Payment in Blood*
 Jance, J. A..... *Collateral Damage*
 Kotzwinkle, William..... *Bloody Martini*
 Leon, Donna..... *So Shall You Reap*
 Mosley, Walter..... *Every Man a King*
 Todd, Charles..... *The Cliff's Edge*
 Winspear, Jacqueline..... *The White Lady*

NONFICTION

- Aviv, Rachel..... *Strangers to Ourselves: Unsettled Minds and the Stories That Make Us*
 Gupta, Sanjay..... *Keep Sharp*
 Johnston, S.I..... *Gods and Mortals*
 Mitenbuler, Reid..... *Wanderlust*

BIOGRAPHY

- Ditlevsen, Tove..... *The Copenhagen Trilogy*

BOOKS ON CD

- Albom, Mitch..... *The Five People You Meet in Heaven*
 Homer..... *The Iliad*
 Homer..... *The Odyssey*

VIDEOS

- Everything Everywhere All at Once.....2022
 A Man Called Otto.....2022
 She Said.....2022
 Tár.....2022
 Till.....2022
 The Whale.....2022

DISPLAY TABLE

Spring is here. See our selection of books inspired by the season.

Jumble

Unscramble the words; then use the circled letters to complete the sentence.

ILWLT
 ○ ○ ○ ○ ○

UYTJNA
 ○ ○ ○ ○ ○

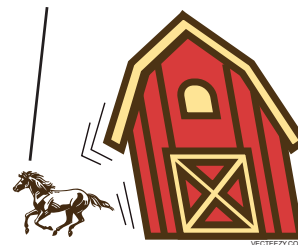
CAASUB
 ○ ○ ○ ○ ○

ETUSSQ
 ○ ○ ○ ○ ○

Answer here:

○ ○ ○ ○ ○

"I'M GETTING
 OUT OF THIS RAT
 TRAP!!"



THE FARMER'S
 HORSE BARN
 COLLAPSED
 BECAUSE IT...

○ ○ ○ ○ ○

JUMBLE BY STEVE SANDER

LAST MONTH: JUICE, GNAWED, TALKER, RIDDLE. WELL-"TRAINED"

May 2023 Calendar

Mon May 1 Name Tag Day.

CRA Board Meeting. 10:00 am.
WPR/TV13/Zoom. All are invited.

Tue May 2 Forum. Fire When Ready, Gridley.
7:30 pm. WPR/TV13. See p. 7.

Wed May 3 Painting Studio. 10:00-noon. Arts
and Crafts Room. See Cyndy Falcoff
or Sherrill Primo to sign up.

**Thu May 4 Birthday Celebration for Those
with May Birthdays.** 5:30-7:00 pm.
MDR Alcove. See Phyllis Wenner to
sign up.

Movie. *Black Beauty.* 7:15pm. WPR/
TV13. See p. 12.

Fri May 5 Summer Music/Light & Lively.
Jay Ungar and Molly Mason. 7:30
pm. WPR/TV13. See p. 11.

Sat May 6 Kentucky Derby. 5:00-7:00 pm.
WPR&L. See p. 11.

Mon May 8 Healthy and Wise. 11:00 am-noon.
Zoom/TV13. See Crosslandsres.org
for the Zoom link.

Tue May 9 Tuesday Edition. Partnering with
Women in India. Presenter: David
Camp. 11:00 am. WPR/TV13.
See p. 11.

Music. Carl Cranmer, Piano. 7:30
pm. WPR/TV13. See p. 12.

Wed May 10 Poetry. 3:00-4:30 pm. WPL.

Thu May 11 Cartmel/Coniston Choices.
Pertinent Questions to Answer. 1:30
pm. WPR. See p. 9.

Movie. *All the King's Men.* 7:00 pm.
WPR/TV13/. See p. 12.

Mon May 15 Name Tag Day.

Tue May 16 Election Day. 7:00 am-8:00 pm.
WPR. See p. 2.

CRA Concerns Session. 10:00-
11:00 am. Music Room. Voice
your concerns to two CRA board
members.

Wed May 17 Writers Group. 3:00-4:00 pm.
Conference Room.

Forum. The International Bird Count
and Climate Change. 7:30 pm.
WPR/TV13. See p. 7.

Thu May 18 Spring Fling into Fitness. 3:30-
5:00 pm. WPR. See p. 9.

Fri May 19 Opera Lecture. *Don Giovanni.*
WPL. 4:00 pm. See p. 8.

Camera Club. Favorite Places.
7:30 pm. WPR/Zoom/TV13.
See p. 10.

Sat May 20 Movie. *The Verdict.* 7:15 pm. WPR/
TV13. See p. 12.

Sun May 21 Music. Trowbridge Quartet. 3:00-
4:00 pm. WPR&L. See p. 12.

Mon May 22 Great Decisions. China and the
United States. Moderator: Dick
Kline. 9:30 am-10:45 am. Zoom/
TV13. See the Crosslands website
for the Zoom link.

Wed May 24 Spiritual Life. Miracles Abound.
3:30 pm. WPR/TV13. See p. 10.

Kendal Concert. Pyxis Piano Trio.
7:15 pm.

Thu May 25 Crosslands Chorus. American
Folk Music. 7:30 pm. WPR/TV13.

Tues May 30 New Residents Reception.
4:00-5:00 pm. WPR&L. See p. 8.



Venues, times, and other details may
change. Please watch for announcements
and additional changes on the Crosslands
website (www.crosslandsres.org), bulletin
board, and TV9.