



CROSSLANDS CHRONICLE

MAY 2020

Volume 47, Number 5

COVID-GATE

The last couple of months have introduced us to a whole new way of life. One recent aspect of it is the experience of living in an “almost-gated” community. Only residents and staff, and selected other workers (i.e., mail, package delivery, etc.) are allowed in and out. Where do our gatekeepers come from? Who are they? How are they paid? What do they do? Who oversees them?

Our gatekeepers’ overseer is Steve Madsen, Assistant Facilities Supervisor under Joe Deckman. He came to KCC in February. It turns out that Steve has a perfect background for what this emergency situation calls for. Previously, he was the Director of Operations at Meadowood Hospital in New Castle, DE where he was responsible for plant operations, maintenance, housekeeping, and safety (EOC). He has had FEMA Emergency training, NFPA Fire Safety training, and training in environmental care. In other words, he knows a lot about everything we need to back up our safety system. And he has written the protocol for the guards at our gate.



After the unfortunate incident of the unknown car ignoring the warning signs at Kendal, it was immediately decided to to extend the guard duty to 24 hours day and to enforce the barrier. The rules are that not even pedestrians from outside are allowed on campus. For this reason, there are now new signs at the gate advising our neighbors of this, and similar signs have been posted in a couple of our close neighborhoods. Of course it follows, as some of our neighbors have pointed out, that we should not walk on their property as well.

Did we hire outsiders to be guards? No, at present, only our own staff, already health screened, are serving as guards. They come mainly from the Maintenance and Housekeeping Departments and even the Marketing Staff, as their regular schedules allow. Yes, they are being given “Hero” pay.

The guardhouse does not have its own phone, but it does have two -way radio contact with Maintenance. If a resident needs some special attention and wants to let the guard know (for instance, they are expecting a special package, or want to leave something to be picked up at the gate), they can call Maintenance to relay the message to the guard. If it is after-hours or at night, they will have to walk to the guard house to tell the guard.

As I write these words, I cannot help editorializing and saying that as of this writing, we have been incredibly lucky and incredibly well looked after. Our CEO, Lisa Marsilio, Steve Madsen and our staff have been as mindful of our health and safety as if we were their own parents.

Betty Nathan

Dear Reader:

This issue of the *Chronicle* is a little different. Again, as in April, we will have NO calendar page because of the difficulties predicting when we shall reopen to visitors. But on page 7 we have included a page for optimists to list some of the events we are hoping for. Many activities and committees have taken advantage of ZOOM to have virtual gatherings, and your leader or chairperson has probably alerted you to these events. We are all on a steep learning curve and hope that we will all see each other “in the flesh” soon. In the meantime, stay safe!

The Editors

FROM THE CRA PRESIDENT

Committing to Community

During a recent discussion on Zoom with residents, a question was raised about helping residents who can't get out and whether we can volunteer to get grocery items for them. I gave a response that as a resident we needed to make our own decision about going beyond our boundaries in light of Governor Wolf's injunction to stay at home. Later in the Zoom conversation, Sara Jane Withers spoke to this issue clearly. She mentioned that when she or Garry thought they needed something, they realized that they could forgo having that item. She did not want to engage herself in an outside environment that has COVID-19, she did not want to endanger her husband, and especially she did not want to be the potential carrier for the disease coming back into Crosslands.

This higher principle stayed with me the rest of the night, and I thought it would be helpful to lift this up for all of us to understand a dynamic of the community we live in. Some of you might remember the philosopher John Macmurray, a Scotsman. He holds that "The self is a person, whose existence is constituted by the relation of persons." He further distinguishes the difference between societies ("cooperative groups united around a purpose") and communities ("groups of people sharing a common life above and beyond cooperation for a purpose.") I like to think that we at Crosslands are here for a common life above and beyond cooperation for living out our closing years. If this is acceptable to you, then Sara Jane's words bring us to a level beyond "cooperation" to "relationship." Many of us here have developed relationships with one another that deepen our bonds of friendship. As a part of an extended relationship, it is important for me to think of you when I make my independent decision to leave campus during this season of COVID-19.

The question seems to be "Do I want to take responsibility for others here and how much?" Maybe I am being too philosophical and maybe I'm conveying my singular bias. My message, simply, is we are all in this together and it takes all of us to come clear straight through -- to continued health and liveliness.

Any questions or thoughts? *Thomas Swain*

DID YOU KNOW THAT...

...The Arboretum beech trees are sprayed twice a year to prevent beech bark disease?

...The handsome mobile hanging in the window next to the door on the west end of Garrett was designed by Barbara Grove and crafted by Ben James with the idea that it is a visual aid which will prevent people from trying to walk through the window?

...The annual monitoring of Crosslands bluebird nesting boxes began March 30 with the hope that there will be a "bumper crop" of bluebird babies? As of April 20 the busy bluebirds have built 16 nests, produced 72 eggs and 8 have already hatched!



photo by Bob Suter

Location of nest is a secret to ensure "parental privacy".

...A new Penny's Garden sign crafted and varnished by George Gillespie and painted by Cyndy Falcoff will be in the garden sometime after the hard close is over?

...Have you noticed the new round brass tags on most of our trees? These are the new GPS identification tags installed by Mike Dunn of Landstudies. Soon you will be able to check on your favorite trees on your computer!

Diana Stevens

To respond to Thomas Swain, contact him at CRA.pres1660@gmail.com.

CROSSLANDS CHRONICLE

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PRIMARY ELECTION CHANGES

As you may know, Pennsylvania has delayed the Primary Election by 5 weeks due to the COVID-19 outbreak. The new date is

Tuesday, June 2.

The delay is expected to allow more people to register to vote by mail and give election officials more time to prepare for the election

As of March 27, an estimated 13,000 voters (10,000 Democrats) in Chester County have already requested mail-in or absentee ballots. If you haven't applied, please do so at VotesPA.com or contact me for a paper application.

Additional Information:

- If you have already applied for a mail-in ballot, you do not need to do so again. It will be applicable for the June 2nd Primary.
- If you have not yet applied for a mail-in or absentee ballot, you now have more time to do so. **The deadline to apply is one week before the election (5 p.m. on Tuesday, May 26). The Chester County Election Office must receive your completed ballot by 8 p.m. on Election Day (Tuesday, June 2).**

Mail-in ballots are expected to appear in voters' mailboxes sometime in mid-April. I will keep you updated on the timeline as more information becomes available.

If you have any questions, please contact me:

Bonnie Marcus,
Judge of Elections, Pennsbury N1 453
bonnie.marcus44@verizon.net

SHOWCASE COMMITTEE: UPDATE

The current display, "There's a Doubled Letter in It," was scheduled to come down on April 12. For obvious reasons, however, that could not happen, and removal of items will have to be postponed until the Center re-opens. At that time, members of the Showcase Committee will get in touch with residents who contributed items to the display to tell them when they can be retrieved.

Committee members are: Ruth Cramer, Carolyn Wonderly, Annamarie Mackeand, Janyce Broude, and Hollis Scarborough (Chair).

WEBSITE INFORMATION

During this extraordinary time your website is trying to provide you with accurate information about COVID-19 from the Administration and other sources. There is an abundance of social activities and entertainment too. When you go to the crosslandsres.org home page you will find:

- A pink ALERT across the top with the most critical information. Clicking on COVID-19 takes you to a page with all memos sent by CEO Lisa Marsilio and other administrative staff, and links to Chester County, Johns Hopkins and other websites.
- Just below the Alert, buttons will take you to the menus and the weekly meal order form.
- Below and on the right by "What's New at Crosslands" are links to COVID-19 information and "Diversions and Distractions" (links to exercise videos, quizzes, entertainment, and audios and videos of interest).
- Below on the left are alerts to the next CRA meeting (by Zoom) as well as games, puzzles and pictures. Zoom meetings can be accessed by smartphone, tablet or computer, and if you need help in using this new technology, contact David Rhoads. He (and others) are conducting "Zoom training".
- We welcome suggestions! Use the "Contact Us" form on the right side of the website home page.
- For other questions contact president Thomas Swain at cra.pres1660@gmail.com and he will convey your concerns to our CEO, Lisa Marsilio.

Gale Hamilton



Cyndy Falcoff ...In the Gallery May 6-27

Cyndy is graciously allowing her art exhibit to continue given the lack of access to the Center to allow for an exhibit change. How enjoyable it will be to see her art gracing the hall gallery once we can re-enter!

Nancy Geary Pereira

MEET OUR NEW RESIDENTS

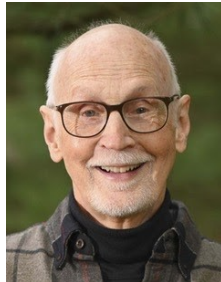
Jeffrey and Joan Applegate

#80

Joan and Jeffrey Applegate were enjoying a warm welcome at Crosslands, and had started finding their way around, when thanks to Covid-19, the community shut down. With the Center closed, group activities banned, and social distancing enforced, meeting people and making friends has been difficult. Joan says her sense of humor has helped her to cope with the circumstances. She learned about being resilient when she was a child, and lost her mother. Surviving that trauma convinced her of her ability to withstand most anything.

Both Joan and Jeffrey have a background in social work, which is what brought them together. They met at a two-week program for social workers at Smith College in 1968. Joan spotted Jeffrey the first day of class and sat down next to him. Over the next two weeks they got to know each other, and three years later they were married. Joan's history as a social worker and her work at the Ronald McDonald House in Philadelphia are well known to her friends. However, not many people know that in 1962, after graduating from Skidmore College, Joan volunteered to work with Hungarian refugees in Austria. She said she hardly knew where Austria was at the time. She had expected to be sent to France by the World Council of Churches, but when the Hungarian Revolution broke out, plans changed. This was Joan's wildest adventure and she loved the experience.

Jeffrey grew up in a small town in Indiana, where he remembers everyone was into athletics. Not Jeffrey; he won recognition while he was still in high school for his poetry, as well as prizes in a statewide piano competition. Jeffrey thanks his older sister for introducing him to the world outside of his mid-west roots, and for encouraging him to further his education, something she had not been able to do. Thinking back, Jeffrey says the challenge he is proudest about facing and overcoming was his decision to go back to school for his Ph.D. in Social Work. He had two children by then, and was working as a therapist, but he was driven to really test



himself. He finished the program in 1985 and transitioned to academia, which brought him to Bryn Mawr College, and then to UPenn for 9 years part time before finally retiring completely.

What brought the couple to Crosslands? Old age, they both answered with a laugh. Plus, they had decided they didn't want to become a burden to their two children. They looked at many retirement communities, including several in Arizona where they owned a house, and had been spending the winters. Ultimately they decided Crosslands suited them best, and in 2017 they put down their deposit and began talking to their son and daughter about their plans.

They feel lucky to have arrived at Crosslands when they did, and grateful to be so well cared for. Jeffrey joined the Buddhist group and the Mindfulness group, delighted to find Crosslands a place where others share his interests. He looks forward to joining the poetry group when things open up again. Jeffrey also continues his interest in jazz piano. Joan volunteers at the Sunflower Shop, and enjoys playing bridge. She is happy to be near Philadelphia, and may continue volunteering at Ronald McDonald House. Both Jeffrey and Joan enjoy walking and are delighted with the beautiful campus. They look forward to new discoveries when life at Crosslands returns to normal.

Lyn Back

Harold Engleman

45

"Laughter is the best medicine." "The glass is half full!" These words of wisdom come to mind when I think about Harold Engleman. As we talked on March 30, with a chuckle, he told me the last five weeks have been among the most traumatic in his life what with moving from



a four-bedroom house to a one-bedroom apartment, and then facing he coronavirus. More than once, Harold commented how fortunate he is to live at Crosslands with its caring staff, in an apartment with a beautiful view that is close to the Center and putting green. "How did I get so lucky?", he asked. Harold moved from his Clinton,

New Jersey, home of 40 years to Crosslands to be closer to his two sons and their families (three grandchildren).

(continued on the next page)

(continued from previous page) Harold grew up in Mountainside, New Jersey, where he lived a wonderful life that included serving as a volunteer fireman with his father. Because they lived so close to the fire station, they were always among the earliest to answer the call. After a semester at Drexel, Harold realized that a university in a big city was not for a "country boy". So he headed back home and took a job at Chubb & Son Insurance where he worked for over forty years, with a two-year break to serve in the U.S. Army in Arizona. Harold retired as a senior casualty claims officer, a job in which his common sense and "exquisite negotiating skills" were admired. In one meeting with lawyers, claimants, and company presidents, someone told Harold he sounded like a lawyer. A perk of working for Chubb was meeting his late wife of 50 years, though after marriage, Harold did give up bowling in four leagues and was content with recreation bowling with his wife and father-in-law.

Once he is freed from the coronavirus restrictions, Harold would like to play golf – perhaps at Augusta National, Pebble Beach, or even on the Crosslands putting green. He'd also enjoy a seafood dinner in New Orleans. Perhaps most of all, he'd like to continue getting up each morning, walking across his apartment, and getting out to explore the Crosslands community.

Diana Stevens

Sherry Burke

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Sherry and I first met as parents of Wilmington Friends School students. Sherry became interested in Crosslands because the philosophy and values Crosslands applies to everyday life match her principles and beliefs just as those of Wilmington Friends did. In a way, coming to Crosslands completed a circle for Sherry because of her comfort with Quaker ideals and values. Sherry was also drawn to Crosslands from her Wilmington home because of her love of nature and open spaces. Growing up on a lake in Foxboro, Massachusetts, meant her life centered on outdoor activities and sports. She swam, boated, played tennis, ice skated, and played bike tag in between trees in the forest surrounding her home. Having her daughter's family (including three grandchildren) live nearby in Hamorton Woods was icing

on the cake for her decision to move to Crosslands. She looks forward to traveling with her "grands" and introducing them to the grandeur of the national parks and the diversity of the United States.

Sherry's move coincided with social distancing and the hard closure, so most of you have not had the opportunity to get to know her. If you walk on the Crosslands trails and paths, especially Walnut Valley and the East Meadow, you may have greeted her from six feet as she walks her two Golden retrievers, Quinn (the fifth Golden she has raised) and LynZ (#7). She is active in the Wilmington Kennel Club and enjoys competing in agility. LynZ and Quinn have excellent manners!

As I read Thomas Swain's *Your Gifts and Volunteering*, in the April Chronicle, I thought about Sherry's volunteer work, much of it related to her occupation as a health care professional, educator, and leader on the local and national level. She also volunteered at Wilmington Friends. So, as she comes full circle from Friends to Crosslands and exits the hard closure along with the rest of us, Sherry will begin getting connected to the Crosslands community and exploring its volunteer opportunities. In her professional and previous volunteer work, Sherry's gifts benefited many. Crosslands looks forward to experiencing her gifts.



RESIDENT STATISTICS

Transfers

Barbara Blanchard	Firbank 710
Nancy Camp	Firbank 712
Helen Lamiet	Firbank 600
Joan Hinz	Audland 517
Janet Metz	Firbank 615
Helen Rowland	Firbank 606

In Memoriam

Sara-Page White	April 2, 2020
Anthony Olmsted	April 18, 2020

CROSSLANDS VINE CUTTING REPORT

Crosslands residents have continued a 40-year practice of working with Grounds Staff to control invasive plants threatening the ecology of our woodlands and meadows. In summary, during 2019-2020, the team has performed 202 hours of clipping, lopping, sawing and removing alien shrubs and invasive vines (Japanese honeysuckle, Oriental bittersweet, grape, and mile-a-minute) to free up native trees and shrubs.

Why are we so concerned? The invasive vines strangle, suffocate, and pull down trees and shrubs, while the alien shrubs displace the native shrubs and tree seedlings needed by insects, birds, and mammals. The worst shrubs are European privet, Asian honeysuckles, Russian and autumn olive, and multiflora rose. In our North Valley, areas of multiflora rose have crowded out everything except mile-a-minute vine.

Our specific accomplishments were wide ranging. In July, we responded to a staff request to rescue young trees below cottages 31-35. These trees were buried beneath tangles of invasive vines. In an hour and a half, the job was done! In October to March, we worked along the margins of the West Meadow, the Jeep Trail to Scott's Pond, Scott's Pond, Walnut Valley, and the woodland edge below Evans and Dyer. During our last outing, into the North Valley, we found that sap was rising in woody plants, preventing the use of herbicide. So we concentrated on "lowering" large shrubs and vines. We look forward to cutting them to the ground next fall.

How do we do this? Our resident volunteers cut unwanted plants with loppers and hand saws and mark the stumps with flags. Staff members (generally two) worked side-by-side with residents, applying herbicide to cut stumps and using chain saws to fell shrubs too large for hand tools. Staff members also did prep work, mowing areas of briars and dense alien shrubs to facilitate resident access to areas where hand-work was necessary. Some work was tedious, especially using clippers to cut vine wrapped around native shrubs and small trees. We must unwrap the vine stems lest the dried stems strangle or deform the native plant. Staff members followed-up "vine cutting," using heavy-duty mowers to grind up piles of vines and shrubs.

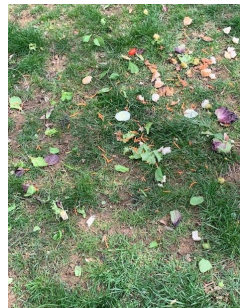
A gratifying development over the past six

years is the acquisition by Kendal~Crosslands of equipment with which to maintain natural areas. These include a Ventrac all-terrain mower (a new replacement mower has just been purchased) and a Bobcat track-loader for heavy mowing. The Bobcat can lift K~C's "Ambusher" mower above a huge alien shrub and gradually lower the mower converting the shrub into wood chip mulch. We still need better spray equipment for controlling invasive plants in our meadows and woodland margins. Paralleling the acquisition of better equipment is the Grounds Staff's increasing sophistication in the application of herbicides to the stumps of cut vines and shrubs. Staff members now use large "magic markers" filled with blue-dyed herbicide to precisely paint the surfaces of freshly cut stumps. The herbicide is absorbed into the roots, killing the alien plant while avoiding any collateral damage to surrounding vegetation.

Resident volunteers in 2019-20 were Jennifer Allcock, Dennis Arrouet, Charlie Barber, John Barbis, Mary Barlow, Sid Brookes, Bob Connolly, Ruth Galantino, Paul Grinwis, Peg Parker, David Peaceful, Bob Shipman, Paul Stevens, Garry Stone, Bob Suter, and Sam Wharry. We make a huge difference, but there are not enough of us. We have lots of tools. Join us next fall and strike a blow—a lop, actually—for Crosslands' woods.

Garry Stone
Crosslands Nature Conservancy

Let's discourage this!



Someone who is not fond of Brussel sprouts, spinach salad, and cucumbers has spread their salad along the walkway in the 400's with the idea (perhaps) of feeding the hungry birds. This is a bad idea as it attracts rats and other "varmints" that we would not like to encourage.

Please help us keep our grounds beautiful!
Thank you!

Julie Knobil

COMING EVENTS! THE PAGE OF OPTIMISM

SUMMER MUSIC

The Summer Music committee has planned 10 concerts for this summer. About half will be your old favorites and half exciting musicians who are new to Crosslands. We are sincerely hoping that our lockdown may be lifted in time for these and all of our other concerts. If not, we are working with all the musicians to arrange online concerts just for us.

Zoe Mulford, Award Winning Folk Musician

Tues. May 26, Wm. Penn Rm., 7:30 pm

Our season begins with folk musician, Zoe Mulford, who is best-known as the writer of *"The President Sang Amazing Grace,"* a brilliant and moving song which was covered by Joan Baez on her 2018 album and was voted 2018 Song of the Year by Folk Alliance International.



Zoe charms audiences with her powerful, story-driven songwriting, and her engaging stage presence. She backs her voice with guitar or claw-

hammer banjo, drawing on the traditional music of Appalachia and the British Isles. Her music feels both comfortably lived-in and sparkingly fresh. Originally from Pennsylvania, Zoe first started performing her own songs while living in North Carolina in the 1990's. She now lives in the North of England and tours on both sides of the Atlantic.

Neville Dickie

Tues., June 2, Wm. Penn Rm., 7:30 pm

Neville Dickie's boogie-woogie and slide piano performances are a long-time favorite of Crosslands audiences. He also comes to us from England, so keep those fingers crossed that he can continue with his U.S. tour.

Tony Vacca—Rhythm Nomad

Tues., June 9, Wm. Penn Rm., 7:30 pm

Hold on to your seats for a rhythmic tour! Tony will play the balafon (original giant zylophone from Africa) and a variety of other melodic percussion instruments from a world of traditions. Along with the music, he often adds some

of his spoken word and rhythm poetry. He is the co-founder of the Senegal-America project which has introduced many musicians from the US and Africa to each others' worlds.

BONUS! Try it yourself! Sign-up on the bulletin board for a special hands-on Percussion Orchestra Workshop. Absolutely NO experience necessary. Just bring your smiles. Same day as the concert—4:30 pm in the Wm. Penn Room. (Requested donation \$10).

Debby Kern



Tony Vacca with some of his instruments

CAMERA CLUB

RESIDENTS PHOTOGRAPHY EXHIBIT

Although this is a difficult time for all of us, we are still taking photographs! By July maybe we will be able to hang a new exhibit of the Residents Photography Show. In that spirit we will ask for submissions of your favorite photo. You can submit up to three images, then email them to **me and Bob Suter** by **June 1st**. From these submissions, 12 will be selected to be enlarged, framed and hung in the exhibit if all goes well. For the September program, currently scheduled for September 11th, the exhibitors will tell their stories behind the images. Thanks to all would-be submitters and keep your shutters crossed!

Lowell McMullin

THE COMFORT OF HOMEMADE BREAD

"The smell of good bread baking, like the sound of lightly flowing water, is indescribable in its evocation of innocence and delight." M. F. K. Fisher, American food writer

Perhaps you have smelled good bread baking here at Crosslands because some residents brought their bread baking equipment when they moved and continue to make bread and other yeast products. As a bread baker for 50 years (mostly whole wheat and challah), I was intrigued to hear bits and pieces about other Crosslands bread bakers so suggested to the *Chronicle* staff that an article on the bakers might interest our community. They agreed.

Betsy Walker started baking yeast bread when her children were young – 3 loaves a week using whole wheat and rye flour she bought at a Lancaster County granary. Her children's lunch sandwiches were made with homemade bread. They sometimes complained that their friends had "nice white Wonder bread".

"How can a nation be great if its bread tastes like Kleenex?" Julia Child, TV chef and author

Little did the Walker children know that their mother's bread was helping to make our nation great. Betsy also made tasty mushroom bread a few times. The dough, consisting of finely chopped mushrooms, was placed in a tin can to rise and as it baked, the top formed a mushroom cap. Betsy's yeast baking is now "limited" to 9 pans of sticky buns (a dozen per pan) which she makes every Christmas Eve morning for her brothers and their families.



photo by Paul Stevens

Debbie Borton also makes sticky buns every Christmas for family. In the past, she also had success with sourdough bread and starter and quick breads, including a date nut bread that uses cheddar cheese for a binder. Her other current baking includes King Arthur Flour's scone mixes which both she and I have found easy to use and produce very good results.

When she lived on the farm, Peggy Jones baked bread regularly with cracked wheat shaped into a braid, her specialty. Up until the "hard close", like Betsy, Peggy's yeast baking has been limited to cinnamon buns which she makes for treats and presents. With cracked wheat in the freezer and a call to her daughter for yeast, Peggy may make bread once again as she waits out the COVID-19 closure.

Barb Pusey has been making cinnamon buns and decorated yeast breads as Christmas gifts for 60 years. In pre-Crosslands days, she regularly made yeast breads and rolls and taught bread baking to 4-H and Chester County Agriculture Extension classes.

As a child, John Barbis started bread making, helping his parents prepare seasonal Eastern European nut, prune, and apricot rolls and bread. John bakes frequently during the winter, especially around Thanksgiving and Christmas, when he makes seasonal breads and rolls, French, rye, whole wheat and pumpernickel breads to accompany his homemade soups.

Many years ago, Robin Harper and his late wife Maarlie purchased a bread machine and started making bread for better nutrition and known ingredients. Every two or three weeks, Robin uses the bread machine to make one loaf of bread using gluten, white flour, potato starch, olive oil, a banana, some raisins, walnut pieces, blueberries, yeast, and freshly ground whole wheat flour. Robin buys wheat berries which he has ground into flour by a friend in Media. With the pandemic, he is rethinking how to get the whole wheat flour.

Joy Phillips started baking bread in the mid-1960's because the German bakery where she bought bread moved 180 miles away from the town where she lived. There was no way Joy was going to subject her family to mass produced "Kleenex" bread from the supermarket. Now every 10 or 12 days, Joy makes mostly plain brown bread, though she has gone farther afield: Finnish Hiivaleipa, Eastern European black bread, Turkish simit, Italian focaccia, Anadama, oatmeal-walnut and at the right season of the year, English hot cross buns. Joy's hot cross buns contributed to the fund-raising for a choir in which she used to sing. She knew the choir members would buy their buns somewhere, so she started making and selling them. The funds earned benefited the choir. Her husband commented, "I can't wait for you to hit the kilo bun."

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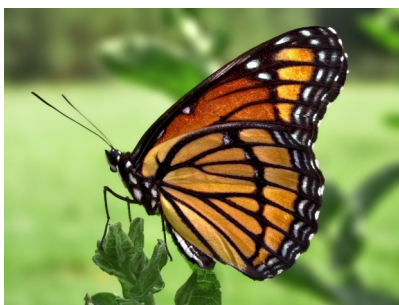
(continued from the previous page) And Joy did, making 1,000 buns in the three weeks leading up to Easter while working part-time. Joy purchases yeast by the pound from Amazon and keeps it in the freezer. She has found it works perfectly two years later.

When Juliet went to work in 1993, Pete Lane (with Juliet as his teacher and critic) started baking bread. His basic recipe uses King Arthur white flour with a variety of additions – flour from a Westtown alum who produces it in Montana, pumpkin seeds, some rye flour, some buckwheat flour, chunks of American chestnuts, and cooked wheat berries. The recipe uses honey from the Lanes' son's Maryland bees as sweetener. Pete makes 4 loaves at a time every three weeks.

Bread baking takes time and has a few challenges – oven temperature that's not right; bread that rises too much or not enough; the wrong room temperature (especially too cold) or humidity (too high or too low); and "old" ingredients.

Crosslands bread bakers agree there is nothing like smelling good bread baking and eating yeast products that don't "taste like Kleenex".

Diana Stevens



Do you recognize these Crosslands residents?

A Monarch butterfly and its handsome larva! Ask your area garden representative for ideas of plants to put in your garden to attract and feed them.

SO YOU THINK YOU KNOW CROSSLANDS...?



Did you know where this is?
No-one came up with the answer, which is no surprise as it is in the main dining room as a decorative part of the grill area. Since the dining room closed,, it hasn't been available to be viewed!

photos by Bob Suter



Deadline for articles for the June 2020 Chronicle is May 10. Articles cannot be anonymous and are subject to editing. Submit by e-mail to: XLChronicle2@gmail.com.

NEED TO KNOW WHAT'S GOING ON?

Would you like to **hear** the information presented on TV9? Just call 484-770-5711. Press "9" to hear a recording of the current day's information on TV9.

OPINION SURVEY ON ACCESSIBLE TRAILS

At the CRA meeting on March 2, Terry Borton, Trails Chair, gave a PowerPoint presentation proposing to create paved trails through the woods and/or meadows that anyone could enjoy, including those in powerchairs, wheelchairs and walkers. Two possibilities were discussed—a trail east along Bennett's Run (the creek) starting at the community gardens, and a trail from Audland to the West Meadow. Surveys describing the these proposals were distributed to all present and to those in Audland and Firbank . Sixty percent of the respondents (total = 141) described themselves as having no mobility issues while 40% admitted to mobility issues (the same percentages as Health Services estimates).

In summary, 86% of respondents with no mobility issues thought that the accessible trails idea was "good" or "great": 56% preferred the Meadows Trail and 65% said that they would take advantage of the new trail in good weather weekly or monthly.

Ninety-six per cent of residents with mobility issues thought it was a "good" or "great" idea and 66% also preferred the Meadows Trail. 70% estimated using the new trail daily or monthly. See the graphical presentation of these data below.

"I would never use the trail" said 13% of the residents without mobility issues, while 9% of residents with mobility issues would never use the trail.

Fifty-seven residents had comments: 84% were favorable, while 3% commented on the cost—"stop wasting our money!". 12% mentioned concerns about safety issues (snow, and cell phone coverage).

Full coverage of this presentation can be found on the Crosslands website in the minutes of the March CRA meeting.

(adapted from the article published on the website)



photo by Terry Borton

RECYCLE YOUR GARDEN WASTE

(no pots or branches)

Use only designated brown bags.
Ask your garden area representative for bags and information. Or get your bag from the AFSC shed in PL 6.

