

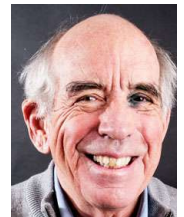


HAPPY 45th ANNIVERSARY CROSSLANDS

A Note from the CRA President

Below is the tentative schedule of our 45th anniversary celebration of Crosslands. We are fortunate to be here, we have much to celebrate every day. Let our lights shine. ENJOY!

Sam Wagner



Tentative Schedule of Events Beginning Sunday, October 16

A Special Edition of the *Chronicle* with more details will be published the preceding week.

Sun	Oct 16	Anniversary Overview & Archival Video. 4 pm.
Mon	Oct 17	<i>Star Wars</i> (released in 1977). 7:15 pm.
Tue	Oct 18	"Foundation of Our Staff." 7:30 pm.
Wed	Oct 19	Sweet Potato Fries Sing-along. 7:30 pm..
Thu	Oct 20	"What's in a Name?" Presented by the Crosslands Players. 7:30.
Fri	Oct 21	Parade. Details to come. Archival Materials in the William Penn Room.
Sat	Oct 22	"What's in a Name?" Presented by the Crosslands Players. 2:30. 45th Anniversary Banquet. 5:00-6:30 pm. Sin City Band. 7:30 pm.

Look for the Label

Throughout this issue, you'll find the *Chronicle's* label indicating anniversary-related event or article.





The History Corner: Anniversary Coming Attractions



"In anticipation of Crosslands' 45th anniversary, I started looking through old issues of the *Chronicle* to see what had been written about our early history," says Lyn Back. "We have many stories and reminiscences told by early residents and by early staff, as well as delightful cartoons, and drawings, but I found nothing about how Crosslands came to be. So, I began a fascinating six months of research. The material has been difficult to find and challenging to verify. Many people have helped, including administration, retired staff, current staff, Kendal residents, and Crosslands residents. I was very aware that some of our history would be lost if I didn't act quickly.

The Crosslands story begins in May 1974, when the Kendal Board decided to build a 'sister' community. Details of the approval process, land purchase, design, layout, construction, and financing gradually came into focus. My research continued through the opening of Crosslands in October 1977, and a few delightful details added to take the reader into 1978. I call the booklet, *If*

You Build it, They Will Come! The Origin Story of Crosslands."

Linda Helton has contributed to research of Crosslands' early years. Her focus has been on the history and development of the Crosslands Health Center. Unlike Lyn, Linda found ample information in old issues of the *Chronicle*, plus lots of stories and information derived from current and retired staff and residents. The Health Center began as two medical wings, Audland Center for assisted living, and Firbank for nursing care. Major renovations completed in 2014 involved a complicated puzzle of moving groups, as Health Care residents moved out temporarily and back again into enlarged and updated facilities, while nursing staff evolved along with changes to the Health Center and the newly renovated Wellness Center.

The current plan is to have the booklet ready for distribution as part of our 45th anniversary celebration. Stay tuned for continuing information.

Lyn Back and Linda Helton

They Don't Call Themselves Heroes Laundry Fire Brings Out the Best in Our Staff

Vernon Barrett, Laundry Supervisor, and staffer Carol Ring arrived at the Kendal~Crosslands Laundry at 6 am on August 22 to begin what they expected to be a normal workday. They started the combination ironing and folding machine and proceeded to do other work. About an hour later, flames erupted out of the machine. Vernon and Carol sprang into action. They turned it off and disconnected the gas line, and Vernon blasted the flames with a fire extinguisher. Simultaneously the sprinkler system drenched the machine with a torrent of water. Despite all this, the fire persisted and the laundry was rapidly filling with dense acrid smoke. They realized they had to get out of there and call 911.



**James Roberts, Pam Sutton, Michelle Roche,
Carol Ring, Vernon Barrett.**

Not Pictured: David Boyer and John Riddle

"We did not push any panic buttons," said Vernon. "Our training told us exactly what to do. We followed instructions." Michelle Roche, Director of KCC Environmental Services, said, "Vernon and Carol refuse to be treated as heroes. They insist they were just doing their jobs. It was all in a day's work."

The KCC Laundry is located in the Kendal basement directly under the kitchen, behind doors that say Staff Only. Behind those apparently insignificant doors is an operation full of enormous commercial equipment. The laundry serves Kendal, Crosslands, Cartmel, Coniston and Barkley Friends, and launders about 7,000 pounds of linens per week.

Due to Vernon's and Carol's prompt actions the fire was confined to the laundry. It did sustain extensive smoke and soot damage that took our

facilities department and Servpro, the restoration and cleanup company, several weeks to remediate. The rogue machine is now out of service, shrouded in a huge tarp, awaiting the decision on its fate. Fortunately, none of the other machinery suffered any lasting damage. During the remediation process, much of the laundering had to be outsourced, but now the outsourcing is down to a minimum.

Somewhere between 2,000 and 3,000 sheets per week had been ironed and folded by the machine that burned. As of now all the sheets are being folded manually, and not ironed. This will continue until it is decided whether the ironer/folder will be repaired or scrapped. That decision will not come before the end of September, and involves discussions among the KCC administration, the insurance company, and laundry equipment experts.

I asked Michelle how the laundry team is handling all of this additional labor. She said, "We are coping well. Everyone is working very hard, with some occasional overtime when necessary." Members of this remarkable, dedicated group are Carol Ring, David Boyer, James Roberts, John Riddle, Pam Sutton, and Laundry Supervisor, Vernon Barrett. We owe them a great deal of thanks.

If the ironer/folder is scrapped, it will be replaced by a piece of equipment that folds but does not iron. Ironers are "energy hogs." They function at about 350 degrees. According to Michelle, not ironing sheets is the industry standard, and folded sheets "self-iron" while sitting on the shelf because of the weight of the folded sheets above them.

At the time of the fire approximately 16,000 pounds of linens were stored throughout the laundry. They included sheets, pillowcases, towels, washcloths, bathmats, mattress pads, and medical gowns. All had to be outsourced for treatment for soot and smoke damage. About 1,700 individual pieces were deemed no longer usable. This number represents only about 1% of the smoke-damaged linens. Astoundingly, the replacement cost for those is more than \$10,000.

See the November *Chronicle* for the resolution of the remove or replace dilemma, as well as more about the day-to-day operations of the KCC Laundry.

Hedy Knoth

Thoughts on the Passing of Summer

Larry Wood, Editor

Fall is upon us, and with it the waning of warm days and the imminent passing of summer. Others may disagree, but I feel like this summer has been one of the most agreeable in memory — the weather has not turned too hot (at least for extended periods of time), and my wife and I, for the first time in many years, passed up the delights of the Berkshires and spent the whole summer here in Chester County.

Why this urge to pack up the car once a year and move away for two weeks, a month, or as long as six or eight weeks every summer? We used to go to the Berkshires, and although I love the Berkshires, living there for whatever period of time is vastly more expensive than staying here at Crosslands, and the weather is only marginally cooler in western Massachusetts than in southern Chester County. Granted, in normal times, there are interesting works of theater and musical events (such as the Boston Symphony at Tanglewood) that are not available around here, but Covid has eliminated much of that, and made it dangerous to attend any of it.

Summer does offer the opportunity to sample the delights offered by the beaches and villages which border the Atlantic Ocean, but Renny and I have found that in our old age the proximity of the ocean comes with a variety of curses — sunburn, excessive prices, sand — that we have avoided nicely without much regret. Besides, we have found that the opportunity to tramp through the woods and along the rivers in this area more than compensates for the inability to stick an umbrella in the sand and stare at the endless rolling ocean.

We are entering upon the most beautiful time of year in this area. Southern Chester County is blessed with the gradual emergence of the many colors which have been stored in our green vegetation since the retreat of winter some six or eight months ago. For the next three

Deer Hunt Season Is Now Open

All Properties, Including Kendal, Crosslands, Cartmel, and Coniston

Please do not use the trails during the active hunt times (**before 9:30 am and after 2:30 pm Tuesday-Saturday**).



Example of a Crossbow, Intimidating but Highly Accurate

Trails are now open to hikers daily from 9:30 am-2:30 pm and all day on Sundays and Mondays.

If you must go into the hunt areas, please **stay on the trails and wear bright colors**.

- All pets must be leashed. This is very important for the success of a hunt.
- Trailheads will be posted to remind hikers of the active hunting times.
- Hunting at Kendal, Crosslands, and Cartmel will be archery only.
- Hunting season ends January 28, 2023.

If you have any questions or concerns about KCC's Deer Management Program, please call Casey Groff, KCC Grounds, at 610-388-5558.



months it will be beautiful around here. Put on your walking shoes, and get outside and enjoy it. Take along a friend, and explore the local woods and meadows. Believe me, you will love it.

A “Little” Crosslands History

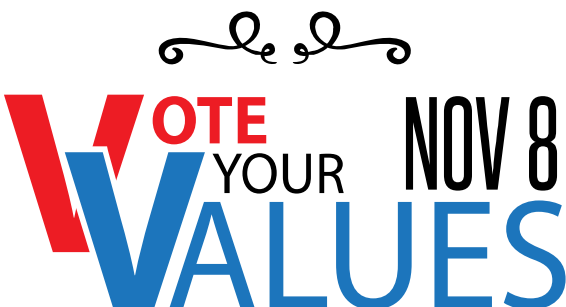
During an early 2017 CRA Board meeting, we heard that an incident had occurred at Kendal. A “Gnome Home” had appeared on a Kendal stump complete with small windows and a door. Kendal residents were appalled! They didn’t think that it was appropriate for gnomes to be living at Kendal.



During the CRA meeting, someone declared, “Well, they would be welcome here!” and this was met with enthusiastic approval. As a result, we quickly decided to grant the gnomes asylum.

Soon thereafter the photos of Gnomolio Gnome and Gnomolia Gnome appeared on the bulletin board with other new residents. It was announced that they were busy getting settled and requested no visitors for a while. The Gnomes still reside at Crosslands, and if you watch closely, you may occasionally see them relaxing in Penny’s Garden.

Elizabeth Rhoads



IMPORTANT VOTING NOTICE

OUR VOTING PLACE IS CHADDS FORD ELEMNTARY SCHOOL ON ROUTE 1

Voter Services has rejected our request to assign Crosslands and Kendal as polling places. Voter Services is not requiring masks, but K~C has a mandatory mask policy. Voter Services will not allow exceptions.

PLEASE CONSIDER GETTING A MAIL-IN BALLOT

To see if you are getting a mail-in ballot, go to:

<https://www.pavoterservices.pa.gov/Pages/BallotTracking.aspx>

If you have moved within Crosslands, YOU MUST RE-REGISTER

Mail-in ballots cannot be forwarded, and yours will be returned to Voter Services.

The last day to register for the general election is October 24

The last day to apply for a mail-in ballot is November 1 — with no guarantee you will receive it in time to return it by the
8:00 pm November 8 deadline.

Questions? Need Help? Contact your Committee Members:

DEMOCRATIC

Bonnie Marcus • bonnie.marcus44@verizon.net
Ted Farraday • opera54@aol.com

REPUBLICAN

Perry and Zarouhi Carmerlengo • 1608 Cheryl Lane

**Voter registration forms and mail-in
ballot applications are available under
the bulletin board in the Center.**

Coming Out Party for Monarch Butterflies

Did you know that 90% of the monarch butterflies of North America have been wiped out over the last 20 years? We have contributed to their demise by eliminating milkweed which they depend on for food, shelter, and a place to lay their eggs. Some butterfly fans want to reverse this habitat destruction and create a monarch-friendly oasis in our own gardens.



PHOTO BY JUDY MASON

Kris Arcuri and a New Monarch

Kris Arcuri took the initiative. She planted Mexican sunflowers and butterfly weed (a type of milkweed) in her garden, and the monarchs came. First the adults fed on the nectar from the flowers, and then laid their tiny white eggs on the underside of the milkweed leaves. Soon handsome striped caterpillars appeared and were so voracious that they demolished the butterfly weed in Kris's garden. She had to go to the local "monarch food bank" — the west meadow — where the traditional milkweed plants thrive. She picked the young new milkweed leaves (most tempting to the caterpillars) and put them in pots of water in her garden to keep the caterpillars well fed.

Meanwhile, Evans had designated August as Butterfly Month, and not needing much excuse for a party, the planning committee of Kris and

Lyn Back began organizing a Butterfly Coming Out Party. Kris took two caterpillars from her garden, still munching on the milkweed leaves, and put them in a large glass jar with fresh milkweed. Monarch caterpillars always seem to go to the top, so Kris placed a stick across the top of the jar, with a fine screen cover. By then the whole Evans building was curious. The glass jar sat in the Evans Lobby, set off with appropriate flower arrangements, and a poster explaining the monarch life cycle. Even the workmen coming and going from Evans noticed and commented on the activities.

Sure enough, both caterpillars worked their way up to the stick, and hung down, soon forming the distinctive "J" shape. When the "J" shape turned black, we knew the outer shell would fall off and the transparent pupa or chrysalis with the butterfly inside would be the next stage of the transformation. The Butterfly Coming Out Party was scheduled ten days after the pupa formed. Posters were hung, food and drink were prepared, the time and day were set, and the butterflies performed on schedule.

On Sunday, August 21, Kris and Lyn noticed that the pupa appeared to have turned black, which meant an adult monarch's emergence was imminent. The Evans residents were by now totally involved and enthused about this natural wonderment. The first monarch to emerge waited only an hour for its wings to dry and strengthen before flying off. The second butterfly stayed around to enjoy the party from its perch on an overhanging evergreen.

Everyone had a chance to marvel and exclaim over the event. It's amazing to think that these two are on their way to Mexico, where they will spend the winter, and in the spring start north to continue the reproductive cycle. Bob Suter has made a time-lapse video of adult monarch butterflies emerging from the chrysalis, which is available on the Crosslands website. For those of you who want to make your garden monarch-friendly, ask Kris for help.

Lyn Back

Trail Blazers Honored

Five Crosslands residents who made significant contributions to the trails in the Big Woods and West Meadow now have trails named in their honor. Their work covers many years and includes trail creation, trail maintenance, tree planting, and reinvigorating Scott Pond with a continuous supply of water from Bennett's Run. These five residents are Herb Blades, Ted Brinton, George Gillespie, Martie Latshaw, and Del Tweedie.

New maps with these names marked on the trails are now available at the Ambassador's desk in the main lobby and in a basket in the Brooke-Worth Nature Center opposite the Wood Shop.

Signs are being installed that will mark trails with the new names. Herb's Trail is already well known; it follows the creek on the Crosslands side, but it was not on the old map. Ted's Trail is the trail that starts at the new Native Plant Preserve and runs down the hill until it meets Martie's Trail, which runs from the new Mott cottages to Scott Pond. George's Trail runs from the top of Martie's to the West Meadow. And Del's Trail runs from the Community Gardens up to the PL 13 area.

Please congratulate our five colleagues for this recognition of their hard work:

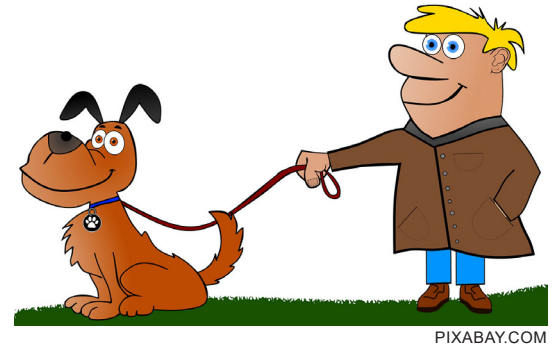


**Herb Blades, Ted Brinton, George Gillespie,
Martie Latshaw, Del Tweedie**

Still open is the question — for whom were Wil's Trail and Dave's Trail named back in the misty past? If anyone knows, please contact Terry Borton, our Crosslands Trail Leader.

Terry Borton

Leash Your Dog in the Woods



On two recent occasions, while walking in the woods, a resident's leashed dog was attacked by an unleashed dog. With no warning the unleashed dog had tracked them from behind and pinned the leashed dog to the ground. No person or dog was injured, just very frightened, particularly since it took one owner a while to find them and the second owner wasn't aware since he was used to the dog running loose in the woods.

Dog owners should understand that they are putting fellow residents and their pets at risk by disregarding the leash rule. Even friendly dogs can cause accidents when running through the bushes. Dogs let loose in the woods tend to go into hunting mode, so a second very important consideration is the damage to the wildlife within the woods, such as ground-nesting birds and small mammals. The Pet Policy clearly states dogs must be leashed at all times.

Alternatives? Nearby, there are two fenced dog parks where owners can allow their pets to run free: a fenced space on the Kendal campus, and a much larger fenced area behind Pennsbury Town Hall on Route 1.

Barbara Grove

Come One, Come All to the October 13 New Residents Reception!

Now that the finishing touches (doorbells, grab bars, and landscaping) are being installed at the new 400 cottages, it is time to meet these new residents as well as the many other new residents who have moved to Crosslands since early 2022.

The October 13 Reception will be held from 4-5 pm in the William Penn Room and Lounge. Refreshments will be served. Masks and name tags are a must.

And, in case you are wondering, the Welcoming Committee will host another New Residents Reception, probably in January, to meet the Woolman Lodge residents who start moving in mid-October. Watch the *Chronicle* and website for information.

Diana Stevens



Resident Moves

Lynn Lodge	227
Carolyn Coghlan	507
Anna Maria Mackeand	508

In Memoriam

Hoshen R. "Dick" Lu	Aug 29, 2022
George Bruce Taggart	Sep 12, 2022
Clarence "Gene" Kratz	Sep 22, 2022

CROSSLANDS CHRONICLE

Published by and for the residents
and administration of Crosslands
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Jane Krick



Join A Team

- **Did you know that our public gardens are maintained by residents?** What are our public gardens? Penny's Garden outside the Café, the "Gazebo Garden" outside Firbank, and The Audland Garden between Audland and Firbank. The Gazebo Garden actually has a lovely gazebo, and a fishpond with eager coy looking for a handout. Talk to Phyllis Wenner about helping with Penny's Garden, and to Jennifer Allcock, Courtney Peterson, and Ingrid Carls about the others. This is a great chance to learn about what flowers and shrubs thrive in our gardens.
- **We are planning to make a digital archive of Crosslands' historical material.** If you have experience in, or are interested in learning about, digital archiving, contact Julie Knobil or Kay Edstene.
- **Come to the Crosslands Committee Fair** on October 25 to learn about other opportunities for joining a committee team. See p. 10 for more information.



This "Help Wanted" column showcases opportunities available to residents.
If your committee needs help, please tell us what you need in a few lines.

Updated Edition of “Who’s Here at Crosslands”

A new email edition of “Who’s Here at Crosslands” — created by the Biographies Committee — was recently distributed to residents who have email addresses. If you did not receive it, please leave a note in Open Box 179 with your email address.

The annual print edition, for residents who do not have email, will be distributed in January, as will the next email edition.

Hollis Scarborough

Events

Forum

Julia Says, “Bon Appetit!”

Tue, Oct 4 7:30 pm WPR / TV13

Presenter: Linda Kenyon as Julia Child

Julia Child (1912-2004) — American cook, author, and television personality — introduced French cuisine and cooking techniques to America. She was in the vanguard of “foodies” who, by changing America’s taste, helped create modern American culture. She is most famous for her 1961 cookbook, *Mastering the Art of French Cooking* and her first television series, “The French Chef.” She starred in eleven other television series and was the author of eighteen other books.



LINDAKENYON.COM

While her public face and voice became familiar to all of us, this play focuses on her private side, especially her relationship with her husband, Paul Child.

Our play is a love story! Julia tells about growing up in southern California, her adventures in World War II, learning to cook French Cuisine, learning to teach, and becoming a public figure. At the core was her love for Paul and his love for her.

Bunny Lawton

45th Anniversary Staff Appreciation Forum

**Crosslands Roots
Begin in the**

Foundation of Our Staff



Tue, Oct 18 7:30 pm WPR&L / TV13

The Staff work with Administration and CRA Board to make the day-to-day life active and supportive. Long term employees are the link to the beginnings of Crosslands in 1977, as envisioned by the KCorp Board under Lloyd Lewis, Executive Director, and the five-year-old Kendal at Longwood experience.

The planning for staff, the backbone of our community, was and is vital for the spirit of Crosslands. There are several staff members who have been a part of the Crosslands staff since the earliest days but in different roles.

A panel of four to eight long-term employees will respond to a conversation with Julie deWolff and Mary Ann Wagner of the Forum Committee. A 40-minute program will be followed by a 20-minute traditional question and answer session.

Long-term staff members and other staff will be invited to attend and be recognized on this evening to honor the Staff, the true Foundation of the culture of Crosslands.

This program will be recorded for the archives.

Mary Ann Wagner

Events

Light & Lively

Easy Street Duo

Thu, Oct 27 7:30 pm WPR / TV13



EASYSTREETDUO.BLOGSPOT.COM

You will be tapping your toes and eager to dance in the aisle! The Easy Street Duo is comprised of Mark Trichka and Lisa Brande. For over 30 years, both Lisa (fiddle, guitar, vocals) and Mark (mandolin, guitars, vocals), as a married couple, have been full time touring musicians.

They perform in Vermont in the warmer months, and in Florida and Louisiana in the winter season. In that capacity they have studied and performed popular songs from the 30's through 50's.

Lisa and Mark have done extensive studio work and have been parts of many bands throughout the years, performing on the stage of Jazzfest in New Orleans as well as house concerts in Australia and India.

Their program will include swing, bluegrass, Cajun and zydeco, rockabilly, honky-tonk, and all manner of popular, sometimes obscure, but always interesting music. This unique repertoire and lively stage presence keep small and large facilities asking them to return year after year.

Mary Rodgers



Tuesday Edition



Tue, Oct 11 11:00 am WPR / TV 13

Celebrating Crosslands' Community: Residents' Unique Stories of our 45-Year History

Facilitator: Chuck Gosselink

Panelists: Dick Voldstad, Rob Shipman,
Brigitte Alexander



CHUCK



DICK



ROB



BRIGITTE

The October Tuesday Edition will help mark the 45th anniversary of Crosslands. For the first time, not one, but three residents will contribute to the presentation.

Please join us as three longtime residents share their various perspectives about their expectations and experiences of life here as well as their hopes for the future of the Crosslands community.

Sue Kelly

Crosslands Committee Fair

Tue, Oct 25 3:00-5:00 pm WPR&L

Crosslands has nearly 120 committees, from the Sunflower Shop to Bridge, from Horticulture to the Philadelphia Ballet, and from the Forum Committee to the Website Committee. Together, our committees sustain our way of living at Crosslands. Resident participation is the secret sauce that makes our campus such an exciting and enriching place to live.

The Committees Fair is a wonderful, celebratory event at which committees introduce themselves to residents. Representatives of committees sit at tables, and residents move from table to table to learn about committee offerings.

Diane Hulse

Events

Concerts

Randall Scarlata, Baritone

Tue, Oct 11 7:30 pm WPR / TV13

Mr. Scarlata has been here several times, though his career has grown so much, that now we are incredibly lucky to get him. He is on the voice faculty of the hallowed Peabody Institute of Johns Hopkins University and is a faculty member at the Tanglewood Music Center.

Nominated for a Grammy (for a Schubert recording with the great pianist Gilbert Kalish), last season Randall gave us a delicious concert, full of gorgeous singing and humor.

His pianist, Laura Ward, is sought after internationally as a master accompanist.

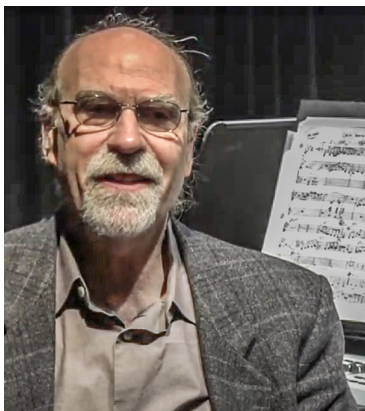
Anne Gross



Dave Posmontier and Jazz in 3D

Tue, Oct 25 7:30 pm WPR / TV13

We present one jazz concert each year, and Dave Posmontier has become our great favorite.



His jazz trio — piano, bass, and drums — fills our space with joyful rhythm and melody. (Yes, melody! This is jazz with tunes.)

All the members of the trio have played with a long list of jazz greats, and drummer Doug Hirlinger has also soloed with the Philadelphia Orchestra. Doug, David Brodie, bass, and Dave Posmontier, piano, leave us smiling.

Anne Gross

Natural Areas Presentation

Stoneleigh's First Five Years: An Historic Landscape Re-imagined

Sat, Oct 29 7:30 pm WPR / TV13

**Presenter: Ethan Kauffman,
Stoneleigh Director**



MERISTEMHORTICULTURE.COM

Ethan developed his love of the natural world exploring the Susquehanna River hills in southeastern Pennsylvania. He cultivated his public garden perspective over two decades in the Deep South, including as director of Moore Farms Botanical Garden, where he led the transition from a private pleasure garden to a public botanical garden.

Drawing on influences from both regions, he currently serves as Natural Lands' first director of Stoneleigh: a natural garden, a 42-acre former estate located in Villanova, Pennsylvania, which opened to the public in 2018. At Stoneleigh, he enjoys creating a garden experience that inspires others to garden for beauty, biodiversity, and the health of our planet.

Phoebe Driscoll

MAKE A PLAN TO

VOTE

See p. 5 for more information.

Events

Crosslands Players



What's In a Name?

Thu, Oct 20 7:30 pm WPR&L / TV13

Sat, Oct 22 2:30 pm WPR&L / TV13

What's In a Name?, written for our 45th anniversary, is a discussion of the people and places who gave their names to Crosslands: George Fox, Mary Dyer, Thomas Garrett, Lucretia Mott, and William Bacon Evans.

The play was written by Lyn Back, Betty Nathan, David Rhoads, Jane Roberts, and Larry Wood and features the Crossland players.

Jane Roberts

Sin City Band

Sat, Oct 22 7:30 pm

WPR&L / TV13



DELAWARE ROCK AND ROLL SOCIETY.COM



The Sin City Band, led by Scott Birney, has been performing in the Chester County and northern Delaware area for many decades and is well known for its renditions of popular music from the 60's to the 90's. Folks will be clapping and singing along, and even dancing, after dinner Saturday, from 7:30 to 9:00 pm. This will be a fitting culmination to our week of celebration.

David Camp



Sweet Potato Fries Sing-Along



Wed, Oct 19 7:30 pm WPR / TV13

Join Crosslands' own fun-time band, the Sweet Potato Fries, singing old-timey and more contemporary favorites. Folk, protest, country, and just-plain-fun tunes will be shared. This will be a laid-back, non-professional performance. Please join in, and if we all sing loud, no one will notice that you can't carry a tune.



Steve Sander

Kennett Symphony Season Starts November 5-6

We are so fortunate to have an amazing professional orchestra in town. Consult kennettsymphony.org for program, dates, and ticket information. If interest merits, bus

transportation will be provided from Crosslands. Sign up on the bulletin board. Any questions? Contact Betsey Cullen.

Betsey Cullen

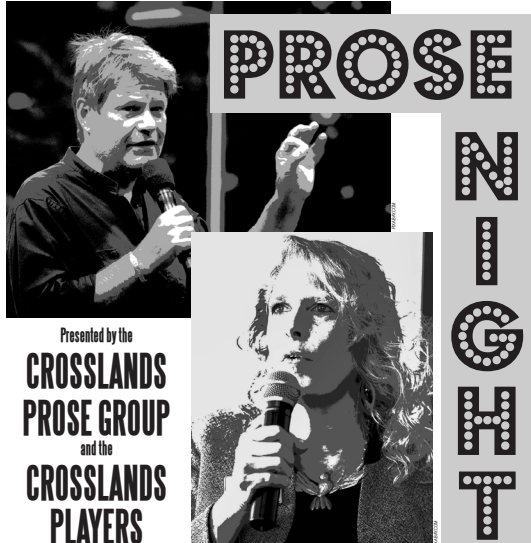


KENNETTSYMPHONY.ORG

Events

Prose Night

Thu, Oct 13 7:30 pm WPR / Zoom / TV13



Have you written something that you think we would enjoy hearing? Or would you like to share something written by someone else that you think will astound, amaze, or move us? It can be serious, or funny, thought-provoking or sad, but must be something that can be delivered in about five minutes.

A sign-up sheet will be posted on the bulletin board asking for your name, contact information, and your subject matter or title. About 10-12 people will be selected.

Floy Ervin

Healthy & Wise

Some Considerations As We Move Beyond COVID

Presenter: Lathie Gannon

Tue, Oct 10 11:00 am Zoom



World Health Organization October 10 is World Mental Health Day

Contact
Lathie Gannon
(610) 388-5653

Vitalize360
Exploring What Matters to You

Spiritual Life Committee Public Event

HeartMath: A Science-Based Approach to Resilience

Presenter: Susanna Davison

Wed Oct 26 3:30 pm WPR / TV13



HeartMath®

For more than 25 years, the HeartMath Institute has been researching the heart-brain connection and learning how the heart influences our perceptions, emotions, intuition and health. Their research demonstrates that different patterns of heart activity have different effects on our thoughts and behaviors.

Susanna Davison is co-facilitator of Kendal's Zoom-based group called "Bouncing Back: A Science-based Approach to Resilience at Kendal at Longwood." Several of Kendal's Health Care staff have been trained in this technique.

The HeartMath Institute teaches that "Tuning into your heart's wisdom creates a profound shift within that helps you approach situations with more emotional balance, compassion, clarity and personal confidence." Susanna will explain the HeartMath program and teach us their simple health-benefiting exercise called the Heart Lock-in.

Atala Toy



Movies

Invictus (2009)

Sat, Oct 1 7:15 pm WPR / TV13

In 1995, Nelson Mandela was elected the first black president of South Africa. Seeking to use sports to help heal the country's racial divisions, he asks the captain of the national rugby team to commit to winning the upcoming Rugby World Cup competition. *Invictus* tells of Mandela's efforts to rally the entire country to support the mostly white team and the team's heroic efforts to win the cup. Directed by Clint Eastwood and starring Morgan Freeman and Matt Damon. English with subtitles. 133 minutes.

George Helton



Star Wars (1977)

Mon, Oct 17 7:15 pm WPR / TV13



Star Wars (released in 1977 and retroactively titled *Star Wars: Episode IV – A New Hope*) premiered in 1977, the year that Crosslands opened and is being shown as part of Crosslands' 45th anniversary celebration. It is the first to be released (though not the first in the narrative sequence) in a grandiose series that now numbers nine films (not counting spin-offs) and is the first that applies traditional epic themes to science fiction.

It received critical acclaim for its acting, direction, story, musical score, sound, editing, screenplay, costume design, and, especially, for its groundbreaking visual effects. With Harrison Ford, Carrie Fisher, Marc Hamill, and Alec Guinness; with music by John Williams; and with now classic lines such as, "May the Force be with you," and phrases such as "evil empire." 141 minutes.

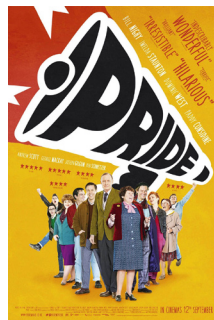
Ron Broude

Pride (2014)

Sat, Oct 8 7:15 pm WPR / TV13

In an unlikely alliance, striking Welsh mine workers draw support from a coalition of gay and lesbian activists who solicit donations to help tide over the miners' families during the 1984 standoff with Prime Minister Margaret Thatcher's government. Based on a true story. 120 minutes. English.

Cindy Arrouet

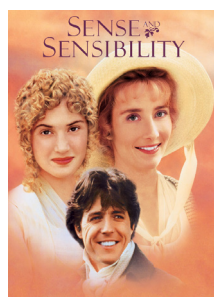


Sense and Sensibility (1995)

Sat, Oct 15 7:15 pm WPR / TV13

Ang Lee and Emma Thompson's screen adaptation of Jane Austen's first published novel is a study of two sisters with contrasting personalities and few prospects in a society in which a woman's place in life depended on successful husband hunting. With Emma Thompson, Hugh Grant, Kate Winslet, and Alan Rickman. Nominated for seven Academy Awards, winner of three. English with subtitles. 105 minutes.

Ron Broude



Blithe Spirit (1945)

Fri, Oct 28 7:15 pm WPR / TV13

Just right for Halloween — Noel Coward's ghostly (and slightly sick) comedy about a haunted husband, an eccentric medium, and a maid with an unusual gift, brought to the screen by David Lean. With Rex Harrison, Constance Cummings, Kay Hammond, and Margaret Rutherford.

The special effects (flying objects, doors opening by themselves, and characters walking through solid objects) won an Academy Award, but that was in 1945. English with subtitles. 96 minutes.

Note: This is a Friday evening screening, exceptional for a movie program.

Ron Broude

Meet Diane Kesler #97

When you see new resident Diane Kesler out walking her little dog Noodles, you know that she's working on achieving her 10,000 steps for the day. Diane has been on the go her whole life.

Diane is the oldest of three children raised in New Jersey in a "family of doers." She was inspired by her mother in education and the arts. She remembers painting annual Christmas cards on the family mirror and on store windows around Caldwell, New Jersey. In addition, Diane fondly remembers family trips to the Adirondacks and rides in their Chris-Craft boat on Lake George. The Adirondacks enhanced her love of nature. She also recalls family trips from New Hampshire to Hawaii.

With two degrees in Fine Arts from Syracuse University, Diane also pursued childhood education at the University of Virginia.

Since arriving in July, Diane has fallen in love with the woods and trails. She enjoys nature walks, bird watching, gardening, and swimming.

ed parent workshops and taught night courses to teachers.

Diane became a VISTA Volunteer, a spiritual facilitator, and an instructor of Reading ASSIST in public schools. She has traveled with the Road Scholar group and Celtic Pilgrimages, pursuing spiritual growth at Iona and the Holy Island in

England and in the Aran Islands in Ireland. She was also involved with Baltimore and Philadelphia Friends Yearly Meetings in the Ministry and Counsel and the Spiritual Formation Programs.

Nature and birds drew her to trips with the Delaware Nature Society, going to Newfoundland and Easton, as well as Portal, the Chiricahua National Forest, and the Sky Mountains in southern Arizona.

Diane has two children: a daughter in Wilmington, a son in Ohio, and five grandchildren.

Diane chose Crosslands because of its philosophy and beautiful campus. Since arriving in July, she has fallen in love with the woods and trails. She enjoys nature walks, bird watching, gardening, and swimming. She is passionate

about creating, whether on canvas or in the garden. She likes to get to know people and is open to new things. Diane values every person and believes that, "every day is a miracle."

Connie Strickland



PHOTO BY BOB SUTER

Shredding Event

Mon, Oct 24 10:00 am-Noon
Center Front Entrance



An industrial shredder will be available for Crosslands residents. Please note that you will not need to remove paper clips, staples, file folders, or fasteners. However, 3-ring binders, heavy metal binder clips, or plastics **must be removed**. If you have questions, please contact Connie Dilley at 610-388-5502.

Meet Joan Lindstrom #449

Joan Lindstrom and her dachshund, Sunny, welcomed me into their cottage, one of the new 400's cottages. Sunny is still somewhat nervous — not surprising since they have been at Crosslands only a few weeks. Joan says her love of dachshunds began at least ten to fifteen years ago, when a friend introduced her to the breed.

Born in Scotch Plains, New Jersey, Joan remembers she had always wanted to be a nurse. She attended Alfred University, in upstate New York, where she met her husband, Larry. It was 1965, the midst of the Cold War. Larry was in the Army, part of a missile battalion, stationed first in Bad Hersfeld and then Frankfurt, Germany. Joan remembers it as an uncomfortable time, with rumors of spies, and suspicious townspeople. Joan volunteered as a Red Cross nurse, teaching mother and baby care on the small army base. After their transfer to Frankfurt, Joan worked in a large Army hospital.



PHOTO BY BOB SUTER

gave herself a year, and then applied for a job at the Exton Cancer Center, although she didn't have much experience with cancer care. She got the job and found herself involved in radiation treatment nursing. She thinks she was hired because she was somewhat older than the other nurses and could bring a different perspective to the care and support of the patients. Joan worked

at what eventually became the Comprehensive Cancer Center for eighteen years and is proud that she eventually got certified as an Oncology Nurse.

Joan said she couldn't think of anything to share about herself that most people wouldn't know. But she suddenly remembered she had mentored two African American girls from Coatesville High School while she was living in Downingtown.

At the time, she saw her role as introducing the girls to museums and things they might not otherwise know about. One of the girls ended up at Howard

University and became a nurse. The other girl started at Widener but lost touch after the first semester. For Joan this was an eye-opening experience, as she watched the girls and their families struggle with real poverty.

When it was time to think of retirement communities, Joan said it had to be Crosslands. She liked the Quaker values, and she knew how successful it was. Joan asked a friend to come with her to check out the nursing care. The friend, who was a nurse at Pocopson Nursing Home, was impressed with the quality of care.

Now that she's here, Joan is amazed at the energy and abilities of her new neighbors. She volunteers with Meals on Wheels, delivering meals to older people who live alone. She understands now how important it is to have social stimulation and activity to keep one motivated.

Lyn Back

Now that she's here, Joan is amazed at the energy and abilities of her new neighbors.

Back in the United States, Larry became an actuary, and the couple lived in Westchester County, New York, before moving to Wayne, and finally settling in Downingtown. They had one son, Kirk, who attended Westtown School. While he was at Westtown, Joan remembers Kirk participated in a foreign exchange program. He spent two weeks in Moscow, being hosted by a Russian family. The following year, the students came to the U.S. to visit and were hosted in return. Joan thinks this experience opened Kirk's eyes to foreign travel. He now lives in London with his wife and two children. Joan says she's thankful for Facetime.

Sadly, Joan's husband, Larry, died while Kirk was still at Westtown. With some foresight, Joan

Meet Nancy & Mike Letts #116

Mike and Nancy Letts are an outgoing couple with lots of energy and enthusiasm, especially for travel. They left for Scotland soon after arriving at Crosslands and are eager to describe the beauty and history of the Hebrides, the Orkneys, and other Scottish islands they visited. In their travels the Letts have been to most of the countries of Europe, to all the countries in the British Isles, and to South Africa, Zimbabwe, Botswana, and Tanzania. A somewhat ironical fact is that Nancy is a native Pennsylvanian, born and raised in Reading, educated at Gettysburg College and West Chester University, and has never lived outside the state.



Michael, on the other hand, was born in Detroit, Michigan. After moving to Pennsylvania, he attended Gettysburg College, where he met Nancy and where they completed their undergraduate degrees. They married while she was still a student. After graduation, Mike began working as a metallurgical engineer at Eastern Flame Hardening in Eddystone and received a Metallurgical Engineering degree from Drexel University. Swarthmore became their home base, where they raised two children, and from where they took off on many occasions to see the world.

Nancy began her career as a history teacher and eventually became a district administrator in the Tredyffrin/Eastern School District of Chester County. As an administrator, Nancy and a colleague had the chance to fly to Shanghai to participate in a five-day celebration at Fudon University. Nancy describes the 5-day start-to-finish trip as "A Most Excellent Adventure." The connection with Shanghai is explained by Conestoga High School's curriculum, which included Mandarin Chinese. The school had an ongoing Exchange Program with the high school affiliated with Fudon University. The celebration was for Fudon's 100th anniversary.

While living in Swarthmore, Mike wrote for "the Swarthmorean," the weekly newspaper. Although modest about the pieces he wrote, saying he picked "stupidly funny stuff," Nancy gave a few examples of his choices, which she said were very popular. He wrote about his family, specifically about the



PHOTOS BY BOB SUTER

"girls' weekends" every year, when the girls in his large and extended family got together and dished on their men. Another story featured "super soaker" water pistols, used by the Swarthmore police to wash their cars, or so Mike claimed. The Letts have a combined sense of humor, and they add to each other's stories with

obvious enjoyment. They also share a love of golf.

Nancy likes to boast one claim to fame...she grew up in Shillington, the same suburb of Reading as Taylor Swift. Nancy's family had a tradition of going to a particular Christmas tree farm in Shillington when she was growing up. She and Mike continued the tradition, traveling with their children and eventually grandchildren to the same farm. On one trip, her granddaughter Rachel, who is an ardent Taylor Swift fan, had discovered a Taylor Swift song called "Christmas Tree Farm." When she learned that Taylor Swift had grown up in Shillington, she was awed. "Maybe she's been to the farm where we go!"

Mike explained his profession, as having to do with iron and steel. The Eastern Flame Hardening Company where he worked used heat and then swift cooling to harden steel, a necessary process for strengthening the track/rails of the space shuttle, as one example. Instead of furnaces, a hand-held oxy-acetylene flame heated the steel on smaller machine parts. The same kind of flame moved on a carriage that traveled back and forth across larger steel objects.

Continued Next Page...

Meet Mary Rodgers #219

One of the first things one learns about Mary Rodgers is that, although she moved to Crosslands in August, in many ways she has been here for several years. She knows many of our residents and was active with Camera Club and Light & Lively well before she arrived.

Mary grew up in Williamsport, Pennsylvania, the oldest of eight. She watched her mother work in the garden, but it was as an adult that Mary explored gardening for herself. Similarly, although her grandfather was an artist, it was after earning a bachelor's degree in literature at West Chester University that Mary considered teaching art and earned her M.Ed. at Georgia Southern University.

Initially, Mary taught Art Appreciation, Humanities, and Black and White Photography at Salem Community College in Carney's Point, New Jersey.

During her tenure, she increased the Art Department's course offerings from 5 to 28 courses, adding computer graphics classes and digital photography. She also taught and oversaw the development of curricula for several Associate Arts degree programs.

After moving to North Wilmington, Mary became very involved with the Wilmington Flower Market raising funds for Delaware children's charities. She is the Donor Plants tent treasurer and has donated hundreds of plants from her own garden for their plant sales. In addition, Mary volunteered with the Green Acres Civic Association, serving her former community as newsletter editor, Vice

President, webmaster, and entrance island gardener.

Having retired in 2015, Mary both hikes and volunteers with the Wilmington Trail Club. She volunteers at local gardens like Goodstay at the University of Delaware and the Hagley Museum.

She also gives time to Eco Plastic Products of Delaware, which intakes plastics from the public and recycles them to create park benches and more. And finally, Mary collects wearable art as she travels, often with Road Scholar, all over the world.

Mary has hit the ground running here and is planning a trip to New Zealand this fall. She has been described as "talented and tenacious," and there is no doubt that it is a compliment well earned.

Beth Hopkin



PHOTO BY BOB SUTER

Mike & Nancy Letts

Continued from previous page...

Both Nancy and Mike are avid readers. Mike describes himself as a "book nut" because of his grandmother, who was the head librarian at the main library in Detroit, Michigan. He would often spend time at the library as a young boy, and his grandmother would bring home the Newberry Book winners and best children's books to read to him.

When the Letts began looking for retirement communities, they were aware of Kendal and other facilities, but they chose Crosslands because they liked the openness of the campus, and they looked forward to walking the trails and enjoying nature. When asked what surprised them most after their move, they both mentioned how impressed they were with the staff at Crosslands. "It's unbelievable all they do," said Nancy.

Lyn Back

Did You Know That...

...the first issue of the Chronicle after Crosslands opened was actually the third issue, because a group at Kendal had been keeping tabs on the new development through what they called the Crosslands' Chronicle?



...in 1978, the plan was to show movies alternate Saturday nights in the William Penn Room and alternate Mondays in Audland House? *Calamity Jane*, *Born Free*, *Auntie Mame*, *Man of La Mancha*, and *South Pacific* were among the movies shown in 1978.



...in 1977-1978, Crosslands golfers joined the same local club so they could play together on a regular basis?



...the August Kendal~Crosslands croquet match was attended by a dozen or more residents and was enjoyed by all?

...we finally have information about the use of the four locust logs the Woodland Warriors saved from the Mott site prep? They have been cut into 11-foot lengths which should yield 28 to 32 fence rails. The rails will be used to replace some of Crosslands' aging split rail fences.

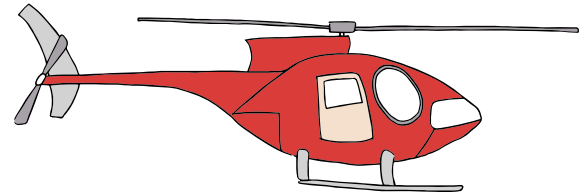
...Kendal~Crosslands van transportation (no charge) is available Monday-Friday for KCC residents who attend classes at UD Osher Lifelong Learning in Wilmington? See the schedule on the website and Crosslands transportation bulletin board.

...residents may take their concerns, anonymously, the third Tuesday of the month to CRA Concerns which is held from 10-11 am in the Center's Music Room?

...barring something unusual, all Kendal events are open to Crosslands residents? Crosslands residents may also eat a meal at Kendal. Your bar code will be scanned. The meal will count as one of yours for the month.

Diana Stevens

...And Did You Also Know That Crosslands Has a Helipad?



The West Meadow, in addition to being a favorite place for many residents, flora, and fauna to hang out, is also the location of a helicopter landing pad.

The landing pad came to be because of a serious crash on Route 926 in front of Cartmel in about 2005. The West Meadow was the site picked to land "the bird" to transport the patient. After that, Tom Kopach, facilities director until 2017, thought it would be a good idea to maintain the spot for future use by keeping the area mowed/cleared.

There is no record that the area has been used by a helicopter since the initial use. Emergency Medical Services protocol has changed regarding flying vs. ground transport. The fact that there are now hospitals that meet the need of critical care within a 30-minute drive of Kendal~Crosslands means helicopters are not used like they once were in our area.

The Longwood Fire Department Chief knows the area is being maintained in case the West Meadow ever needs to be used for "bird" landing in addition to its daily use by residents, flora, and fauna.

Joe Deckman and Diana Stevens



What's New at the Library

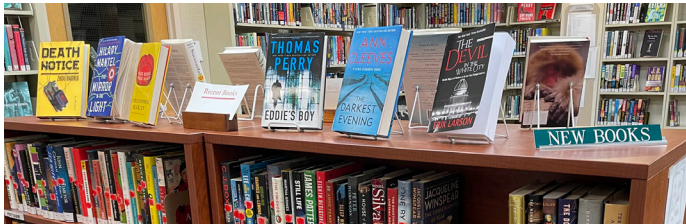


PHOTO BY STEVE SANDER

FICTION

Ali, Monica	<i>Love Marriage: A Novel</i>
Baldacci, David.....	<i>Dream Town</i>
Brooks, Geraldine.....	<i>Horse</i>
Gappah, Petina	<i>Out of Darkness, Shining Light</i>
Munoz, Molina, Antonio	<i>To Walk Alone in the Crowd</i>
Newman, T. J.....	<i>Falling</i>
Patterson, Richard North.....	<i>Dark Lady</i>
Perry, Thomas	<i>The Left-handed Twin: A Jane Whitefield Novel</i>
Pfeijffer, Ilja Leonard	<i>Grand Hotel Europa</i>
Richardson, Kim Michele.....	<i>The Bookwoman's Daughter</i>
Weiner, Jennifer.....	<i>The Summer Place</i>

MYSTERY

Grimes, Martha..... *The Horse You Came In On*
Ware, Ruth *The It Girl*

NON-FICTION

Blockson, Charles L..... *The Underground Railroad*
Fischer, David Hackett..... *African Founders: How Enslaved People...*
Jerolmack, Colin *Up to Heaven and Down to Hell: Fracking...*
Millard, Candice *River of the Gods: Genius, Courage, and...*
Piketty, Thomas *A Brief History of Equality*
Tubbs, Anna Malaika *The Three Mothers: How the Mothers of Martin Luther King...*
White, Richard *Who Killed Jane Stanford: A Gilded Age Tale*
Yong, Ed *An Immense World: How Animal Senses Reveal...*

DVD PURCHASES AND DONATIONS

C'mon C'mon
Downton Abbey
Earth Emergency
Spencer
Summer of Soul
West Side Story

Jumble

Unscramble the words; then use the circled letters to complete the sentence.

RUICN

"GOTTA GO, FIDO...THE ZOO NEEDS ME AGAIN."



PHDEPO

KICOGNO

AHESP

THE VETERINARIAN SPENT
TOO MUCH TIME IN THE
ZOO'S LARGE MAMMAL
HOUSE TREATING THE...

Answer here:

JUMBLE BY STEVE SANDER

Looking for a Large Print *Chronicle*?

If you only read the print *Chronicle*, you are missing out on a large print version.

When you read the *Chronicle* on your computer or tablet — delivered by email and posted on the Crosslands website — you can zoom in on each high-resolution, **full-color** article, making the type as large as you wish.



To opt out of the print version — and save money and trees — **simply remove the red dot from your open box.**

LAST MONTH JUMBLE: EQUATE, REDUCE, FISTS, OXIDES. EX-“SQUID”-SITE

October 2022 Calendar

- Sat Oct 1 Name Tag Day.**
Movie. "Invictus." 7:15 pm. WPR/TV13. See p. 14.
- Mon Oct 3 CRA Board Meeting.** 10 am.
 WPR&L/TV13. All are welcome.
- Tue Oct 4 Forum.** "Julia Says, 'Bon Appetit.'" Presented by Linda Kenyon. 7:30 pm. WPR/TV13. See p. 9.
- Thu Oct 6 Birthday Celebration for Those with October Birthdays.** 5:45-6:30 pm. Main Dining Room. Talk to Phyllis Wenner to join the group.
Diversity, Equity, and Inclusion. "Step One toward Racial Unity." 7:30 pm. Zoom/TV13.
- Sat Oct 8 Movie.** "Pride." 7:15 pm. WPR/TV13. See p. 14.
- Mon Oct 10 Healthy & Wise.** "Some Considerations as We Move beyond Covid." 11:00 am. Zoom. See p. 13.
- Tue Oct 11 Tuesday Edition.** "Celebrating Crosslands' Community: Residents' Unique Stories of our 45-Year History." 11:00 am. WPR/TV13. See p. 10.
Music. Randall Scarlata, baritone. 7:30 pm. WPR/TV13. See p. 11.
- Thu Oct 13 Welcoming Committee.** New Residents Reception. 4-5 pm. WPR&L. Name tags and masks, please! See p. 8.
Prose Night. 7:30 pm. WPR/Zoom/TV13. See p. 13.
- Sat Oct 15 Name Tag Day.**
Movie. "Sense and Sensibility." 7:15 pm. WPR/TV13. See p. 14.
- Mon Oct 17 Movie.** "Star Wars." 7:15 pm. WPR/TV13. See p. 14.
- Tue Oct 18 CRA Concerns Session.** 10:00 am. Music room.
Forum. Staff Appreciation Program. 7:30 pm. WPR&L/TV13. See p. 9.

- Wed Oct 19 Community Dialogue.** 10:30 am. WPR/TV13/Zoom.
Music. Sweet Potato Fries Sing-Along. 7:30 pm. WPR/TV13. See p. 12.
- Thu Oct 20 Crosslands Players.** "What's in a Name?" 7:30 pm. WPR&L/TV13. See p. 12.
- Sat Oct 22 Crosslands Players.** "What's in a Name?" 2:30 pm. WPR&L/TV13. See p. 12.
45th Anniversary Banquet. 5:00-6:30 pm. Take-out in the Cafe 4:15-5:00 pm.
Music. Sin City Band. 7:30 pm. WPR&L/TV13. See p. 12.
- Mon Oct 24 Last Day to Register to Vote.** See p. 5.
Great Decisions. "Biden's Agenda." 9:45-10:45 am. WPR&L/TV13.
Shredding Event. 10:00-noon. Crosslands Center. See p. 15.
- Tue Oct 25 Crosslands Committee Fair.** 3:00-5:00 pm. WPR&L. See p. 10.
Music. Dave Posmontier and Jazz in 3D. 7:30 pm. WPR/TV13. See p. 11.
- Wed Oct 26 Spiritual Life.** HeartMath. 3:30 pm. WPR/TV13. See p. 13.
- Thu Oct 27 Light & Lively.** Easy Street Duo. 7:30 pm. WPR/TV13. See p. 10.
- Fri Oct 28 Movie.** "Blithe Spirit." 7:15 pm. WPR/TV13. See p. 14.
- Sat Oct 29 Natural Areas Presentation.** "Stoneleigh's First Five Years." 7:30 pm. WPR/TV13. See p. 11.



Venues, times, and other details may change. Please watch for announcements on the Crosslands website, bulletin board, and TV9.