

Kendal~Crosslands Communities Health and Wellness Philosophy Statement

The health and wellness philosophy of Kendal~Crosslands Communities flows from our Vision and Mission Statements, and from our Values and Practices. Based on principles of the Religious Society of Friends, we recognize that there is that of God in every person. Each individual is therefore sacred and deserving of love and respect at all stages of life. Regardless of age or health status, our diverse residents contribute rich life experiences. Their individual contributions, like patches of a Quaker quilt, intertwine to create a vibrant participatory community life.

Resident participation and collaboration are at the heart of our person-centered approach to health and wellness. We believe that health and wellness programs are more successful when residents and staff collaboratively develop and implement the programs. Using this approach, we aim to provide meaningful health and wellness services that match the varied needs and interests of our residents. Our goal is to nurture the whole person by addressing physical, social, emotional, spiritual, avocational and intellectual dimensions.

We acknowledge that individuals respond to aging and associated changes in various ways. To promote quality of life for our residents at all levels of care, we strive to sustain the highest level of individual vitality and potential in a homelike environment. We believe this can be accomplished by creating a pleasing community in which to live and work. Our aim is to apply our expertise in health and wellness services to enhance the lives of residents and staff of Kendal~Crosslands Communities.

It is our mission to continue as a leader in the field of care for the aging. We intend to be innovative and creative in how we design and deliver health and wellness services. Accessing the latest health information, we strive to emphasize a well-informed preventive approach to health promotion. Our goal is to empower residents to take responsibility for their own health and wellness including decisions about present and prospective medical interventions. We will provide the necessary information, resources and programs, while respecting residents' rights to self-determination regarding their own health.

We welcome the opportunity to share these innovative approaches to health and wellness with the surrounding community in accordance with our commitment as a not-for-profit charitable organization.

*KCC Board Approved
May 1, 2007, revised February 14, 2017*