



# CROSSLANDS CHRONICLE

OCTOBER 2014

VOLUME 41, NUMBER 8



## ACTIVITIES, ACTIVITIES, ACTIVITIES...

Change is all around us. For nearly three years we have been talking about phases of construction, temporary offices, traffic patterns that are changing.... And now, we are really starting to see the light at the end of the tunnel. Audland is complete, the Firbank Households are open. Things are getting back to normal – or to a new normal – as we adapt to our new surroundings. For



Activities that has meant adapting to our new room and offices. It means relocating certain activities and adding others. It means taking full advantage of the newly accessible outdoor spaces. But in the midst of change, it's nice to know that some things have remained constant.

Recently Activities and the Horticulture Group we call The Green Ladies held the annual Harvest Show in the Activities Room. It was a wonderful display of flowers and vegetables that were grown by Crosslands residents. Traffic through the show was constant and I heard many positive comments. Helen Reed and her Green Ladies did a bang up job of advertising, collecting display items and arranging them throughout the room – this in addition to their monthly group activity. They have been great contributors to the Activities program over the years and demonstrate regularly their extraordinary knowledge in the field of horticulture. I can't thank them enough for their dedication.



This year we included clay work by Audland and Firbank residents who work with Cynthia LaPara and Bonnie Marcus to create gorgeous plates, wall hangings, bowls, etc. These items were on display at the Harvest Show to highlight yet another activity made possible by the generous volunteer spirit and great

talent of Crosslands residents. We are a lucky community.

While I am highlighting activities, let me mention our first annual (?) Wii Bowling Tournament which was held in August. We had four teams who battled to the end. At the completion of the championship game, just three points separated the winners from the losers, with Rose Waterman and Bonnie Marcus victorious. Margaret Rice had the tournament high score of 190. It was great fun to match up Audland residents with Independent Living residents to form the teams. Many thanks go out to Rachael Martin in the Fitness Center for organizing the event and to the residents who participated.

As you can see, we are busy in the Activities Department and we could certainly use your talents to create even more activities. Give me a call and find out how you can join in the fun. Talk to you soon!

*Kris McGuckin*



### Meet Our New Director of Philanthropy Stephanie Cory

Maybe you've seen her around the campus and wondered who she is. Stephanie Cory is Kendal~Crosslands Communities' new Director of Philanthropy. Her first day was July 21.

With Stephanie here, you will be hearing more about philanthropy and how important it is to our community. Her role is to manage fund-raising for all four Kendal~Crosslands Communities campuses. Stephanie is the person to talk to if you're interested in making a charitable gift. She can provide background about the variety of funds to choose from as well as creative ways to make a gift, such as through stock or a charitable gift annuity.

Stephanie comes to Kendal~Crosslands Communities from the Epilepsy Foundation of Delaware where she served as the executive director. Working with seniors isn't new to Stephanie; she earned a Master of Science in Gerontology and has experience with the Alzheimer's Association and Saunders House, a long-term care center in Wynnewood, Pa.

Originally from California, Stephanie now lives in Wilmington, DE. When she's not at work, she enjoys volunteering with the Junior League of Wilmington, knitting, yoga, and reading.

You can reach Stephanie at (610) 388-5528 or [scory@kal.kendal.org](mailto:scory@kal.kendal.org). Next time you're at Kendal, you can also stop by to say hello. Her office is behind the front reception desk.

*Bonnie Marcus  
Stephanie Cory*

### DID YOU KNOW THAT...

— Cartmel's Jan Broude's 725 square quilt was pictured in the book *Adventures in Design*? Jan named her quilt TGIFF (thank goodness it's finally finished.)

— the playground for the Day Care children is now completed? Just exit Resident Care and turn left to see the colorful slides and climbing equipment.

— at a Thursday morning meeting of the Needlers, Amy Lewis, Sally Christensen, Ruth Anderson and Peggy Jones discovered that each had a mother who had lived at Crosslands? Who else can say the same? Let us know.

— there is a chess library in the Webb-Savery Room to the right of the television? Anyone may borrow a book about this ancient game.

*Connie Fleming*

**Deadline for the November 2014 CHRONICLE articles is October 10.** Calendar deadline is October 5. All articles must be signed and are subject to editing. Please put them in the *Chronicle's* open box or send them by email to: [XLChronicle@verizon.net](mailto:XLChronicle@verizon.net)

### CROSSLANDS CHRONICLE

Published by and for the residents and administrators of Crosslands.  
P.O. Box 100, Kennett Square,  
PA 19348



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## CROSSLANDS RESIDENTS ASSOCIATION

At the September CRA Meeting a concern was raised about ease of access to Resident Committee information. To address this concern, residents can now find all information in the library front reading room. There, in the folder with the CRA monthly Board Meeting minutes, you will now find Committee and Activity information. The folder includes a list of all committee chairs and co-chairs, a list of the times, dates and places of meetings and a brief description of each Committee. Our website [www.crosslandsres.org](http://www.crosslandsres.org) is also the go-to place to keep up with all new activities.

Life at Crosslands keeps changing and improving with the efforts of resident committees working with the administration. Let me know of any concerns your committee may have and inform me about any changes in your committees.

*Maggie McCaskey*

## CRA CONCERNS SESSION

**Tuesday, October 21**  
**Webb-Savery Room**  
**10:00 - 11:00 a.m.**

## TUESDAY EDITION



**A Woman's Journey:  
 Watercolors and  
 Drawings 1940's to  
 Present**

**Speaker: Mary Lee Barker**  
**Tues., Oct 14 - Wm. Penn  
 Room - 10:00 a.m.**

Mary Lee began painting as a teenager drawing nature. Her final love is portraiture.

In addition to showing and describing her work, she will relate them to various experiences of her life and the role of her works in communicating the effect of those experiences.

*Carol Bossert*

## FALL GATHERING

**Farm To Table... at the Fall Gathering**  
**Tues., Oct. 7 - 11:30 a.m. - 3:00 p.m.**



Invite friends who may want to live at Crosslands and have them join us at the annual Fall Gathering. We will meet at Ellerslie and enjoy local farm foods, hearty hors d'oeuvres, refreshments, meet and chat with growers from local farms, vineyards, and orchards. They will then participate in an

house tour of many Crosslands cottages and apartments. Register your friends with Kelley Gusler, Admissions office, 610-388-3046.

*Michele Berardi*

## THE INTERMITTENT

The Intermittent started around 1987-88 when Betty Taylor was the editor. Its purpose was to provide a publication for resident writings that did not fit the Chronicle's mandate. It came out intermittently whenever the editor and staff thought they had enough suitable material.

However, there comes a time when a project needs to be "laid down" and rested. We at Crosslands have enjoyed having a creative vehicle to share poems, stories and cartoons done by our residents.

I have been the editor for several years. But, there has not been a committee to edit and make editorial decisions as to content. This was left to the editor. Several residents have kindly done the proof reading over the years.

Now it is clear that regularly scheduled publication needs to end. Perhaps in the future there will be a new committee to take on this special way to channel our literary energies. I have enjoyed doing my part.

*Jean Barker*



<b>MUSIC COMMITTEE</b>
------------------------

**Charlotte Daw Paulsen, Soprano**  
**Tues., Oct. 14 – Wm. Penn Room – 7:30 p.m.**

Charlotte Paulsen has performed with nearby opera companies and in other parts of the United States and Europe. She has appeared with Opera Delaware, and with the Baltimore, Piedmont, Fresno, Utah and Toledo Operas. She has also sung in Mozart's Requiem at Carnegie Hall under the direction of John Rutter. She was awarded first place in the Liederkrantz Foundation awards, Wagnerian Voice division, and represented the United States at the International Opera Studio in Zurich working under such maestros as Harnoncourt and von Dohnanyi.

She was born in Philadelphia and holds degrees from the Peabody Conservatory of Music and Temple University. She has also studied at the Salzburg Mozarteum, Zurich International Opera Studio, Tanglewood Festival and Opera Music Theater International. Charlotte Paulsen sang here in February of 2011, and we look forward to her return.

**Mendelssohn Piano Trio**  
**Ya-Ting Chang, Piano – Peter Sirotin, Violin**  
**Fiona Thompson, Cello**  
**Tues., Oct. 28 – Wm. Penn Room – 7:30 p.m.**

Ya-Ting Chang, originally from Taiwan, graduated from Johns Hopkins University with a degree in piano performance and has performed extensively throughout the United States, Germany, Hong Kong and Taiwan. Fiona Thompson's music education began in Manchester, England and continued at the University of Southern California. Peter Sirotin is from the Ukraine and graduated from Moscow's Central Music School and the Peabody Conservatory of Music. Each has appeared as soloist with many orchestras and chamber groups in addition to appearances as a trio. A recent performance at the National Gallery of Art was described in the *Washington Post* as "lush, substantial and richly flavored...technically immaculate and often very eloquent."

*Esther Cooperman*

## LIGHT 'n LIVELY

**The Crystle Jazz Combo**  
**Sat., Oct. 11 - Wm. Penn Room - 7:30 p.m.**

Fresh from warmly received appearances at St. George's Lobsterfest and the Wayne Station Café, these four fine musicians on piano, bass, drums, mandolin, and harmonica play a wonderful variety of swing, bebop, Latin, and pop - often their own jazz arrangements. Come and hear A Foggy Day, Billie's Bounce, Trieste, Night and Day, and much more.

*Bob Donecker*

## Light 'n Lively Survey Results

A big thank you to all of you who took the time to answer the *Light 'n Lively* survey. The response was tremendous and most helpful for our future planning.

Coming in at the top was the Music of Broadway and Hollywood. No surprise there! This was followed closely by choral groups, jazz, singers and instruments, dance and impersonators. The big surprise was bluegrass/country; this category got a lot of votes. Magic shows and drums did not do well. This goes to show that you Crosslanders really love your music.

*Pat Koedding*  
*Chairman, Light 'n Lively*

## SING ALONG WITH SARAH LEE



**"Hey! There is a Silver Lining"**  
**Fri., Oct. 17 - Wm. Penn Lounge**  
**7:30 p.m.**

Have you noticed that some people always "sing the blues," while others manage to "whistle a happy tune," no matter what's happening to them?

Johnny Mercer, a well-known lyricist in the 1940's advised: "You've got to accentuate the positive." We'll have a slate of songs that promises us to "remember that somewhere the sun is shining..."

*Sarah Lee Houston*

FORUM COMMITTEE
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**Teaching in Prison****Speaker: Dr. Foster Nowell, Jr.****Tues., Oct. 7 - Wm. Penn Room - 7:30 p.m.**

Dr. Foster (Jerry) Nowell will share his experiences of teaching in Delaware County correctional institutions where he teaches a decision-making program called Thresholds. He will talk about imprisonment in the U.S., the history of Thresholds, what and where it is taught, and what the program has meant to him.

Dr. Nowell attended the School in Rose Valley, Swarthmore High School and received a B.A., M.A., and Ed.D from Temple University. He was a teacher, vice principal and principal in the Philadelphia school system and in the Rose Tree Media school district. He retired in 1989 and has been teaching at Thresholds since then.

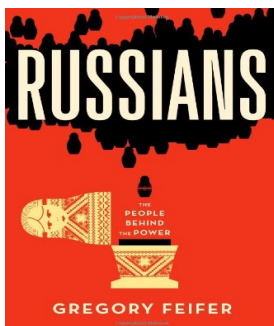
*Cecilia Sibinga***Tumultuous Developments in the Middle East:  
New Challenges and Opportunities****Speaker: Ron Young****Tues. Oct. 21 - Wm. Penn Room - 7:30 p.m.**

Those of us who have been in the Middle East and/or worked there know that it has never stopped being tumultuous, nor has it ever, as an area, stopped offering challenges or opportunities.

Ron Young is a consultant for the National Interreligious Leadership Initiative for Peace in the Middle East. He has spoken on these challenges and has written widely on these matters as a representative of European and American Quakers.

*Crawford MacKeand***GREAT DECISIONS****U.S. Trade Policy****Moderator: Peggy Jones****Mon., Oct. 27 - George Fox Room - 9:45 a.m.**

America's foreign policy tools are not limited to treaties, sanctions or military campaigns – they also include trade policy and trade agreements. The centerpiece of American policy for the past six decades has been trade liberalization, a commitment to relaxing restrictions on the international flow of goods, services and investments in the belief that such a policy will lead to greater prosperity and promote international stability. Now some are beginning to question this policy, arguing that globalization has diminished the U.S. position as the world's leading economic power. Where do you stand on this issue? Please come and join the discussion.

*Chuck Gosselink***BOOK REVIEW*****Russians: The People Behind the Power*****By Gregory Feifer****Reviewer: Pat Koedding****Mon., Oct. 20 - Wm. Penn Room - 11:00 a.m.**

Gregory Feifer, former Moscow correspondent for National Public Radio, draws on vivid personal stories to portray the forces that have shaped Russian character for centuries and that continue to shape it today. This book explains the seeming paradoxes of life in Russia by exploring the nature of its people and their history.

*Ernie Peck***IMPORTANT ELECTION INFORMATION****TUES., NOV. 4 IS ELECTION DAY****October 6 is the last day for new registrations.****October 28 is the last day to apply for an absentee ballot.**

**For more information: Party Chairs - Pat Koedding (R) , Bonnie Marcus (D) or  
www.chesco.org Voter Services.**

**NATURE CONSERVANCY****Live Birds in Action****Speaker: Phung Luu****Mon., Oct. 20 - Wm. Penn Room - 1:00 p.m.**

Join us for a unique and informative free-flight bird program featuring live native and exotic birds. Learn about hawks, owls, vultures and parrot species as they fly inches over your head. This exciting 30 minute program on birds and their history will engage and educate.

Phung Luu from *Animal Behavior and Conservation Connections* will present the program.

*Dale Kendall***NATURE CONSERVANCY NEWS**

Two items of news. First, the Nature Conservancy off-campus hikes are back! The hikes, which will again be on the second Wednesday of the fall and spring months, are being planned and led by Crosslands' resident Peter Lane. Sign-up sheets for each month's hike will be posted on the Nature section of the Bulletin Board about a week before each hike.

Second, thanks to the assistance of Mark Swick, the financial support of the KCC Marketing Department and the combined efforts of several members of the Nature Conservancies at both Crosslands and Kendal, we have new updated trail maps of the entire Crosslands and Kendal campus. The maps are in color and fold to fit easily into a pocket. If you are interested in walking any of the unpaved meadow and woodland trails totaling over seven miles that traverse our campus, you can pick up a copy from the display rack in the Brooke Worth Nature Room on the lower level of the Center or from the Crosslands receptionist.

*Les Small***NEED TO KNOW WHAT'S GOING ON?**

Would you like to **hear** the information presented on either TV9 or TV8? Just call 484-770-5711. Press "9" to hear a recording of the current day's information on TV9, or "8" to hear the general schedule information that is on TV8.

**RHUBARB!**

**Reprinted From the Crosslands Chronicle  
November 1977**

Helen Congdon's Great Grandmother lived in Charlottesville, Virginia. After her husband died she freed her slaves and moved to Byberry, PA., bringing with her rhubarb roots and a yellow rosebush. After many years, her daughter, Helen's Grandmother, married and moved to Moorestown, N.J., taking with her some of the rhubarb roots and the yellow rosebush. Helen's mother inherited the rhubarb. After a number of years, Helen married and moved to Arlington, Vt., and with her went the rhubarb but not the yellow rosebush this time. When Helen's son married, he went to Pittsfield, Mass., and took some of the roots. Now he has some saved for his mother. When the vegetable garden is dug here in Crosslands, one of the first things to be planted in it will be Helen's ancestor's rhubarb. Helen says it is very special rhubarb, very delicious, with round fat stalks.

**Note:** This gardening saga appears in one of the earliest editions of the Chronicle. We have not been successful in identifying all the faithful gardeners. However, one present Crosslands resident remembers the rhubarb patch from when she first arrived in 1996, but said it does not exist anymore.

*Anne Curtin***ENERGY CONSERVATION COMMITTEE**

**Green Initiatives Around the Kendal System:  
What's New?**

**Speaker: David Jones****Mon., Oct. 13 - Wm. Penn Room - 1:30 pm**

David Jones, Project Director for the Kendal Corporation, will bring us up to date on green initiatives underway at Kendal Communities and, in particular, at Kendal~Crosslands.

"Green initiatives" refers to sustainability programs that preserve the earth's resources especially in the face of such forces as climate change. The Kendal communities face both opportunities and challenges in this effort.

*Elaine Frost*

## CAMERA CLUB PRESENTATION

**Our Commonwealth: Extraordinary  
Spectacular Pennsylvania****Speaker: Blair Seitz****Fri., Oct. 10 - Wm. Penn Room - 7:30 p.m.**

Blair is a professional photographer with particular interest in Pennsylvania and New Jersey. His program will feature examples of his aerial photography, outstanding close-ups, landscapes and comments about the revolution in media for photographers.

Our speaker's work is found in 21 books including *Philadelphia and its Countryside*, *Pennsylvania Tapestry: Views from the Air*, *Pennsylvania's Natural Beauty*, *Amish Ways* and *Pennsylvania Yesterday and Today*.

*Thomas Swain*

## CROSSLANDS PLAYERS

**Poetry Night****Fri., Oct. 24 - Wm. Penn Room - 7:30 p.m.**

The Crosslands Poetry Group with the support of the Crossland Players will present the Fall Poetry Night. A sign-up sheet will be posted September 30 for all who would like to participate. There is a five-minute time limit and readings may be done from your place in the auditorium. For information, contact Nicholas La Para (610) 388-7640. Celebrate Fall with the reading of your favorite and original poems.

*Nicholas LaPara*

## METROPOLITAN OPERA SIMULCASTS

Many of us enjoy opera and the Metropolitan Opera HD simulcasts. Are you aware of the programs in support of those simulcasts? Prior to five of this year's performances, a lecture will be presented by Bob Rowland. He will discuss background information about the composers and librettists, the story and the singers. These lectures are held on Fridays at 4:00 in the William Penn Lounge. The schedule can be found in the coming events calendar.

Simulcasts are at the Regal Brandywine Town Center. Tickets are \$23 and a bus is available for some of the performances. Check the bulletin board for further details.

*Dee Nelson*

## IN THE GALLERY

**GINNY SCHOFIELD, BOBBIE ROBERTS  
and PENNY BRIGGS****October 3 - 31**

Two residents are exhibiting here for the first time: Ginny Schofield and Bobbie Roberts. Ginny studied with Frank Jefferis, Rea Redifer, Dennis Minch and Mary Beaumont at the Chester County Art Center. Landscape painting in oils, especially of snow scenes and the moods they offer is her primary interest. Ginny says that "Walking the Hounds" - currently exhibited in the hall - represents her effort to capture the diffuse morning light and the joy of the hounds during their exercise.

Bobbie explains, "I started painting when my children were young and studied with Henry Peacock, a local artist teaching at the Mainline Art Center and the Delaware Art Museum. I also took night classes at the PA. Academy of Fine Art, and later joined the Potter's Guild at the Wallingford Art Center where I studied with Shirley Tassen-court. I painted and did hand built pottery for 15 years. It was a great indulgence. I learned to see in a new way, appreciate art and artists, nature and patterns and to grow in many ways."

A third resident and former exhibiter, Penny Briggs speaks about her "Needle Art." "Once I was making a birthday present of a knitting bag for my sister with plain material, and I decided to perk it up by appliqueing a barn and trees on one side and using embroidery to make the details. She really liked it. Since then I have made many scenes of villages, covered bridges, snow scenes, etc. New fascinating fabrics inspire a great variety of subjects. I use more and more embroidery - taking a lot of time and giving me much enjoyment."

*Nancy Geary Pereira*

## SHOWCASE

**Oct. 14 - Nov. 10  
From Northern Lands**

Nordic Treasures from  
Sweden, Norway,  
Denmark, Finland, Iceland  
and Greenland



# WELCOME NEW RESIDENTS



**Anne Tatnall Gross**

**Apt. 161**

**July 31, 2014**

Every February, Anne is one of three leaders of a ten-day trip to England from Christ Church. They travel around and hear fine cathedral

choirs sing Eveningsong every afternoon. Nan Naeve and Joan and Fritz Hinz from Cartmel are among the regulars who go.

Anne was born in Bryn Mawr, PA and lived in Wilmington, DE, Northampton, MA, College Park, MD, Forest Hills, NY, Wynnewood, PA, Pleasantville, NY, London and Brussels. She attended the University of Delaware, Smith College and New York University. Professionally, she was and is a musicologist at the University of Delaware. She is also a church singer with the Christ Church Choir in Greenville, DE.

Her volunteer service includes Parents and Friends of Lesbians and Gays (PFLAG), the Alumni Council of Tatnall School, being a reading mentor in the summer program at St. John's Cathedral in Wilmington and working for charities helping stray cats. Anne's interest and hobbies are music, travel, singing in choral groups, reading, birds and animals.

She is an Episcopalian with leanings toward the Society of Friends which was her childhood religion. Anne has one son, Bill Gross. David and Elizabeth Rhoads are her cousins and her cousins Ted and Agnes Pennock and Dick and Mary Rhoads were residents here.



**Jonathan (Jon) and Babette (Babo) Stern**

**Apt. 132**

**August 1, 2014**

Jon Stern was born in Philadelphia and lived in California and Manhattan. Babo was born in New York and lived in Hastings-on-Hudson, Manhattan and Philadelphia. Jon graduated from Syracuse University and worked as a weekly newspaper publisher in Philadelphia. Babo graduated from Middlebury College and has a Certificate in Physical Therapy from Columbia University. She worked as a physical therapist at Columbia-Presbyterian Medical Center, NY and as a kindergarten teacher at Germantown Friends School in Philadelphia.

Jon helped to re-establish the Germantown Friends School newspaper, *The Earthquake*. He also worked with the Human Relations Commission and helped start their newspaper, *The North Philadelphia Free Press*. Babo has volunteered as a homework helper at her local library. Jon enjoys electronics, travelling, reading and bridge; Babo enjoys travelling, word games, crossword puzzles, reading and cooking.

They have three children and five grandchildren.

*Bonnie Marcus*

## **FEATURED IN THE NATURE LIBRARY, BROOKE WORTH ROOM (elevator down, turn right)**

*Birdwatcher: The Life of Roger Tory Peterson*, by Elizabeth Rosenthal. A definitive biography of the man who made bird watching the leading outdoor recreation in America and invented the modern field guide.

*A Hummingbird in My House: The Story of Squeak*. In upstate New York, author Arnette Heidcamp has a young hummingbird join her household.

On the magazine rack, October *Garden Magazine* and a feast of other periodicals.



## A MORSEL FROM THE FOOD COMMITTEE

Too much sugar each day can cause heart disease. It contributes to weight gain and raises levels of triglycerides in the blood. Triglycerides are a form of fat that can land on our arterial walls.

The American Heart Association (AHA) states that no more than 100 calories a day should be from sugar. The natural sugar found in fresh fruits is not harmful.

What the AHA allows is six teaspoons of sugar daily. This is not easy for us Crosslanders with the tempting desserts on display, but you can choose fresh fruit always available in the Dining Room and Café as often as you can, and you will be healthier.

**Source:** *Harvard Women's Health Watch, June 2014.*

*Joae Walker, MD  
Chair, Food Advisory Committee*

## HEALTH AND WELLNESS EDUCATION COMMITTEE

### The Body's Innate Ability to Heal Itself

**Speaker: Dr. Jeffery Chamberlain**

**Tues., Oct. 28 - Wm. Penn Room - 11:00 a.m.**

Dr. Jeffery Chamberlain is the Director of Chamberlain Chiropractic and Wellness in West Chester and has been in practice there since 1992. He "feels that his practice is a center for Health and Wellness Education as well as a healing institution". Dr. Chamberlain has lectured throughout the country on a variety of health topics.

*Charmaine Kissinger*

## BETTER HEARING COMMITTEE

### Hearing, Hearing Aids and Balance

**Speaker: Dr. Judith Curtin**

**Thurs., Oct. 23 - Wm. Penn Room - 7:30 p.m.**

The Better Hearing Committee will host Dr. Judith Curtin of ABC Hearing and West Chester University. She will speak about the future technology of hearing aids and the relationship between the ear and balance. These are subjects of interest to all of our residents.

*Betty Nathan*

## WELLNESS CENTER NEWS

### Keeping Abreast of the Situation: New Developments in Breast Imaging

**Speaker: Dr. Tina Stein**

**Thurs., Oct. 9 - Wm. Penn Room - 1:15 p.m.**

October is Breast Cancer Awareness Month. Dr. Tina Stein will present a program on new developments in breast imaging and how to lower the risk of breast cancer.

Dr. Stein did her residency in radiology and a fellowship in nuclear medicine at the University of Pennsylvania and is Board certified in both. She has been radiologist and the head of nuclear medicine at Riddle Hospital for over 25 years and has been the lead interpreter in mammography at Riddle for the last 10 years.

Dr. Stein has given many talks about the importance of regular screening mammography and feels that her efforts saved lives. She is hoping to continue to spread the word.

### Glaucoma and You

**Speaker: Dr. Cristan M. Arena**

**Thurs., Oct. 30 - Wm. Penn Room - 2:00 p.m.**

Dr. Cristan M. Arena specializes in the surgical and medical management of glaucoma. She is Board certified by the American Board of Ophthalmology and had a glaucoma fellowship at the University of South Florida in Tampa, FL. She is in practice at Chester County Eye Care.

Dr. Arena is actively involved in clinical research and lecturing including at the Pennsylvania Optometric Society.

*Rachael Martin  
Wellness Director*

## KENDAL WELLNESS

### Partners in Caring For Each Other

**Speaker: Teepa Snow**

**Tues., Oct 7 - Kendal Auditorium - 7:15 p.m.**

**This program is on dementia and caring for each other. Transportation will be available.**

**NATIONAL FOOD AWARENESS DAY****Reception****Fri., Oct. 24 - Wm. Penn Lounge****4:30 - 6:15 p.m.**

The Crosslands Dining Services invites you to a wine tasting featuring local appetizers and the musical stylings of Sarah Lee Houston.

**WELCOMING COMMITTEE****New Residents' Reception.**

**Wed., Oct. 22. - Wm. Penn Room and Lounge  
- 9:30 a.m.**

The Welcoming Committee invites you to attend a reception to meet and greet the new residents of Crosslands. Come and make new friends and greet old ones. Refreshments will be served.

*Elva Pepper*

**LEAGUE OF WOMEN VOTERS OF  
CHESTER COUNTY**



**The Supreme Court's Ruling on  
Campaign Financing**  
**Thurs., Oct. 23 - Wm. Penn Room  
10:00 a.m.**

Members of the League will hold a discussion of the rulings - Citizens United v. the Federal Election Commission (FCC) (2010) and McCutcheon v. the FCC (2014). They will highlight the dangers that can result from the influence of unlimited amounts of money on political leaders and campaigns for public office in a representative democracy.

*Carol Bossert*

**FOOD ADVISORY COMMITTEE**

**Hunger in Our Backyard: Meeting Food  
Insecurity Needs in Southern Chester  
County**

**Speakers: Phoebe Kitson-Davis  
Melanie Weiler**

**Thurs., Oct. 9 - Wm. Penn Room - 7:30 p.m.**

Phoebe Kitson-Davis, Manager for Agency and Community Partnerships, Chester County Food Bank and Melanie Weiler, Executive Director, Kennett Area Community Service will tell us how the food bank and food cupboards work together to support over 70,000 area residents experiencing food insecurity on a regular or periodic basis.

*Sharon Sundial*

**FOOD AWARENESS MONTH****FOOD COLLECTION**

**Sat., Oct. 18 - Sun., Oct. 26  
Crosslands Center**

Plan now to help support the Kennett Square Food Cupboard. For nine days, non-perishable food items will be collected. Protein items and low sugar cereals are especially appreciated. Please check the expiration dates.

Checks made out to the Kennett Square Food Cupboard will also be accepted. Thank you for your help with this important collection.

*Sharon Sundial*

**RESIDENT STATISTICS****Transfers**

**Marion Schroeder** Crosslands 131 to Firbank 805  
**Bob Dunn** Crosslands 438 to Firbank 801

**In Memoriam**

**Gustav Schroeder** September 15, 2014  
**Len Sherman** September 16, 2014  
**Ross Ballew** September 17, 2014  
**Rose Reisine** September 25, 2014



**Bob Hochhauser**

## KCC & WEST CHESTER UNIVERSITY PARTNERSHIP GROUP

The Kendal~Crosslands Communities & West Chester University Partnership Group sponsors cultural event trips throughout the year. Event notices and registration forms will be posted on the bulletin board and listed in the *Chronicle* prior to the events. Space is limited, so register early. Bus transportation will be available.

The committee is looking for volunteers for the 2015 - 2016 season. They meet once a year in August to plan the events and members put the notices in the open boxes.

If you are interested in this committee, please call Juanett Goins (610)-388-5617.

*Juanett Goins*

*KCC Human Resources Department*

## WALLACH'S SHOE SALE Wed., Oct. 8 - Wm. Penn Room 10:00 a.m. - 1:00 p.m.

Wallach's, the well-known purveyor of men's and women's shoes, will be showing their selection for fall and winter. Assistance in choice and sizing will be available.

*Manya Bean*

## INTERFAITH DIALOGUES

### Accompanying Each Other on the Journey of Aging

**Speaker: George Shaefer**

**Wed., Oct. 15 - Wm. Penn Room - 3:00 p.m.**

Once again the Interfaith Dialogue Committee will be calling on George Schaefer, Elder-care staff member of the Philadelphia Yearly Meeting, to lead our discussion on a sensitive topic about 'Aging'—something that affects each of us at Crosslands. The subtitle for the program is "How to be a healing presence."

The intention is to place ourselves in the role of someone making conversation with a person who is experiencing memory loss or serious physical disability. George will make some introductory remarks, and then divide us into small groups where we will discuss how we can learn to eliminate the barriers to effective communication even in difficult situations.

Please note that this program is scheduled for two hours rather than our usual one hour.

*Char Gosselink*

## SO YOU THINK YOU KNOW CROSSLANDS...?



Photos by Mac Rayne



Photo by Dale Kendall

### Did you know where this is?

It's the front edge of the Steinway piano in the Audland Garden Lounge between the Center and Firbank.

Sarah Lee Houston, its primary player, got it right!  
Has anyone counted the number of pianos at Crosslands?

### Do you know where this is?

Send your answers to [XLChronicle@verizon.net](mailto:XLChronicle@verizon.net) or leave it in the *Chronicle* open mailbox. Please include your name and apartment number on your entry.

# CROSSLANDS CROSSWORD #10

**X** stands for a word that is part of 16 answers.

## ACROSS

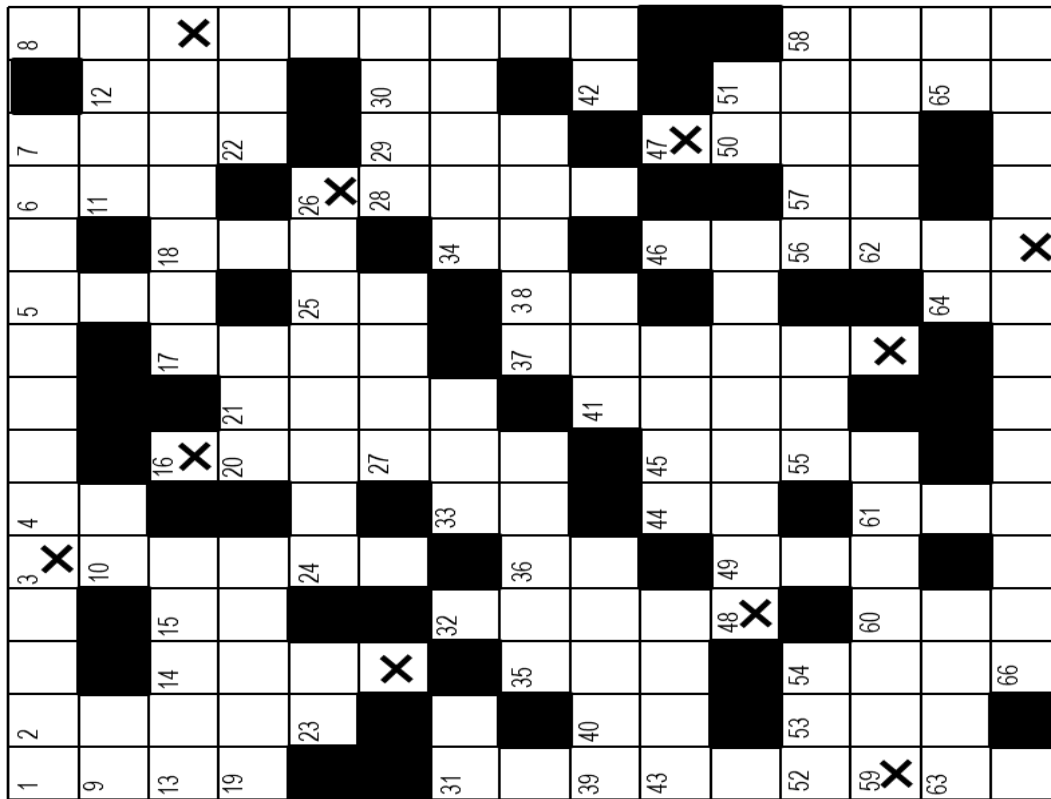
- 1 Romeo and Juliet, for instance.
- 9 alternatively.
- 10 where GIs buy staples.
- 11 Verdi opera.
- 13 region of Brazil.
- 17 author of mystery novels.
- 19 take under one's wing.
- 20 owns.
- 22 take a look at.
- 23 space alien (abbr.)
- 24 central London area and station.
- 27 melody.
- 28 on the house.
- 31 hairstyle.
- 33 perform on stage.
- 34 first letter in Socrates.
- 35 "Nanook of the \_\_\_\_."
- 37 greatly enjoys a joke.
- 39 kinship term derived from the Latin for "little grandfather."
- 41 small round bread.
- 42 not them.
- 43 a floating aid to navigation.
- 44 prayer ender.
- 48 one who wears opposite-sex clothing.
- 50 prefix denoting "two."
- 52 overhead train lines.
- 55 depot (abbr.)
- 56 Apple offerings since 1998.
- 59 type of embroidery.
- 62 peel or make bare.
- 63 cheese in a red wax covering.
- 64 "\_\_\_\_ You Like It."
- 65 our continent (abbr.)
- 66 places where streets meet tracks.

## DOWN

- 1 Japanese buckwheat noodles.
- 2 barter.
- 3 grouch.
- 4 former spouse.
- 5 energy.
- 6 sought office.
- 7 "Always look on the bright \_\_\_\_."
- 8 competitors who carry sticks with webbed pouches.
- 12 \_\_\_\_ care center.
- 14 one kind of 41-across.
- 15 a major U.S. pulp processing company (abbr.)
- 16 pattern made by intersecting parallel lines.
- 17 A \_\_\_\_ apple.
- 18 "Life of Pi" director, \_\_\_\_ Lee.
- 21 stuck in \_\_\_\_.
- 25 opposite of SW.
- 26 lively exchange of views.
- 29 aviator for whom the French Open tennis stadium is named (initials).
- 30 Dorothy's aunt.
- 31 two-timer, betrayer.
- 32 college in Worcester, MA.
- 33 in the location of.
- 34 where Cape Town and Pretoria are located (abbr.)
- 35 military leader who rises through the enlisted ranks (abbr.)
- 36 prefix indicating repetition.
- 37 happens upon, encounters.
- 38 atop.
- 40 start of Nestor's name.
- 41 outdo.

## Answers

**Across:** 1 star-crossed lovers, 9 or, 10 PX, 11 Aida, 13 Bahia, 17 Amanda Cross, 19 adopt, 20 has, 22 eye, 23 ET, 24 Charing Cross, 27 tune, 28 free, 31 do, 33 act, 34 sigma, 35 North, 37 roars, 39 uncle, 41 bun, 42 us, 43 buoy, 44 amen, 48 cross-dresser, 50 bi, 52 els, 55 sta, 56 imacs, 59 cross-stitch, 62 strip, 63 Edam, 64 As, 65 NA, 66 railroad crossings. **Down:** 1 soba, 2 trade, 3 crosspatch, 4 ex, 5 vim, 6 ran, 7 side, 8 lacrosse teams, 12 day, 14 hot cross, 15 IP, 16 cross-hatch, 17 as in, 18 Ang, 21 a rut, 25 NE, 26 crossfire, 29 AGs, 30 Em, 31 double-crosser, 32 Holy Cross, 33 at, 34 S.A., 35 NCO, 36 re, 37 runs across, 38 on, 40 nu, 41 best, 44 AR, 45 mesh, 46 criss-cross, 47 cross bar, 49 dot, 51 icing, 53 LSD, 54 star, 57 MT, 58 spas, 60 Ima, 61 Col, 64 ad.



- 44 Clinton's birthplace (abbr.)
- 45 become engaged, fit together well.
- 46 move in a back-and-forth and up-and-down manner
- 47 horizontal beam that joins a pair of goalposts
- 49 part of an ellipsis or semicolon.
- 51 frosting; hockey infraction.
- 53 hallucinogen (abbr.)
- 54 Sirius, Bellatrix, or Vega, for instance.
- 57 Glacier National Park state (abbr.)
- 58 Baden-Baden and Saratoga Springs, for example.
- 60 \_\_\_\_ Hogg, accomplished Texan lady.
- 61 Navy: Captain :: Army: \_\_\_\_ (abbr.)
- 64 \_\_\_\_ hoc committee.

By Hollis Scarborough



## NEW IN CROSSLANDS LIBRARY

### September Additions

#### Fiction

Adichie, Chimamanda N., - *Americanah*  
 Brooks, Malcolm – *Painted Horses*  
 Canobbio, Andrea – *Three Light-years*  
 Doig, Ivan – *Sweet Thunder*  
 Koryta, Michael – *Those Who Wish Me Dead*  
 Macomber, Debbie – *Love Letters* (a Rose Harbor novel)  
 McCullough, Colleen – *Bittersweet*  
 Morais, Richard – *The Hundred-foot Journey*  
 Weiner, Jennifer – *Best Friends Forever*

#### Nonfiction

Buckley, Christopher – *But Enough about You* (Essays)  
 Castellano, Eugene – *Wilmington: Preservation and Progress*  
 Eimer, David – *The Emperor Far Away: Travels at the Edge of China*  
 Inter. Quaker Working Party – *When the Rain Returns: Toward Justice and Reconciliation in Palestine and Israel*  
 Oak, Mary – *Heart's Oratorio: One Woman's Journey through Love, Death, and Modern Medicine*  
 Petroski, Henry – *To Engineer Is Human: The Role of Failure in Successful Design*  
 Wallace, Don – *The French House: An American Family, a Ruined Maison, and the Village that Restored Them All*

#### Mystery

French, Tana – *The Secret Place*  
 Jance, J.A. – *Remains of Innocence*  
 Lippman, Laura – *I'd Know You Anywhere*  
 Patterson, James & David Ellis – *Invisible*  
 Penny, Louise – *The Cruellest Month*  
 Penny, Louise – *A Fatal Grace*  
 Penny, Louise – *The Long Way Home*  
 Todd, Charles – *The Willing Accomplice*

#### Biography

Ghattas, Kim – *The Secretary: A Journey with Hillary Clinton from Beirut to the Heart of American Power*  
 Mansfield, Stephen – *Lincoln's Battle with God: A President's Struggle with Faith and What It Meant for America*

#### LARGE PRINT BOOKS

##### Fiction

Trollope, Anthony – *An Eye for an Eye*  
 Trollope, Anthony – *Kept in the Dark*

##### Mystery

Christie, Agatha – *The Big Four*  
 James, P.D. – *Devices & Desires*  
 Kaye, M.M. – *Death in Kashmir*  
 Keating, H.R.F. – *Dead on Time*  
 Keating, H.R.F. – *Filmi, Filmi, Inspector Ghote*

## VIDEO LIBRARY

**New videos can be accessed when a library volunteer is on duty**

**The Double Hour** (2011). Winner best actor, best actress, best Italian film at the Venice International Film Festival. "A wild and way-twisty thriller that is full of surprises" (Los Angeles Times). In Italian with English subtitles.

**Finding Vivian Maier** (2014). A documentary about the strange and riveting life of one of the 20<sup>th</sup> century's greatest street photographers. "An exciting electric current of discovery runs through this film" (The New York Times).

**her** (2013). Starring Joaquin Phoenix. Academy Award Winner for best original screen play. "Imaginative, funny and emotional" (Entertainment Weekly).

**Mark Twain** (2001). A biographical documentary directed by Ken Burns about the acclaimed American humorist and author.

**Out of Africa** (1985). Starring Meryl Streep and Robert Redford. Winner of 7 Academy Awards, including best picture.



## October Coming Events



### Wed., Oct. 1. NAME TAG DAY.

Sat., Oct. 4. Movie. *Nobody's Fool*. Wm. Penn Rm., 7:30 p.m.

Mon., Oct. 6. Crosslands Residents Association Board Meeting. Wm. Penn Rm., 10:00 a.m.

Tues., Oct. 7. Wellness Center. "Keeping Abreast of the Situation: New Developments in Breast Imaging." Speaker: Dr. Tina Stein. Wm. Penn Rm., 1:15 p.m.

Tues., Oct 7. Kendal Wellness Center. "Partners in Caring For Each Other." Kendal Aud., 7:15 p.m.

Tues., Oct 7. Forum Committee. "Teaching in Prison." Speaker: Dr. Foster Nowell, Jr. Wm. Penn Rm., 7:30 p.m.

Wed., Oct. 8. Wallach's Shoe Sale. Wm. Penn Rm., 10:00 a.m. - 1:00 p.m.

Thurs., Oct. 9. Food Advisory Committee. "Hunger in Our Backyard: Meeting Food Insecurity Needs in Southern Chester County." Wm. Penn Rm., 7:30 p.m.

Fri., Oct. 10. Opera Lecture: *Macbeth*.

Speaker: Bob Rowland. Wm. Penn Lounge, 4:00 p.m.

Fri., Oct. 10. KCC & WCU Partnership. The Williamsburg Salsa Orchestra. West Chester University, 7:30 p.m.

Fri., Oct. 10. Camera Club. "Our Commonwealth: Extraordinary Spectacular Pennsylvania." Speaker: Blair Seitz. Wm. Penn Rm., 7:30 p.m.

Sat., Oct. 11. Light 'n Lively. The Crystal Combo. Wm. Penn Rm., 7:30 p.m.

### Mon., Oct. 13. COLUMBUS DAY.

Mon., Oct. 13. Energy Conservation Committee. "Green Initiatives Around the Kendal System: What's New?" Speaker: David Jones. Wm. Penn Rm., 1:30 p.m.

Tues., Oct. 14. Tuesday Edition. "A Woman's Journey: Watercolors and Drawings 1940's to Present." Speaker: Mary Lee Barker. Wm. Penn Rm., 10:00 a.m.

Tues., Oct. 14. Music Committee. Charlotte Daw Paulsen, Soprano. Wm. Penn Rm., 7:30 p.m.

### Wed., Oct. 15. NAME TAG DAY.

Wed., Oct. 15. Interfaith Dialogues. "Accompanying Each Other on the Journey of Aging." Speaker: George Shaefer. Wm. Penn Rm., 3:00 p.m.

Fri., Oct. 17. Opera Lecture: *Le Nozze Di Figaro*. Speaker: Bob Rowland. Wm. Penn Lounge, 4:00 p.m.

Fri., Oct. 17. Sing Along with Sarah Lee. "Hey! There is a Silver Lining." Wm. Penn Lounge, 7:30 p.m.

Sat., Oct. 18. Movie. *The Wyeth Family*.

Wm. Penn Rm., 7:30 p.m.

Sun., Oct. 19. English Country Dancing. Sports Room, 2:30 p.m.

Mon., Oct. 20. Book Review. *Russians: The People Behind the Power*. Reviewer: Pat Koedding. Wm. Penn Rm., 11:00 a.m.

Mon., Oct. 20. Nature Conservancy. "Live Birds in Action." Speaker: Phung Luu. Wm. Penn Rm., 1:00 p.m.

Tues., Oct. 21. CRA Concerns Session - Opportunity for private discussion with two CRA Board members. Webb-Savery Room, 10:00 to 11:00 a.m.

Tues., Oct 21. Forum. "Tumultuous Developments in the Middle East: New Challenges and Opportunities." Speaker: Ron Young. Wm. Penn Rm., 7:30 p.m.

Wed., Oct. 22. Welcoming Committee. New Residents' Reception. Wm. Penn Rm. and Lounge, 9:30 a.m.

Thurs., Oct. 23. League of Women Voters.

"The Supreme Court's Ruling on Campaign Financing." Panel Discussion. Wm. Penn Rm., 10:00 a.m.

Thurs., Oct 23. Better Hearing Committee. "Hearing, Hearing Aids and Balance." Speaker: Dr. Judith Curtin. Wm. Penn Rm., 7:30 p.m.

Fri., Oct. 24. National Food Awareness Day Reception. Wm. Penn Lounge, 4:30 - 6:15 p.m.

Fri., Oct. 24. Crosslands Players. Poetry Night. Wm. Penn Rm., 7:30 p.m.

Mon., Oct. 27. Great Decisions. "U.S. Trade Policy." Moderator: Peggy Jones, George Fox Rm. 9:45 a.m.

Tues., Oct. 28. Health and Wellness Education Committee. "The Body's Innate Ability to Heal Itself." Speaker: Dr. Jeffery Chamberlain. Wm. Penn Rm., 11:00 a.m.

Tues., Oct. 28. KCC & WCU Partnership. Travel Series: The Amazon, a River Expedition Down the Great River Sea of Brazil. West Chester University, 7:30 p.m.

Tues., Oct. 28. Music Committee. Mendelssohn Piano Trio. Wm. Penn Rm., 7:30 p.m.

Wed., Oct. 29. Staff Recognition Tea. Wm. Penn Lounge., 2:00 - 3:00 p.m.

Thurs., Oct. 30. Wellness Center. "Glaucoma and You." Speaker: Dr. Cristan M. Arena. Wm. Penn Rm., 2:00 p.m.

Fri., Oct. 31. Halloween.

