



CROSSLANDS CHRONICLE

DECEMBER 2013

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Photo: Dick Kline Fire: Ed Jordan

THE PERFECT FIRE

There are as many recipes for the perfect fire as there are perfect fire-builders. For tinder: dead grasses (locally gathered), pine needles or birch bark. For kindling: home-grown dry sticks smaller than the wrist or wood split with an axe. Your choice of shape for the fire itself: suburban grate, teepee, log cabin.

Once made, the fire is ready for the doorbell's ring: greetings and happy voices, laughter, snap and crackle as a new log catches, the slight smell of burning oak, the clink of glasses and a sudden flare from the hearth. In silence we watch the flames moving and changing, finally sinking into the coals. Then we depart with warm goodbyes and good memories.

Anne Curtin

The Chronicle wishes you and yours a wonderful holiday season and a happy new year.

CHIEF EXECUTIVE OFFICER'S CORNER

In the past few months, we have seen some renewal of the Kendal~Crosslands Communities Board of Directors with the departure of one director and the appointment of two others.

One of our new directors is Jon Huxtable, who has been Head of the Middle School at Wilmington Friends School since 2012 and has worked there previously as a teacher and coach. He has also served as the founding Head of School for eight years at a newly formed Quaker school in Forest Hill, MD, the Harford Friends School. In addition, Jon has experience as a Director of Development at the Genesee Valley Outdoor Learning Center in Parkton, MD. Jon holds a bachelor's degree from Haverford College, and an Ed.M. from Harvard University. He is a resident of Wilmington, DE, and a member of Gunpowder Friends Meeting in Sparks, MD. Jon will be joining the Finance Committee of the board as well.

Marlane Chestnut is an attorney, currently of counsel with the law firm of Reger, Rizzo & Darnall in West Chester, PA. Most of her career was spent with the Pennsylvania Public Utility Commission (PUC), with more than 25 years' experience as an administrative law judge, focusing primarily on all aspects of utility regulation. Marcy is a long time member of Downingtown Monthly Meeting and a graduate of Michigan State University and Villanova University's School of Law. We will be seeking Marcy's help as a member of the board's Long Range Planning Committee.

Unfortunately, we also said farewell to longtime director Don Barr. Don had been the Dean of the College of Health Sciences at West Chester University and, with his recent retirement, is moving to Florida full time. During Don's time on the board, we developed a number of important shared projects between KCC and the university, including clinical rotations for nursing students and other programs. In his more than 10 years on our Board of Directors, Don served in a number of important roles, clerking a number of key board committees and serving several years as Board Clerk. We'll miss Don's energy and his wisdom.

No board of directors should remain unchanged over time; a healthy and effective board seeks to maintain a steady flow of new individuals with new perspectives replacing participants who inevitably move on in life.

Phil DeBaun

DID YOU KNOW THAT...

— last month this column told about our dining room helper, DJ Burgos? November's *Smithsonian* magazine pictures the Burgos family on page 45. We scooped them!

— Phil Gilbert reports that wearing a name tag and giving a brief greeting to a stranger can lead to a grand reunion with a long-ago friend?

— Jean Winch is pictured in the Crosslands Wellness Center ad holding her two great-grandchildren who enjoy the long halls in Audland?

— Dee Nelson's son-in-law, Richard Leff, a Democrat, was elected to the Board of Supervisors of Kennett Township?

Deadline for the January 2014 *CHRONICLE* articles is December 10. Calendar deadline is **December 5**. All articles must be signed and are subject to editing. Please put them in the *Chronicle's* open box or send them to: **XLChronicle@verizon.net**

CROSSLANDS CHRONICLE

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CROSSLANDS RESIDENTS ASSOCIATION

**CROSSLANDS RESIDENTS ASSOCIATION
PRESIDENT'S MESSAGE**

The November 4 CRA Board Meeting included an overview by Cathy Emig of the construction projects including an announcement of a Welcome Reception for the new Health and Wellness Center on November 18. It is great to see that the new facilities are already being used by residents and staff! If you missed the Welcome Reception and are not already using the facility, drop in and talk with Rachel Martin about the programs and how they might benefit you. There are opportunities for us at every fitness level!

Audrey Super, Kendal~Crosslands Director of Human Resources, presented a snapshot of the work that her organization does and their special emphasis in developing diversity. She is looking for resident volunteers to help. Contact her at asuper@kal.kendal.org or 610/388-5618 if you are interested in participating.

Jerry Daghir gave a fine report on the work he and others are doing as a special CRA committee designed to reinvigorate music, reading, conversation and other activities in Firbank and Audland. Jerry reported that ten residents and one friendly Labrador Retriever have already agreed to help with this pleasant and valuable service. The "Sunday Evening Hymn Sing" and the newly added "Piano Serenaders" programs are also underway. Please check Jerry's report in the library and if you can help let him know at (610) 388-7012.

Michele Berardi, Kendal~Crosslands Director of Marketing and Community Relations, will attend our December 2 CRA meeting and will give a brief overview of the work her organization is doing to attract new residents to Crosslands. I hope it will open doors for ways where residents can assist.

Please check the Bulletin Board or the Library to read a full draft of the November Meeting Minutes and to preview the full agenda for the Dec. 2 CRA meeting.

And, as always, please be on the lookout for ways that we can make our lives here even better. We welcome your suggestions!

Dick Kline

SECOND VICE PRESIDENT'S REPORT
COMPUTER LAB & TV 9

Phil Gilbert is owed a big vote of thanks for his many years in a leadership role on this committee first as chair, then as co-chair with Isabel Olmsted. He is staying on the committee, but Les Small has become co-chair with Isabel. This committee would like more members.

FORUM

Crawford MacKeand of Cartmel is chair and Selma Hayman is vice-chair.

BULLETIN BOARD

When posting a notice, please sign your name somewhere on the posting or indicate the sponsoring committee or activity. Guidelines for the Bulletin Board are with the wooden box located on the shelf under the magnetic board.

FLOWER ARRANGING

This committee's efforts certainly add to the attractiveness of Crosslands. New members are being sought. There are ways you can help even if your flower arranging skills are less than "blue ribbon."

Jane Krick

CRA CONCERNS SESSION
Tuesday, December 17
Webb-Savery Room
10:00 - 11:00 a.m.
CHRISTMAS EVE GATHERING
Tues., Dec. 24 - Wm. Penn Lounge
7:30 p.m.

Once again, Crosslands residents and their families and friends will gather in the William Penn Lounge for a program of carol singing and Christmas stories in celebration of the season.

One of the blessings of Christmas is remembering. We hope the stories that are told tonight and the carols we sing will enrich your memories. Do join us for this special celebration.

Jane Andrews

MUSIC COMMITTEE

Duo Parisienne
Nancy Bean, Violin and Viola
Anne Sullivan, Harp

Tues., Dec. 10 - Wm. Penn Room - 7:30 p.m.

The Duo Parisienne has delighted Crosslands audiences in the past with varied programs spanning four centuries of music. We look forward to a similarly enjoyable experience when they come in December.

Nancy Bean, a founder of the Wister Quartet which played here in November, is a Curtis Institute graduate and was formerly the Assistant Concertmaster of the Philadelphia Orchestra. She is the artistic director of 1807 & Friends and has appeared as soloist with the Philadelphia Orchestra, the Seattle Symphony, the Seattle Philharmonic and the Concerto Soloists of Philadelphia.

Anne Sullivan, also a Curtis graduate, studied harp with Marilyn Costello, former Principal Harpist with the Philadelphia Orchestra, and she first appeared as soloist with the Philadelphia Orchestra at the age of twelve. She was the principal harp of the Orchestra of the Pennsylvania Ballet and has been a member of the music theory faculty at the Curtis Institute.

Esther Cooperman

SING ALONG WITH SARAH LEE

"Christmas is Icumen In"

Fri., Dec. 6 - Wm. Penn Lounge - 7:30 p.m.

I quote this old saying as we begin the season's preparations for Christmas. Many of you have seen the magnificent paintings on the ceiling of the Sistine Chapel in Rome. The hand of God is reaching out to touch man and fill him with life and love.

Crosslands has many hands that provide a caring touch to others: sternwheelers, hand massagers and musicians who play for hymn sing, memorials and dinner.

Tonight we'll give our voices as well - to welcome this beautiful, inspiring and fun time.

Sarah Lee Houston

LIGHT 'n' LIVELY

The Brandywiners Chorale
Sat., Dec. 7 - Wm. Penn Room - 7:30 p.m.

The Brandywiners Chorale, in its 25th anniversary year, brings its seasonal program to Crosslands. The Chorale will welcome winter, Christmas and Hanukkah with a variety of songs, some spiritual, others spirited, all celebratory.

Get an early start to this festive season by coming to hear the Brandywiners' superb music-making.

Jean Haas

Recorder Ensemble of the Osher Lifelong Learning Institute.

Sun., Dec. 8 - Wm. Penn Room - 3:00 p.m.

The Recorder Ensemble of the Osher Lifelong Learning Institute from the University of Delaware has a mixture of soprano, alto, tenor and bass recorders. The group will perform music from the 17th and 20th centuries.

Residents Virginia Maier and Les Small are members of the ensemble.

Pat Koedding

Westtown Dancers
Mon., Dec. 9 - Wm. Penn Room - 11:00 a.m.

Twenty-five third graders in African masks and costumes will perform the dances they have learned while studying African culture at Westtown. You'll love watching these lively young dancers respond to the beat of the drums.

This event was arranged by John Ross and is sponsored by Light 'n' Lively.

Jean Haas

NEED TO KNOW WHAT'S GOING ON?

Would you like to **hear** the information presented on either TV9 or TV8? Just call 484-770-5711. Press "9" to hear a recording of the current day's information on TV9, or "8" to hear the general schedule information that is on TV8.

FORUM COMMITTEE

"The Affordable Care Act"**Speaker: Jeffrey Wise****Vice President Financial Services
and Insurance, Chester County Hospital
Tues., Dec. 3 - Wm. Penn Room - 7:30 p.m.**

This presentation will include an overview of the Affordable Care Act and its impact on different stakeholders including employers, employees/citizens, insurance companies and healthcare providers. Mr. Wise will also address its impact on the Pennsylvania Medicaid program.

This is an opportunity to learn more about a timely subject from someone who has worked for various healthcare insurance companies for 21 years.

Questions from residents will be welcome.

*Don Stryker***"Gothic Cathedrals"****Speaker: Don Grimes****Tues., Dec. 17 - Wm. Penn Room - 7:30 p.m.**

The Forum Committee is very happy to have enlisted Don Grimes to speak on Gothic Cathedrals. Mr. Grimes is a long-standing member of and instructor at OLLI, probably still better known as the Academy of Lifelong Learning of the University of Delaware in Wilmington. At OLLI he conducted a term-long series of presentations that covered these European churches: their conception, construction and use from 1300 to the present day.

In this evening lecture, he will show us not just familiar views of these great buildings but also the underlying craftsmanship. He will do this using a set of wonderful projections that clearly show how medieval skills could rise to architectural heights still unsurpassed in the world.

Come and enjoy a "visit" to the great Gothic Cathedrals.

Crawford MacKeand

TUESDAY EDITION

"The False Pregnancy in a Six-Year-Old Girl"**Speaker: Joae Brooks Walker****Tues., Dec. 10 - Wm. Penn Room - 10:00 a.m.**

Joae is a Board certified child psychiatrist. She is a graduate of the University of Rochester School of Medicine and Dentistry. She trained in medicine at Duke Hospital and in adult and child psychiatry at the Massachusetts Mental Health Center and Beth Israel Hospital in Boston.

Joae was professor of psychiatry at Harvard Medical School and was on the staff of Beth Israel Hospital for over 40 years treating children. She supervised psychiatric residents in their work with children and taught medical students child psychiatry in the clinic.

The case she will present is a very rare instance of a false pregnancy in a child where the little girl has a strong delusion, a false belief, that she is pregnant.

Joae Brooks Walker

INTERFAITH DIALOGUES

"Meeting Interfaith Challenges in the 21st Century."**Speaker: David W. Long****Wed., Dec. 18 - Wm. Penn Room - 4:00 p.m.**

Time has always brought change, sometimes dramatically, as now, and religion has usually played a part. By tracing our personal and cultural history, we may be able to obtain a greater and perhaps more helpful, perspective. This talk on 21st century interfaith challenges will encourage audience participation.

David W. Long grew up in a parsonage, taught high school and served in the ministry. He currently writes on peace and progressive issues and teaches. He and his wife Barbara have two grown daughters, one a nurse and the other a teacher. They have two granddaughters.

Sharon Sundial

CAMERA CLUB PRESENTATION**"Creative Seeing Along the Southern Coast of Maine"****Elisabeth Bard****Fri., Dec. 13 - Wm. Penn Room - 7:30 p.m.**

Prepare to be enthralled! Elisabeth Bard is a prize-winning art photographer whose previous presentations at Crosslands have been enthusiastically received. Her work seduces the eye with fascinating colors, textures and combinations, whether the images are of wildlife, landscapes, architecture or abstract compositions. As she once expressed it to a journalist, she tries "to get people to look at things in nature, but see them in a different way." This time, she will show us a collection of photographs from a recent trip to the Maine coast.

Ms. Bard studied fine art and photography at Hiram College in Ohio. After raising her family and working for over twenty years as a designer and illustrator, she turned to photography full-time. Elisabeth is the daughter of former Crosslands resident Al Hirsch, who accompanied her on several photography expeditions around the globe.

*Lowell McMullin***IN THE GALLERY****Eleanor Farnese
October 31 - January 2**

There is a notebook on the hall table by the gallery featuring Eleanor's paintings reproduced on notecards. Please check the notebook for additional information.

Art Collectors Exhibit

If you have an art collection that you enjoy, would you be willing to exhibit some of it in the hall gallery for the pleasure of our community members? This is tentatively scheduled for September 2014. Please contact Nancy Pereira by December 31 (610) 388-1986.

*Nancy Geary Pereira***CROSSLANDS PLAYERS****"Christmas Memories"****Fri., Dec. 20 - Wm. Penn Room - 7:30 p.m.****Sat., Dec. 21 - Wm. Penn Rm. - 7:30 p.m.**

The Crosslands Players invite you to an evening of Christmas memories based on two short stories by Truman Capote. Capote regarded these stories as some of his finest works of short fiction. Humorous and nostalgic, they recall his childhood memories of Christmas in rural 1930s Alabama. George Martin will be narrator assisted by Bunny Hemmingsen, Alice Stryker, George Gillespie and David Peacefull. Music will also be part of the program as periodically audience and cast join together to sing familiar Christmas songs accompanied by pianist Jerry Daghir.

Free tickets for the performances will be available from 11:30 a.m. to 12:30 p.m. and from 4:45 to 6:00 p.m. on December 18 and 19 at the entrance to the Main Dining Room.

*Jane Andrews***SHOWCASE****December 10 - January 13****The Holy Land
Crèches, Menorahs,
Clothing, Objects, Pictures
and Other Mementos of Israel and the
Middle East**

NEED A RIDE HOME AT NIGHT AFTER A CONCERT, FORUM OR OTHER EVENING EVENT?
Dial Firbank at 5622 and a bus will come for you in minutes. Forget the number? Refer to the sign on the telephone table.

GREAT DECISIONS

Great Decisions will resume in January with a new set of discussion topics. I would encourage all who are interested in foreign policy issues, or who simply want to be better informed, to join the Great Decisions group and share your questions, ideas and opinions. If you have not yet signed up for a briefing book, it is not too late. Please contact me at (610) 388-9805, or put a note in Open Box #108.


Chuck Gosselink

VINE CUTTING

Over the years, the Vine Cutters of Crosslands have made a significant contribution to the health of our woodlands with their efforts to eliminate, or at least slow down, the invasive vines that are strangling our trees. We will continue that tradition this year.

We will be working every other week on Friday afternoons all through the winter if the weather allows. Our first session will be December 6 at 1:30. If you are a veteran, you will be getting the details. If you have not done this before, but would like an excuse to get out in the woods for some mild exercise and a good cause, please let me know at (610) 388-9805 and I will put you on the list.

Chuck Gosselink



**CHRISTMAS COOKIE
SWAP**

**Thursday, Dec. 12 - Wm.
Penn Lounge**

9:30 - 11:00 a.m.

**Make the Cookie
Bake the Cookie
Take the Cookie
Swap the Cookie
Take the Cookie
Eat the Cookie - YUM**

Come and Visit - Coffee and Tea Served

THE SUNFLOWER SHOP AT THE HOLIDAYS

The Sunflower Shop is full of goodies for the holiday season. There are gifts for all ages — your friends, relatives, grandchildren and great-grandchildren. There are stuffed animals, toys, jewelry, fabulous clothing, reading lamps, cards, magnifiers and beautiful journals. The shop also discounts all books 20% off the list price.

A new item in the shop is real New England maple syrup produced by a Kendal resident's son on property owned by Connie Hill's son. Great on pancakes and waffles and as a gift.

Come in and complete your holiday shopping in one convenient place.

Gift Wrapping Service
Weds., Dec. 11 and 18
11:15 a.m. - 1:30 p.m.

The Sunflower Shop will be providing holiday gift wrapping. Bring your shop purchases or other items and have them wrapped for a slight fee. Prices will be based on the size of the package.

Barb Pusey, MaryLou Thomas

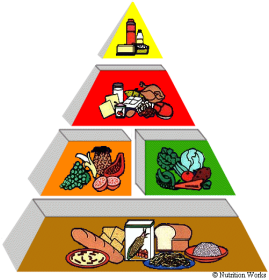
MARTIN LUTHER KING BREAKFAST Jan. 20 - Kennett Square - 8:00 a.m.

The 13th Annual Martin Luther King, Jr. Community Breakfast will be held at the Red Clay Room, Dalmatian Drive, Kennett Square. The keynote speaker will be Rev. Anita Powell, District Superintendent of the United Methodist Church. Rev. Powell spoke at a Crosslands Forum several years ago to an interested and enthusiastic audience.

Tickets are \$15.00 and must be purchased in advance from Dave Heckman, (610) 388-1552 or by calling the United Way office at (610) 444-4357. The breakfast is a very popular event, so please order your tickets early.

A bus will be available for residents. A sign up sheet will be posted on the bulletin board in January.

Dave Heckman



A MORSEL FROM THE FOOD COMMITTEE

New research emphasizes that saturated fat is not only bad for our hearts but is also bad for our brains. We are all aware that it leads to atherosclerosis of our coronary arteries but we may not realize that the same disease process goes on in our cerebral arteries as well.

This common and damaging fat also deprives the brain of a protein, apolipoprotein or ApoE, that protects the brain from Alzheimer's Disease. ApoE searches for amyloid protein and carries it out of the brain. Loose beta amyloid forms the plaques and tangles that occur in Alzheimer's Disease.

So, it is smart to stay away from butter and fatty meats such as bacon and sausage. Whole milk which contains 4% fat and many processed foods like salami and many commercially baked cakes and cookies contain saturated fat.

Source: *Mind, Mood & Memory, Massachusetts General Hospital, Oct. 2013.*

*Joae Walker, MD
Chair, Food Advisory Committee*

HELP WANTED! Join the TV9 Team!

We need:

Two composers: — less than 1 hour a week; requires only basic computer skills.

One reader: — less than 20 minutes once a week; requires only a clear voice.

Want to assist residents without access to the Internet?

We need:

Two people: — ten minutes, three days a week to print residents' emails received in the computer lab and put them in residents' open boxes.

**Interested in any of these positions?
Call Isabel Olmsted at 610-388-0190.**

WELLNESS CENTER NEWS

"Lyme Disease"

Speaker: Dr. Kathy Spreen

Wed., Dec. 4 - Wm. Penn Room - 10:00 a.m.

Dr. Kathy Spreen will join us to discuss her new book, *Compendium of Tick-Borne Diseases: A Thousand Pearls*. Dr. Spreen's book provides a comprehensive overview of tick-borne diseases including descriptions, diagnostic approaches, treatment options and an array of management plans. The text was designed to educate healthcare providers, patients, and caretakers about the risks posed by tick-borne illnesses. Previously, the contradictory, confusing and inflammatory statements made proper diagnosis and treatment of these cases difficult, if not impossible. Because Dr. Spreen compiled, interpreted and consolidated expert opinion, medical literature and hands-on experience into one volume, the reader finally has an accessible resource that will aid in collaborative, practical and compassionate decision-making.

Rachel Martin

STRENGTH TRAINING WEIGHT LIFTING CLASS

Would you like to lower your cholesterol?
Would you like to build up your bone density?
Would you like to improve your muscle tone?

If the answer is yes to any one or all, then the Strength Training Weight Lifting Class might be just the ticket for you. Classes are held on Mondays and Wednesdays at 11:15 a.m. in the Sports Room. They are conducted by Kyle Lanier, a Certified Personal Trainer. Except for wall exercises, all exercises are done in a chair. You can also use an exercise ball. The cost is \$50.00 per month. We have a lot of fun in this class.

Please call Pat Koedding for more information (610) 388 - 9643.

Pat Koedding

WELCOME NEW RESIDENTS

Virginia "Ginny" Gibson Schofield
Randolph "Randy" Schofield
Apt. 421 September 25, 2013

The Schofields moved to Crosslands from Kennett Square. Ginny was born in Cambridge, MA and has lived in Wilmington, DE, New Orleans, LA and Newton, MA. Randy is local, having been born in Philadelphia and lived in Wilmington, DE.

Randy is a graduate of William Penn Charter School in Philadelphia and Hobart College in Geneva, NY. He served in the US Navy during the Korean War aboard the battleship Iowa. He then was a finance manager at DuPont.

Ginny attended Newton, MA schools and Katherine Gibbs School in Boston, MA. She worked at an architect's office, DuPont and the Wilmington Trust Company. She was President of the Holiday Travel Agency and still works as an independent travel consultant.

Both Ginny and Randy have volunteered at the Church of the Advent (Episcopalian) in Kennett Square, Ginny as a youth group leader and a facilitator for After the Bell and Randy as a vestryman, youth group Leader, a member of After the Bell and President for three years. He is currently a Board Member Emeritus. Ginny has also volunteered at Winterthur as a docent and with the Spade and Trowel Garden Club.

They are both interested in travel and bridge. Ginny also enjoys art, gardening and handcrafts. Randy is a sports fan.

Their son Christopher, daughter Carolyn and four grandchildren live in Kennett Square.

Welcome to the neighborhood.

Bonnie Marcus

BUS TRIP

Herr's Factory

Tues., Dec. 17 - Front Entrance - 6:30 p.m.

See the holiday-illuminated trees, hear a talk about Herr's, see potato chips produced and sample the chips. The trip will be approximately two hours. Please sign up on the bulletin board.

Phil Gilbert

STAFF NEWS

Pat Wiley from Crosslands Housekeeping is one of the October recipients of a gift card in the Dollars of Distinction Program. Pat's award recognized her for "jumping right in to help new staff members and fellow staff to get their jobs done." She received special recognition for "going above and beyond" in her attention to the needs of the residents.

After four years and the recognition of more than 96 deserving recipients, the Dollars of Distinction Program will end in December. Another program will be introduced in the future.

John Platt, Crosslands Dining Service Director is a 2013 graduate of the Fellows in Leadership for LeadingAge PA. John spent this year-long program traveling across the state to collaborate with and learn from other leaders in senior care. The program focuses on the skills and knowledge required by leaders in a new era of aging services.

Alvin Miller from Maintenance completed OSHA Safety Training: The 30-Hour Compliance Course. The course covered OSHA inspections, accident reporting, conducting a job safety analysis, recordkeeping and many other OSHA-related topics.

*KCC Staff Newsletter
Editor: Linda Flewelling*

RESIDENT STATISTICS

Transfers

Blair Both	Crosslands 223 to Audland 527
Doris "D" Wood	Crosslands 125 to Crosslands 121
Tom Baldwin	Crosslands 240 to Audland 523
Sally Scattergood	Audland 518 to Firbank 611
Lee Dumont	Crosslands 16 to Audland 528
Carl Christianson	Crosslands 66 to Audland 519
Marge Christianson	Crosslands 66 to Audlans 521
Jack Styer	Firbank 326 to Firbank 713

In Memoriam

Wayne May	October 31, 2013
Barbara Graves	November 6, 2013

Crosslands extends its deepest sympathy to family and friends on the loss of their loved ones.

**POTTERY SALE PLUS,
Thurs., Dec. 5 - Wm. Penn Room
9:00 - 11:00 a.m.**



The pottery sale is hosting additional crafts this year. Besides our outstanding pottery items, there will be wooden bowls artfully turned by Pete Silvia (featured below) from wood found on the campus and elsewhere, charming small wooden animals created by Jeana Levinthal that are so much fun to stack and play with, colorful polymer clay holiday ornaments and original jewelry featuring unique ceramic beads made in the ceramics room.

So mark your calendars now, and come early for the best selection.

Cynthia La Para

**FEATURED ARTIST: PETER SILVIA
WOODSHOP**

Our friend and neighbor from Cartmel, Pete Silvia, is a messy fellow. Most mornings, when he's around, he can be seen messing about in the Crosslands Woodshop, turning Crosslands-grown timber into beautiful wooden bowls on his carefully chosen lathe. He also, as he puts it, is our village knife grinder.

When he's away from home, he's usually messing about with boats – sailing, cruising, *thinking* boats. He grew up on the Massachusetts coast, and boats and the sea are part of his being. He chose to attend the school with probably the best program in this country for training in boat design, the Webb Institute in Glen Cove, NY. There, he took two degrees: one in naval architecture and the other in marine engineering.

After graduating, he worked in the U.S. Navy's small boat design office. During the Vietnam War, he helped the war effort by designing and writing the specifications for river patrol boats used in Vietnam. Then he became chief boat designer for the Coast Guard.

His next career jump was to the Navy's ship research and development center to do studies to improve the performance of our ships. He also moved into quality team training in management but mostly enjoyed the opportunity to work with organizations and people.

As a member of the New Bedford Whaling Museum, he learned of its project to build a half-size Azorean sailing/rowing whaleboat to be added to their collection of half-size whaling ships and boats. He volunteered his much-welcomed services and very much enjoyed the project, completed last spring. These boats were modeled by the whalers of the Azores on the ones launched by New England whalers from their sailing ships (remember Moby Dick). Those, in turn, were inspired by Indian whaling canoes. The New Bedford half-size model, he says, looks like a whale boat for Hobbits.

Pete also enjoys building stage sets, particularly for Gilbert and Sullivan operettas. He also messes about with stringed instruments: banjo, guitar, mandolin, auto harp and viola de terra.

In 1999 he retired, and in 2010 he and his wife, Mary Laird, an educator, holistic health consultant and writer, moved to Cartmel. In January Mary, whom he characterized as "thinking flowers" even as he "thinks boats", died.

If you have a piece of raw timber that you like, you can bring it to Peter Silvia in the Woodworking Shop to turn into a lovely bowl. If not, but you'd like a bowl anyway, his products will be for sale at the Pottery Sale Plus in the William Penn Room on December 5. It would be a great Christmas present and much easier to carry than a boat.

Betty Nathan

CROSSLANDS CROSSWORD #6

Here for the Holidays

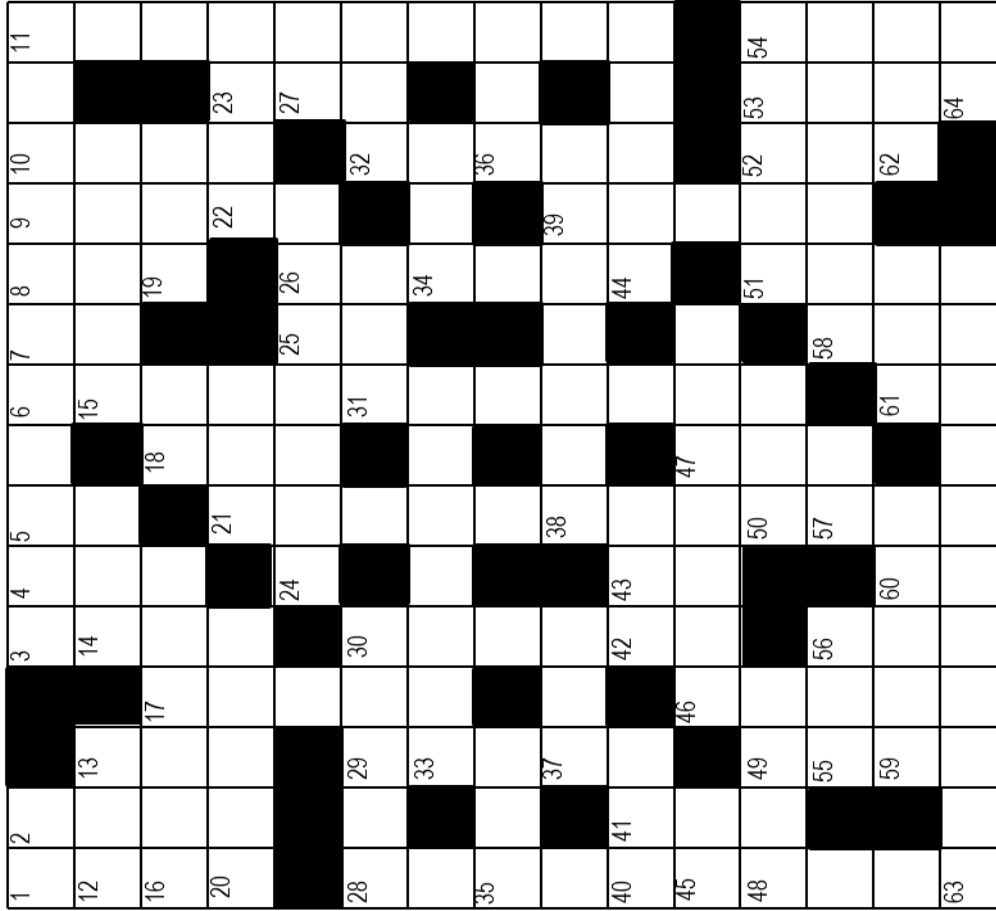
Hollis Scarborough

ACROSS

- 1 Library admonition.
- 3 Elf's hat with a pompom.
- 12 A very long time.
- 14 Joint that is often replaced.
- 15 Broadcast again.
- 16 Performers in the annual holiday concert at Crosslands.
- 18 Roman couple.
- 19 Miracle-_____.
- 20 It's heard in the Alps.
- 21 Shiny round media for music.
- 22 Romulus or Ann Landers, for instance.
- 24 Menorah's "attendant" candle.
- 27 The Sunflower State.
- 28 "Adeste Fideles," for instance.
- 31 Sawn.
- 32 Payment for services.
- 33 What a 51-down might need.
- 34 Musical talent.
- 35 Choose.
- 36 Not safe.
- 37 "Ode on a Grecian _____."
- 38 _____ pink.
- 40 Nickname for composer Berlin.
- 42 Jewel.
- 43 Floating navigation aid.
- 44 What pine and peppermint add to the holiday ambience.
- 45 Interjection meaning "Huh?"
- 46 Royal insignia.
- 48 Area of London or Manhattan.
- 50 "Unto us a _____ is given."

DOWN

- 1 Head of a federal dept.
- 2 Heard from Santa on the rooftops.
- 3 Where to attend Chanukah services.
- 4 "_____ the season".
- 5 _____ Art.
- 6 Leader of the 16-across who sometimes plays her harp.
- 7 In other words (abbr.).
- 8 "Bet all my money on a bobtail _____."
- 9 Santa's is very large.
- 10 A common black bird.
- 11 Plant you can buy at the 63-across.
- 13 Give nonverbal assent.
- 17 Give more room to a root-bound plant.
- 18 Lupino or Tarbell, among others.
- 21 Major December holiday.
- 23 DDE's nickname.
- 25 Steak _____ poivre.
- 26 Latin star.
- 28 Annual exchange of baked treats.
- 29 Alphabet sequence.
- 30 Location of one of the decorated trees at Crosslands.



- 32 Bilbo Baggins left this Hobbit a ring.
- 39 Mistake.
- 41 Roman's first letter.
- 43 Silver symbol.
- 46 With 58-across, a favorite holiday dish.
- 47 Bagel topper.
- 49 Passion.
- 51 _____ log.
- 52 "Aloha Oe" is often played on one.
- 53 Academic or religious writing.
- 54 Prefix to -dermic and -chondria.
- 56 Native of the western U.S.
- 58 '_____ death do us part.
- 60 Train transport (abbr.).
- 61 Second largest U.S. city (abbr.)

COMPUTER CORNER

IPAD TRAINING SESSIONS

Wednesdays 4:15 - 5:15 p.m.

George Fox Room

Have you been curious about ipads and tablets and how they work? Should you buy one? Have you been given an ipad and don't know how to use it?

We have a group of students who are donating their time to teach you and answer your questions. For information, contact Mary Doherty (484) 432-5319.



ELECTRONIC CHRONICLE DELIVERY

Residents: Would you like to save trees and get the Chronicle in color?

Waiting list, ready list and relatives: Would you like to help

us save postage and get the Chronicle in a timely fashion?

If your answers are yes, please request electronic delivery of the Chronicle. Send an e-mail to:

XLChronicle@verizon.net

Answers to Crosslands Crossword #6

Across: 1 sh, 3 stocking cap, 12 eon, 14 hip, 15 re-air, 16 chorus, 18 ll, 19 Grp, 20 yodel, 21 CDs, 22 twin, 24 shamash, 27 KS, 28 carol, 31 cut, 32 fee, 33 stoking, 34 ear, 35 opt, 36 out, 37 urn, 38 tickled, 40 lrv, 42 gem, 43 buoy, 44 aroma, 45 eh, 46 regalia, 48 Soho, 50 son, 51 youth, 55 eau, 57 DX, 58 turkey, 59 astra, 61 Lil, 62 exp, 63 pottery sale, 64 to.

Down: 1 Sec'y, 2 ho ho, 3 shul, 4 'tis, 6 Kris McGuckin, 7 i.e., 8 nag, 9 girth, 10 crow, 11 poinsettia, 13 nod, 17 repot, 18 Ida, 21 Christmas Day, 23 lke, 25 au, 26 stella, 28 cookie swap, 29 RSTUV, 30 lounge, 32 Frodo, 39 error, 41 rho, 43 Ag, 46 roast, 47 lox, 49 heat, 51 yule, 52 uke, 53 text, 54 hypo, 56 Ute, 58 'til, 60 RR, 61 LA.

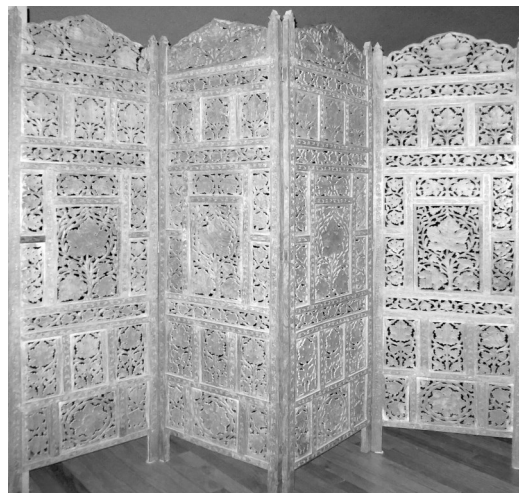
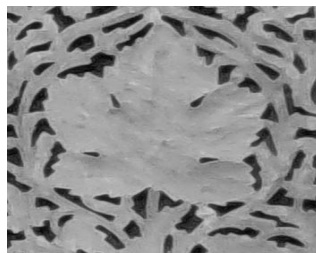
SO YOU THINK YOU KNOW CROSSLANDS...?

Did you know where this is?

It's part of the screen on the stage - you look at it every time you go to a program in the William Penn Room.

No one got the answer. The Camera Club is winning 2 to 1! Good luck this month.

Does anyone know where the screen came from?



Photos by Paulding Phelps



Photo by Thomas Swain

Do you know what/where this is?

Send your answers to XLChronicle@verizon.net or leave it in the *Chronicle* open mailbox. Please include your name and apartment number on your entry.

NEW IN CROSSLANDS LIBRARY

Fiction

Baker, Jo – *Longbourn*
 Boyd, William – *Solo: A James bond Novel*
 Calvino, Italo – *Invisible Cities*
 Evans, Richard Paul – *The Walk*
 Grisham, John – *Sycamore Row*
 Harvell, Richard – *The Bells*
 Mitchard, Jacquelyn – *Cage of Stars*
 Simsion, Graeme – *The Rosie Project*
 Tartt, Donna – *The Goldfinch*

Mystery

Child, Lee et al. – *Inherit the Dead*
 Clark, Mary Higgins – *Moonlight Becomes You*
 Coel, Margaret – *Killing Custer*
 Deaver, Jeffery – *The October List*
 George, Elizabeth – *Just One Evil Act*
 Jance, J.A. – *Second Watch*
 Nesbo, Jo – *Police: A Harry Hole Novel*
 Scottoline, Lisa – *Accused*
 Stabenow, Dana – *A Cold Day for Murder*
 Walker, Martin – *Bruno, Chief of Police*
 Woods, Stuart – *Doing Hard Time*
 Woods, Stuart – *Two Dollar Bill*

Nonfiction

Cahill, Thomas – *Heretics and Heroes: How Renaissance Artists and Reformation Priests Created Our World*
 Fellowes, Jessica and Matthew Sturgis – *The Chronicles of Downton Abbey*
 Francis, Gavin – *Empire Antarctica: Ice, Silence & Emperor Penguins*
 Goodwin, Doris Kearns – *The Bully Pulpit: Theodore Roosevelt, William Howard Taft and the Golden Age of Journalism*
 Lordi, Joseph – *Kennett Square: Postcard History Series*
 Proenneke, Richard – *One Man's Wilderness: An Alaskan Odyssey*
 Shea, Ammon – *Reading the OED: One Man, One Year, 21,730 pages*
 Thomas, Elizabeth Marshall – *The Harmless People*
 Winchester, Simon – *The Men Who United the States: America's Explorers, Inventors, Eccentrics and Mavericks, and the Creation of One Nation, Indivisible*

LARGE PRINT BOOKS**Fiction**

Evans, Richard Paul – *The Road to Grace*

NEW ADDITIONS TO THE VIDEO LIBRARY

New videos can be accessed when a library volunteer is on duty

Before Midnight (2012). Starring Ethan Hawke and Julie Delpy. "Warm, funny and rigorously truthful." (New York Post).

No (2012). Based on a true story. When Chilean military dictator Augusto Pinochet calls for a referendum on his presidency, an opposition leader devises an audacious plan to win the election. Winner Art Cinema Award, Director's Fortnight, Cannes 2012. In Spanish with English subtitles.

The Reluctant Fundamentalist (2012). "Mira Nair's adaptation of Mohsin Hamid's novel is a bold piece of global storytelling." (Peter Bradshaw, *The Guardian*).

Renoir (2012). "A film so sumptuous Renoir himself might have helped out." (NPR). In French with English subtitles.

Coming Events December



Sun., Dec. 1. NAME TAG DAY.

Mon., Dec. 2. Crosslands Residents Association Board Meeting. Wm. Penn Rm., 10:00 a.m.

Tues., Dec. 3. Forum Committee. "The Affordable Care Act." Speaker: Jeffrey Wise. Wm. Penn Rm., 7:30 p.m.

Wed., Dec. 4. Wellness Center. "Lyme Disease." Speaker: Dr. Kathy Spreen. Wm. Penn Rm., 10:00 a.m.

Thurs., Dec. 5. Ceramics Plus Sale. Wm. Penn Rm., 9:00 - 11:00 a.m.

Thurs., Dec. 5. American Red Cross Blood Drive. Kendal Auditorium, 9:00 a.m. - 5:00 p.m.

Fri., Dec. 6. Sing Along with Sarah Lee. "Christmas is Icumen In." Wm. Penn Lounge, 7:30 p.m.

Sat., Dec. 7. Light 'n' Lively. "The Brandywiners Chorale." Wm. Penn Rm., 7:30 p.m.

Sun., Dec. 8. Light 'n' Lively. Recorder Ensemble of the Osher Lifelong Learning Institute. Wm. Penn Rm., 3:00 p.m.

Mon., Dec. 9. Light 'n' Lively. Westtown Dancers. Wm. Penn Rm., 11:00 a.m.

Tues., Dec. 10. Caregivers' Support Group. Audland Lounge A08, 9:30 a.m.

Tues., Dec. 10. Tuesday Edition. "False Pregnancy in a Six Year Old Girl." Speaker: Joae Brooks Walker. Wm. Penn Rm., 10:00 a.m.

Tues., Dec. 10. Music Committee. Duo Parisienne. Wm. Penn Rm., 7:30 p.m.

Wed., Dec. 11. CCC Letter Writing. Wm. Penn Lounge, 10:00 - Noon.

Thurs., Dec. 12. Christmas Cookie Swap. Wm. Penn Lounge, 9:30 - 11:00 a.m.

Thurs., Dec. 12. Crosslands Chorus. "A Crosslands Christmas." Wm. Penn Rm., 7:30 p.m.

Fri., Dec. 13. Employee Holiday Lunch. Main Dining Rm., 11:00 a.m.

Fri., Dec. 13. Camera Club. "Creative Seeing Along the Southern Coast of Maine." Speaker: Elisabeth Bard. Wm. Penn Rm., 7:30 p.m.

Sat., Dec. 14. Opera Lecture: Falstaff. Speaker: Bob Rowland. Wm. Penn Lounge, 9:00 a.m.

Sun., Dec. 15. NAME TAG DAY.

Sun., Dec. 15. English Country Dancing. Sports Room, 2:30 p.m.

Tues., Dec. 17. CRA Concerns Session. Opportunity for private discussion with two CRA Board members. Webb-Savery Room, 10:00 to 11:00 a.m.

Tues. Dec. 17. Herr's Factory Bus Trip. Center Entrance, 6:30 p.m.

Tues., Dec. 17. Forum Committee. "Gothic Cathedrals." Speaker: Don Grimes. Wm. Penn Rm., 7:30 p.m.

Wed., Dec. 18. Interfaith Dialogues. "Meeting Interfaith Challenges in the 21st Century." Speaker: Rev. David Long. Wm. Penn Rm., 4:00 p.m.

Fri., Dec. 20. Crosslands Players. "Christmas Memories." Wm. Penn Rm., 7:30 p.m.

Sat., Dec. 21. Crosslands Players. "Christmas Memories." Wm. Penn Rm., 7:30 p.m.

Tues., Dec. 24. Christmas Eve Gathering. Wm. Penn Lounge., 7:30 p.m.

Wed., Dec. 25. CHRISTMAS DAY

Tues., Dec. 31. NEW YEAR'S EVE

To be listed in Coming Events an **EVENTS SERVICES REQUEST FORM** must be received by the fifth of the month. Forms are available from the receptionist.