



# ***Crosslands Chronicle***

October 2012

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### **Crosslands: A Gem Today and Tomorrow**

At a meeting last spring, a member of the Anniversary Committee noted that the emerald is the gem associated with a thirty-fifth anniversary. Emeralds are not only considered more valuable than diamonds, but they also signify well-being, good luck and reflection. Since these characteristics are also associated with many facets of life at Crosslands, the Committee has chosen the theme — Crosslands: A Gem Today and Tomorrow — for this year of celebration.

Although anniversaries are often times of retrospection, at Crosslands' thirty-fifth anniversary residents are enthusiastically focusing on our present and, with equal gusto, on our future. One of the most striking features of Crosslands' thirty-five years is the amount of construction, renovation and adoption of new technology that has taken place, especially in recent years. Even more amazing is that some of what we take for granted today we were not even talking about five years ago: a smoke-free campus, a new berm along 926, adoption of new technology for medical and library record-keeping, the widespread use of energy-saving light bulbs throughout our campus, Internet access built into every residence and, not least, the daily pleasure of new chairs in the main dining room, the William Penn Room, and the library.

Surrounded as we are currently by the sights and sounds of major construction, we cannot help but pay just as much attention to our hopes for tomorrow as we watch our new health center become a reality. For the residents of Audland, that tomorrow is now as they move into the just-completed new wings of Audland and Firbank; pioneers in their eighth, ninth and even tenth decades of life! Construction will then continue as the single rooms on the upper floor of Audland are remodeled into expanded suites. Several new special-purpose rooms for residents will also be built. At the same time, the lower floor will be remodeled into the long-awaited Wellness Center with a multi-purpose exercise room, indoor swimming pool and expanded spaces for physical and occupational therapy, as well as Resident Care Services. The Child Care Center, newly designed, will return to its former location in Lower Audland.

And, after the construction is completed, the grounds and the gardens that the residents enjoy so much will be restored as a peaceful and welcoming site for sitting, bird watching and contemplation.

It is exciting to think that all of the changes being done today will enhance our tomorrows at Crosslands. We look forward to an endless variety of ways to add spice to our life!

## Executive Director's Corner

I've been fortunate enough to be Executive Director at Crosslands since 1999. When I started, the community was in transition to a second wave of residents, but there were still numerous founding residents and directors active in the community and on the board. This provided me with the opportunity to hear firsthand descriptions of how the community was established, and what life was like in the early years. Most important, I learned how the community established its values, and how it supported their development.

It's interesting to reflect on how the community has changed since it opened in 1977. Some early practices were reflective of limited financial resources in those years, or of the founding residents' pioneer spirit, or both. Did you know that residents themselves actually mowed some lawn areas on campus, using mowers donated to the community? I also learned from longtime grounds staffer Hector Collazo (employee No. 3) that snowstorms frequently caused residents to be campus-bound for two to three days while everyone waited for staff to hand shovel the campus — mechanized plows weren't common equipment until well into the 1980s. It was also an expectation that residents would not come into the coffee shop before 12:30, to first allow staff to get their lunch quickly. Nearly all of the off-campus transportation to medical appointments was organized by a committee of the CRA and used residents' vehicles to transport their friends and neighbors. None of these things are done this way now, and not simply because we have greater financial resources.

Some of our operating practices were progressive at the outset, became commonplace in our field over time, and are now being advanced once again. A good example would be the layout of our skilled nursing and personal care environments. We were unusual in the 1970s for having carpeted floors and other residential features in nursing areas, but now we find that our original floor plan does not support residents' privacy by today's standards, and that the scale of the nursing units can be made more residential by shrinking them into smaller, more distinct households. We look forward to once again leading the field in this regard.

It is even more interesting and satisfying to note what has not changed over the years. I couldn't be prouder of the fact that most residents' only concern about our new design was that it wouldn't separate nursing residents from the rest of the community. Every day I see examples of residents taking care of each other in ways that other communities leave to staff. Residents consistently uphold staff in dignified relationships that differ greatly from the "master/servant" model that prevails at so many other communities. Planning for the community's future is consistently done collaboratively among residents, staff and board for the collective good, and today's cultural self-interest is not part of our process.

All in all, a marvelous demonstration of how practices may change but values endure. Here's to another 35 successful years!

Phil DeBaun

### **CROSSLANDS CHRONICLE**

Published by and for the residents and administrators of Crosslands.

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## Who Are We?

There are many ways to answer this question. Record-keepers like to use numbers; historians, facts; scientists, data. Here are some of each.

Numbers of abiding interest include the ages of the residents at Crosslands. In October 2012 there were 398 residents. Of these, 8 were between 60 and 69, 24 between 70 and 74, 39 between 75 and 79, 105 between 80 and 84, 123 between 85 and 89, 68 between 90 and 94, and 27 are 95 to 99 and 4 are over 100. Of those 90 and older, 43 still live independently as do 95 in the 85 through 89 group and 97 in the 80 through 84 group. There are 3 residents under 79 in skilled nursing, and none in personal care.

Now that Crosslands is 35 years old, the question of length of residency offers some surprises. Currently, just two residents who arrived in 1977 and nine who moved in between 1984 and 1989 are still living here. In the 1990s, 87 current residents joined the community; the remainder have moved in since 2000.

Although Crosslands residents like to focus on the present, we do enjoy reconnecting with our past, sometimes by recalling places we have lived. Many of us have lived for a period of time in Pennsylvania, New York or New Jersey. But our residents represent every state in the Union except Wyoming! Some have also lived for a time in one or more of 64 different nations.

We have also found at least 55 different ways to participate in the working world, and probably have had at least an equal number of avocations. Therefore, as each of us arrived at Crosslands, we brought a broad variety of skills and interests with us. It was not long before we were sharing them, usually through a committee. Indeed, as reported in various Chronicles over the years, ours is definitely a culture of committees and volunteering. We serve on over 100 committees, activities and service groups in support of our community. Virtually everyone who is able participates in one or more groups. Our newer service groups include Better Hearing at Crosslands, Energy Conservation, and Horticulture Therapy.

Modern technology has led to TV 8 and 9, a busy Computer Lab, a Website, automation of the Library records and online access to the library's catalog. At our talks, lectures and meetings, PowerPoint presentations have become the norm. An iPad training group began in September and was immediately over-booked. When it comes to personal communication among family and friends, we are open to trying whatever comes along — from e-mail to Skype.

So, who are we? We are a dynamic, ever-changing community of engaged individuals.

In 1972, a year before Kendal opened, there were 394 people already on the wait list.

In July 1975, there were 730 and 413 wanted to come right away.

In July 1976, after the Crosslands sign-up, there were still 673.

in June 1977, there were 694.

In 1987, it was 1065.

Today, the waiting list is 740.

In 1977, there were 20 committees at Crosslands. By 1978, there were 38. Today there are 102.

### **Committees That Used To Be...**

Antique Study Group

Bible Study

Sports Committee

The Pool Hall Gang

Swimming Pool

The World Around Us

Friends of Audland and Firkbank

Ellerslie Bell Ringers

Wind and Strings

Friendly Visitors

Crosslands Clowns

## When Dreams Come True

Ten years ago founder Mary McClear summed up her 25 years at Crosslands with these words: "It's been a dream come true!" Over the years countless other residents have expressed the same sentiment. What would they say about the dreams coming true today — especially the dream of a new, modern Health Center and Wellness Center?

Crosslands is well known for its high level of health and wellness care. Now, thanks to the resources raised by the Crosslands Residents Campaign for a Finer Firbank and Audland, we are upgrading our facilities to a level not even imagined three or four years ago.

Our goals are: to meet the health and wellness needs of each resident by addressing his or her physical, social, emotional, spiritual, avocational and intellectual requirements at every stage of life, to enable each resident to participate in the life of the community to the greatest possible extent and to do this in as homelike a setting as possible.

What will the new facilities be like?

**Firbank:** We all know that there are times when smaller is better. When the skilled care nursing staff recognized that living in smaller groups would be better for Firbank residents, they did not wait for new construction to put this into practice. Since 2008, Firbank has been organized into three households with consistent staffing in each to give residents a greater sense of personal attention. The new Firbank will further give the feeling of living in a household where each "family" group has its own living room, dining room and kitchen.

Kitchens in each household will allow residents more flexibility in their meal times. Breakfast will be cooked to order whenever the resident is ready to eat. He or she may assist in its preparation or leave it up to the household's staff cook. For lunch and dinner, foods that have the most enticing aromas while being cooked will be prepared in the household kitchen; the rest will be prepared in the central kitchen. Rather than residents going to a large common dining room

or being transported there in a wheelchair, they will be able to eat "at home" in their own dining room.

Many shared group activities will take place in the family's living room where large windows will provide lots of natural light as well as views of the gardens. While the Activities staff will continue to plan some programs, the members of each household will also have the opportunity to suggest and plan activities they think would be fun and interesting, including refreshments. Super Bowl party anyone?

While the common areas and other gathering spaces will be at the heart of each household, a resident's room will remain a private place, in which to "do one's thing," enjoy privacy, read a book, take a nap and dream a little!

More than anything else, Director of Nursing Toni Bicknell hopes that, by offering as many choices as possible in the organization of daily life and by minimizing the institutional look, each household will look and feel like a home. Her other dream is that there will be more interaction on a daily basis between staff and residents, for example by changing the way medicine is distributed. Staff will no longer do this from a "med" cart. Instead, each resident's medicines will be kept in his or her room and a nurse will give them out there allowing more personal and private interaction.

**Audland:** Audland will become a community of studio apartments that will all be on the upper floor. Each resident will be able to create a home and choose how to live in that space. Every apartment will have a small kitchenette and a clear separation between the bedroom and sitting area. Residents can prepare breakfast and lunch at home at an hour that suits them. The sitting area will be a pleasant place for some private time or to entertain a guest or two. A larger space for group social activities is also planned.

Audland will also have a large activities room and its own dining room. Large windows will flood those rooms with natural light and permit panoramic views of the gardens. (Cont.)



## When Dreams Come True (Cont.)

**Wellness Center and Resident Care:** For a long time, residents have been dreaming about having a central Wellness Center at Crosslands. Soon that dream will be reality. The lower floor of Audland will be the Wellness Center. There will be enlarged spaces for exercise that will provide room for new equipment and programs. A beautiful new, all-purpose pool and a warm water Jacuzzi will be available. Expanded and enhanced facilities for occupational, physical and speech therapy are also planned. Recognizing that keeping fit is important at every age, the staff are looking forward to helping residents make the most of these facilities as well as offering a greater variety of directed activities.

Just across the hall, the Resident Care staff will provide medical services in an expanded and upgraded space. This new suite of rooms will offer a brighter and more comfortable setting for both patients and staff beginning with a much larger waiting room that has a window! A separate office for visiting consultants will be part of the suite and offices for the dentist and podiatrists will be next door. Resident Care Director Terry Feiler is particularly pleased with their proximity to the exercise facilities, as she regards keeping well and keeping fit as two sides of the same coin. Another new plus will be the more convenient access from the rear of the building as well as close-by parking that will serve the pool areas, the therapy areas and Resident Care.

**Activities:** Activities Director Kris McGuckin and her team are accustomed to providing activities in diverse spots in the Health Center. Never at a loss for something to do, they bring all sorts of activities directly to the residents of Firbank. Programs held in the Activities Room primarily serve Audland residents.



For the next eight or nine months, the Activities team will be carrying on an even more nomadic existence than usual. From their office in the new wing of Audland, the Activities staff will be providing activities to Health Center residents wherever they can find a space! Kris says this is fine with her. However, like most of us, she looks forward with hope and enthusiasm to her remodeled Activities Room and expects it to inspire her and her team to create even better and more satisfying activities than ever.

Anything else? Yes, indeed!

Plans show a series of special rooms along the hall leading from the Center to Audland, including a Computer Lab, an office for the Crosslands Residents Association and its Archives, and a Meditation Room to serve the spiritual and emotional needs of residents, family and staff.

The Social Services staff will have a bright and cheerful suite of rooms centrally located in Firbank and easily accessible to all, something they have wanted for a long time. Big changes are also planned for the space near the outside entrance to the Health Center. As people enter, they will find a large meeting room for residents on their left and the space on the right, which now contains three offices, will become a roomy, open area with comfortable seating and large windows, providing a great place to sit and enjoy Penny's Garden.

As has been noted by many, these facilities have the potential to touch all of us in new and rewarding ways. It is probable that each of us, in the years ahead, will use them to exercise, seek treatment, recover, ease our hearts and improve the quality of all our lives.

The 125-acre Savery Farm property purchased for the building of Crosslands cost \$400,000 — \$3,200 per acre.

Today, Crosslands has 243 acres.

In 1977, the cost of the buildings at Crosslands was approximately \$16 million; the interest rate on the \$5 million balloon mortgage was 9.75%.

Our new Wellness Center has a budget of approximately \$15 million, of which \$1.85 million was donated by residents.

## Cherishing Our Natural Resources

In her will, Hannah Savery, a nineteenth-century owner of much of Crosslands' land, expressed the hope that her farm would always be "a place of pleasurable resort." Those living here continue to keep that hope alive in many ways. A particularly pleasurable effort is the conserving and enhancing of our landscape. When the first residents arrived, the only large trees were those growing near Ellerslie. Since that time, more than 800 trees, both large and small and representing approximately 60 different varieties, have been planted in the cultivated areas of the campus.

Successive generations of residents have continued the effort to restore and maintain our natural areas. From the beginning the Nature Conservancy Committee has been the vehicle for action.

In 1996, the Conservancy established the Vine Cutters, a group of residents who took on the task of cutting back invasive vines and plants that were choking many trees. Later, this committee was combined with a program to plant native trees and plants in place of the invasives.

In 2001, resident committees from Crosslands, Cartmel, Conniston and Kendal joined with the Grounds staff and an outside consultant to announce a long-range stewardship plan "to restore and maintain the ecological health and natural beauty of the woodlands, meadows, hedgerows, and ponds and streams which comprise the natural resources of the Kendal-Crosslands Communities for the benefit of people, wildlife, and native ecosystems." They proposed activities that would allow the plan to evolve as experience was gained.

The Crosslands staff began the first effort at reforestation in 2007, with the planting of a group of native trees in the valley below Cadbury. Tuesday, April 28, 2009, was another in a long line of memorable days at Crosslands. On that day, as a conservation project and legacy for the future, 35 residents and 4 members of the Grounds crew planted 125 sapling trees on the

very steep hillside below Parking Lot 1. Reforestation of this area continued in 2010. In time, residents, especially future residents, can look forward to flowering dogwood, silver maple, red maple, white oak, and tulip poplars. Hopefully, these trees will eventually shade out many of the foreign invasives and, as the deer population is controlled, a native plant understory can be introduced.

The same thoughtful concern and care is being given to the open areas. Here the goal is to create meadows with diverse grasses and native perennial wild flowers. In each of these areas, staff and residents are putting in new plants and making a concerted effort to protect existing plants and control invasives. Wildflowers were planted in the meadow behind Ellerslie in 2009; on both sides of the valley southeast of the service road to Kendal in 2010 and in the field behind apartments 438 and 439 in 2011. Each year, teams of residents have taken on the task of keeping these newly planted wildflowers watered.

Maintaining the health and beauty of our natural resources remains a challenge. Managing the deer population is the heart of the problem. The greatest hurdle is over-browsing of native plants and trees and their accompanying suppression. This, in turn, affects bird, insect, and other wildlife populations. In 2006, five deer exclosures were built in the Kendal-Crosslands woods to determine whether understory plants would re-establish themselves if deer browsing was controlled. This has worked. Recently, it has been noted that three new red oak trees are growing in one exclosure, and a large dense group of native plants in another. The goal now is to reduce the deer herd from over 100 deer per square mile to 15 per square mile, the level recommended by the Pennsylvania Audubon Society.

And the future? A committee is investigating having Kendal and Crosslands registered as an arboretum.



## Tracking Technology at Crosslands

Keeping up with the latest community and personal technology is an adventure for Crosslands residents.

**Energy Conservation:** Crosslands has always sought to conserve energy. The Director of Facilities, Tom Kopach, oversees management's efforts, including the energy management system that monitors the mechanical, electrical and plumbing equipment for maximum efficiency in the four Kendal-Crosslands communities.

In addition, the apartment buildings, cottages and common rooms have been fitted with a number of energy saving devices. Entel controls the temperature in residents' homes depending on occupancy. Motion sensors control the lighting in the hallways and many of the offices in the Center as well as the hallways of Dyer. A fan system in the William Penn Room monitors carbon dioxide levels and brings in fresh air as needed. In winter, the air is preheated as it enters the building and in summer it is pre-cooled. Glass doors have been installed in the fireplace in the William Penn Lounge to reduce heat loss.

In January 2007, a team of resident volunteers began visiting all residents with an offer to replace their incandescent bulbs with their choice of the latest variety of compact fluorescent bulbs (CFLs). CFLs consume an average of 75% less energy to deliver an equivalent amount of light as incandescent bulbs. During the two-year period from October 2007 to October 2009 there was a 3.7% reduction in electrical useage. This has been attributed to the change in bulbs, the resetting of Entel switches for heating and cooling and our personal efforts at conserving energy.

More recently, LED (light emitting diode) light fixtures have been installed in the ceilings of the major rooms of first-floor apartments in two-story buildings. Two times as efficient as CFLs, LED bulbs are big energy savers. Operating eight hours a day, they can last ten years or longer. They also generate very little heat, cutting cooling costs.

Technology is not the whole answer. Recognizing this, the KCC board established the Kendal-Crosslands Communities Stewardship of Resources Committee. Their mandate is "to meet the needs of the present generation without compromising the ability of future generations to meet theirs." Ideas range from the simplest suggestions that each of us as individuals can undertake, to keeping up with the latest technologies and determining their cost/benefit ratio for Crosslands.

**Communication or Entertainment?** We are discovering that telephones are not just for talking to family and friends; many of these devices offer infinite possibilities for entertainment. These days they have screens and are pocket-size computers complete with browsers. These smart phones can surf the web, handle e-mail, take pictures and videos, and access apps (applications) that can be for entertainment, maps, stock prices — you name it, and there's probably an app available.

Technology is also changing the way many of us choose to read. In fact there are so many possibilities it is hard to keep up. The variety of available electronic readers (E-readers) becomes more impressive all the time. There are touch-screen models that not only allow you to read books, but to see movies or listen to music. You can either buy e-books or borrow them from the public library.

Tablets such as the Apple iPad offer even more features. You can check e-mail, get the news, and view movies or TV shows! Best of all, for those with low vision, you can easily increase the type size of any of these devices to a comfortable reading size.

Thanks to a bequest from former resident Frances Alexander, all of Crosslands Library records are now maintained on the computer and books may be looked up at home or in the library. They can be checked out in the library using the bar code on the back of your name tag.

And if that isn't enough, very soon all Crosslands residences will have Verizon's high-speed, wireless FiOS service for their Internet and television service.



## Tracking Technology at Crosslands (Cont.)

**Safety:** Installed in Crosslands residences is the SARA (Situation Awareness Response Assistance) system. It has a number of uses.

Residents living independently know it best as an emergency system to let others know if they need help. The front doors of all apartments and cottages have been wired with a device that activates an alarm in Firbank if the resident does not open the front door by 10:30 a.m. If we forget to open the door by then, a phone call is received asking us to do so. If no one answers the telephone, a staff member is sent to check on the resident. Director of Transportation Steve Cooper reports that because of this system, residents who needed medical attention have been discovered much sooner than would otherwise have been the case.

The system is also used for automated emergency telephone announcements — a reverse 911 system. Steve says that everyone in the community can be notified in fifteen minutes. The SARA system is also used to alert the night watchman and the Firbank nurse's station whenever someone enters the property between midnight and 5 a.m. It records the

license number and time of entry.

At present the system is also used to monitor and record the temperature level of all hot water used in the Health Center. When the renovations of the Health Center and Resident Care are complete it will also be used to monitor the temperature in refrigerators used for the storage of medicine and food to be sure that it stays within a safe range. At present this monitoring is done by Staff on a daily basis.

Plans are underway to upgrade the pendant system used by some residents. The upgraded pendant will automatically trigger an alert at all nursing desks and nurses' pagers to alert them that a wearer needs help and exactly where on campus the person is. Steve expects to activate this SARA application when the additions to Firbank and Audland are complete.

Maybe tomorrow will bring fully robotic homes just like those we saw on TV 35 years ago.



### 1977

#### Technology

APPLE Computer was incorporated, and the Apple II went on sale for \$1298.

GPS was inaugurated by the US Department of Defense.

The first three nodes of the ARPAnet, which would become the Internet, were connected.

Optical fiber was first used to carry live telephone traffic.

The New York City blackout, caused by the failure of one transformer, lasted for 25 hours.

#### Energy

The first oil was sent through the Trans-Alaska Pipeline System.

President Jimmy Carter created the Department of Energy.

#### Sports

The Oakland Raiders won the SuperBowl 32-14 over the Minnesota Vikings.

The Yankees defeated the LA Dodgers in the World Series.

Seattle Slew became the tenth horse to win the Triple Crown.

This was the last year the US Open was played at the Forest Hills Tennis Club.

## Crosslands Nostalgia

"The rooms get smaller as the furniture arrives"... Does that sound familiar? It was expressed by Elizabeth Merrick, who arrived at Crosslands on September 1, 1977, and was repeated by the other 231 "pioneer" residents who followed. Elizabeth also noted that: "Everyone has been so friendly and helpful, the entire moving struggle turned out to be a pleasant experience."

That statement appeared in October 1977, in the first issue of the *Crosslands Chronicle*, published by the newly-arrived residents. But, it was numbered Vol. 3, No. 9, not Vol. 1, No 1. Prior to that, for two years, monthly *Chronicle* news letters detailing the construction of Crosslands were prepared and sent to those moving in by Martin Klaver, a founding resident of Kendal. In the late summer of 1977, Richard Taylor of Crosslands became Editor. He carried on the numbering system started by Martin Klaver. The contents of that first issue were primarily from a series of articles about Kendal and Crosslands prepared for the Kennett Square weekly newspaper, the *Kennett News and Advertiser*, by Richard Taylor.

After that, they printed 1500 copies of an 8 - 12 page *Chronicle*, one page at a time; it was collated and stapled by hand. Today, 1300 copies of the *Chronicle* are produced with the printer producing 2-sided, collated and stapled copies ready for distribution. And, in the future? We will be offering the *Chronicle* electronically; it's already on our website: [www.Crosslandsres.org](http://www.Crosslandsres.org)

In December 1976, a library committee was formed that solicited book donations from the new residents. They culled the list of books to get a representative collection. By April 1977, 6,000 volumes

were accepted and served as the nucleus for the new library. By the end of September 1977, the new residents were in but the library had no shelves and no furniture — just boxes of books. Some of the cartons had been opened by residents looking for something to read! In December 1977, the furniture and shelves arrived, and the work began to create a functioning library. The library's official grand opening was March 1, 1978: it was open three mornings per week from 10:30 - 12:30.

In 1987, ten-year-old Crosslands got financial approval from the Kendal-Crosslands Board of Directors for the expansion of the Crosslands library. The total shelf space was increased approximately 35% from 1,011 linear feet to 1,368, and the reading space was increased. Today, we are using an electronic checkout system. What will tomorrow bring? Electronic books, 3-D movie CD's, Wii games... who knows what we will see?

In 1977, the cost of a small, one bedroom apartment was \$21,000 and the double occupancy monthly fee was \$980. A BMW cost \$8000. Today, a small, one bedroom apartment is \$137,970 and the monthly fee is \$4,278. An entry level BMW starts at \$31,800.

When Crosslands opened, there was a fountain situated in front of the Center which was described as going off somewhat like Old Faithful in Yellowstone Park. The prevailing winds were from the west and when the wind blew, the fountain sent spray over the parking area and the driveway. It was quickly replaced with the plantings still there today.

### 1977

#### Financial

The Bank of America adopted the name VISA for their credit cards.

The year-end Dow Jones Industrial Average was 831.

Gasoline was 65 cents a gallon.

#### Awards

Amnesty International won the Nobel Peace Prize.

The Medal of Freedom was awarded posthumously to the Rev. Dr. Martin Luther King, Jr.

**35th Anniversary Committee**

Barb Pusey, Chair  
 Fanny Cracknell, Co-Chair  
 Jane Andrews  
 Bill Bryan  
 Michele Berardi  
 Edie Cannon  
 Jane Krick  
 Cynthia LaPara  
 Nicholas LaPara  
 Bonnie Marcus  
 Maggie McCaskey  
 Martel Montgomery  
 Darlene Parrett-Harris  
 Bill Pepper  
 John Platt  
 Hollis Scarborough  
 Dick Sherrell  
 Conrad Trumbore  
 Dick Voldstad  
 Betsy Walker

**FOUNDERS IN RESIDENCE**

Robert May  
 Adrienne Wickersham

**FOUNDING BOARD MEMBERS IN RESIDENCE**

Nancy F. Darling  
 Anne W. Harrington  
 Joanna B. Savery

**CROSSLANDS 35 YEAR EMPLOYEES**

Hector Collazo  
 Sylvia Nau  
 Karen Roark  
 Tim Trimble

**1977****People**

Elvis Presley died at the age of 42.

Groucho Marx died at the age of 86.

Luciano Pavarotti made his American TV debut on the PBS series *Live from the Met*.

"Star Wars" and Woody Allen's film "Annie Hall" premiered.

**Health**

The first MRI scanner was tested on a human patient.

The Food Stamp Act was enacted.

Scientists reported that insulin was produced by bacteria in a laboratory.

A previously unknown organism was discovered to be the cause of Legionnaire's Disease.

**International**

Leonid Brezhnev was named President of the USSR.

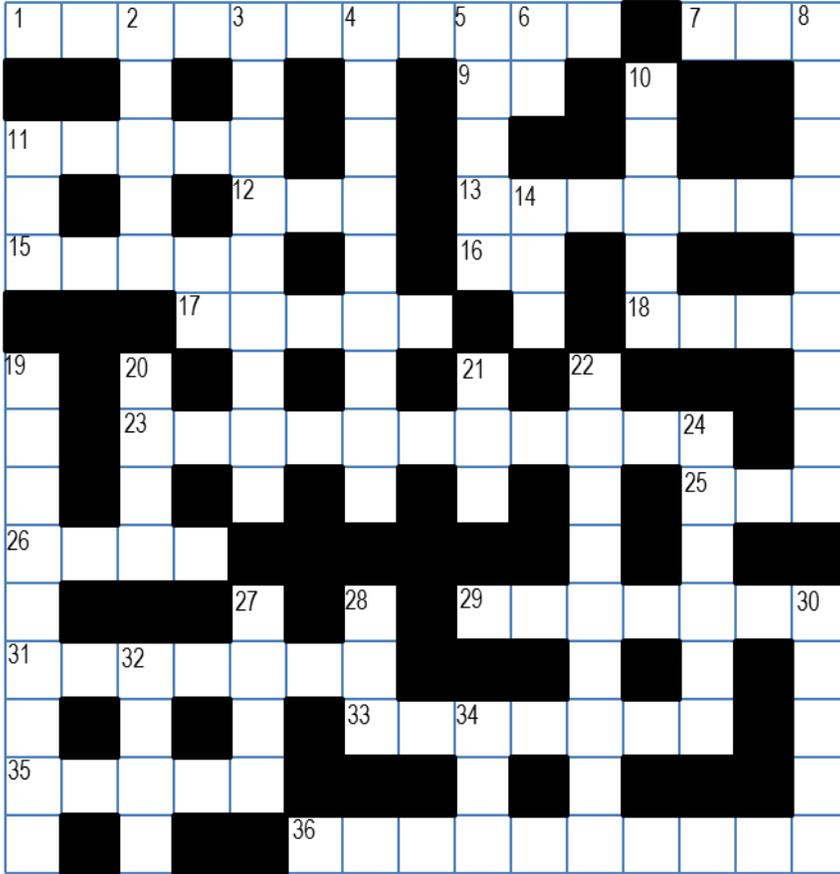
Spain had its first democratic elections after 41 years under the Franco regime.

British Airways inaugurated regular London to NYC flights on the Concorde.

# CROSSWORD PUZZLE

## How Well Do You Know Crosslands?

Hollis Scarborough



### ACROSS

1. County seat.
7. What nurses provide (abbrev.)
9. Enter from Street \_\_ (abbrev.)
11. Controversial stage change.
12. Newsweek ranked Firbank number \_\_\_\_ in PA.
13. Purple \_\_\_\_ have three apartment houses here.
15. A server's is usually green.
16. Home Computer owned by many residents.
17. Maintenance chief, Danny \_\_\_\_
18. The Needlers have skeins of it.
23. Room for big meetings.
25. Our caregivers include PTs and \_\_\_\_.
26. The pond has several.
29. A hand \_\_\_\_ by a fellow resident provides relief and relaxation.
31. Art form for annual tree decorations.
33. A two-story building.
35. A two-story building.
36. A spirited river.

### DOWN

- |   |   |
|---|---|
| 2. An Energy Com-<br>mittee focus.      | 21. A Resident Care<br>nurse.   |
| 3. Monthly news<br>source.              | 22. Our township's<br>name.   |
| 4. Savery farm<br>house.                | 24. Ellen Evans is<br>one.  |
| 5. Bridge players do<br>it.             | 27. Popular afternoon<br>pastime.   |
| 6. ____ Plasha.                         | 28. A/V lets it rove.   |
| 8. A Quaker practice.                   | 30. Birder's quest at<br>Conowingo.                                       |
| 10. Reception is her<br>specialty.      | 32. Sternwheeling<br>____ activity<br>that serves Fir-<br>bank residents. |
| 11. Governing body<br>(abbrev.)         | 34. Some units have a<br>bedroom<br>and a ____.                           |
| 14. What Crosslands<br>Players do well. |   |
| 19. Shop moniker                        |   |
| 20. The Wood Shop<br>has some.          |   |

## ANSWERS

### ACROSS

1. West Chester
7. Rd
9. polo
11. color
12. one
13. martins:
15. apron
16. PC
17. Hirst
18. yarn
23. William Penn
25. OTs
26. fish
29. message
31. origami
33. Cadbury
35. Evans
36. Brandywine

### DOWN

2. solar
3. Chronicle
4. Ellerslie
5. trump
6. Ed
8. consensus
10. Patty
11. CRA
14. act
19. Sunflower
20. awls
21. Amy
22. Pennsylvania
24. notary
27. naps
28. mic
30. eagle
32. is an
34. den

# JOIN THE CELEBRATION

Thursday,  
October 18

## Open Houses

- Arts & Crafts Room:** 10 - 11 a.m., Ceramics  
2 - 3 p.m., Origami, Model Trains
- Brooke Worth Room:** 10 - 11 a.m., Nature Conservancy
- Sports Room:** 10 - 11 a.m., Line Dancing  
2:30 - 3 p.m., Scottish Dancing
- Sunflower Shop:** 1 - 3 p.m.
- Woodshop:** 10 - 11 a.m., Open House

## Opening Celebration - William Penn Room

- Punch and Canapés** 4 - 6 p.m.
- Slide Show: "Old and New"** 4 - 6 p.m.
- DeLaSalle String Band Orchestra** 7:30 - 8:30 p.m.  
For Listening and Dancing

Friday,  
October 19

## Open Houses

- Arts & Crafts Room:** 10 - 11 a.m., Painting  
2 - 3 p.m., Needlers
- Brooke Worth Room:** 10 - 11 a.m., Nature Conservancy
- Woodshop:** 10 - 11 a.m., Open House
- Camera Club Presentation - William Penn Room**  
"A History of Crosslands in Photographs" 7:30 p.m.,

Saturday,  
October 20

## Parade

- 1:00 p.m. from the Mott House to the Center - All Welcome to Join**  
Antique Carousel Organ, Power Scooters and Carts, Bikes and  
Trikes, Classic Cars, Fire Engine, Activity Groups, Leashed Pets
- Main Lobby:** Caricaturist 2 - 4 p.m.  
Photo Booth 2 - 4 p.m.

## Anniversary Dinner and Memories

- Main Dining Room:** 4:30 - 6:30 p.m., Anniversary Dinner
- William Penn Room:** 7:30 p.m., Dramatic Presentation -  
"Memories"

All Days

- Showcase: Crosslands: A Gem Today and Tomorrow**  
**Croquet Tournament**

