



CROSSLANDS CHRONICLE

APRIL 2015

VOLUME 42, NUMBER 4

CROSSLANDS EARTH ACTION WEEK 2015:

April 20 - April 26

Mon., April 20	The State of the Campus Speaker: Mark Swick	1:30 p.m. Wm. Penn Room
Tues., April 21	Campus Hike Meet at the Center	10:00 a.m.
EARTH DAY		
Wed., April 22	Bird Walk Meet at the Center	7:30 a.m.
	Arboretum Annual Lecture Gardening and Sustainability Speaker: Jeff Jabco, The Scott Arboretum at Swarthmore	10:00 a.m. Wm. Penn Room
	Earth ACTION Fair Earth Day Wine and Cheese Reception	3:30 to 4:30 p.m. 4:30 to 6:15 p.m. Wm. Penn Room and Lounge
	Earth Day Dinner	5:00 to 7:15 p.m.
Thurs., April 23	Workshop: Know Your Soil Speaker: Casey Groff	10:00 a.m. Parking Lot 6
	Arboretum Walk Meet at Center	1:30 p.m.
ARBOR DAY		
Fri., April 24	Bird Walk Meet at the Center	7:30 a.m.
	Chestnut Tree Planting - West Meadow Meet in Parking Lot 20 at 10:45 a.m.	11:00 a.m.
	Hike: Campus Trails Meet at Center	1:30 p.m.
Sun., April 26	Native Plant Preserve Open House	2:00 to 4:00 p.m.

APRIL 20 TO APRIL 26

FOOD DRIVE

CAFÉ LOBBY

CROSSLANDS RESIDENTS ASSOCIATION

CRA CONCERNS SESSION

Tuesday, April 21

Please see bulletin board for location.

10:00 - 11:00 a.m.

WELCOMING COMMITTEE

New Residents Reception
Wed., April 29 - Wm. Penn
Lounge
9:30 - 11:00 a.m.



Come to meet and greet our new residents and welcome them to our community. Make new friends and mingle with old friends whose paths you don't often cross.

The refreshments will be delicious and the fellowship is delightful.

Remember to wear your name tag.

Elva Pepper, Julie Noolan

CROSSLANDS FRIENDS
WORSHIP GROUP
Celebration with EQAT
(Earth Quaker Action Team)



Earth Quakers Shake Up PNC Bank's Policy
with Nonviolent Action

Speakers: Judy Winters and Robin Harper
Sun. April 19 - Wm. Penn Room - 2:00 p.m.

For five years, PNC Bank refused to budge. It took 125 actions of an escalating non-violent pressure campaign before PNC acquiesced to EQAT's demands. With its March 2 announcement of a policy change, PNC effectively ceased investing in mountaintop removal coal mining in Appalachia.

All are invited to join in celebrating this significant win for the people and mountains of Appalachia. EQAT speakers answer questions and offer congratulations to Crosslands and Kendal EQAT supporters.

Clarkson Palmer

DID YOU KNOW THAT...

— the CRA copier is now located in the Computer Room? The new copier is located to the right of the window as you enter.

— Carl and Marge Christianson celebrated their 70th wedding anniversary on February 27?

— the library receives and places on two reading tables five daily and two weekly newspapers? They are available there for two days and then are kept in the office for one week. If you need to copy an article you may take the paper, make your copy and then return it to the library. Please do not remove the paper or cut out sections.

— if you have lost glasses or a glove, you should look in drawer 3 in the chest in the Computer Room? It is overflowing!

— ZoomText is installed on the computers in the Computer Room? ZoomText magnifies the text for easy reading and reads the text of any website that you open.

Connie Fleming

CROSSLANDS CHRONICLE

Published by and for the residents and administrators of Crosslands.
P.O. Box 100
Kennett Square, PA 19348
XLChronicle@verizon.net



Editor: Connie Fleming

Managing Editor: Bonnie Marcus

Editorial Staff: Jean Barker, Anne Curtin, Betty Nathan, David Peacefull, Sally Tweedie

Staff Artists: Nicholas La Para, Clare Victorius

Proofreaders: Jane Andrews, Selma Hayman, Charlie Reed, Dick Voldstad, Jack Yeatman

Production: Dick Baxter, Mike Bennett, Carol Bossert, Nancy Evoy, Amy Lewis, Marge Moretzsohn, Dee Nelson

Distribution: Ernie Peck, Ruth Trimble, Margaret Tsan

Deadline for the May 2015 articles is April 10.
Calendar deadline is **April 5**. All articles must be signed and are subject to editing. Submit to the *Chronicle's* open box or by e-mail to: **XLChronicle@verizon.net**

MUSIC COMMITTEE

Trio Clavino
Doris Hall-Gulati, Clarinet - Simon Mauer,
Violin, Viola - Xun Pan, Piano
Tues., April 14 - Wm. Penn Room - 7:30
p.m.



this ensemble has been among our most enthusiastically received performers. It has played for audiences throughout the United States, Canada, Germany, Italy, Hungary, Singapore and China. In addition to residency activities at college campuses in the United States and China, it has been a resident ensemble for festivals in China, Italy and the United States.

Trio Clavino, Artists-in-Residence at the Pre-College Division Program at Millersville University, will return to perform at Crosslands after having toured China, Belgium and Switzerland since their appearance at Crosslands one year ago. In addition to touring with the Trio Clavino, Doris Hall-Gulati is the Principal Clarinet in the Chamber Orchestra of Philadelphia and also the bass clarinetist with the Opera Company of Philadelphia.

Simon Mauer grew up in Switzerland and studied music at the Conservatory in Biel before coming to the United States to continue his studies at the State University of New York at Stony Brook.

Xun Pan began his musical studies in China and earned a Doctor of Musical Arts degree from Rutgers University. He has been heard frequently at Crosslands as a member of the Newstead Trio.

Michael Jamanis, violin, a Juilliard graduate, received his Masters degree from Yale and a Doctor of Musical Arts from Rutgers University. He has conducted educational classes and performances for inner city school programs and is a visiting professor at China Northwest University as well as an adjunct professor at Franklin and Marshall College.

Sara Male, cello, a graduate of the Victoria Conservatory of Music in Canada, holds a Bachelor of Music from Rutgers University and a Masters of Music from Mannes College of Music in New York. She is adjunct assistant professor of cello at Franklin and Marshall.

As noted above, Xun Pan, piano, received his early music training from his parents, both pianists, followed by study at the Central Conservatory of Music in Beijing and at Syracuse University. His doctorate in Musical Arts is from Rutgers University. He is an adjunct professor at Millersville University in Pennsylvania and a visiting professor at several universities in China.

Esther Cooperman

LIGHT 'n LIVELY

Dorothy Parker
Presented By: Rene Goodwin
Sat., April 11 - Wm. Penn Room - 7:30 p.m.

We cannot join Dorothy Parker, co-founder of the Algonquin Roundtable, at her famous literary gatherings, but when Rene Goodwin resurrects her on the Crosslands' stage, you will understand what you missed. Enjoy Parker's wit and her pithy perceptions on life through the impersonator's dramatic performance.

Jean Haas

SING ALONG WITH SARAH LEE

Two and Four Legged Friends
Fri., April 17 - Wm. Penn Lounge - 7:30 p.m.

Spring has sprung at last! We hope that today will be a great day to enjoy a lovely walk with your friends or pets, a buddy, pal or sweetheart. And yes, a leash on your dog, cat or four legged "whatever" is appropriate.

Many of the songs we will sing are familiar, and we'll tackle a few new ones. Come and celebrate the Spring season with us.

Sarah Lee Houston

FORUM COMMITTEE



Do You Still Shoot Horses? Advances in Medical Care for Horses

**Speaker: Dr. James Orsini, New
Bolton Center**

**Tues., April 7 - Wm. Penn Room
7:30 p.m.**

Dr. Orsini is a veterinary surgeon specializing in orthopedic and reconstructive surgery. He will cover 21st century advances in medical and surgical care for large animals with a specific focus on the horse. You will learn about some of the behind-the-scenes challenges veterinarians and staff face each day in caring for the animals.

The New Bolton Center is the Large Animal Hospital for the University of Pennsylvania. Every day brings varied species and breeds of large and not-so-large animals to this world renowned facility for advanced care. Come and hear their stories

Randy Schofield

The Social History of Winterthur and Ruth Wales duPont - The Woman Behind the Man

**Speaker: Debra
Shedrick**

**Tues., April 21
Wm. Penn Room
7:30 p.m.**



Debra Tully Shedrick has a degree in English literature from St. Joseph's University. After a career in human resources management, she became interested in genealogy and American history. While a guide at Winterthur, she became fascinated by its social history. She studied the letters of Ruth Wales DuPont to learn about the many visitors who stayed there from 1900 to 1969.

Mary Lou Thomas

TUESDAY EDITION

Pathways at the End of Life: There's More Than One Way to Go

Speaker: Dr. June Lunney

Tues., April 14 - Wm. Penn Room - 10:00 a.m.

Most of us would like to approach the last phase of our life journey with grace and dignity. Research about trajectories at the end of life helps outline various scenarios that may lie ahead, giving us signposts to recognize alternate approaches to consider and some tools to help us navigate the complex health care system

Dr. June Lunney, a Cartmel resident, is a nurse researcher working on the trajectories of functional decline at the end of life. She helped to form an organizing framework for hospice and palliative care.

Carole Bossert

CROSSLANDS PLAYERS

The Trip to Bountiful

**Fri. April 24 and Sat. April 25
Wm. Penn Room - 7:30 p.m.**

Celebrate Earth Week with a trip to Bountiful. Fanny Cracknell, Ray Firmin, Jean Haas, Jean Worley, George Martin and George Gillespie will lead the way in our version of this delightful play by Horton Foote. Free tickets for each performance will be available from 11:30 a.m. to 12:30 p.m. and 4:45 to 6:00 p.m. on April 22 and 23 near the entrance to the Main Dining Room.

Jane Andrews

NAME TAGS

The first and the fifteenth are 'Name Tag' days. Many of us have problems remembering names and new residents are trying to learn our names, so wear your name tag every day!

CAMERA CLUB



Morocco: 2400 Miles by Bus

Speaker: Michele Sullivan

Friday, April 10 - Wm. Penn Room - 7:30 p.m.

Michele Sullivan, a Kendal resident, will present photographs taken during her recent travels in Morocco. With her camera, Michele was able to capture many facets of life in the region, thanks in part to her guide, a former Peace Corps volunteer who now resides in Morocco and speaks Arabic fluently. Michele is particularly interested in photographing people and will show us many fascinating portraits. Her presentation will also include stunning color images of Moroccan landscapes, homes, exotic fabrics, jewelry and amusing herbal medicines.

Paulding Phelps

GREAT DECISIONS

India Changes Course

Moderator: Peggy Jones

Mon. April 27 - George Fox Room - 9:45 a.m.

Fed up with corruption, dynastic policies and ineffective public services, Indian voters catapulted Narendra Modi and his Bharatiya Janata Party to power in the country's 2014 elections. For voters, Modi embodied real change and an India that wasn't stumbling, but running, to greatness. But for the U.S., change in India brings its own set of unknowns, heralding an age ruled by a prime minister new to national office and other policymakers who have been out of the public eye for a decade. Now, the U.S. has to determine how to best secure its interests as India asserts itself on the world stage. A copy of the briefing book is in the library.

Chuck Gosselink

IN THE GALLERY APRIL

Final decisions about lighting must be made before the shows return. The availability of the artist's works will be determined by the opening date. So stay tuned to find out the date and the schedule.

Nancy Geary Pereira

SHOWCASE



Green Without Limit
April 14 - May 11



Pictures & Objects
that are Green in Color or
Green in the Spirit of Earth Day



BOOK REVIEW

Reveille in Washington: 1860-1865

Author: Margaret Leech

Our One Common Country: Abraham Lincoln and the Hampton Roads Peace Conference of 1865

Author: James B. Conroy

Reviewer: Kay Edstene

Mon., April 20 - Wm. Penn Room - 11:00 a.m.

Reveille in Washington focuses on the everyday politics and preoccupations of Washington during the Civil War. The book illuminates the city and its familiar figures, among them Abraham Lincoln, Jefferson Davis, Robert. E. Lee, William Seward and Mary Surratt in intimate and fascinating detail.

Our One Common Country explores the most critical meeting of the Civil War, an attempt by leaders from each side to end the hostilities. This meeting failed and the war dragged on for two more bloody months. The author tells the story of the doomed peace conference through the characters who lived it.

Ernie Peck

EARTH ACTION WEEK 2015

It Won't Be Complete Without YOU!

For the third successive year Earth Week will be observed at Crosslands in a number of ways in which residents are invited to participate. Here are some of the highlights:

LEARN from Earth Care Experts

On Monday, April 20 at 1:30 p.m. KCC Grounds Supervisor Mark Swick's talk on the *State of the Campus* will describe the current status of and the future plans for the landscaped and natural areas on each campus.

On Wednesday April 22, at 10:00 a.m. Jeff Jabco, Director and Coordinator of Horticulture for Scott Arboretum, will speak on *Gardening and Sustainability*.

On Thursday, April 23 at 10 a.m. KCC's Casey Groff will lead a workshop on the many dimensions of soil at parking lot 6.

Earth Day Evening Festivities April 22

Beginning with an Earth ACTION Fair from 3:30 to 4:30 p.m. in the Wm Penn Room, Crosslands nature-related committees will provide displays highlighting information, resources, and suggested earth friendly ACTIONS.

As a special feature of the Fair, KCC staff will provide examples of the latest energy efficient CFL and LED light bulbs available for resident use. Bring your questions and prepare to be "enlightened"!

A festive Earth Day Reception featuring local farmers and vineyards and an Earth Day Sustainability Dinner will round out the evening.

EXPERIENCE OUR SURROUNDINGS

Throughout the week, experience our outstanding natural surroundings through bird walks, guided hikes on the trails and through the Arboretum. Be part of a planting of blight-resistant American chestnuts on Arbor Day, Friday, April 24 and visit our outstanding Native Plant Preserve during their annual Open House on Sunday, 4/26 from 2:00 to 4:00 p.m..

Plan now to join your Crosslands neighbors in this week of celebrating on our wonderful campus and pledge to help sustain it into the future.

*Sharon Sundial, Chair,
Earth Week Coordinating Committee*



THE RECYCLING BIN Answers and Tips from the KCC Recycling WorkGroup

What should I do with old electronics and hazardous waste?

In April and September Kendal and Crosslands hold Household Hazardous Waste collections.

Oil based paints and stains, chemicals and automotive products are accepted. Old electronics such as computers, printers, phone chargers and rechargeable batteries are also accepted in this collection.

Cans of latex (water-based) paints can be rinsed clean and placed in the mixed recycling bins. Or they may be air-dried so that no liquid remains and placed in the trash.

Watch the Bulletin Board for date.

Thank you!

For more information contact Mark Swick
KCC Grounds 610-388-5506

To join the Recycling WorkGroup, call
Sharon Sundial (610) 388-1260.

MARKETING

Refer a friend....

Star in a video...

Write a blog...

Show your home....

BEE a

Marketing Ambassador!



If you are interested in 'bee-ing' a Marketing Ambassador, please join us on the third Wednesday of every month at 1:30 pm in the William Penn Room. At each monthly meeting, we'll discuss one topic theme and together brainstorm ideas such as: increasing referrals, outreach to senior groups, learn of upcoming events, etc.

Next Meeting, Wednesday, April 15th
This month's topic: "I'm Not Ready"

Questions? Contact:

**Michele Berardi, Director of Marketing and
Community Outreach 484-259-1751**

HEALTH EDUCATION COMMITTEE

Firbank's Households: Update Cathy Emig

Tues., April 28 - Wm. Penn Room - 10:30 a.m.

At this meeting, Cathy Emig will give us the latest news about Firbank's households. Even though they are still quite new, those who live and work there are finding that they are fine places to be. People are eating better and having a better time doing it. They are also enjoying the bright and cheerful living spaces and having the lovely gardens nearby and easily accessible. Staff find that the less structured approach to caregiving is more rewarding to them as well.

Jane Andrews

INTERFAITH DIALOGUE COMMITTEE

***Being Mortal* - Reviewing the Book and Film** **Speakers: Betty Styer and Bob Dunn** **Wed, April 8 - 4 to 5 PM - Wm Penn Room**

In the last of the Interfaith Dialogues series on end of life issues, we focus on the recent book, *Being Mortal* and listen to a recent PBS *Front Line* program featuring the author, Atul Gawande.

Betty Styer and Bob Dunn will then present mini book reviews focusing on aspects of the book they found most relevant and engaging. We will close the hour with an open discussion of this timely work.

Sharon Sundial

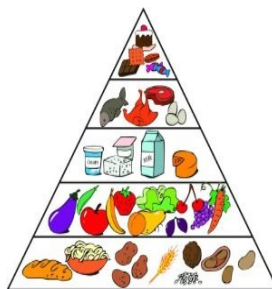
RESIDENT STATISTICS

Transfers

Robert McMullin	Crosslands 235 to Firbank 810
Harry Milliman	Crosslands 113 to Audland 525

In Memoriam

Herbert 'Doc' Houston	February 26
Donald 'Don' Pusey	March 15



A FOOD MORSEL

Some studies in France and Spain suggest that red wine protects the heart. Many other studies have found that a moderate intake of any kind of alcohol reduces the risk of heart attacks, ischemic strokes caused by a blood clot, Type 2 diabetes, gall stones and cognitive impairment.

A moderate intake is no more than one drink a day for women and two for men. People over 65 should drink even less because they are more affected by alcohol. A drink is five ounces of wine, twelve ounces of beer or 1.5 ounces of 80 proof liquor.

Red wine contains compounds (polyphenols) that have antioxidant and anti-inflammatory properties that protect blood vessels and promote health. Non-alcoholic wine and grape juice also supply these compounds.

Wine or alcohol of any kind is not essential for a healthy diet.

Source: *Berkeley Wellness Letter*, Univ. of California, March 2015.

Joae Walker, MD
Chair, Food Advisory Committee



We currently print 900 copies of the Chronicle for distribution internally and to the waiting and ready lists. We would like to decrease that number, save money, paper and time.

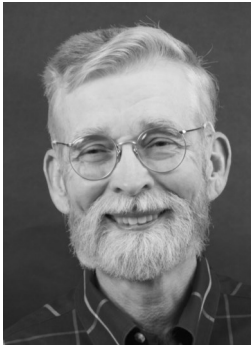
What are the advantages of the electronic version? You will always get it on time - no need to worry if the copier is acting up, you will get it in color - all the better to see the new residents pictures, you can save it without building up paper piles and you will help to celebrate Earth Week all year round.

Contact us: www.XLChronicle@verizon.net
for electronic delivery.

WELCOME NEW RESIDENTS

Gary Stone and Sara Jane Withers
Apt. 242

Jan. 5, 2015



Gary Wheeler Stone was born in Xenia, Ohio and subsequently lived in Orange County, NY, Lexington, KY, Raleigh, NC, St. Mary's MD and Haddonfield, NJ. He has a BA in History from Oberlin College, a degree from the University of Kentucky in American History and a PhD in American Civilization from the University of Pennsylvania. He used those degrees to work as an archeological historian in the North Carolina Department of Archives and History, the Historic St. Mary's City in Maryland, the Monmouth Battlefield State Park in New Jersey and at the Indian King Tavern State Historic Site in New Jersey.

Gary has been a volunteer at the Society for Historical Archeology, the Haddonfield Historic Preservation Commission and the Friends of the Indian King Tavern Museum. Besides his interest in early American history and historic preservation, he is also interested in open space, agricultural preservation, travel and gardening.

As an addition to the facts, Gary wrote, "At the end of World War II, my family moved back to New York where I grew up amid Hudson Valley dairy farms, orchards and Revolutionary War historic sites. In 1956 IBM moved our family to Lexington, KY where we lived on 32 acres across from Walnut Hall Stud (now the Kentucky Horse Park), a farm that provided the Stone boys work harvesting hay and tobacco."

A love of history turned into a career when I discovered that I had a knack for archeological and architectural research. After an apprenticeship in historical archeology in 1969, I began a 46-year career in public history - researching, restoring and interpreting historic sites and landscapes. Nineteen sixty nine is more important as the year that Sara Jane and I were married."

Sara Jane was born in Youngstown, OH and got a BA in Art History from Connecticut Col-

lege for Women and an MA in American Civilization from the University of Pennsylvania. She worked as a research librarian, a computer programmer, a data analyst and as a Development Officer at AFSC, the Rosenbach Museum and Library and at the University of Pennsylvania libraries. Sara Jane volunteered with the Girl Scouts and the Youth Dance Corps. Her interests include watercolor, knitting, architecture, ballroom dancing, Italian cuisine and dancing. Gary and Sara Jane have one daughter and one son

Bonnie Marcus

Mary Hayes

Apt. 26

Nov. 7, 2014



Before coming to Crosslands I lived in only three other places I called home. The first was the home in which I was born in Pottstown, PA. The second was in West Chester, PA where I became a bride and the third was

our beach house in Avalon, NJ.

I received my degree in nursing from St. Joseph's Hospital School of Nursing and completed my discipline in Pediatric Nursing at Children's Hospital of Pennsylvania (CHOP). My nursing career was gradually replaced by caring for a growing family which now consists of four children, eleven grandchildren and two great grandchildren, all of whom are, needless to say, beautiful, talented and usually well behaved and who have given me the gift of being able to see life as always new.

Before my eyesight recently began to betray me, reading was my passion. As one of a group of four, we instituted the Great Books Reading Program into our local parish grade school. We also began and expanded the school library and it now has quite an impressive collection. In the past, I have participated in several museum study programs and served as a docent at the Brandywine River Museum.

Crosslands is a very special place, and I am happy to call it home.

Mary Hayes

WELCOME NEW RESIDENTS

Dan and Sachiko George
Apt. 148

Jan. 15, 2015



Daniel Eugene George was born in Idaho Falls, ID. He served in the US Army at Fort Devens, MA Washington, DC and Tokyo, Japan. Dan and Sachiko lived in Moscow, ID, Wilmington, DE and Chadds Ford, PA. Sachiko was born in Dairen Kantō shū (Manchuria) and lived in Nagasaki and Tokyo.



Sachiko attended design school and was an artist and a homemaker. Dan has a BS and a PhD from the University of Idaho. He worked as a Research Chemist for DuPont from 1962 to 1999.

Sachiko is interested in art work, reading and flower gardening. She was a volunteer at the

TickTock Shop and at Quaker Fair gift shops. Dan also volunteered at the Quaker Fair and served for 20 years as the treasurer of Kennett Friends Meeting. He taught Japanese culture and history for several years at the Osher Lifelong Learning Center.

Dan is interested in US and world history, Japanese gardens, vegetable gardening and reading. He and Sachiko have a son, Thomas, and a daughter, Linda, and granddaughters, Lola and Sophia.

Bonnie Marcus

SENIOR IDENTITY THEFT AND FRAUD **Thurs., April 16 - Wm. Penn Room** **10:30 a.m.**

Come and hear a representative from the Pennsylvania Attorney General's office address this very important topic that is so prevalent today. Recently, a member of the Crosslands staff had her entire checking account stolen after using a debit card at a local super market.

Come and learn how to protect yourself. This program is sponsored by the Crosslands Republicans and Democrats.

Pat Koedding

TRANSPORTATION COMMITTEE SURVEY REPORT

In September the Resident Transportation Committee asked residents how they traveled and where they like to go. The response to our survey was great: 80% of residents in independent living reported whether they drove a car anytime, only in the daytime or never, how they travel about the community and what destinations were important to them. From the comments written on the returned forms, the Committee also learned about your concerns with transportation such as, uncertainty about what is offered, when and what fee is charged, discomfort with some vehicles, long waiting times and others. And some of you suggested solutions that might be tried. The Committee greatly appreciates the level of participation and engagement that you brought to the survey.

Since the survey returns were received, we have been busy analyzing the data to discern its meaning for the work of the Committee. A Summary of the results of the analysis was distributed in mid-January. If the Summary does not satisfy your curiosity, the data and full analysis is in the Library in bright green notebooks. They also contain many of the comments received.

You may be asking: what comes next? Can we hope for improvements? The KCC Administration is aware from the earlier Holleran Satisfaction Survey that transportation is one of the areas needing improvement in our communities. The results of the Transportation Survey help to clarify what kind of improvements are needed, from outside transportation providers as well as from KCC. Some can be implemented fairly easily by the Administration; others are outside of our control. For the Transportation Committee, the next job is to identify what we want to work on in the coming year. We have created three subcommittees to focus on improving provider services, KCC transportation services, public transit services and private transportation services. We will set our priorities for each of them in light of what you've told us.

*Grayfred Gray and Brigitte Alexander
for the Committee*



All's quiet the night before...

And then.
The crowds
came...



Movies, Needlers and Line Dancing



John Platt and Dining Services
were wonderful as usual.



Painting Class



Our wonderful organizer,
Maggie McCaskey



The Library

Volunteer
Opportunities
for
Activities at
Audland and
Firbank



The Welcoming Committee and the
Wood Shop



The Arboretum and the Horticulture Committee



What do you play at
Games Night?

And more crowds came...



The Fitness Center and Pool and the
Health Education Committee

The 2015 Crosslands Committees Fair

Approximately 50 of our committees participated in the Fair. Residents were told about the activities of the committees and given an opportunity to ask questions of members and sign up to participate in the committees. It was a wonderful event for all.

The Met at the Regal

For the past several years this program has been available to Crosslands residents. The Regal Theater at the Brandywine Town Center shows the current Metropolitan Opera show in high definition live from New York City. It has proven to be a very successful program. If there are enough riders a Crosslands bus is used to take ticket holders to the theater at a nominal cost.

If this is of interest to you and you would like to know more about The Met at the Regal, please give Pat Koedding a call at: (610) 388-9643.

Answers to Crosslands Crossword #13

Across: 1 H.S., 3 flatulence, 13 eat, 15 turnover, 16 Bo, 17 AFib (atrial fibrillation), 19 did not, 20 pup, 21 renal, 23 peek, 24 bone, 25 it, 26 nil, 28 eyelid, 30 no idea, 32 TD (touchdown), 34 yot, 35 Ra, 36 phi, 37 regno, 38 organ recitals, 41 spiel, 42 ewe, 43 R(ussian) O(rthodox), 45 EEG, 46 P.E., 47 statin, 50 cramps, 53 tic, 54 mg, 55 rata, 56 Mets, 59 shear, 61 été, 62 bishop, 64 ergo, 65 Te, 66 vertebra, 68 New, 69 canker sore, 70 Sn. **Down:** 1 hearing, 2 safe to, 4 Lt., 5 aud(iologist), 6 trip, 7 under the weather, 8 lone, 9 evoke, 10 net, 11 C(osta) R(ica), 12 hoped to, 14 tin, 16 bunions, 18 bandage, 20 polyglot, 22 lie, 24 be, 27 L.A., 29 yurt, 31 irrigate, 33 dice, 36 prep, 38 earache, 39 operate, 40 alop, 41 secrete, 44 ingrown, 47 St., 48 'tis, 49 images, 51 Ma, 52 smirk, 57 Este, 58 sobs, 60 ern, 62 Ben, 63 pro, 66 V.A., 67 AR.

Light 'n Lively NEEDS YOU!

The Crosslands Committees Fair in March was a success. Unfortunately, Light 'n Lively did not sign up any new members. At present, the committee has ten members, some of whom have served for many years and would like to move on to other groups.

Light 'n Lively runs a monthly program from September to May of different types of entertainment, and then we take the summer off! There is only one committee meeting held in May and members are asked to sign up to host one program during the year. The Chair does all of the bookings and the contracts.

Now, dear residents, if our committee does not get some 'new blood' our name will no longer be Light 'n Lively but Large 'n Lifeless!

Please call Pat Koedding at (610) 388-9643 to join us and keep this alternative programming alive. Thank You.

Pat Koedding

NEED TO KNOW WHAT'S GOING ON?

Would you like to **hear** the information presented on either TV9 or TV8? Just call 484-770-5711. Press "9" to hear a recording of the current day's information on TV9, or "8" to hear the general schedule information that is on TV8.

SO YOU THINK YOU KNOW CROSSLANDS...?



Photos Lowell McMullen



Photo by Mac Rayne

Did you know where this is?

It's the view our mailman, Mac, sees through the mailboxes. Smile at him when you look through! Patty Chapin recognized it.

Do you know where this is?

Send your answer to XLChronicle@verizon.net or leave it in the *Chronicle* open mailbox. Please include your name and apartment number on your entry.

CROSSLANDS CROSSWORD #13: MALADIES

ACROSS

- 1 Pre-college education.
 3 Digestive complaint.
 13 Ingest.
 15 Fruit-filled pastry.
 16 Little ____ Beep.
 17 Irregular heartbeat, for short.
 19 "Till I loved I ____ love enough." (Emily Dickinson)
 20 Young rat, seal, or shark.
 21 Pertaining to kidneys.
 23 Steal a glimpse of.
 24 Have a ____ to pick.
 25 Neuter pronoun.
 26 Zero.
 28 Place for a sty.
 30 What you have when you're clueless.
 32 Football score (abbr.).
 34 Young, hot, and male (slang).
 35 Egyptian sun god.
 36 It follows upsilon.
 37 Kingdom in Esperanto.
 38 Unwelcome recountings of maladies during dinner conversation.
 41 Sales pitch.
 42 Lamb's mother.
 43 U.S.S.R. church.
 45 Measure of electrical current on the scalp.
 46 Gym class (abbr.).
 47 Cholesterol-lowering medication.
 50 Painful muscle tightening.
 53 Involuntary twitch.
 54 Dosage unit for many medications (abbr.).
 55 Pro ____.
 56 Rivals of Yankees in a subway series.
 59 Shave the wool from.
 61 Nice summer.
 62 Clergyman in a purple cassock.
 64 Therefore.
 65 " ____ Deum" (hymn).
- 66 Segment of the spinal column.
 68 Lead-in to England, Mexico, or Delhi.
 69 Irritating mouth ailment.
 70 Chemical symbol for 14-Down.

DOWN

- 1 A sense that many lose as they age.
 2 They say it's ____ eat oysters in months containing an R.
 4 Rank of TV detective "Columbo" (abbr.).
 5 Expert on 1-Down (abbr.).
 6 Stumble.
 7 Not feeling well.
 8 Sole.
 9 Bring to mind.
 10 Open-meshed fabric.
 11 Neighbor of Panama (abbr.).
 12 Dreamed of.
 14 Stannous metal.
 16 Foot malady.
 18 Covering for a wound.
 20 Multilingual.
 22 Intentionally false statement.
 24 Exist.
 27 Tinseltown (abbr.).
 29 Home on the steppes.
 31 Apply water to cleanse a wound.
 33 Cut into small cubes.
 36 Unpleasant task before a colonoscopy, for short.
 38 Otitis can cause this.
 39 What a surgeon does.
 40 Unbalanced.
 41 Produce a hormone or other bodily substance.
 44 ____ toenail.
 47 Blvd. or Ave. alternative.
 48 Opposite of 'taint.
 49 MRIs and CAT scans, for instance.
 51 Cellist Yo-Yo ____.

by Hollis Scarborough

1	2	3	4	5	6	7	8	9	10	11	12
13	14	15									16
17		18	19							20	
21			22	23					24		
25		26	27					28	29		
30	31					32	33			34	
	35				36				37	38	
	39		40								
41					42				43		44
45					46			47	48		49
50		51	52					53			54
55			56	57			58		59	60	
61			62					63	64		
65		66							67	68	
	69										70

- 52 Smug smile.
 57 Punta del ____.
 58 Cries noisily.
 60 Sea eagle.
 62 Bernanke or Hogan, for instance.
 63 One who is paid for performance or skill, familiarly.
 66 U.S. Dept. that aids former military personnel.
 67 The Natural State (abbr.).

NEW IN CROSSLANDS LIBRARY

Fiction

Anderson, James – *The Never-Open Desert Diner*
 Brandt, Harry – *The Whites*
 Hannah, Kristin – *The Nightingale*
 Hornby, Nick – *Funny Girl*
 Macomber, Debbie – *Blossom Street Brides*
 Simsion, Graeme – *The Rosie Effect*
 Stedman, M.L. – *The Light Between Oceans*
 Szabo, Magda – *The Door*
 Tremayne, Peter – *Behold a Pale Horse*
 Tyler, Anne – *A Spool of Blue Thread*
 Ward, Amanda Eyre – *The Same Sky*

Mystery

Beaton, M.C. – *Death of Liar*
 Lippman, Laura – *Hush Hush*
 Robb, J.D. – *Obsession in Death*
 Simenon, Georges – *The Dancer at the Gai-Moulin*
 Simenon, Georges – *The Grand Banks Café*
 Simenon, Georges – *The Yellow Dog*

Nonfiction

Booth, Michael – *The Almost Nearly Perfect People: Behind the Myth of the Scandinavian Utopia*
 Dunn, Rob – *The Man Who Touched His Own Heart: True Tales of Science, Surgery, and Mystery*
 Klein, Naomi – *This Changes Everything: Capitalism vs. the Climate*
 Macdonald, Helen – *H Is for Hawk*
 Marshall, James – *In Search of Poetry*

Biographies

Fuller, Alexandra – *Leaving Before the Rains Come*

Audio Books

Heyer, Georgette – *The Unfinished Clue*
 Toibin, Colm – *Nora Webster*

Large Print Nonfiction

Grisham, John – *The Innocent Man: Murder and Injustice in a Small Town*

Large Print Fiction

Flaubert, Gustave – *Madame Bovary*
 See, Lisa – *Peony in Love*
 Sparks, Nicholas – *Dear John*

Large Print Mystery

Christie, Agatha – *The Mysterious Affair at Styles*
 Coben, Harlan – *The Innocent*
 Cook, Robin – *Foreign Body*
 Cornwell, Patricia – *Trace*
 Keating, H.R.F. – *Go West, Inspector Ghote*
 Leonard, Elmore – *Out of Sight*
 Lovesey, Peter – *Skeleton Hill*
 Nabb, Magdalen – *The Marshal and the Madwoman*
 Patterson, James – *Cross Fire*
 Sayers, Dorothy – *Nine Tailors*
 Truman, Margaret – *Murder at the Opera*

VIDEO LIBRARY

New videos can be accessed when a library volunteer is on duty

Art and Craft (2014). This documentary follows the life of Mark Landis, one of the most prolific art forgers in U.S. “A crowd-pleasing character study that doubles as an art world detective story.” (Wall Street Journal).

Downton Abbey (2014). Season five contains nine episodes in a three-disc set.

Gone Girl (2014). Starring Ben Affleck and Rosamund Pike. This suspenseful movie is based on the best selling book by Gillian Flinn.

Possession (2002). Starring Gwyneth Paltrow and Aaron Eckhart as literary scholars obsessed with two Victorian poets. “Two Thumbs Up!” (Ebert and Roeper).

Punchline (1988). Starring Tom Hanks and Sally Field. “A wonderful, bittersweet comedy...Fresh, inventive and surprisingly touching...” (Rex Reed, At the Movies).

Coming Events



Wed., April 1. NAME TAG DAY

Sat., April 4. Movie. *Magic in the Moolight*. Wm. Penn Rm., 7:30 p.m.

Mon., April 6. Crosslands Residents Association Board Meeting. Wm. Penn Rm., 10:00 a.m.

Tues., April 7. Forum Committee. Do You Still Shoot Horses? Advances in Medical Care for Horses. Speaker: Dr. James Orsini, New Bolton Center. Wm. Penn Rm., 7:30 p.m.

Wed., April 8. Wellness Center. Balance and Fall Prevention. Speaker: Katie Kuffner. Wm. Penn Rm., 10:00 a.m.

Wed., April 8. Interfaith Dialogues. Being Mortal: Book and Film Review. Speakers: Betty Styer and Bob Dunn. Wm. Penn Rm., 4:00 p.m.

Fri., April 10. Camera Club. Morocco: 2400 Miles by Bus. Speaker: Michele Sullivan. Wm. Penn Rm., 7:30 p.m.

Sat., April 11. Light 'n Lively. Dorothy Parker. Presented by Rene Goodwin. Wm. Penn Rm., 7:30 p.m.

Sun., April 12. KCC & WCU Partnership. Concert Choir, Mastersingers and Symphony Orchestra. West Chester University Emilie K. Asplundh Concert Hall - Phillips Memorial Bldng., 3:00 p.m.

Mon., April 13. Low Vision Support Group. Health Center Meeting Rm., 10:00 a.m.

Tues., April 14. Tuesday Edition. *Pathways at the End of Life: There's More Than One Way to Go.* Speaker: June Lunney. Wm. Penn Rm., 10:00 a.m.

Tues., April 14. Music Committee. Trio Clavino. Wm. Penn Rm., 7:30 p.m.

Wed., April 15. NAME TAG DAY.

Thurs., April 16. Crosslands Republicans and Democrats. *Senior Identity Theft and Fraud.* Wm., Penn Rm., 10:30 a.m.

Fri., April 17. Sing Along with Sarah Lee. Two- and Four-Legged Friends. Wm. Penn Lounge., 7:30 p.m.

Sat., April 18. Movie. *The 100 Foot Journey*. Wm. Penn Rm., 7:30 p.m.

Sun., April 19. Crosslands Friends Worship Group. Celebration with EQAT. Earth Quakers Shake

up PNC Bank's Policy with Nonviolent Action. Speakers: Judy Winters and Robin Harper. Wm. Penn Rm., 2:00 p.m.

Sun., April 19. English Country Dancing. Sports Room, 2:30 p.m.

Mon., April 20 through Sun., April 26. EARTH WEEK ACTIVITIES. See front cover for schedule.

Mon., April 20. Book Review. *Reveille In Washington* and *Our One Common Country*. Reviewer: Kay Edstene. Wm. Penn Rm., 11:00 a.m.

Tues., April 21. CRA Concerns Session - Opportunity for discussion with two CRA Board members. Site: TBD, 10:00 to 11:00 a.m.

Tues., April 21. Forum Committee. The Social History of Winterthur and Ruth Wales duPont: The Woman Behind the Man. Speaker: Debra Shedrick. Wm. Penn Rm., 7:30 p.m.

Wed., April 22. Arboretum Annual Lecture. *Gardening and Sustainability.* Speaker: Jeff Jabco. Wm. Penn Rm., 10:00 a.m.

Wed., April 22. Earth Week. Earth Action Fair. Wm. Penn Rm., 3:30p.m.

Fri., April 24. Opera Lecture. *Cavalleria Rusticana* and *Pagliacci*. Speaker: Bob Rowland. Wm. Penn Lounge, 4:00 p.m.

Fri. April 24. Crosslands Players. *The Trip to Bountiful*. Wm. Penn Rm., 7:30 p.m.

Sat. April 25. Crosslands Players. *The Trip to Bountiful*. Wm. Penn Rm., 7:30 p.m.

Mon., April 27. Great Decisions. India Changes Course. Moderator: Peggy Jones. George Fox Rm., 9:45 a.m.

Tues., April 28 Health Education Committee. Firbank's Households: Update. Speaker: Cathy Emig. Wm. Penn Rm., 10:30 a.m.

Tues., April 28. Music Committee. The Newstead Trio. Wm. Penn Rm., 7:30 p.m.

Wed., April 29. Welcoming Committee. New Residents Reception. Wm. Penn Lounge, 9:30 - 11:00 a.m.